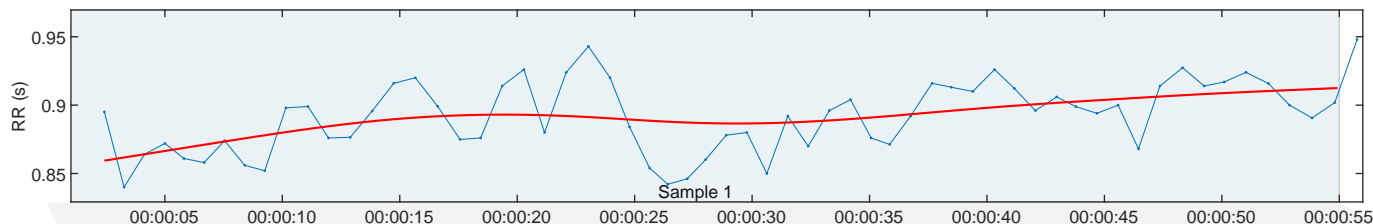
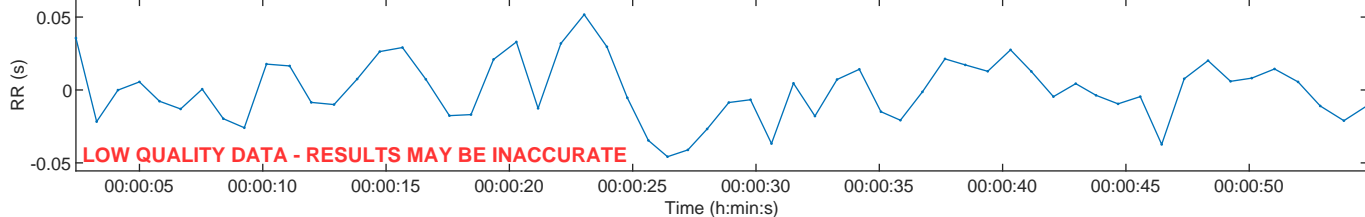


Person:			Measurement Info			Results for Sample 1/1	
Gender:	Male	Height:	180 cm	Date:		Sample start:	00:00:02
Age:	48 years	Weight:	78 kg	Start time:	00:00:00	Artefact corr.:	Threshold (very strong)
Max HR:	172 bpm	BMI:	24.1 kg/m ²	Duration:	00:01:00	Analysis samples:	1
						Sample length:	00:00:55
						Beats corrected:	21 (35.00 %)

RR Time Series



Selected Detrended RR Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

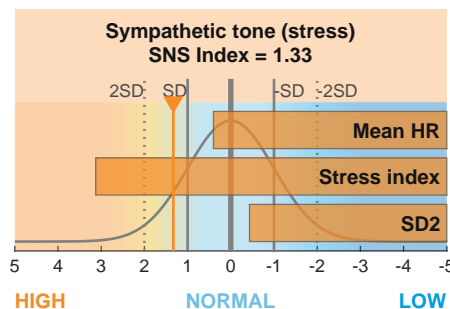
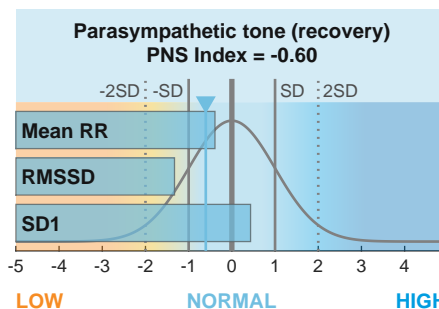
Mean RR RMSSD SD1
891 ms 22.1 ms 38.9%

PNS Index = -0.60

Sympathetic Nervous System (SNS)

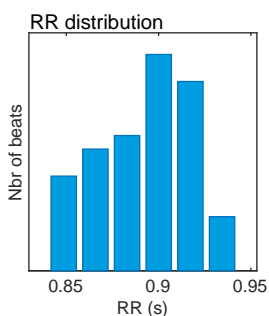
Mean HR Stress index SD2
67 bpm 17.8 61.1%

SNS Index = 1.33



Time-Domain Results

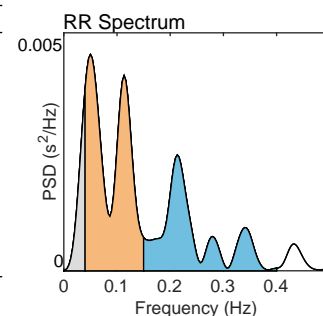
Variable	Units	Value
Mean RR*	(ms)	891
Mean HR*	(bpm)	67
Min HR	(bpm)	65
Max HR	(bpm)	70
SDNN	(ms)	20.8
RMSSD	(ms)	22.1
NN50	(beats)	1
pNN50	(%)	1.69
RR triangular index		5.45
TINN	(ms)	89.0
Stress Index (SI)		17.8
DC	(ms)	17.0
DCmod	(ms)	24.5



Frequency-Domain Results (FFT spectrum)

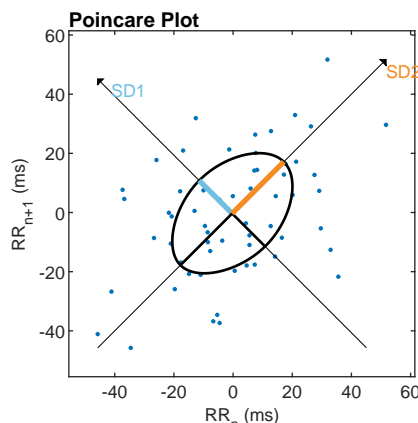
Variable	Units	VLF	LF	HF
Frequency band	(Hz)	0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency	(Hz)	0.040	0.050	0.213
Power	(ms ²)	54	320	192
Power	(log)	3.981	5.767	5.256
Power	(%)	9.49	56.58	33.92
Power	(n.u.)		62.51	37.48

Total power	(ms ²)	565		
Total Power	(log)	6.337		
LF/HF ratio		1.668		
RESP	(Hz)	-		



Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	15.8
SD2	(ms)	24.7
SD2/SD1		1.569
Approximate Entropy (ApEn)		-
Sample Entropy (SampEn)		-
Detrended Fluctuation Analysis (DFA)		-
Short-term fluctuations, α_1		-
Long-term fluctuations, α_2		-
Correlation Dimension (D2)		-
Recurrence Plot Analysis (RPA)		
Mean line length (Lmean)	(beats)	-
Max line length (Lmax)	(beats)	-
Recurrence rate (REC)	(%)	-
Determinism (DET)	(%)	-
Shannon Entropy (ShanEn)		-
Multi-Scale Entropy (MSE)		-



Detrended fluctuations (DFA)



*Results are calculated from the non-detrended selected RR series.

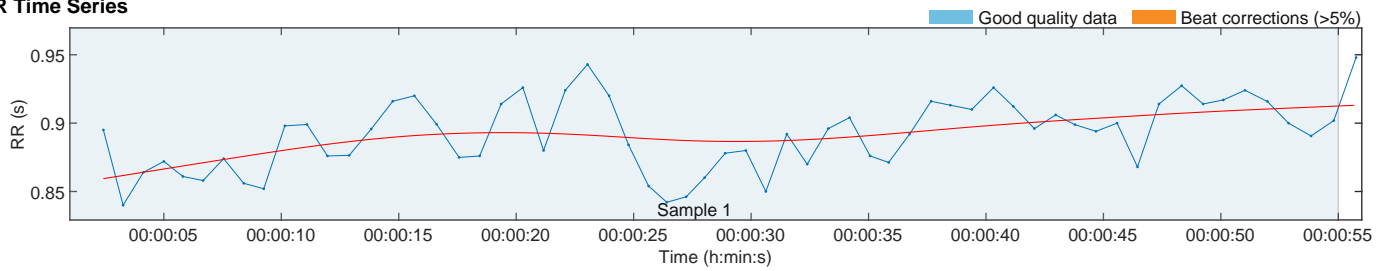
HRV Analysis - Time-Varying Results

20220109_163329_real.csv - -

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Person:			Measurement Info			Results for the whole measurement	
Gender:	Male	Height:	180 cm	Date:		Trend removal:	Smoothn priors
Age:	48 years	Weight:	78 kg	Start time:	00:00:00	Artefact corr.:	Threshold (very strong)
Max HR:	172 bpm	BMI:	24.1 kg/m2	Duration:	00:01:00	Analysis samples:	1
						Sample start:	-
						Sample length:	-
						Beats corrected:	21 (34.43 %)

RR Time Series



TIME-VARYING RESULTS NOT DEFINED
(Not enough good quality data available for time-varying analysis)