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花样滑冰：奥运冠军羽生结弦，重回冰场信心满满

路透社

e.g. The skater executed a perfect set of figures.

Figure skating: Olympic champion Hanyu says '100 percent' on return to ice

羽生

n. 身材轮廓; (花样滑冰的)动作, 花样

return to ice 冰场

这位滑冰选手完美地完成了一整套的动作

Yuzuru Hanyu, the only man in more than 50 years to win back-to-back Olympic gold in figure skating, said on Tuesday that his condition is "100 percent" ahead of the world championships after months out of competition with an ankle injury.

世界锦标赛

a. 连续的, 一个接一个的 (指靠着脚的)

n. 踝关节, 踝

脚踝

e.g. I fell over and twisted my ankle. 我摔倒了, 扭伤了我的脚踝

脚踝受伤休赛的细节

Hanyu injured his right ankle in practice for a Grand Prix event late last year and was forced to drop out of the Grand Prix Final as well as the Japanese nationals.

被迫的 退出, 停止参赛

n. 决赛

n. 国家锦标赛

e.g. Both Bill Gates and Steve Jobs dropped out from top universities. 比尔和乔布斯都曾从顶尖的大学退学。

It has been roughly four months since his last competition—a situation similar to last year's Pyeongchang Winter Olympics where he triumphed after a long gap due to a different injury to the same ankle.

e.g. Good usually triumphs over evil in the end. 若结局总是正义战胜邪恶。

羽生训练时的情况

A day before the competition starts, a black-clad Hanyu landed several clean quad (quadruple) jumps at practice.

/ˈblækˌklæd/

v. 成功的做到某事, 拿下

缩写

a. 身穿黑色衣服的, 一着黑衣的

a. 四倍的

e.g. leather-clad 一身皮衣  
snow-clad hills 铺满了皑皑白雪的小山坡

"I can confidently say I am at 100 percent," he later told a news conference.

"Of course, that doesn't mean that every day I produce the same results, and if it's the ideal of 100 percent I held before this season began that's probably not quite true

完美的 理想的

赛季



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either," said the 24-year-old <sup>动词</sup> who skated on <sup>/ˈpeɪnkɪlə/</sup> painkillers to win at Pyeongchang after he only began practising jumps again a month or so before the competition. <sup>n. 止痛药</sup>

这次世锦赛对羽生结弦来说，  
有一个特别重要的意义 <sup>动词①</sup>

Hanyu, who has won two world championships himself, said he <sup>动词②</sup> relished the competition which is taking place at the same <sup>/əˈriːnə/</sup> arena just north of Tokyo where he won his first <sup>动词③</sup> world title in 2014. <sup>n. 竞技场，场地；竞争舞台</sup>

e.g. He always relishes a challenge.  
<sup>羽生结弦总是期待迎接挑战</sup>

<sup>动词③</sup> relish /ˈreɪlɪʃ/  
<sup>v. 期盼，憧憬</sup>

e.g. a sports arena 运动比赛的场地  
political arena 政治斗争的舞台

title n. 头衔，称号  
e.g. Joe Louis won the heavyweight boxing title in 1937.  
他在1937年的重量级拳级比赛中获得冠军头衔。

"There's a special <sup>/ˈtenʃn/</sup> tension ahead of the worlds," he said. "I'm definitely a bit more emotional that they're taking place in Japan." <sup>n. 紧张状态；紧张关系或局势</sup> <sup>adv. 清楚地，当然</sup>

a. 情绪的  
易激动的

e.g. ① muscular tension 肌肉紧绷

② You could feel the tension in the room as we waited for our exam results.  
你在等待成绩，此时心理非常焦虑，紧张，而其他正在等候成绩的人也不例外。

③ There are growing tensions between the two countries.  
两国之间的局势越来越紧张。

