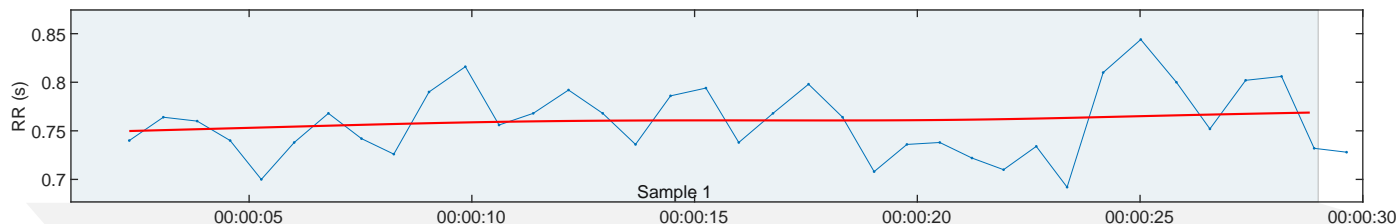
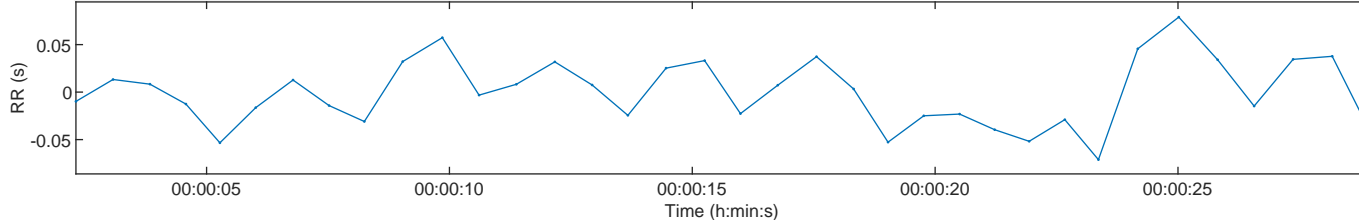


Person:			Measurement Info			Results for Sample 1/1	
Gender:	Male	Height:	180 cm	Date:		Sample start:	00:00:02
Age:	48 years	Weight:	78 kg	Start time:	00:00:00	Sample length:	00:00:29
Max HR:	172 bpm	BMI:	24.1 kg/m ²	Duration:	00:00:30	Beats corrected:	Uncorrected
			Trend removal:			Smoothn priors	
			Artefact corr.:			Automatic correction	
			Analysis samples:			1	

RR Time Series



Selected Detrended RR Series



Autonomic nervous system indexes

Parasympathetic Nervous System (PNS)

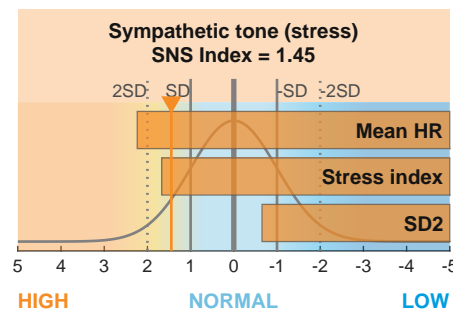
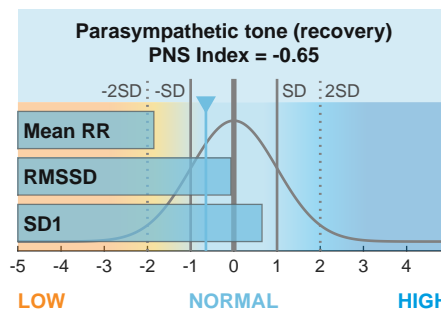
Mean RR 759 ms
RMSSD 41.0 ms
SD1 42.4%

PNS Index = -0.65

Sympathetic Nervous System (SNS)

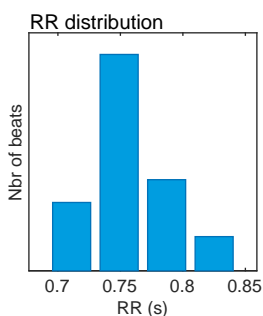
Mean HR 79 bpm
Stress index 14.0
SD2 57.6%

SNS Index = 1.45



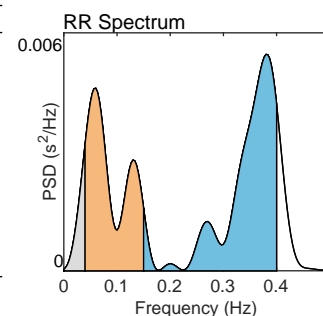
Time-Domain Results

Variable	Units	Value
Mean RR*	(ms)	759
Mean HR*	(bpm)	79
Min HR	(bpm)	75
Max HR	(bpm)	83
SDNN	(ms)	34.8
RMSSD	(ms)	41.0
NN50	(beats)	6
pNN50	(%)	17.14
RR triangular index		5.14
TINN	(ms)	129.0
Stress Index (SI)		14.0
DC	(ms)	35.1
DCmod	(ms)	46.7



Frequency-Domain Results (FFT spectrum)

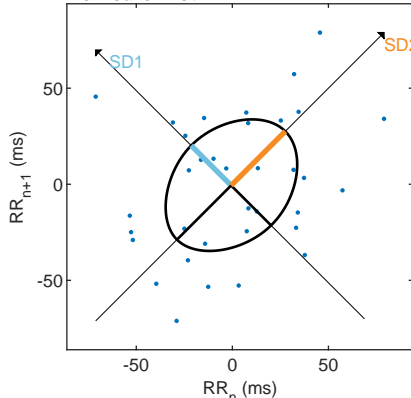
Variable	Units	VLF	LF	HF
Frequency band	(Hz)	0.00-0.04	0.04-0.15	0.15-0.40
Peak frequency	(Hz)	0.040	0.060	0.380
Power	(ms ²)	47	302	431
Power	(log)	3.851	5.709	6.065
Power	(%)	6.00	38.50	54.96
Power	(n.u.)		40.96	58.47
Total power	(ms ²)	784		
Total Power	(log)	6.664		
LF/HF ratio		0.701		
RESP	(Hz)	-		



Nonlinear Results

Variable	Units	Value
Poincare Plot		
SD1	(ms)	29.4
SD2	(ms)	39.9
SD2/SD1		1.356
Approximate Entropy (ApEn)		-
Sample Entropy (SampEn)		-
Detrended Fluctuation Analysis (DFA)		-
Short-term fluctuations, α_1		-
Long-term fluctuations, α_2		-
Correlation Dimension (D2)		-
Recurrence Plot Analysis (RPA)		
Mean line length (Lmean)	(beats)	-
Max line length (Lmax)	(beats)	-
Recurrence rate (REC)	(%)	-
Determinism (DET)	(%)	-
Shannon Entropy (ShanEn)		-
Multi-Scale Entropy (MSE)		-

Poincare Plot



Detrended fluctuations (DFA)



*Results are calculated from the non-detrended selected RR series.

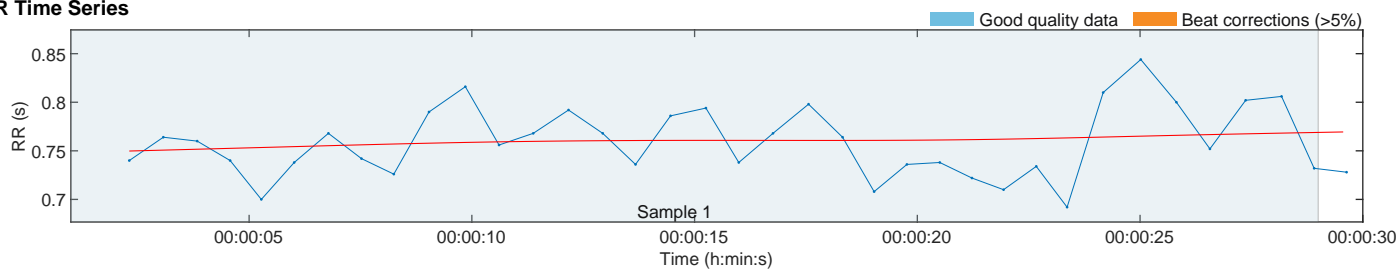
HRV Analysis - Time-Varying Results

raw.csv - -

Page 2/2

Person:			Measurement Info			Results for the whole measurement	
Gender:	Male	Height:	180 cm	Date:		Trend removal:	Smoothn priors
Age:	48 years	Weight:	78 kg	Start time:	00:00:00	Artefact corr.:	Automatic correction
Max HR:	172 bpm	BMI:	24.1 kg/m2	Duration:	00:00:30	Analysis samples:	1
						Sample start:	-
						Sample length:	-
						Beats corrected:	0 (0.00 %)

RR Time Series



TIME-VARYING RESULTS NOT DEFINED
(Not enough good quality data available for time-varying analysis)