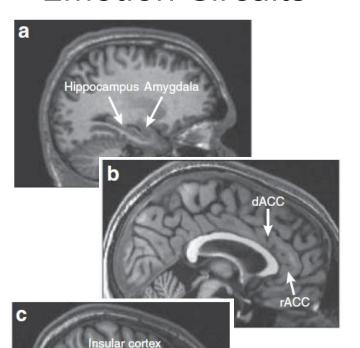
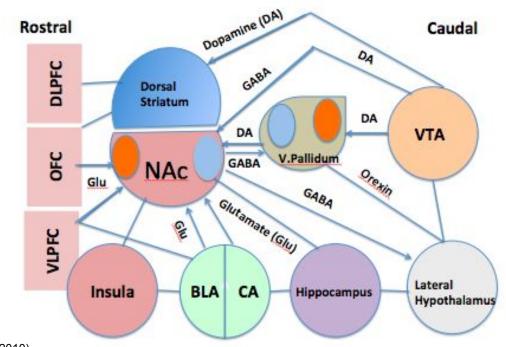
**Tutorial:** Optogenetic interrogation of neuronal circuits involved in fear and anxiety

## Outline

- Background
  - Emotional circuits
  - Fear/Anxiety: Mouse models
- Designing an optogenetic experiment
- Methodological considerations
- Viral expression + Surgery
- Behavior + Optogenetics
- Analysis
- Histology + Microscopy
- Summary

## **Emotion Circuits**

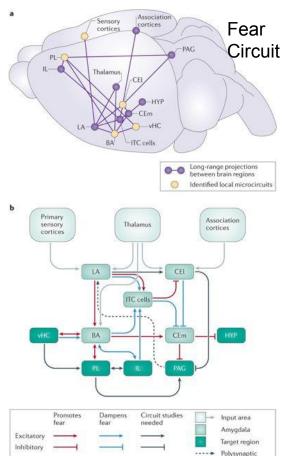




Shin, L. M., & Liberzon, I. (2010). The Neurocircuitry of Fear, Stress, and Anxiety Disorders. Neuropsychopharmacology, 35(1), 169–191.

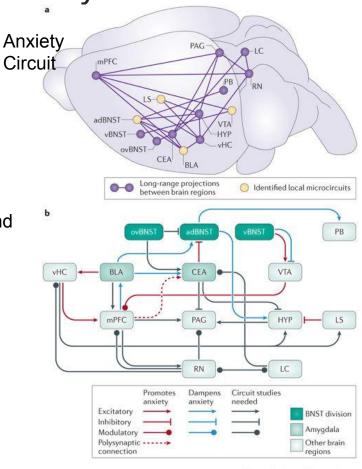
https://www.drmanipavuluri.com/explaining-brain/rewar d-and-emotion-circuits-are-linked-in-the-brain-a-hot-me ss-if-things-go-wrong/

Animal models for studying fear/anxiety

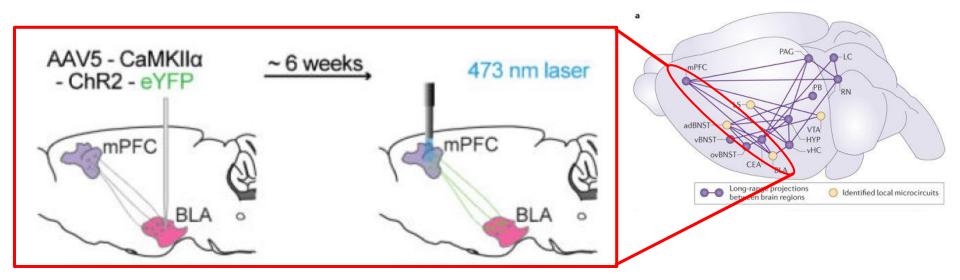


- Analogous behaviors in animals
- Network/circuitry involved in fear & anxiety highly conserved across species and evolution

Tovote P, Fadok JP, Lüthi A. (2015) Neuronal circuits for fear and anxiety.



# Elucidating circuitry with optogenetics



### Optogenetics:

- Target not just nuclei, but also projections
  - Can establish causal roles of connections between areas
  - Highly complementary to imaging techniques
- More clear idea of circuit parts underlying behavior

A.C. Felix-Ortiz, A. Burgos-Robles, N.D. Bhagat, C.A. Leppla, K.M. Tye (2016)

Bidirectional modulation of anxiety-related and social behaviors by amygdala projections to the medial prefrontal cortex

# Methods for investigating circuits

### Classic:

- Lesions (patients/animals)
- fMRI

#### Modern:

- Optogenetics (virtual lesion/induced activity)
- Paired with behavioral paradigms!

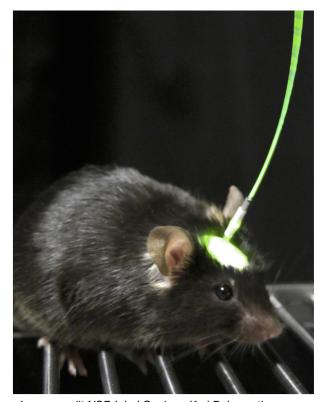
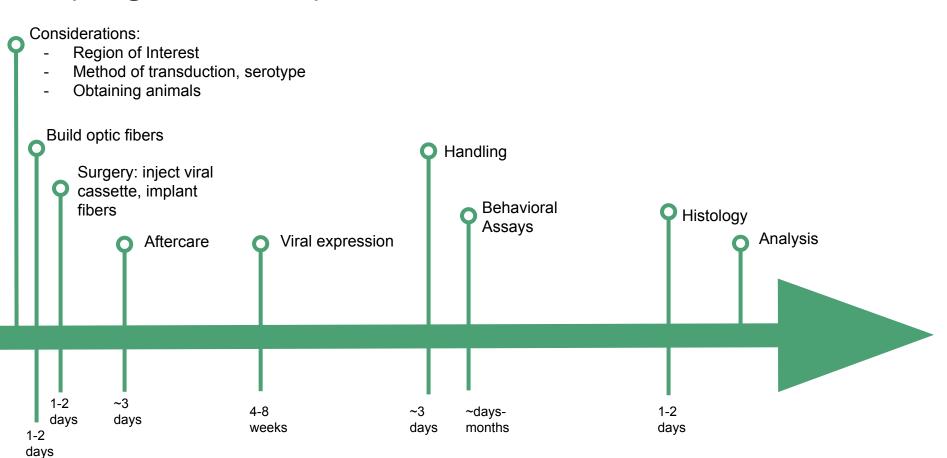


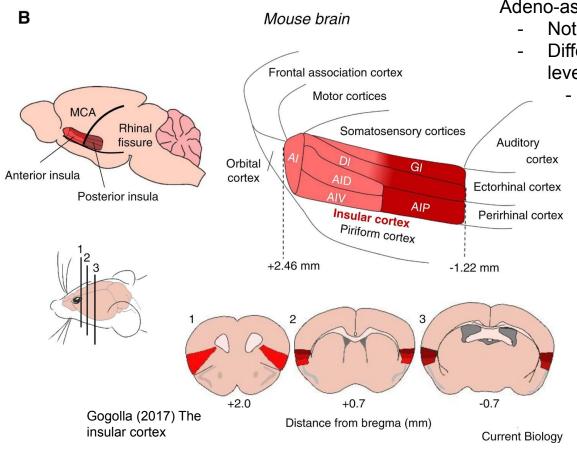
Image credit NSF, Inbal Goshen, Karl Deisseroth

# Running an experiment

## Optogenetics experiment: Timeline



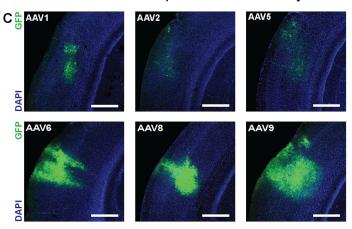
# Choosing a region of interest & viral serotype



#### Adeno-associated virus:

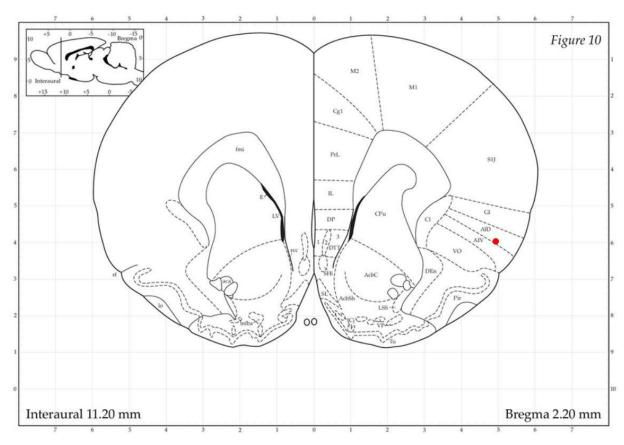
- Not very pathogenic
- Differences in capsid proteins alters expression levels based on cell type
  - Serotype efficacy varies with brain region

Shown: AAV-variant expression in auditory cortex



Aschauer DF, Kreuz S, Rumpel S (2013) Analysis of Transduction Efficiency, Tropism and Axonal Transport of AAV Serotypes 1, 2, 5, 6, 8 and 9 in the Mouse Brain. PLoS ONE 8(9): e76310.

## Choosing stereotaxic coordinates



Al cortex= agranular insular cortex

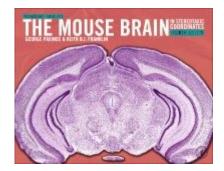
- AIP: posterior

- AID: dorsal

AIV: ventral

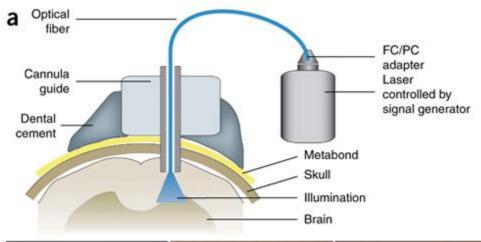
GI = granular insula

Paxinos Atlas



Paxinos, George, and Keith B.J. Franklin. The mouse brain in stereotaxic coordinates: hard cover edition. Access Online via Elsevier, 2001.

# Optogenetics: materials and implanting





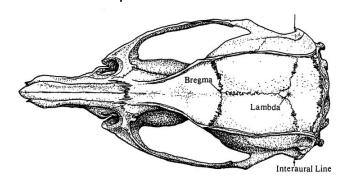
https://web.stanford.edu/group/dlab/optogenetics/hardware.html

## Optic fiber components:

- Glass rod, cannula, coupler

## Laser light delivery:

- Calibrated to λ preferred by opsin,
  & behavioral factors
- Titrated to every experimental animal
  - Don't know how much viral expression there



https://www.leicabiosystems.com/pathologyleaders/navig ator-through-the-brain-stereotaxic-atlases-for-neuroscien ce-research/

# Behavioral paradigms

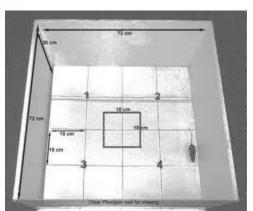


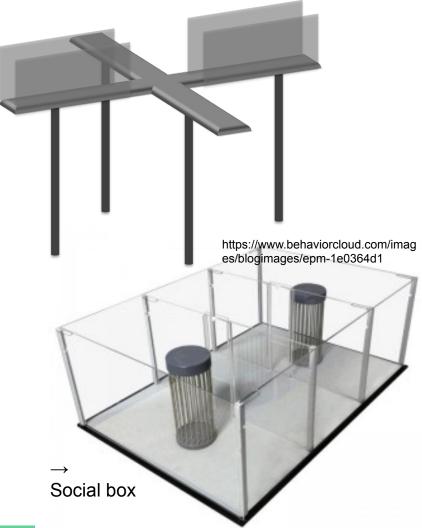
← Fear conditioning box

Elevated plus maze →

Source: Harvard Apparatus

Open field test  $\rightarrow$ 



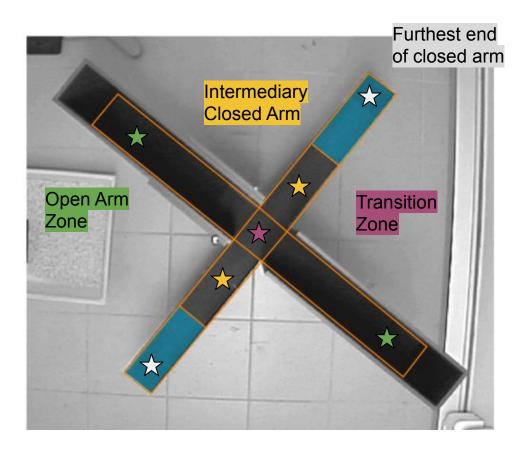


# Behavior assay + Optogenetics

Selectively modulate neural activation according to conditions of the behavioral assay

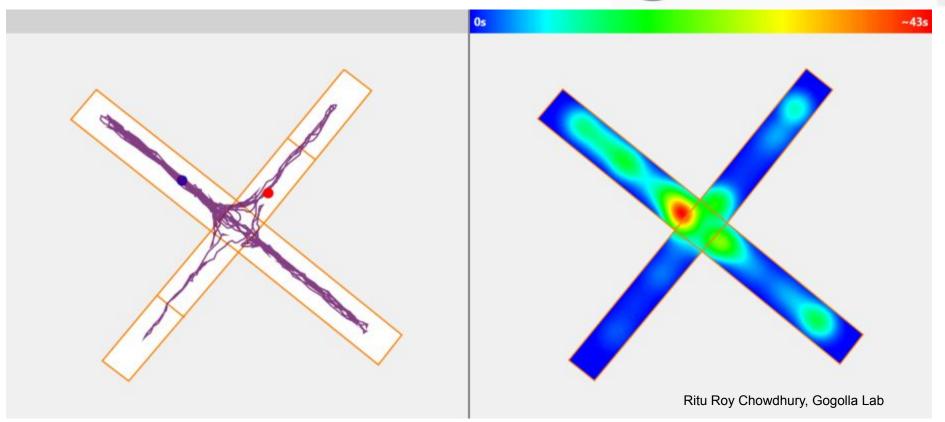
#### Modulate according to:

- General time blocks
- Free-roaming behavior
- Discrete actions (e.g. head-dipping)
- → Some behavior can be automatically coded, some by hand
- → Modulation blocks differ in statistical sensitivity



# Behavioral analysis



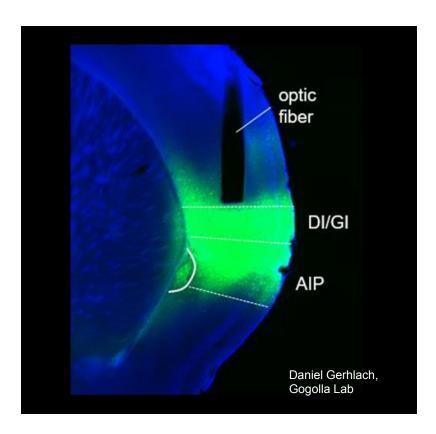


# Histological analysis

Did you actually implant where you wanted?

How intensely was the opsin expressed?

Where there any unexpected projections passing through the transduction site?



Shown: sites of local viral infusion/fiber placement

- Each circle represents the implantation point for a different animal
- Range of test sites =/= failed experiments
- Still investigating local circuits, getting a broader picture of the function

-1.06 +1.98 -1.22 -1.34+1.78 -1.46 -1.58 ... -1.70

A.C. Felix-Ortiz, A. Burgos-Robles, N.D. Bhagat, C.A. Leppla, K.M. Tye (2016)

Bidirectional modulation of anxiety-related and social behaviors by amygdala projections to the medial prefrontal cortex Neuroscience, 321: 197-209.

## Summary

- Modern imaging and optic techniques provide a robust line of investigation into neural circuits underlying fear and emotion
- Optogenetics offers a toolbox for determining causal roles of nuclei and projections involved in complex behaviors
  - Great flexibility in experimental design
  - But, many potential confounds
- Obtaining meaningful results requires thoughtful analysis