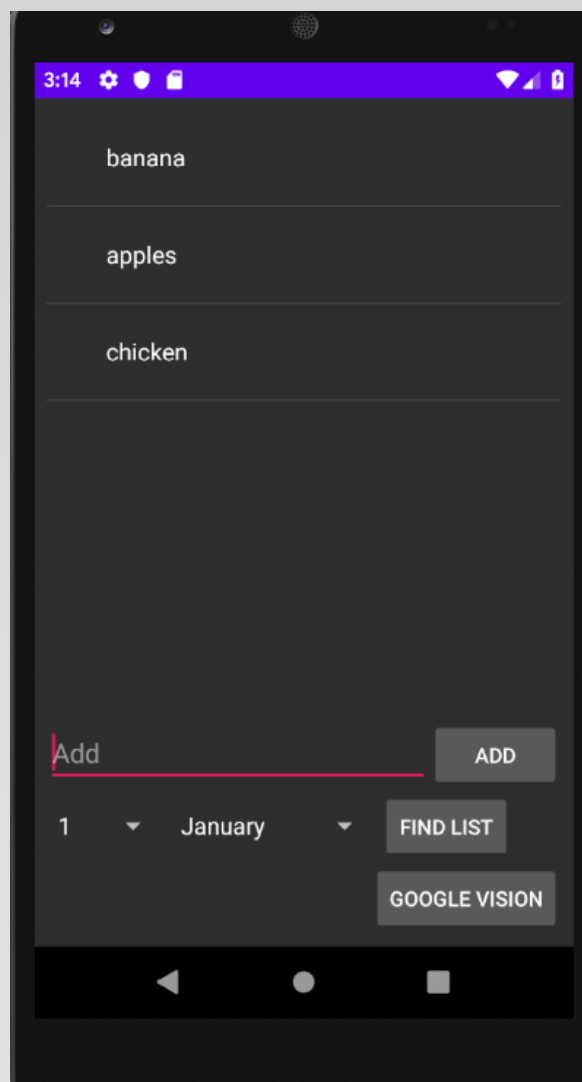
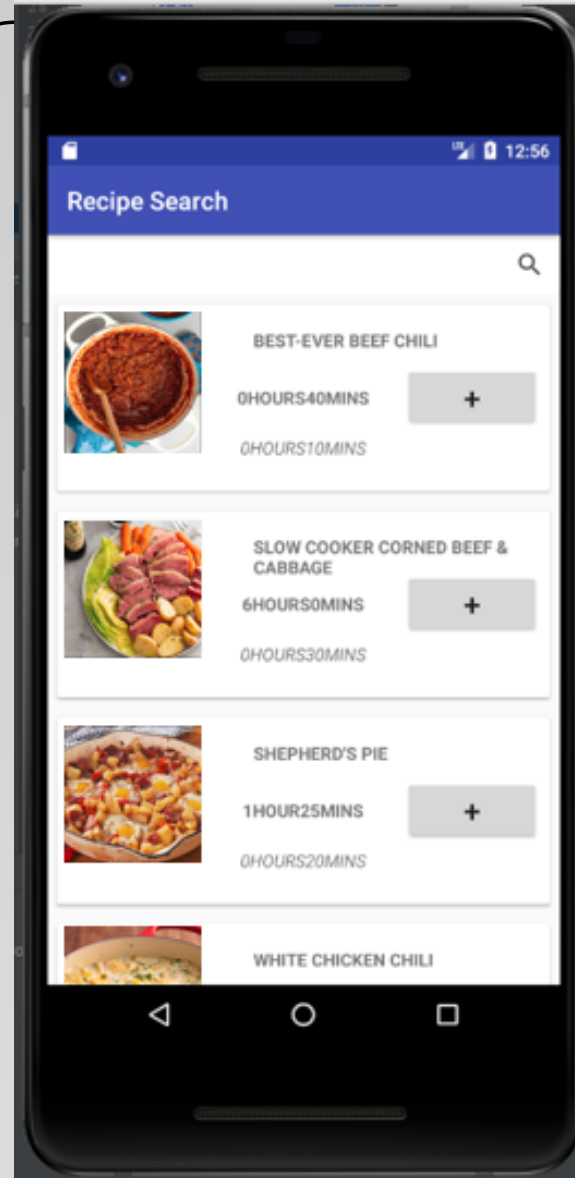


Home Screen Sign In



Grocery List



Recipe Search

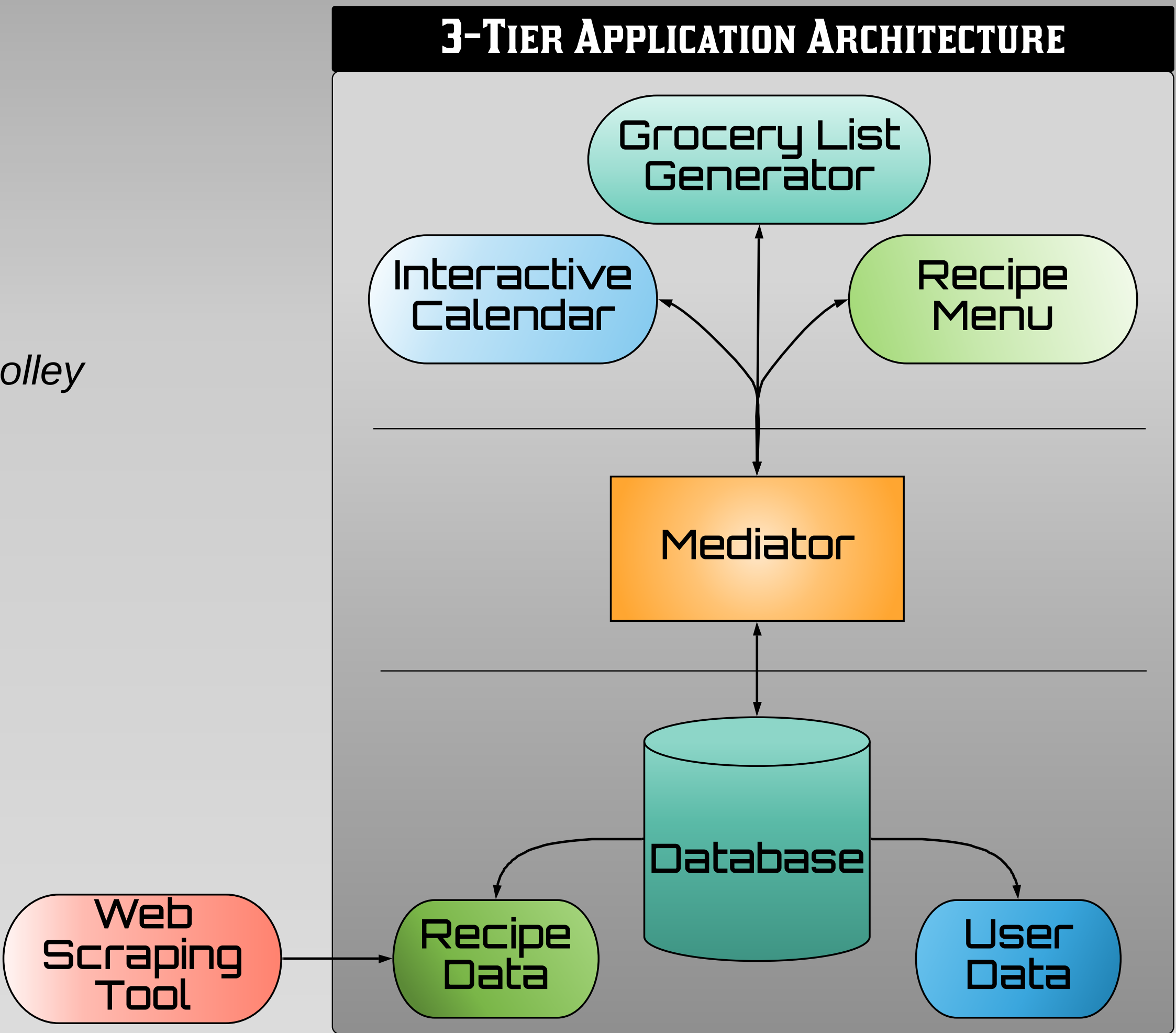
Edesia

meal planning made easy

Adam Bowers | Daniel Wingo | Stephen Bennett | Jonathan Holley

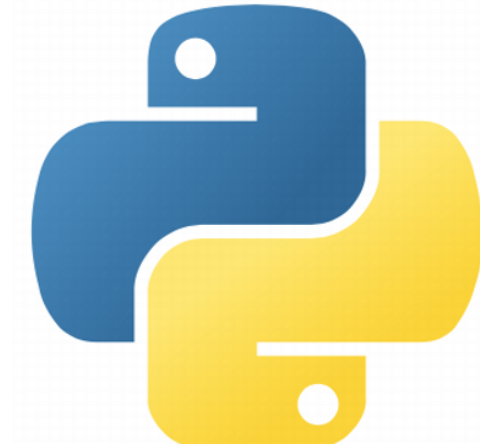
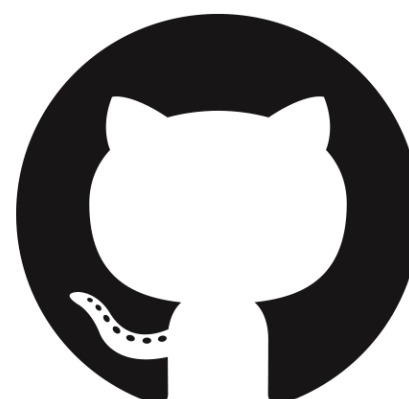
Features

- Simple user interface
- Database of recipes
- Meal randomizer
- Users can add recipes to their personal menu
- Users can upload their own recipes to the database
- Filter meal search by food type or cooking method
- Automated grocery list based on choices by users



The Problem: Poor meal planning causes people to spend more money and have a poorer diet

Americans eat out 4 to 5 times a week on average. Many people choose to eat out for the sake of convenience. It saves you time and a trip to the grocery store. Eating out, however, can be extremely expensive. The average American spends \$232 eating out per month. The average cost of eating out is \$12.75 per meal, while the average cost of cooking at home is \$6.41 per meal. Eating out is also much worse for your health. You take in an average of 200 more calories eating out than if you eat at home.



The Idea: Edesia, meal planning made easy

Planning meals can be an arduous and daunting task. Edesia aims to change that. Edesia is the Roman Goddess of Food who presides over banquets. She ensures that the feast goes well and that the food is excellent. Her name comes from the Latin verb “edes”, which means “to eat” or “to consume”. Our goal is to make a user-friendly and intuitive meal planning application for the Android mobile platform.

The Plan: Design an application that is simple, intuitive, and convenient

The users will have access to a variety of features to help make their meal planning easy. Edesia will allow the user to add different recipes into a day of the week. Users can search for recipes to add to their personal menu. If a user is unsure on what meal to cook, they can press a shuffle button and the application will select a variety of meals for that user. We hope to encourage people to eat healthier, save money, and improve their cooking ability.