

Charity Name <b>Stepping Stone Theatre</b>		No (if any) 1165525		CC16a
Receipts and payments accounts				
For the period from	Period start 10/02/2016	To	Period end 31/03/2017	

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	858	-	-	858	-
Grants	4,000	12,200	-	16,200	-
Fundraising & other	812	-	-	812	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>5,670</b>	<b>12,200</b>	<b>-</b>	<b>17,870</b>	<b>-</b>

<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

<b>Total receipts</b>	<b>5,670</b>	<b>12,200</b>	<b>-</b>	<b>17,870</b>	<b>-</b>
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### A3 Payments

Show & artistes expenses	-	6,879	-	6,879	-
Printing & advertsing	86	-	-	86	-
Insurances	435	-	-	435	-
Travel	100	300	-	400	-
Trustee & meeting expenses	150	-	-	150	-
Venue hire	-	680	-	680	-
Sundries	130	-	-	130	-
Workshop, mentoring and teaching costs	-	3,980	-	3,980	-
Administration costs	500	2,000	-	2,500	-
<b>Sub total</b>	<b>1,401</b>	<b>13,839</b>	<b>-</b>	<b>15,240</b>	<b>-</b>

<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>

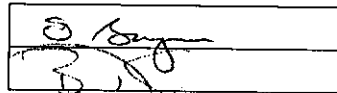
<b>Total payments</b>	<b>1,401</b>	<b>13,839</b>	<b>-</b>	<b>15,240</b>	<b>-</b>
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<b>Net of receipts/(payments)</b>	<b>4,269</b>	<b>- 1,639</b>	<b>-</b>	<b>2,630</b>	<b>-</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year ended</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year ended</b>	<b>4,269</b>	<b>- 1,639</b>	<b>-</b>	<b>2,630</b>	<b>-</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	2,630	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b> <small>(agreed balance with receipts and payments)</small>	<b>2,630</b>	-	-
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Ian Burgess	16/05/2017
	Belinda Darley	16/05/2017

## Annual Report 2015-2017 July, 2017

Stepping Stone Theatre for Mental Health began in October, 2015. The first session took place at The Studio, North Street, Gainsborough. We were not charged rent. At this first session there were 2 new members as well as Bill and Kate Rodgers. Within a few weeks the group grew to 10 and we changed homes. Stepping Stone now meets at the Trinity Art Centre. This space is also provided to us for free.

We began by writing our stories of mental health experience. We rehearsed the show that came to known as Confessions of Me. We met twice a week, three times a week closer to performance time. The sessions were run by Bill Rodgers. We learned about writing, performing, improvisation and working as an ensemble.

The show was performed in March, 2016 to an audience on 120. Issues covered included suicide, depression, loneliness, carers and psychosis. The feedback from members was extremely positive. They reported that they felt a sense of inclusion, confidence was boosted and their mental well-being improved. The audience response was also very positive. They told us they were greatly entertained and educated. They claimed they felt more compassionate towards people with mental illness and that there was an improvement about the stigma surrounding mental ill health.

We began a satellite group at the Uphills Community Centre. A youth group failed to get off the ground and was cancelled. The adult group was well attended. This group met once a week. They did workshops on writing, improvisation, and performing. This group was funded by the Evan Cornish Foundation. The grant has now run out so the sessions are on hold. We hope to secure further funding so we can continue with this project.

Meanwhile we began rehearsals for our second show, In a Nutshell. Again the group reported extremely positive feedback. They now refer to themselves as the Stepping Stone family. Some members have gone on to do volunteer work, others have returned to employment. One member has started a very popular blog/vlog about his mental health issues.

In a Nutshell was performed in December, 2016. There were 150 in attendance. Again we received positive comments from the audience and the members.

We have received support from the local press. Twice we have had full length features in the Gainsborough Standard. Four of our members have contributions to the Shine Newsletter. We also featured in the LPFT magazine. Bill and Kate did a great deal of networking in the first year. They attended events and visited many mental health organizations such as Clip, Riverside Training, P3, and Shine.

In April 2017, our director Bill Rodgers received the High Sherriff of Lincolnshire Award for his work in the community. He was nominated by members of Stepping Stone.

In May 2017, we performed our first show away from the Trinity Arts Centre. We played at the Shine AGM to an audience of 70. Again the feedback was nothing short of phenomenal. From this there have been several enquiries and invitations to play at other mental health organizations and even a high school. We have also been invited to play at the x-church 24 festival in July. These performances, at time of printing, are pending.

Our next show is in September. It is called The Mind is Kind. The members have written some great pieces and this time we are covering issues such as self harm, street people and drug companies.

Through out this time we have worked hard to secure funding. We have received monies from the local Councillors Initiative, Gainsborough Town Council, Lincolnshire Council, the Thonock Trust, Evan Cornish Foundation, Lincolnshire Partnership Foundation Trust and Awards for All (the Big Lottery).

Stepping Stone Theatre for Mental Health continues to go from strength to strength. We have had many people come and go, all of whom have been welcomed with open arms. But they quickly assess whether the group is for them. Stepping Stone required a great commitment and member rely on members. We have had people referred to us by the crisis team, Trinity House, P3, the volunteer centre, the x-church, the Disability Network West Lindsey, word of mouth and social media. We maintain a core company of 12.

We played host to two students who came to us of placement from the drama and psychology course at Bishop Grosseteste University.

Our goals for the future are to secure funding to continue the Uphills Community project, to take workshops into high schools and to perform for mental health events. We have several "irons in the fire" to perform at other events. We are also waiting on several grant applications.

The project has been a complete success. We are improving mental health through creativity and we are helping to destigmatise mental illness through education and entertainment. The future looks bright.