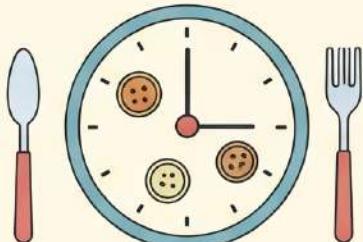


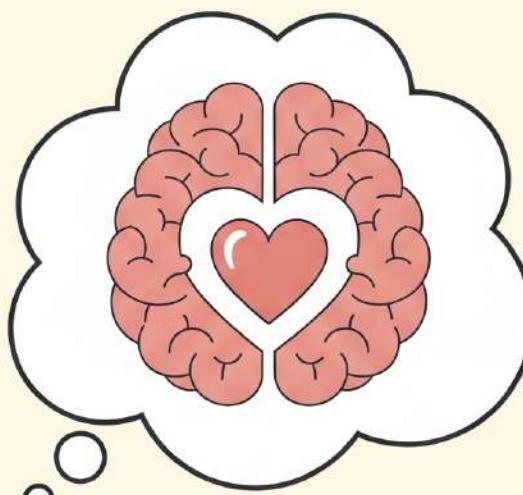
MINDFUL EATING



HEALTHY CHOICES



REGULAR HABITS



HYDRATION



REGULAR HABITS



DIVERSE FOODS