

Age	Average weight	Heart rate	Respiration rate	Defibrillation energy (Joules)
10	37 Kg	60 - 90	14-20	148

ETT size	LMA size	I-gel size	LTI size
6.5 mm	2.5	2.5	2.5

Cardiac Arrest				
Medication	Dose	Concentration	mL	Route
Epinephrine (1:10000)	400 mcg	1 mg / 10 mL	3.7 mL	IV/IO
Amiodarone	185 mg	150 mg / 5 mL	6.2 mL	IV/IO

NB - Route relates to scope of practice and is not colour coded

Fluids				
Medication	concentration		mL	Route
Sodium Chloride	0.9% 10 mL/Kg		370 mL	IV/IO
Sodium Chloride	0.9% 20 mL/Kg		740 mL	IV/IO
Dextrose 10%	50 g / 500 mL		185 mL	IV/IO

Medication	Dose	Concentration	mL	Route
Ceftriaxone	1.85 g	1 g / 10 mL	18.5 mL	IV
Ceftriaxone	1.85 g	1 g / 3.5 mL (Lidocaine)	6.5 mL	IM
Chlorphenamine	2 mg	Tablet	N/A	PO
Chlorphenamine	5.0 mg	10 mg / 1 mL	0.5 mL	IV/IM
Diazepam PR	10 mg	Rectal tube	N/A	PR
Diazepam IV	3.7 mg	10 mg / 2 mL	0.7 mL	IV
Epinephrine (1:1000)	500 mcg	1 mg / 1 mL	0.5 mL	IM
Epinephrine (1:1000)	5 mg	1 mg / 1 mL (nebulised)	5.0 mL	INH
Fentanyl	60 mcg	100 mcg / 2 mL	1.2 mL	IN
Glucagon	1.0 mg	1 mg / 1 mL	1.0 mL	IM
Glucose Gel	10 g – 20 g		N/A	Buccal
Hydrocortisone	100 mg	Infusion in 100 mL NaCl	100 mL	IV
Hydrocortisone	100 mg	100 mg / 2 mL	2.0 mL	IM
Ibuprofen	370 mg	100 mg / 5 mL	18.5 mL	PO
Ibuprofen	370 mg	200 mg / 5 mL	9.3 mL	PO
Ipratropium Bromide	250 mcg	250 mcg / 1 mL	1.0 mL	INH
Ketamine	3.7 mg	10 mg / 10 mL	3.7 mL	IV
Methoxyflurane	3 mL	N/A	3.0 mL	INH
Midazolam	10.0 mg	10 mg / 1 mL & 10 mg / 2 mL	1 or 2 mL	Buccal
Midazolam	5.0 mg	10 mg / 2 mL	1.1 mL	IN
Midazolam	2.5 mg	10 mg / 2 mL	0.5 mL	IV/IO
Morphine	1.85 mg	10 mg / 10 mL	1.9 mL	IV/IO
Morphine	10.0 mg	10 mg / 5 mL	5.0 mL	PO
Naloxone	370 mcg	400 mcg / 1 mL	0.9 mL	IV/IO/IM/SC
Naloxone	740 mcg	400 mcg / 1 mL	2.0 mL	IN
Ondansetron	3.7 mg	4 mg / 2 mL	1.9 mL	IV/IM
Paracetamol	740 mg	120 mg / 5 mL	30.8 mL	PO
Paracetamol 6+	740 mg	250 mg / 5 mL	14.8 mL	PO
Paracetamol	555 mg	10 mg / 1 mL	55.5 mL	IV
Paracetamol PR	N/A	Not indicated	N/A	PR
Salbutamol	5 mg	5 mg / 2.5 mL	2.5 mL	INH