

Doctor's Referral Letter



To The Doctor of Concern,

Your patient has expressed interest in undergoing a series of cell-IQ™ treatments. Please read over the following information to ensure the procedure is right for your patient and that it will not conflict with any medical conditions or medication the patient may be taking.

What is cell-IQ™

cell-IQ™ is a pain-free, non-invasive, fat reduction technology that uses a low-level laser to target stubborn fatty deposits that don't respond to regular diet and exercise. Problem areas such as the thighs, abdomen, upper arms, or the chin can be specifically targeted for fat removal.

The treatment is not a solution for obesity. While it may provide motivation for clients to embark on a healthy lifestyle of sensible eating and regular exercise, results will not be noticeable if the client is grossly overweight.

How cell-IQ™ works

The treatment works by emitting low-levels of laser energy to stimulate the fat cell membranes, changing their permeability. Laser-emitting pads are placed on the client's trouble areas. Once treated, adipose cells lose their round shape and intracellular fat is released. The fatty triglycerides then flow out of the disrupted cell membranes and into the interstitial space, where they gradually pass through the body's natural metabolic functions and are used as an energy source for the body. Healthy eating and exercise ensure maximum results.

The process does not alter neighboring structures such as the skin, blood vessels, and peripheral nerves. The process leads to lipolysis; the liquefying and instant breakdown of the fat cells.

The treatment process

We recommend clients undertake a course of 8 sessions to obtain the best results, at 20 minutes per treatment. Treatments should be given twice weekly at a minimum of 48 hours between treatments.

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Procedures the clients must follow to maximise their results

Results for the client will be improved if they have a healthy lymphatic system and cells and can adhere to the following conditions. Please alert us if any of these criteria cannot be met:

- Good preparation of tissues/cells by drinking plenty of water, maintaining a healthy diet and a regular exercise regime.
- Avoiding a large meal just prior to or after the treatment.
- Exercising as soon as possible after treatment.
- Manual lymphatic massage (endomologie) to enhance drainage post-treatment. (Optional.)

Risks

There are no known risks associated with low-level laser treatment. This treatment is non invasive and uses a cold output laser. During treatment no discomfort will be present and the patient will not feel the laser. Unlike high-power, high-heat lasers that are used in various medical procedures, the low-level laser used in this treatment has no thermal effect on tissue.

Technical Specification of the cell-IQ™ device:

Power Input:	AC85-264V / 50-60Hz
Maximum outlet:	160mW x 4,40mW x 2
Classification (EN60601-1):	Class 1, Type B
Main Fuses:	T3A (5 x 20 mm)
Pulse:	5HZ-1KHz
Output Strength:	Maximum 40mW x 18

I do/do not (please circle) give permission for my patient to receive cell-IQ™ treatments.

Signed: _____

Print name: _____

Date: _____