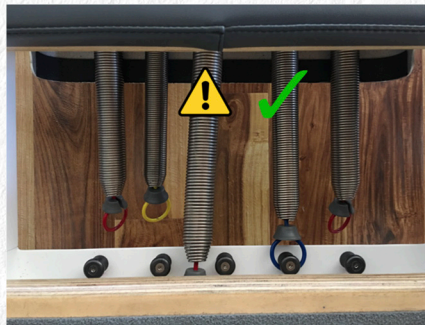
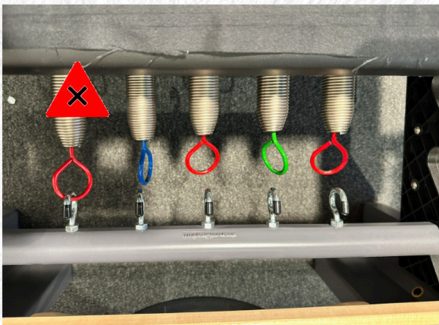


# Safety Requirements

**Looking after your Reformer apparatus not only ensures safety for members and staff, but also extends the lifetime and usability of the equipment.**

## SPRING SAFETY:

- + Ensure **ALL** springs are attached when not in use. This prevents the carriage from moving.
- + Attaching only 1 spring will likely wear out that spring earlier than others.
- + Attach springs to the **lower** hooks only (springs should be tightly coiled)



## HYGEINE:

- + **Members are to thoroughly clean the equipment after classes** – reformers, springs, footbar, reformer box, head cushions, Pilates circle, Pilates Ball, weights if used, etc.
- + We also pay extra attention to disinfecting all high-touch areas such as door handles, and benchtops at the end of each class.

## INCIDENTS:

- + **Deal with incidents professionally and quickly.** Take the client seriously and check for injury.
- + **Follow up with an incident report** documenting exactly what happened. It's important to develop a positive, trusting relationship with your client
- + **Check the CCTV** and with staff to ensure the report is accurate.

## UNSUPERVISED USE:

- + If in any instance someone uses the studio unsupervised, they should have a Safety Lanyard at all times, signed 24/7 agreement Policy and had sufficient inducting/ screening.

**FUSION**  
REFORMER  
STUDIO