1. Install MacPorts from http://www.macports.org/install.php (Quickstart - 3.Install MacPorts for your version of OS X: •OS X 10.9 Mavericks)

2. Type: export PATH=/opt/local/bin:$PATH export PATH=/opt/local/sbin:$PATH

in command line.

3. Type: sudo port install fetchmail +fetchmailconf +ssl

4. After installed: a. If you have TextWrangler and have installed the tool of TextWrangler

for command line, then type: edit .fetchmailrc b. If you don’t have it and don’t want to install it, first you should let your

computer show hidden files, the find the file .fetchmailrc in

**/Users/Username/.fetchmailrc**

5. Anyway after you open the file .fetchmailrc, add the following lines:

set postmaster "peiyunli" # set polling time (5 minutes)

set daemon 600

poll pop.gmail.com with proto POP3

user 'iosaprojet@gmail.com' there with password 'isepiosa' is peiyunli here options ssl

Please change “peiyunli” to your user name in your own computer, then save and close it.

6. Type: sudo chmod 710 ~/.fetchmailrc 7. Type: sudo fetchmail -d0 -vk pop.gmail.com

to test if it works well.

8. If no errors, now you can try to send a e-mail to our mailbox <iosaprojet@gmail.com>

then type: sudo fetchmail The command line will show the message: You have mail in

**/var/mail/username**

9. From now on, every e-mail send to the mailbox <iosaprojet@gmail.com> will be saved automatically in **/var/mail/username**.

NOTE: To see this file, you should let the hidden files shown in your computer.