

## Cleaning Specification

Requirements for cleaning of the Fernwood Fitness Ferntree Gully as follows:

\*\*please note this is an estimated time for guidance and training purposes

Times on site are relevant to experience and routines and vary daily\*\*

TYPE	Task	Daily	Weekly	Monthly	Estimated time
FLOOR SURFACES (vinyl/carpet/tiles)	Vacuum floor surfaces in Entry /office cardio area/exercise room/cycle area/crèche/changerooms/upstairs reformer	Y			40 mins
	Spot clean rubber mats	Y			30 mins
	Detail vacuum behind equipment /signage /corners/ledges or any areas difficult to access		Y		20 mins
	Mop all vinyl floors in changerrooms/crèche/zone 10 room/ bike area/ changerrooms /shower area/Reception/Reception Lobby	Y			40 mins
BINS	Empty Bins and change bin liners in all areas	Y			12 mins
	Wipe spills/dust off bin lids	Y			
	Throw rubbish bags in basement bin compactors	Y			7 mins
SURFACE WIPE DOWN	Wipe/sanitize kitchen benches	Y			3 mins
	Wipe/sanitize tables and chairs	Y			n/a
	Wipe cardio/exercise equipment dust free		y		60 mins
	Spot clean all mirrors	Y			12 mins
	Wipe Down bikes weekly		Y		15 min
CHANGEROOM TOILETS	Wipe down vanity	Y			3 mins
	Disinfect vanity hand bowls	Y			3 mins
	Clean mirrors	Y			3 mins
	Wipe /Disinfect Shower walls and floors	y			30 mins
	Disinfect / clean toilet urinals	Y			9 mins
	Refill all consumables in all toilets/bathrooms	Y			30 mins
	Wipe Down vanity	Y			3 mins
	Disinfect Vanity handbowl	Y			3 mins
	Dust and clean mirrors	Y			3 mins
	Disinfect and clean toilets	Y			3 mins
Miscellaneous	Dust fans in bathrooms			Y	8 mins
	Mop stairwell	y			7 mins
	<b>Subtotals (hrs)</b>	243 mins	285 mins	8 mins	
	<b>Equivalent Total Cleaning Time / Week (min's)</b>	1215 mins	285 mins	0.2 mins	1500.2 min's/week
	<b>Estimated Total Cleaning Time / hours per week</b>	<b>22.0 hrs</b>			
	<b>Estimated Total Cleaning Time / hours per day</b>	<b>3.57 hrs</b>			

- calculated on cleaning 48 weeks/ year

### Recommendation: Fernwood Fitness Ferntree Gully

1 x cleaners – 3.5 hour (approx) per day 5 days per week

Cleaners to lock up building on completion