

# RESPIMAT® Soft Mist Inhaler

## Instructions for FIRST-TIME USE and EVERYDAY USE

### Prepare for FIRST USE

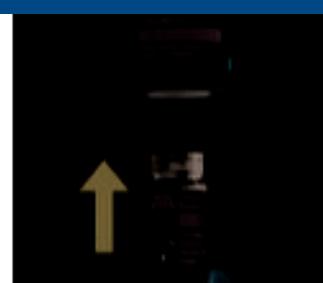
#### LOADING Required once, prior to first use.

##### TAKE OFF THE CLEAR BASE



With the cap closed, press down on the safety catch while pulling off the clear base.

##### INSERT THE CARTRIDGE



Push the narrow end of the cartridge into the inhaler until it clicks.

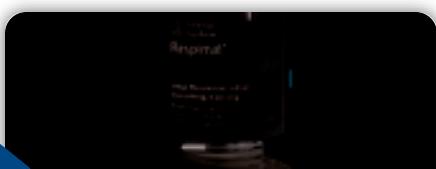


Press against a firm surface to ensure that it has gone in as much as possible.

##### REPLACE THE CLEAR BASE



Once the cartridge is in, replace the clear base. Do not remove the cartridge or clear base again.



The cartridge won't be flush with the inhaler. The silver ring at the end of the cartridge will still be visible.

### PRIMING

#### T TURN



Hold the inhaler upright with the cap closed. **TURN** the clear base a half turn in the direction of the arrows on the label until it clicks.

#### O OPEN



**OPEN** the cap until it snaps fully open and point the inhaler at the ground.

#### P PRESS



**PRESS** the dose-release button, close the cap and repeat the steps of **TURN, OPEN, PRESS** (TOP) until you see a cloud. **After a cloud is visible, repeat TOP three more times and your inhaler is ready for use.**

# Instructions for **EVERYDAY USE**

## USING

**T**  
**TURN**



With the cap closed, hold the inhaler upright and **TURN** the clear base in the direction of the arrows on the label until it clicks.

**O**  
**OPEN**



**OPEN** the cap until it snaps fully open. Breathe out slowly and fully. Close lips around the mouthpiece and point to the back of the throat, making sure the air vents aren't blocked.

**P**  
**PRESS**



While taking a deep, slow breath through the mouth, **PRESS the dose-release button and continue to breathe in.**

Hold your breath for 10 seconds or for as long as you feel completely comfortable. To take your second puff, repeat the 3 steps, **TURN, OPEN, PRESS (TOP)**, one more time. When finished, close the cap.

### If you haven't used your RESPIMAT inhaler daily as prescribed,

review the instructions that came with your inhaler to see if you need to take any additional steps before using your inhaler again.

### Share your experience.

Talk to your doctor or pharmacist about your experience with the RESPIMAT inhaler.

Ask your doctor or pharmacist for help when **loading or priming your inhaler**.

Remember, you can always talk to him/her to learn more.



- Talk to your doctor or pharmacist if you have any questions or need additional help and support.
- Ask for help when you set up your inhaler.
- Ask your doctor about respiratory therapists (RTs) in your area. They're experts in respiratory therapy and can offer specialized help and support.

Visit [www.learntouse.ca/Matt](http://www.learntouse.ca/Matt) to learn more about how to use your RESPIMAT inhaler

- Watch instructional videos that are available in different languages
- Chat with Matt, the RESPIMAT chatbot



To learn more about your disease, upcoming lung disease programs in your area, and answers to your health questions, visit [www.lung.ca](http://www.lung.ca) or contact the **Lung Association (1-866-717-2673)**.