**Cricket Video Analysis Report**

**1. Client & Player Information**

**Player Name:** Shaurya Gupta

**Age Group:** 12

**Primary Skill(s) Analyzed:** Batting

**Client Name (Parent/Guardian):** Amit Gupta

**Date Video Received:** 2024-05-24T10:00:00Z

**Video Details:** Short net session clip showing defensive and drive shots.

**Analyzed By:** Coaches

**2. Executive Summary**

Shaurya demonstrates good fundamental batting technique with a still head and good balance. This analysis focuses primarily on reinforcing his solid base and suggesting refinements to his front foot movement for drives and defensive shots, along with ensuring full completion of the follow-through on attacking strokes.

**3. Detailed Skill Analysis**

**A. Batting Analysis**

**Setup (Stance, Grip, Position):**

* **Observations:** Shows a generally balanced stance. Head position is good - still and watching the bowler/ball. Grip details are not fully clear from the angle but appear functional. Front shoulder seems mostly aligned towards the bowler.
* **Positives:** Good balance and stability at the crease. Still head position is excellent, allowing good observation of the ball.
* **Areas for Focus:** Continue reinforcing the current stable base. Ensure front shoulder doesn't open up too early, especially against deliveries outside off-stump (though not a major issue seen here).
* **Video Timestamp(s):** N/A (Consistent throughout the short clip)

**Pre-Movement & Trigger:**

* **Observations:** A small, simple weight transfer or forward press is visible. Movement seems timed reasonably well with the bowler's action (implied, as bowler not visible).
* **Positives:** Movement is minimal and controlled, helping maintain balance and head position.
* **Areas for Focus:** Keep the trigger movement simple and consistent. Ensure it doesn't commit the batsman too early onto the front or back foot.
* **Video Timestamp(s):** N/A

**Shot Execution (Specific Shots if seen - e.g., Drive, Cut, Pull):**

* **Observations:** Played defensive shots and what looked like front-foot drives/pushes. Footwork moves towards the line of the ball. Head remains steady through impact. Bat path appears generally straight for the shots played down the ground. Follow-through on the drive/push could be more complete. Defensive shots played with soft hands.
* **Positives:** Watching the ball closely onto the bat. Playing the ball straight down the ground. Good control in defensive shots.
* **Areas for Focus:** Aiming for a slightly longer stride with the front foot towards the pitch of the ball, particularly for drives and forward defensive shots, to get closer to the ball and maintain control. Focusing on completing the full follow-through after impact on drives, allowing the bat to swing through naturally towards the target.
* **Video Timestamp(s):** N/A (General observation across shots)

**Running Between Wickets (If visible):**

* **Observations:** Not visible in the provided clip.

**E. General Observations (Optional)**

* **Attitude / Focus / Body Language:** Appears focused and composed during the shots shown.

**4. Key Strengths Summary**

* **Good Balance and Stability:** Provides a solid foundation for shot-making.
* **Still Head Position:** Crucial for watching the ball effectively and maintaining balance.
* **Plays Straight:** Demonstrates good technique playing down the ground.
* **Watches the Ball Closely:** Shows good concentration onto the point of impact.

**5. Key Areas for Development**

* **Priority 1: Front Foot Stride Length**
  + **Why it's important:** Getting the front foot closer to the pitch of the ball (especially for fuller deliveries) enhances control, timing, and power, and reduces the chance of edges.
* **Priority 2: Follow-Through Completion**
  + **Why it's important:** A full follow-through ensures maximum energy transfer into the shot, promotes better timing, and helps guide the ball towards the intended target area, especially for drives.

**6. Recommendations & Drills**

**For Front Foot Stride Length:**

* **Drill 1: Target Stride Drill**
  + **Focus:** Place a marker (e.g., a small cone or disc) ahead of the batsman's front foot position as a target for where the stride should land when playing a forward defensive or drive. Practice stepping to the marker during shadow batting and then with drop feeds or throwdowns.
* **Drill 2: Drop Feed Drives**
  + **Focus:** Coach/parent drops the ball gently from a short distance, encouraging the batsman to step forward positively towards the ball, making contact under the eyes, and consciously extending the front foot stride.

**For Follow-Through Completion:**

* **Drill 1: Shadow Batting with Exaggerated Follow-Through**
  + **Focus:** Practice playing shadow drives (imaginary shots), consciously holding the finish position with the bat pointing towards the target and having swung through fully. This builds muscle memory.
* **Drill 2: Tee/Cone Batting - Driving Through**
  + **Focus:** Place a ball on a batting tee or low cone. Focus on hitting \*through\* the ball with a smooth swing and a complete follow-through, aiming down the ground. This removes the timing pressure and allows focus purely on the swing path and finish.

**7. Next Steps & Conclusion**

Overall, this video shows Shaurya has a good technical base in his batting with excellent fundamentals like balance and a still head. By working on extending his front foot stride slightly and ensuring a full follow-through on his drives, he can make his batting even more effective and consistent. Keep practicing these aspects regularly!

**Encouragement:** Well done on the practice session, Shaurya! Keep enjoying your cricket and working hard on these small refinements.

**8. Disclaimer**

This analysis is based solely on the video footage provided and observations made during that specific session. Performance can vary day-to-day. Consistent practice and application in match situations are key to long-term development.

*Batting Coach*

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