Some run command for windows:
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1. Accessibility Controls - access.cpl

2. Accessibility Wizard - accwiz

3. Add Hardware Wizard - hdwwiz.cpl

4. Add/Remove Programs - appwiz.cpl

5. Administrative Tools - control admintools

6. Automatic Updates - wuaucpl.cpl

7. Bluetooth Transfer Wizard - fsquirt

8. Calculator - calc

9. Certificate Manager - certmgr.msc

10. Character Map - charmap

11. Check Disk Utility - chkdsk

12. Clipboard Viewer - clipbrd

13. Command Prompt - cmd

14. Component Services - dcomcnfg

15. Computer Management - compmgmt.msc

16. Control Panel - control

17. Date and Time Properties - timedate.cpl

18. DDE Shares - ddeshare

19. Device Manager - devmgmt.msc

20. Direct X Troubleshooter - dxdiag

21. Disk Cleanup Utility - cleanmgr

22. Disk Defragment - dfrg.msc

23. Disk Management - diskmgmt.msc

24. Disk Partition Manager - diskpart

25. Display Properties - control desktop

26. Display Properties - desk.cpl

27. Dr. Watson System Troubleshooting Utility - drwtsn32

28. Driver Verifier Utility - verifier

29. Event Viewer - eventvwr.msc

30. Files and Settings Transfer Tool - migwiz

31. File Signature Verification Tool - sigverif

32. Findfast - findfast.cpl

33. Firefox - firefox

34. Folders Properties - control folders

35. Fonts - control fonts

36. Fonts Folder - fonts

37. Free Cell Card Game - freecell

38. Game Controllers - joy.cpl

39. Group Policy Editor (for xp professional) - gpedit.msc

40. Hearts Card Game - mshearts

41. Help and Support - helpctr

42. HyperTerminal - hypertrm

43. Iexpress Wizard - iexpress

44. Indexing Service - ciadv.msc

45. Internet Connection Wizard - icwconn1

46. Internet Explorer - iexplore
47. Internet Properties - inetcpl.cpl
48. Keyboard Properties - control keyboard
49. Local Security Settings - secpol.msc
50. Local Users and Groups - lusrmgr.msc
51. Logs You Out Of Windows - logoff
52. Malicious Software Removal Tool - mrt
53. Microsoft Chat - winchat
54. Microsoft Movie Maker - moviemk
55. Microsoft Paint - mspaint
56. Microsoft Syncronization Tool - mobsync
57. Minesweeper Game - winmine
58. Mouse Properties - control mouse
59. Mouse Properties - main.cpl
60. Netmeeting - conf
61. Network Connections - control netconnections
62. Network Connections - ncpa.cpl
63. Network Setup Wizard - netsetup.cpl
64. Notepad notepad
65. Object Packager - packager
66. ODBC Data Source Administrator - odbccp32.cpl
67. On Screen Keyboard - osk
68. Outlook Express - msimn
69. Paint - pbrush
70. Password Properties - password.cpl
71. Performance Monitor - perfmon.msc
72. Performance Monitor - perfmon
73. Phone and Modem Options - telephon.cpl
74. Phone Dialer - dialer
75. Pinball Game - pinball
76. Power Configuration - powercfg.cpl
77. Printers and Faxes - control printers
78. Printers Folder - printers
79. Regional Settings - intl.cpl
80. Registry Editor - regedit
81. Registry Editor - regedit32
82. Remote Access Phonebook - rasphone
83. Remote Desktop - mstsc
84. Removable Storage - ntmsmgr.msc
85. Removable Storage Operator Requests - ntmsoprq.msc
86. Resultant Set of Policy (for xp professional) - rsop.msc
87. Scanners and Cameras - sticpl.cpl
88. Scheduled Tasks - control schedtasks
89. Security Center - wscui.cpl
90. Services - services.msc
91. Shared Folders - fsmgmt.msc
92. Shuts Down Windows - shutdown
93. Sounds and Audio - mmsys.cpl
94. Spider Solitare Card Game - spider
95. SQL Client Configuration - cliconfg
96. System Configuration Editor - sysedit
97. System Configuration Utility - msconfig
98. System Information - msinfo32
99. System Properties - sysdm.cpl

100. Task Manager - taskmgr
101. TCP Tester - tcptest
102. Telnet Client - telnet
103. User Account Management - nusrmgr.cpl
104. Utility Manager - utilman
105. Windows Address Book - wab
106. Windows Address Book Import Utility - wabmig
107. Windows Explorer - explorer
108. Windows Firewall - firewall.cpl
109. Windows Magnifier - magnify
110. Windows Management Infrastructure - wmimgmt.msc
111. Windows Media Player - wmplayer
112. Windows Messenger - msmsgs
113. Windows System Security Tool - syskey
114. Windows Update Launches - wupdmgr
115. Windows Version - winver
116. Windows XP Tour Wizard - tourstart
117. Wordpad - write