Date://
What is Destructuring in JavaScripts >
Destructuring is act of unpacking elements in an Jarry or object.
It not only allow you to unpack but also manipulate and switch elements acc to yourse demand
Destructuring in Arrays  Rest operator  * Const [ vary, vary, Var] = arraystome  ["Deepo" "Tunti" (Donne)
" Pana" 7
Console. log (vari); 11 Deepa?  Console. log (varis); 11 Jyoti?  Console. log (varis); ['Deresh', 'Ram']
Javascript allows you to use rust operator.  with an destructing array to assign  the rest of regular array to variable
As you have noticed ["Devesh", "Ram"] remaining both get stored in var 3

Object destructing In JavaScript Object destructing is unique technique that allows you to neatly extract an object's value to new variables. Const profile = §

First Name; Deepa's

Destructing object Const & First Name & First Name & = profile; This key references This value represents the profile object's your new variable first Nama key The destructing object's key references
11s profile objects property name. And destructing object's value represents

your new variable entite out of many that computer

Eg > const profile {
Pirst Name: 'Deepa's
last Name: 'Chaurasia's const & first Name, last Name 3 = porfile; Console log (first Name); 11' Deepa'
Console log (last Name); 11 'Chaurasia' How to Use object Destructing to Swap Value let firstName = (Deepa?; let lastName = (chaurasia?; ( ¿ First Name , last Name 3 = ¿ first Name: last Name ; last Name 3); console. log (first Name); 11 chaurasia; console. log. (last Name); 1) (Deepa) Lange of the state of the state