



Why Be Fit Food?

- Doctor & Dietitian, scientifically developed
- Nutritionally Balanced
- Low carb, high protein
- Snap Frozen
- Real food approach
- Conveniently delivered to your door



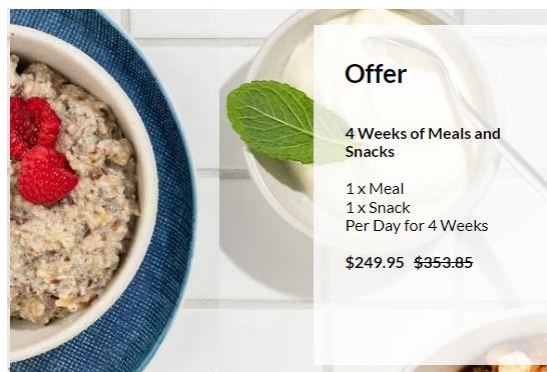
Select Your Meals and Snacks



Snap-Frozen Meals Delivered to Your Door



Replace One Meal and Snack Each Day



Offer

4 Weeks of Meals and Snacks

1 x Meal
1 x Snack
Per Day for 4 Weeks

\$249.95 ~~\$353.85~~

	BREAKFAST	LUNCH	DINNER	SNACKS
Replace the hardest meal of the day with Be Fit Food				

THE STORY: BeFit Food use industry-leading science to design & create recipes and programs that we believe will have a long-term health impact, as well as making you feel happier, healthier, and more energetic. We want to help you thrive, and not just survive.

HOW IT WORKS? – BeFit x Fernwood are offering a SPECIAL package for the BUILD or BURN Transformation!

Choose 5 Lunches and 5 snacks every week to stay on track and accountable with your meal plan.

Follow the Transformation diet plan when you're not having BeFit Food meals and enjoy the ease of having it made for you!

HOW TO ORDER? – Simply order online through the unique Fernwood x BeFit ordering page from Jan 1!

WHEN SHOULD I EXPECT MY DELIVERY? – Cut off 11.30am AEDT Sunday & Tuesday. Location dependent.

HOW TO USE THE PROGRAM?- Instructions & support are provided both with your Transformation content on Pulse and the BeFit order page, as well as recommended extras, user guide and recipes.

WHATS IN THE PROGRAM?- Be Fit Foods offer Gluten Free, Vegan, Vegetarian, Dairy Free and low carb options.

