How To Block Websties Without Software
Steps:
1] Browse C:\WINDOWS\system32\drivers\etc
2] Find the file named "HOSTS"
3] Open it in notepad
4] Under "127.0.0.1 localhost" Add 127.0.0.2 www.sitenameyouwantblocked.com, and that site will no longer be accessable.
5] Done!
-So-
127.0.0.1 localhost 127.0.0.2 www.blockedsite.com
>www.blockedsite.com is now unaccessable<
For every site after that you want to add, just add "1" to the last number in the internal ip (127.0.0.2) and then the addy like before.
IE: 127.0.0.3 www.blablabla.com

127.0.0.4 www.blablabla.com 127.0.0.5 www.blablabla.com

etc