



Fitness Australia Registration

Fernwood have committed to the Fitness Australia Service Excellence Program which has been introduced this year. The purpose of the program is to drive greater consumer confidence and credibility for our Fernwood offering.

Who needs to register?

All certificate III & IV qualified staff working in your facility need to be registered. This would also apply to staff who have university level qualifications in exercise science or equivalent.

Note: Instructors who teach group fitness should have a minimum certification level of certificate III plus their relevant program qualification. Whilst Les Mills GEL instructors are not required to have a cert III, they must still register with Fitness Australia.

Who doesn't need to register?

You may have staff who are registered with another governing body relevant to their field - for example yoga instructors. If they have professional registration and insurance linked to another governing body, they may not need to register with Fitness Australia.

What if the staff member is registered with another registration body?

Fitness Australia has offered to transfer them across at no cost and until their current registration expires. At the time of expiry they will be required to continue registration with Fitness Australia.

What are the payment options?

Fitness Australia have confirmed the following options;

\$195 for 2 years

\$125 option for 12 months

Monthly direct debit starting at \$11.50 p/month

CECs are another expense, are there any options?

As an AusREP with Fitness Australia, staff are committed to industry standards and ongoing professional development. Fitness Australia will ask for evidence of 20 CECs being completed the 2 years prior to registration or transfer. They are offering 5 short courses worth 10 CECs for FREE! There are ways to make up the remaining 10 CECs at no cost, for example if the staff member has completed CPR (1 CEC) and First Aid (3 CECs) in the past two years.



Visit here for more information on CECs

<https://fitness.org.au/articles/learning-development/what-are-cecs-and-where-can-i-find-them/46/283/181>

CEC course providers listing

<https://fitness.org.au/courses>

How long do instructors have to get registered?

All position descriptions now include a 3 month timeframe from commencement of employment to register with Fitness Australia. This gives them a chance to start earning an income to help cover the cost of registration and/or CECs if required. This timeframe also applies for existing staff who are not currently registered with any organization from the time their club re-opens.

Existing staff who are registered with another body are able to easily transfer at no cost to Fitness Australia provided they can show evidence of 20 CECs. If they need to complete more CEC training, they can be given the three month window to complete and register as well.

Need more information?

Franchisees can contact Daniel, Membership Officer/Coordinator at Fitness Australia daniel@fitness.org.au if you still have unanswered questions.

You can direct your staff to contact Fitness Australia directly 1300 211 311 if they have questions regarding their registration.