

GROUP FITNESS INSTRUCTOR EVALUATION

Date: / /							
Instructor Evaluated:							
By:							
Class Evaluated:							
<u>Class Evaluation</u>							
Instructor arrived on time (5min early)		Yes / N	10 /	Not A	pplic	cable	
Instructor dressed appropriately			Yes / No / Not Applicable				
Instructor introduced herself to class			Yes / No / Not Applicable				
Instructor asked if any new people			Yes / No / Not Applicable				
Instructor asked if any injuries			Yes / No / Not Applicable				
Instructor used member's names			Yes / No / Not Applicable				
Music volume appropriate for class			Yes / No / Not Applicable				
Music type appropriate for class			Yes / No / Not Applicable				
Adequate warm-up provided			Yes / No / Not Applicable				
Instructor/Participant connection present			Yes / No / Not Applicable				
Instructor promotion of in-club events			10 /	Not A	pplic	cable	
Instructor Evaluation							
		Poor	Д	verag	ıe	Great	
Communication Skills		1	2	3	4	5	
Ability to cue			2	3		5	
Ability to coach – explain exercises			2	3	4	5	
Ability to provide an experience			2	3	4	5	
Interaction with participants			2	3	4	5	
Exercises appropriate/safe for class			2	3	4	5	
Ability to motivate/encourage			2	3	4	5	
Ability to provide adequate cooldown/stretch			2	3	4	5	
Rewarded class for great effort		1	2	3	4	5	
Overall ability to perform class			2	3	4	5	
Asked for feedback/questions			2	3	4	5	
Comments / Feedback							
Best Strengths	Growth Tips						