

Civic engagement progress report

ECUADOR PROJECT

First half of my civic engagement didn't start yet as we will go to Ecuador in July. However, we looked for funding and carried out the administrative procedures for our project. More information about this project will be available when it is done...

CIVIL PROTECTION

The administrative procedures to become a civil protection first aider are over and I participated to my first "First aid station" during the "European Aerospace Games" in Sup'aero, Toulouse. This tournament allows students from the Pegasus network to meet for a long weekend, and to compete in team and individual sports events. This kind of event is very injury prone, especially as some students were still drunk from the previous day.

We were, as a team of 10, in a tent all day to treat injured participants. Most of the cases we had to deal with were not very interesting (scratches, blisters, swollen ankles). However, they were all treated with great care and attention on our part and above all with great kindness. Every action we took had to be noted (even cutting a dead skin from a blister). We also had to note down all the material used to be able to refill the first aid bags in the evening. We also had some more serious cases: dislocated shoulders, head trauma and loss of consciousness. Our role is that of the first on the scene, so we called an ambulance on two occasions.

For the continuation of this project, I will train and take a higher diploma in first aid. At the moment I have a level 1 professional first aid diploma and I am going to take level 2 in order to be present at more first aid posts.