# [TVA - Time Variance Authority]

### **User Manual**

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## Introduction

Welcome to the user manual for the Time Variance Authority. This document is intended to provide you with all the information you need to get started with and use the software effectively.

#### **Dashboard**

The Dashboard serves as the central hub of the Time Variance Authority application. It provides an overview of your tasks, schedules, and time management tools in one convenient location. From here, you can access various features such as the To-do List, Scheduled Input, Calendar, Pomodoro, and Advice sections.



# To-do List

The To-Do List feature stands as a fundamental tool within the Time Variance Authority (TVA) application, aiming to streamline task organization for users. Its primary objective is to provide a user-friendly interface allowing individuals to input their tasks systematically. By presenting these tasks in a structured table format, users can effectively mark them as completed, fostering a sense of progress and achievement. This feature serves as a visual representation of pending tasks, offering users a tangible overview of what needs to be accomplished. Its simplistic checkbox table design reinforces an organized and productive approach to task management, promoting effective time utilization and task prioritization.

Time spending input rotti		^
Time Spending Input Form		
Category	Class A Self - Study Commute	
Name of		
Start Time		Enter time in 24 hour format:
End Time		нн:мм
Date	DD / MM / YYYY	
Subm	it	Back

# **Scheduled Input**

Scheduled Input enables users to import their class schedules directly from Waterloo Quest, eliminating the need for manual entry. This feature provides a visual representation of your class timetable within the calendar and allows the addition of extracurricular activities. Combining these details ensures a comprehensive overview of your commitments, aiding in effective time management. <u>When uploading your schedule, you can use the provided schedule given or upload your own as a .txt file.</u>

## Calendar

The Calendar + Schedule feature within TVA integrates data derived from the To-Do List and the class schedules obtained from Quest. This fusion enables the creation of a cohesive schedule tailored to each user. Presented in a calendar format, this feature offers users a visual representation of a recommended schedule aligned with their individual tasks. By merging user inputs from the To-Do List with our suggested schedule, we aim to streamline the organization of weekly activities. This collaborative approach ensures a blend of the user's tasks and our recommended ones, facilitating efficient time management. This amalgamated schedule provides users with a structured plan for their activities, aiding in productivity optimization and daily planning.

# **Pomodoro**

The Pomodoro feature is a cornerstone for fostering effective time management practices among users. This technique, globally recognized and endorsed, encourages focused work periods complemented by short, strategic breaks. Within the TVA application, users have the flexibility to select various time intervals, including options for short and extended breaks, all nested within the standard 25-minute work intervals followed by 10 or 15-minute breaks. This method aims to maximize productivity while ensuring essential breaks for rejuvenation. By allowing users to customize work and break durations, the Pomodoro feature promotes a balanced and efficient approach to managing tasks and time with a solid and straightforward design.

# **Time Management Advice**

The Time Management Advice feature harnesses machine learning capabilities to provide personalized recommendations derived from user data analysis. Through systematic data collection and analysis, our application generates practical tips aimed at enhancing time management and productivity. This feature delivers tailored insights and actionable advice uniquely suited to each individual's needs. Users gain access to meaningful guidance that contributes to ongoing improvement in effective time management and overall productivity. By offering personalized recommendations, the Time Management Advice feature empowers users with genuine, and valuable insights, supporting their journey toward improved efficiency and task prioritization.

# **FAQs**

**Q.** Is this software compatible with other Universities

**A.** No, currently, the calendar function is specifically designed to integrate data from UW Flow, tailored to University of Waterloo students' schedules. Integration with data from other universities is not supported at this time.

Q. Is there a limit to the number of tasks or events I can input?

**A.** The TVA application does not impose a strict limit on the number of tasks or events you can input. However, for optimal performance, we recommend managing tasks within a reasonable scope.

Q. Can I print my TVA calendar or task list?

**A.** Yes, TVA allows users to print their calendars or task lists directly from the application. This feature provides a physical copy for offline reference or planning.

Q. Can I utilize VBA debugging tools within the TVA application for troubleshooting?

**A.** VBA offers debugging tools that allow users to identify and rectify issues within the application's code. These tools, including breakpoints, watch windows, and error handling, can assist in troubleshooting and resolving errors encountered within TVA.

Q. Can I create macros or automate tasks in the TVA application developed using VBA?

**A.** Our software allows for the creation of macros and automation of certain tasks within the TVA application. Users familiar with VBA scripting can create custom macros to automate repetitive actions, streamline processes, or extend functionalities.

# **Contacting Support**

If you encounter any technical issues or have queries beyond what's covered in the FAQs, our support team is here to assist you.

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