

# FERNWOOD FITNESS

## FIRST AID KITS 2022

Description of Appliance or Requisite	Contents of First Aid Kit				
	A	B	C	Number Used	Re-order
ACCIDENT REPORT NOTE BOOK WITH PENCIL	1	1	1		
ADHESIVE STRIPS, PLASTIC, 72 X 19MM pack of 50	3	1	0		
ALCOHOL WIPE, SACHET	4	3	1		
ANTISEPTIC LIQUID/STING RELIEF, 50ML, SPRAY BOTTLE	1	1	1		
BOWL GALIPOT 60ML CLEAR	1	1	1		
COLD PACK, INSTANT, LARGE	1	1	1		
COMBINE DRESSING, 10 X 20CM, STERILE	1	1	0		
CONFORMING BANDAGE, 5CM, WHITE	3	1	0		
CONFORMING BANDAGE, 7.5CM, WHITE	3	1	0		
COTTON TIPS, DOUBLE ENDED, 7.5CM pack of 100	1	1	0		
CPR FLOWCHART, WALLET SIZE	1	1	1		
CREPE BANDAGE, HEAVY WEIGHT, 10CM, BROWN	1	1	0		
DISPOSABLE GLOVES, LARGE, PAIR	5	2	1		
EMERGENCY FIRST AID INFORMATION BOOKLET, BASIC, DL SIZE	1	1	1		
EMERGENCY SHOCK BLANKET, SILVER SPACE	1	1	0		
EYE PAD, STERILE	4	2	1		
EYE WASH SOLUTION, 30ML AMPOULE	8	2	1		
GAUZE SWAB, 7.5 X 7.5CM	25	15	2		
HYDROGEL BURNS GEL, 3.5G SACHET	5	2	1		
ICE PACK	6	2	1		
KIDNEY TRAY, PLASTIC, 200ML GREEN	1	1	0		
NON-ADHERENT DRESSING, 10 X 10CM, STERILE	1	1	0		
NON-ADHERENT DRESSING, 10 X 7.5CM, STERILE	3	1	0		
NON-ADHERENT DRESSING, 5 X 5CM, STERILE	6	2	0		
PAPER TAPE, 2.5CM X 5M, HYPO-ALLERGENIC, WHITE	1	1	0		
PLASTIC BAG, RESEALABLE, LARGE	1	1	1		
PLASTIC BAG, RESEALABLE, MEDIUM	1	1	1		
PLASTIC BAG, RESEALABLE, SMALL	1	1	1		
POVIDONE IODINE SWABS	6	2	0		
RESUSCITATION FACE SHIELD, DISPOSABLE WITH NON-RETURN VALVE	2	1	1		
SAFETY PINS, ASSORTED	12	4	0		
SCISSORS, STAINLESS STEEL, 12.5CM	1	1	0		
SHARPS CONTAINER, PLASTIC, 100 ML, YELLOW	1	1	0		
SPLINTER FORCEPS, STAINLESS STEEL, 12.5CM	1	1	0		
SPLINTER PROBE, DISPOSABLE	10	2	0		
TRIANGULAR BANDAGE, COTTON, LARGE, WHITE	2	1	0		
VOMIT BAGS	2	2	2		
WOUND CLEANSING WIPE, NON-STING, SACHET	10	6	1		
WOUND CLOSURE STRIPS, 3 X 75MM	25	15	4		
WOUND DRESSING, NO.13, STERILE	1	1	0		
WOUND DRESSING, NO.14, STERILE	1	1	0		
WOUND DRESSING, NO.15, STERILE	1	1	0		

Number of People on site	First-aid Room	Kit A	Kit B	Kit C	Person with First-aid Certificate on site	Person with Occupational First-aid Certificate on site
200 or more	+					+
100 - 199		+			+	
25 - 99			+		+	
11 - 24			+			
10 or less				+		