

■■■■ Patient Health Report (Dummy)

Name: Rajesh Kumar
Age: 34
Gender: Male
Date: 08-Dec-2025

1. Vital Signs

Blood Pressure: 128/82 mmHg (Normal)
Heart Rate: 78 bpm
Temperature: 98.4°F
BMI: 26.1 (Mildly Overweight)

2. Blood Test Summary

Test	Result	Normal Range	Status
Hemoglobin	14.2 g/dL	13-17	✓ Normal
Fasting Blood Sugar	112 mg/dL	70-100	■ Slightly High
HbA1c	5.9%	< 5.7%	■ Prediabetes
Total Cholesterol	198 mg/dL	< 200	✓ Normal
LDL	128 mg/dL	< 100	■ Borderline High
HDL	42 mg/dL	> 40	✓ Normal
Triglycerides	168 mg/dL	< 150	■ Slightly High
Vitamin D	22 ng/mL	30-100	■ Low

3. Doctor's Remarks (Short & Simple)

- Prediabetic tendency due to slightly high fasting sugar & HbA1c.
- Mild cholesterol imbalance (LDL borderline high).
- Vitamin D deficiency likely due to low sunlight exposure.
- Weight slightly above ideal — recommended lifestyle changes.