For loop	While loop
1) For loop is used to iterate over a sequence of items, such as a Python tuple, list, string, or range. The loop will execute a block of statements for each item in the sequence.	1) A while loop is used to repeatedly execute a block of statements while a condition is true. The loop will continue to run as long as the condition remains true.

2) **Syntax:**
for(initialization; condition; iteration){
  //body (statement)
}
	2) **Syntax:**
	while (condition) {
	  statements;
	  //body of loop
	}

3) For loop is faster than while loop.	3) While loop is slower as compared to for loop.

4) **Example:**
n = [1, 2, 3]
for i in n:
  print(i)
	4)**Example:**
	i = 1
	while i < 6:
	  print(i)
	  i += 1

5) In absence of condition for loop runs infinite times.	5) In absence of condition While loop Display the compile time error.