

AUSTIN COMMUNITY COLLEGE SYLLABUS
Spring 2025

Introduction to Philosophy-3 credits
PHL 1301-004
86641

Instructor: Melissa Foote

Email: melissa.foote@austincc.edu

Course format: In-person at the Highland Campus

Class meetings: Tuesdays and Thursdays 1:30-2:50pm, HLC1 2104

Course duration: 1/21—5/18

Office Hours: Tuesdays and Thursdays from 12:00-1:00, HLC1 1428.02

COURSE DESCRIPTION

- Credit hours: 3
- Classroom Contact Hours Per Week: 3
- Students will be introduced to various significant philosophical issues and thinkers and to the practice of philosophical analysis. There are no course prerequisites for this class. A passing score or the equivalent on the reading and writing portions of the TSI is required.

REQUIRED TEXTBOOKS

Soccio, Douglas. *Archetypes of Wisdom: An Introduction to Philosophy*. Wadsworth Cengage Learning, 8th or 9th edition. ISBN: 1111837791

https://www.amazon.com/Archetypes-Wisdom-Introduction-Douglas-Soccio/dp/1111837791/ref=sr_1_1?ie=UTF8&qid=1516041369&sr=8-1&keywords=1111837791

BREAKDOWN OF COURSE REQUIREMENTS

Introduction	25 points
Quizzes	275 points
Final Writing Assignment	100 points

FINAL GRADE DETERMINATION

Grading scale and point distribution:

360 - 400 = A
320 - 359 = B
280 - 319 = C
240 - 279 = D
0 - 239 = F

Class Structure:

Each week:

1. You will have a reading assignment from the textbook.
2. We will discuss the reading assignment during our classes on Tuesday and Thursday.
3. I will post lecture videos and PowerPoints on Blackboard to provide additional clarification.
4. You will take a quiz over the materials for that week in class on Thursdays

To supplement our class discussions (and in case you are unable to attend), I will put up linked youtube videos I have made to help explain the material for that week. They range from 5-15 minutes. You are expected to complete the reading assignment before watching the video. My lectures will not take the place of actually reading the textbook (or regularly attending class), but are meant to point out important concepts/ideas/details and explain anything particularly difficult or confusing. Our textbook contains detailed chapters with some uncommon and complicated ideas and theories, and my videos are meant to help make sense of the ethical theories and examples.

Introduction: (25 points)

I'm going to open up an Introductory Discussion Board for us to introduce ourselves and get to know each other a bit! This will be due at the end of our first week: You will have a **mandatory introductory assignment, due by Sunday, January 26th** at midnight. Instructions will be available on the course Blackboard page.

Quizzes: 12 Quizzes (25 points each = 275 points total)

There will be a total of 12 quizzes throughout the semester. Quizzes will be completed in class on Wednesdays, almost every week (specific dates are in the detailed schedule below).

You will need to attend class regularly in order to complete these quizzes and succeed in the course. By signing up for a class that meets on campus, it is assumed that you will be able to come to class to complete these assignments. If you are unable to commit to coming to class regularly on Wednesdays, you may want to switch to an online course that better fits your current situation.

At the end of the semester, I will drop your lowest quiz score. Only 11 out of the 12 quizzes will be factored into your overall course grade. This allows you to miss one quiz, or to replace your lowest score. You do not need to tell me which you'd like dropped, I will automatically get rid of the one you scored the least points on. This will be done at the very end of the semester. If you score a zero on a quiz due to plagiarism/cheating, this score will *not* be dropped, so be sure to always complete your own work in your own words!

Final Writing Assignment: (100 points)

Your "Final" assessment for this class will be a writing assignment that will be completed in class on **Wednesday, May 15th** at 1:30-2:50pm. I will let you know exactly what to expect and answer any questions you have about it long before we get to that point.

LATE WORK AND MAKE-UP POLICY

Since quizzes are taken in class, you will need to be present in class in order to get credit for them. **There will be no makeups allowed for quizzes if they are not completed in full on the due date.** There will be no exceptions or extensions for these deadlines, so make sure you are vigilant in your completion of the quizzes. You can miss one quiz without it hurting your grade, but need to keep up with quizzes in order to succeed in this course. That being said, if life throws you under the bus, please communicate with me—I really do want you to succeed!

ACADEMIC DISHONESTY

A student who commits an act of academic dishonesty such as plagiarizing or cheating on a quiz, writing assignment, or exam will automatically fail the entire course, without the possibility of making up any assignment. **If a student is caught plagiarizing or using AI/Chatgpt to compose any portion of their course work, they will automatically fail the course, without the possibility of redoing the plagiarized assignment.** It can go on your permanent academic record, result in expulsion or suspension, and prevent you from being able to transfer. It is NEVER worth the risk. You are an adult and need to be responsible enough to do your own work. If you aren't going to do your own work, don't be in college-it really is that simple.

STUDENT E-MAIL

Please email me from your ACC student email account. Messages sent from personal/work accounts often get thrown into my spam folder and I may not even see your email. I don't want you to think I'm ignoring you, especially if you need my help with something or are confused.

If you email me, please include “**Intro**” in your subject line so I can make sure you receive a timely response. It will be easier for me to return your email in a timely manner if I know what class you are in. Putting “Intro” in the subject line lets me know that you are a student and which course you are in. During the week, you can expect to hear back from me within 48 hours. If you email me over the weekend, you can expect to hear back from me by Monday. Please plan accordingly, and email me in advance if you have a question-as opposed to an hour before something is due.

CONTENT ADVISORY

Given the nature of this course (and philosophy as a subject), we may discuss topics, ideas, or examples that may make you feel uncomfortable or upset. If you ever find the class upsetting, please feel free to step away and take the time you need before returning. You are encouraged to reach out to me with any concerns you may have about anything discussed/assigned for this course. I am here to help you succeed! I want to challenge you, but I don't want you to feel uncomfortable to the point where it causes distress.

If you are struggling or facing a personal challenge, please know that ACC has counseling resources for students. Please reach out if you could use the extra support:

<https://www.austincc.edu/students/mental-health-counseling>

TENTATIVE COURSE OUTLINE

The instructor reserves the right to adjust this course syllabus as needed. Revisions to course policies will be communicated via college e-mail.

Weekly Course Schedule

*Dates shown are Tuesday/Thursday of the designated week. Schedule subject to change (but it probably won't).

Week	Course Schedule
Week #1	<p>1/21</p> <p>No class, winter weather</p> <p>1/23</p> <p>Introduction to Course</p> <p><u>Reading:</u> Introduction to Philosophy</p> <p><u>Assignment:</u> Mandatory Introductory Assignment Due Sunday, January 26th by midnight</p>
Week #2	<p>1/28 & 1/30</p> <p>Unpacking some terminology and starting to ask the important questions</p> <p>Chapter 1: Philosophy and the Search for Wisdom</p> <p><i>Note: This chapter is not in the 9th edition of the book, so I will put up a pdf of this reading assignment on the course D2L page.</i></p>
Week #3	<p>2/4</p> <p>Chapter #2: The Asian Sages: Lao-tzu, Confucius, and Buddha</p> <p>Our story begins: The origin of Eastern philosophy</p> <p><i>Note: This is Chapter 1 in the 9th edition of the book.</i></p> <p>2/6</p> <p>Quiz #1</p>

Week #4	<p>2/11</p> <p>Chapter #4: The Wise Man: Socrates</p> <p>Our story begins: The origin of Western philosophy</p> <p>2/13</p>
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	<p>Quiz #2</p>
Week #5	<p>2/18</p> <p>Chapter #5: The Philosopher-King: Plato</p> <p>The greatest mysteries in the universe: Trying to make sense of it all in the ancient world</p> <p>2/20</p> <p>Quiz #3</p>
Week #6	<p>2/25</p> <p>Chapter #6: The Naturalist: Aristotle</p> <p>Can we know, understand, and explain our world?</p> <p>2/27</p> <p>Quiz #4</p>
Week #7	<p>3/4</p> <p>Chapter #9: The Rationalist: Rene Descartes</p> <p>Doubt and skepticism: How do we know what we know, and what is Truth?</p> <p>Optional Reading Assignment: Chapter 10: Hume</p> <p>3/6</p> <p>Quiz #5</p>
Week #8	<p>3/11</p> <p>Chapter #12: The Utilitarian: John Stuart Mill</p> <p>*Notice we are skipping ahead a few chapters</p> <p>Ethics and Morality: What is the right thing to do and how do I know if I'm a good person?</p> <p>3/13</p> <p>Quiz #6</p>

Week #9	3/18 & 3/20 Spring Break! No classes or assignments
Week #10	3/25 Chapter #11: The Universalist: Immanuel Kant *Notice we are going back a chapter Ethics and Morality: What is the right thing to do and how do I know if I'm a good person? 3/27 Quiz #7

Week #11	4/1 Chapter #13: The Materialist: Karl Marx Political and Economic Philosophy: Capitalism, Socialism, and Communism 4/3 Quiz #8
Week #12	4/8 Chapter #14: The Existentialist: Soren Kierkegaard Existentialism: What is the meaning of life and what do I do with my time here? 4/10 Quiz #9
Week #13	4/15 Chapter #15: The Pragmatist: William James But is it useful? Philosophy as a life-saver 4/17 Quiz #10

Week #14	<p>4/22</p> <p>Chapter #16: The Anti-Philosopher: Friedrich Nietzsche</p> <p>Nihilism: Let's criticize everything and play by our own rules</p> <p>4/24</p> <p>Quiz #11</p>
Week #15	<p>4/29 & 5/1</p> <p>Chapter #17: The Twentieth Century: Ludwig Wittgenstein and Martin Heidegger</p> <p>Language problems, the awe of our existence, and whether we should pay attention to/support people we think are morally reprehensible</p>
Week #16	<p>5/6</p> <p>Chapter #18: Philosophy as a Way of Life: Sartre, Gilligan, King, Singer, Nussbaum, Hadot</p> <p>Here's what's happening now: a sampling of what philosophers are doing today (and recently)</p> <p>5/8</p> <p>Quiz #12</p>
Final's Week	<p>5/13</p> <p>Review, practice, and prepare for Final Writing Assignment</p> <p>Final Writing Assignment Wednesday, May 15th at 1:30pm</p>

Course Rationale: Philosophy is one of the principal forces that have shaped Western civilization and history, so a basic understanding of the methods and subject matter of philosophy affords a deeper understanding of ourselves and an informed grasp of the present. In addition, critical thinking skills are so central to the methods of philosophy that the study of philosophy provides an excellent opportunity to learn and practice those skills in a focused way.

Departmental Course Student Learning Outcomes:

- Identify, demonstrate understanding of, and describe various major figures, divisions, theories, and concepts in philosophy
- Analyze written texts from philosophy
- Apply concepts from philosophy to issues of both individual and universal significance
- Develop and defend a philosophical argument in a written essay

General Education Competencies

- Communication Skills: Develop, interpret, and express ideas and information through written, oral and visual communication that is adapted to purpose, structure, audience, and medium.
- Critical Thinking Skills: Gather, analyze, synthesize, evaluate and apply information for the purposes of innovation, inquiry, and creative thinking.
- Personal Responsibility: Identify and apply ethical principles and practices to decision-making by connecting choices, actions and consequences
- Social Responsibility (Civic and Cultural Awareness): Analyze differences and commonalities among peoples, ideas, aesthetic traditions, and cultural practices to include intercultural competence, knowledge of civic responsibility, and the ability to engage effectively in regional, national, and global communities.

Distance Education:

If you are new to online learning and need extra support, please reach out with any questions/confusion! Here is a good place to get information and clarification on distance education: <https://www.austincc.edu/academic-and-career-programs/acconline/frequently-asked-questions/>

Withdrawals:

It is the responsibility of each student to ensure that his or her name is removed from the rolls should they decide to withdraw from the class. The instructor does, however, reserve the right to drop a student should he or she feel it is necessary. If a student decides to withdraw, he or she should also verify that the withdrawal is recorded before the Final Withdrawal Date. **The Final Withdrawal Date for this semester is Monday, April 28th**. The student is also strongly encouraged to keep any paperwork in case a problem arises.

Students are responsible for understanding the impact that withdrawal from a course may have on their financial aid, veterans' benefits, and international student status. Per state law, students enrolling for the first time in Fall 2007 or later at any public Texas college or university may not withdraw (receive a W) from more than six courses during their undergraduate college education. Some exemptions for good cause could allow a student to withdraw from a course without having it count toward this limit. Students are strongly encouraged to meet with an advisor when making decisions about course selection, course loads, and course withdrawals.

Incompletes

"An incomplete (grade of "I") will only be given for this class due to extenuating circumstances. What constitutes "extenuating circumstances" is left to the instructor's discretion. If a grade of I is given, the remaining course work must be completed by a date set by the student and professor. A grade of I also requires completion and submission of the Incomplete Grade form, to be signed by the faculty member (and student if possible) and submitted to the department chair.

Problem Resolution

If you are having a problem related to this course or related to me as your professor, your first step generally should be to speak with me. If I cannot resolve the problem or satisfy your concern, or, if for some reason you would prefer not to address the issue with me, you can appeal to the Interim Department Chair of Philosophy, Religion and Humanities:

Jean Anne Lauer, PhD

Office: Highland Campus Building 4000, upstairs 4.2310.52

Email: jlauer@austincc.edu

Health & Safety Protocols

Operational areas of ACC campuses and centers are fully open and accessible through all public entrances. The college encourages its staff, faculty, and students to be mindful of the well-being of all individuals on campus. If you feel sick, feverish, or unwell, please do not come to campus.

Some important things to remember:

- If you have not done so, ACC encourages all students, faculty, and staff to get vaccinated. COVID-19 vaccines are now widely available throughout the community. Visit www.vaccines.gov/ to find a vaccine location near you.
- Campuses are open to faculty, staff, and students. The college and its departments and its offices may invite internal and external guests to their events and activities, though access is still restricted for external parties seeking to host activities at ACC. The college's [Appian Health Screening App](#) remains available to everyone who visits campus. This continues to be a good way to check your own health before coming to class or work.
- If you are experiencing COVID-19-related symptoms, please get a COVID-19 test as soon as possible before returning to an ACC facility. Testing is now widely available. To find [testing locations near you, click this link](#).
- If you test positive, please report it on the [ACC self-reporting tool located here](#).
- ACC continues to welcome face masks on campus. Per CDC guidelines, face masks remain a good way to protect yourself from COVID-19.
- The college asks that we all continue to respect the personal space of others. We are encouraging 3 feet of social distancing.
- Please be sure to carry your student, faculty, or staff ID badge at all times while on campus.

Because of the everchanging situation, please go to ACC's Covid [website](#) for the latest updates and guidance.

Statement on Academic Integrity

Austin Community College values academic integrity in the educational process. Acts of academic dishonesty/misconduct undermine the learning process, present a disadvantage to students who earn credit honestly, and subvert the academic mission of the institution. The potential consequences of fraudulent credentials raise additional concerns for individuals and communities beyond campus who rely on institutions of higher learning to certify students' academic achievements, and expect to benefit from the claimed knowledge and skills of their graduates. Students must follow all instructions given by faculty or designated college representatives when taking examinations, placement assessments, tests, quizzes, and evaluations. Actions constituting scholastic dishonesty include but are not limited to: plagiarism, cheating, fabrication, collusion, falsifying documents, or the inappropriate use of the College's

information technology resources. Further information is available at: www.austincc.edu/about-acc/academic-integrity-and-disciplinary-process.

Remember if you cheat or plagiarize on any course assignments, you will fail this entire class.

Student Rights & Responsibilities

Students at ACC have the same rights and protections under the Constitution of the United States. These rights include freedom of speech, peaceful assembly, petition and association. As members of the community, students have the right to express their own views, but must also take responsibility for according the same rights to others and not interfere or disrupt the learning environment. Students are entitled to fair treatment, are expected to act consistently with the values of the college, and obey local, state and federal laws (www.austincc.edu/srr).

As a student of Austin Community College you are expected to abide by the Student Standards of Conduct: www.austincc.edu/students/students-rights-and-responsibilities/student-standards-of-conduct.

Senate Bill 212 and Title IX Reporting Requirements

Under Senate Bill 212 (SB 212), the faculty and all College employees are required to report any information concerning incidents of **sexual harassment, sexual assault, dating violence, and stalking** committed by or against an ACC student or employee. Federal Title IX law and College policy also require reporting incidents of **sex- and gender-based discrimination and sexual misconduct. This means faculty and non-clinical counseling staff cannot keep confidential information about any such incidents that you share with them.**

If you would like to talk with someone confidentially, please contact the District Clinical Counseling Team who can connect you with a clinical counselor on any ACC campus: (512) 223-2616, or to schedule online: www.austincc.edu/students/counseling.

While students are not required to report, they are encouraged to contact the Compliance Office for resources and options: Charlene Buckley, District Title IX Officer, (512) 223-7964, compliance@austincc.edu.

If a student makes a report to a faculty member, the faculty member will contact the District Title IX Officer for follow-up.

Student Complaints

A defined process applies to complaints about an instructor or other college employee. You are encouraged to discuss concerns and complaints with College personnel and should expect a timely and appropriate response. When possible, students should first address their concerns through informal conferences with those immediately involved; formal due process is available when informal resolution cannot be achieved.

Student complaints may include but are not limited to: issues regarding classroom instruction, college services and offices on the basis of actual or perceived race, color, national origin, religion, age, gender, gender identity, sexual orientation, political affiliation, or disability.

Further information about the complaints process, including the form used to submit complaints, is available at: www.austincc.edu/students/students-rights-and-responsibilities/student-complaint-procedures.

Statement on Privacy

The Family Educational Rights and Privacy Act (FERPA) protects confidentiality of students' educational records. Grades cannot be provided by faculty over the phone, by e-mail, or to a fellow student.

Recording Policy

To ensure compliance with the Family Education Rights and Privacy Act (FERPA), student recording of class lectures or other activities is generally prohibited without the explicit written permission of the instructor and notification of other students enrolled in the class section. Exceptions are made for approved accommodations under the Americans with Disabilities Act. Recording of lectures and other class activities may be made by faculty to facilitate instruction, especially for classes taught remotely through BlackBoard Collaborate or another platform. Participation in such activities implies consent for the student to be recorded during the instructional activity. Such recordings are intended for educational and academic purposes only.

Safety Statement

Health and safety are of paramount importance in classrooms, laboratories, and field activities. Students are expected to learn and comply with ACC environmental, health and safety procedures and agree to follow ACC safety policies. Emergency Procedures posters and Campus Safety Plans are posted in each classroom and should be reviewed at the beginning of each semester. All incidents (injuries/illness/fire/property damage/near miss) should be immediately reported to the course instructor. Additional information about safety procedures and how to sign up to be notified in case of an emergency can be found at: www.austincc.edu/emergency.

Everyone is expected to conduct themselves professionally with respect and courtesy to all. Anyone who thoughtlessly or intentionally jeopardizes the health or safety of another individual may be immediately dismissed from the day's activity and will be referred to the Dean of Student Services for disciplinary action.

In the event of disruption of normal classroom activities due to an emergency situation or an outbreak, the format for this course may be modified to enable completion of the course. In that event, students will be provided an addendum to the class syllabus that will supersede the original version.

Campus Carry

The Austin Community College District concealed handgun policy ensures compliance with Section 411.2031 of the Texas Government Code (also known as the Campus Carry Law), while maintaining ACC's commitment to provide a safe environment for its students, faculty, staff, and visitors. Beginning August 1, 2017, individuals who are licensed to carry (LTC) may do so on campus premises except in locations and at activities prohibited by state or federal law, or the College's concealed handgun policy.

It is the responsibility of license holders to conceal their handguns at all times. Persons who see a handgun on campus are asked to contact the ACC Police Department by dialing (512) 223-7999. Please refer to the concealed handgun policy online at: austincc.edu/campuscarry.

Discrimination Prohibited

The College seeks to maintain an educational environment free from any form of discrimination or harassment including but not limited to discrimination or harassment on the basis of race, color, national origin, religion, age, sex, gender, sexual orientation, gender identity, or disability. Faculty at the College are required to report concerns regarding sexual misconduct (including all forms of sexual harassment and sex and gender-based discrimination) to the Manager of Title IX/Title VI/ADA Compliance. Licensed clinical counselors are available across the District and serve as confidential resources for students.

Additional information about Title VI, Title IX, and ADA compliance can be found in the [ACC Compliance Resource Guide](#).

Use of ACC email

All College email communication to students will be sent solely to the student's ACCmail account, with the expectation that such communications will be read in a timely fashion. ACC will send important information and will notify students of any College-related emergencies using this account. Students should only expect to receive email communication from their instructor using this account. Likewise, students should use their ACCmail account when communicating with instructors and staff. Information about ACC email accounts, including instructions for accessing it, are available at: www.austincc.edu/help/accmail/questions-and-answers.

Use of the Testing Center

The Testing Centers will allow only limited in person testing and testing time will be limited to the standard class time, typically one and one-half hours. Specifically, only the following will be allowed in the Testing Centers:

- Student Accessibility Services (SAS) Testing: All approved SAS testing
- Assessments Tests: Institutionally approved assessment tests (e.g., TSIA or TABE)
- Placement Tests: Placement tests (e.g., ALEKS)
- Make-Up Exams (for students who missed the original test): Make-up testing is available for all lecture courses but will be limited to no more than 25% of students enrolled in each section for each of four tests
- Programs incorporating industry certification exams: Such programs (e.g., Microsoft, Adobe, etc.) may utilize the ACC Business Assessment Center for the industry certification exams (BACT) at HLC or RRC

STUDENT SUPPORT SERVICES

The success of our students is paramount, and ACC offers a variety of support services to help, as well as providing numerous opportunities for community engagement and personal growth.

Student Support

ACC strives to provide exemplary support to its students and offers a broad variety of opportunities and services. Information on these campus services and resources is available at: www.austincc.edu/students. A comprehensive array of student support services is available online at: www.austincc.edu/coronavirus/remote-student-support.

Student Accessibility Services

Austin Community College (ACC) is committed to providing a supportive, accessible, and inclusive learning environment for all students. Each campus offers support services for students with documented disabilities. Students with disabilities who need classroom, academic or other accommodations must request them through Student Accessibility Services (SAS). Students are encouraged to request accommodations when they register for courses or at least three weeks before the start of each semester they are enrolled, otherwise the provision of accommodations may be delayed. Students who have received approval for accommodations from SAS for this course must provide the instructor with the legal document titled "Notice of Approved Accommodations (NAA)" from SAS.

Until the instructor receives the NAA from the student accommodations should not be provided. Once the NAA is received, accommodations must be provided. Accommodations are not retroactive, so it is in the student's best interest to deliver the NAA on the first day of class. Please contact SAS@austincc.edu for more information.

Academic Support

ACC offers academic support services on all of its campuses. These services, which include online tutoring, academic coaching, and supplemental instruction, are free to enrolled ACC students. Tutors are available in a variety of subjects ranging from accounting to pharmacology. Students may receive these services on both a drop-in and referral basis.

An online tutor request can be made [here](#).

Additional tutoring information can be found [here](#).

Library Services

ACC Library Services offers both in-person and extensive online services, with research and assignment assistance available in-person during limited hours of service. Although all college services are subject to change, plans include ACC students signing up for study space and use of computers at open libraries, extensive online instruction in classes, online reference assistance 24/7 and reference with ACC faculty librarians. In addition, currently enrolled students, faculty and staff can access Library Services online (also 24/7) via the ACC Library website and by using their ACCeID to access all online materials (ebooks, articles from library databases, and streaming videos). ACC Libraries offer these services in numerous ways such as: "Get Help from a Faculty Librarian: the 24/7 Ask a Librarian chat service," an online form for in-depth research Q and A sessions, one-on-one video appointments, email, and phone (voicemail is monitored regularly).

- Library Website: library.austincc.edu
- Library Information & Services during COVID-19: researchguides.austincc.edu/LSinfoCOVID19
- Ask a Librarian 24/7 chat and form: library.austincc.edu/help/ask.php
- Library Hours of Operation by Location: library.austincc.edu/loc/
- Email: library@austincc.edu

Student Organizations

ACC has over seventy student organizations, offering a variety of cultural, academic, vocational, and social opportunities. They provide a chance to meet with other students who have the same interests, engage in service-learning, participate in intramural sports, gain valuable field

experience related to career goals, and much else. Student Life coordinates many of these activities, and additional information is available at: sites.austincc.edu/sl/.

If you are still reading this monstrosity of a syllabus, thanks! Email me a joke and get 5 extra credit points! Melissa.foote@austincc.edu

Personal Support

Resources to support students are available at every campus. To learn more, ask your professor or visit the campus Support Center. All resources and services are free and confidential. Some examples include, among others:

- Food resources including community pantries and bank drives can be found here: www.centraltexasfoodbank.org/food-assistance/get-food-now
- Assistance with childcare or utility bills is available at any campus Support Center: www.austincc.edu/students/support-center
- The Student Emergency Fund can help with unexpected expenses that may cause you to withdraw from one or more classes: www.austincc.edu/SEF
- Help with budgeting for college and family life is available through the Student Money Management Office: sites.austincc.edu/money/
- A full listing of services for student parents is available at: www.austincc.edu/students/child-care.
- The CARES Act Student Aid will help eligible students pay expenses related to COVID-19: www.austincc.edu/coronavirus/cares-act-student-aid.

Mental health counseling services are available throughout the ACC Student Services District to address personal and or mental health concerns: www.austincc.edu/students/counseling.

If you are struggling with a mental health or personal crisis, call one of the following numbers to connect with resources for help. However, if you are afraid that you might hurt yourself or someone else, call 911 immediately.

Free Crisis Hotline Numbers:

- Austin/Travis County 24 hour Crisis & Suicide hotline: **512-472-HELP (4357)**
- The Williamson County 24 hour Crisis hotline: **1-800-841-1255**
- Bastrop County Family Crisis Center hotline: **1-888-311-7755**
- Hays County 24 Hour Crisis Hotline: **1-877-466-0660**
- National Suicide Prevention Lifeline: **1-800-273-TALK (8255)**
- Crisis Text Line: **Text “HOME” to 741741**
- Substance Abuse and Mental Health Services Administration (SAMHSA) National Helpline: **1-800-662-HELP (4357)**
- National Alliance on Mental Illness (NAMI) Helpline: **1-800-950-NAMI (6264)**