

Week #5 : Integrals - Techniques

Goals:

- Recognize the family of functions that can be solved with the technique of integration by substitution.
- Solve integration problems using the technique of substitution.
- Recognize the family of functions that can be solved with the technique of integration by parts.
- Solve integration problems using the technique of integration by parts.

We now return to the challenge of finding a *formula* for an anti-derivative function. We saw simple cases last week, and now we will extend our methods to handle more complex integrals.

Anti-differentiation by Inspection:
The Guess-and-Check Method $\frac{d}{dx}$ $\int \underline{x} dx = x^2/2 + C$ \downarrow anti-deriv

Often, even if we do not see an anti-derivative immediately, we can make an educated guess and eventually arrive at the correct answer.

Problem. Based on your knowledge of derivatives, what should the anti-derivative of $\cos(3x)$, $\int \cos(3x) dx$, look like?

$$\int \cos(3x) dx = \frac{1}{3} \sin(3x) + C$$

$$\cos(3x) = \frac{1}{3} \cos(3x) \cdot \underline{3} \leftarrow \frac{d}{dx} \frac{1}{3} \sin(3x)$$

Problem. Find $\int e^{3x-2} dx$.

$$\int e^{3x-2} dx = \frac{1}{3} e^{3x-2} + C$$

Check: $\frac{1}{3} e^{3x-2} \quad (\underline{3}) = \frac{d}{dx} \frac{1}{3} e^{3x-2}$

\leftarrow

e^{3x-2}

Both of our previous examples had linear 'inside' functions. Here is an integral with a *quadratic* 'inside' function:

$$\int \underline{x e^{-x^2}} dx$$

$$\cos(\underline{3x}) \quad e^{\underline{3x-2}}$$

Problem. Evaluate the integral.

$$\int \underline{x e^{-x^2}} dx = -\frac{1}{2} e^{-x^2} + C$$

Check: $x e^{-x^2} = -\frac{1}{2} \frac{d}{dx} e^{-x^2}$

Diagram showing the derivative of e^{-x^2} using the chain rule: $\frac{d}{dx} e^{-x^2} = e^{-x^2} \cdot (-2x) = -2x e^{-x^2}$. The derivative is then divided by 2 to match the integrand.

Why was it important that there be a factor x in front of e^{-x^2} in this integral?

chain rule on exponent $(-x^2)$
forced presence of $x e^{-x^2}$ form

Integration by Substitution

We can formalize the guess-and-check method by defining an intermediate variable that represents the “inside” function.

Problem. Show that $\int \underline{x^3 \sqrt{x^4 + 5}} \, dx = \frac{1}{6}(x^4 + 5)^{3/2} + C$. ✓

Check:

$$(4x^3) \frac{1}{6} \left(\frac{3}{2} \right) (x^4 + 5)^{1/2} = \frac{d}{dx} \left(\frac{1}{6} (x^4 + 5)^{3/2} + C \right)$$

$\xrightarrow{\text{equal}}$

$$\underline{x^3 \sqrt{x^4 + 5}}$$

$\xrightarrow{\text{integrate diff}}$

$$\int \underbrace{x^3}_{\downarrow} \sqrt{x^4 + 5} \, dx = \frac{1}{6}(x^4 + 5)^{3/2} + C$$

Problem. Relate this result to the **chain rule**.

$$\text{comes from } \frac{d}{dx} (\text{inside}) = \frac{d}{dx} (x^4 + 5)$$

Problem. Now use the **method of substitution** to evaluate

$$\int x^3 \sqrt{x^4 + 5} \frac{dx}{1 \cdot x}$$

↓
Rewrite integral using
w's, dw's:

let $w = x^4 + 5$ ↓ diff ↓ fixed

so $\frac{dw}{dx} = 4x^3$

$$= \int \cancel{x^3} \sqrt{w} \left(\frac{1}{\cancel{4x^3}} dw \right) \quad \frac{1}{4x^3} dw = \underline{dx} \text{ in integral}$$

$$= \frac{1}{4} \int w^{1/2} dw \quad \leftarrow \text{much simpler integral}$$

$$= \frac{1}{4} \left(\frac{w^{3/2}}{3/2} + C \right) \quad \downarrow \text{antideriv by inspection}$$

$$= \frac{2}{3} \left(\frac{1}{4} \right) (w^{3/2}) + C/4$$

$$= \frac{1}{6} (x^4 + 5)^{3/2} + C/4 \quad \downarrow \text{break } x\text{'s}$$

Steps in the Method Of Substitution

1. Select a simple function $w(x)$ that appears in the integral.
 - Typically, you will also see w' as a **factor** or **multiplier** in the integrand as well.
2. Find $\frac{dw}{dx}$ by differentiating. Re-write it in the form $\dots dw = \underbrace{dx}$ ↓

deriv of w *solve for dx*
3. Rewrite the integral using only w and dw (no x nor dx). ∫ dx
 - If you can now evaluate the integral, the substitution was effective.
 - If you cannot remove all the x 's, or the integral became harder instead of easier, then either try a different substitution, or a different integration method.

Problem. Find $\int \tan(x) dx$.

$$= \int \frac{\sin(x)}{\cos(x)} dx = ?$$

move to u 's

let $u = \cos(x)$

$$= \int \frac{\cancel{\sin(x)}}{u} \left(\frac{1}{-\cancel{\sin(x)}} du \right)$$

so $\frac{du}{dx} = -\sin(x)$

$$= \int \frac{-1}{u} du$$

no x 's,
simpler

$$\frac{1}{-\sin(x)} du = dx$$

$$= -\ln|u| + C$$

antideriv

back to x 's

$$= -\ln|\cos(x)| + C$$

Though it is not required unless specifically requested, it can be reassuring to check the answer.

Problem. Verify that the anti-derivative you found is correct.

$$\frac{d}{dx} \left(-\ln |\underline{\cos(x)}| + C \right)$$

$$= -\frac{1}{\cos(x)} \cdot (-\sin(x))$$

$$= \frac{\sin(x)}{\cos(x)} = \tan(x) \quad \text{original integrand} \quad \checkmark$$

Problem. Find $\int \underline{x^3} e^{\underline{x^4-3}} dx$.

move u 's

$$= \int \cancel{x^3} e^u \left(\frac{1}{\cancel{4x^3}} du \right)$$

$$\text{let } u = x^4 - 3$$

$$\text{so } \frac{du}{dx} = 4x^3$$

$$\Rightarrow \frac{1}{4x^3} du = dx$$

$$= \int \frac{1}{4} e^u du \quad \text{simpler, no } x\text{'s}$$

$$= \frac{1}{4} e^u + C$$

back to x 's

$$= \frac{1}{4} e^{x^4-3} + C$$

check: $\frac{d}{dx} \left(\frac{1}{4} e^{x^4-3} + C \right) = \frac{1}{4} e^{x^4-3} \cdot 4x^3$

$$= x^3 e^{x^4-3} \quad \checkmark$$

Problem. For the integral,

$$\int \frac{e^x - e^{-x}}{(e^x + e^{-x})^2} dx$$

$\frac{dw}{dx}$ as multiplier

both $w = e^x - e^{-x}$ and $w = e^x + e^{-x}$ are seemingly reasonable substitutions.

Question: Which substitution will change the integral into the simpler form?

1. $w = e^x - e^{-x} \rightarrow \frac{dw}{dx} = e^x + e^{-x}$

"inside" as w /

✓ 2. $w = e^x + e^{-x}$

$\rightarrow \frac{dw}{dx} = e^x - e^{-x}$

See $\frac{dw}{dx}$ as a multiplier

Problem. Compare both substitutions in practice.

$$I = \int \frac{e^x - e^{-x}}{(e^x + e^{-x})^2} dx$$

with $w = e^x - e^{-x}$

so $\frac{dw}{dx} = e^x + e^{-x}$

or $\left(\frac{1}{e^x + e^{-x}} \right) dw = dx$

$$I = \int \frac{w}{(e^x + e^{-x})^2} \left(\frac{1}{e^x + e^{-x}} dw \right)$$

$$= \int \frac{w}{(e^x + e^{-x})^3} dw$$

still have x 's

need to try
something

cannot be
removed w/o x 's

with $w = e^x + e^{-x}$

so $\frac{dw}{dx} = e^x - e^{-x}$

or $\frac{1}{e^x - e^{-x}} dw = dx$

$$I = \int \frac{\cancel{e^x - e^{-x}}}{w^2} \left(\frac{1}{\cancel{e^x - e^{-x}}} dw \right)$$

$$= \int \frac{1}{w^2} dw$$

w^{-2} no x 's,
simpler

$$= \frac{w^{-1}}{-1} + C$$

$$= -\frac{1}{e^x + e^{-x}} + C$$



Problem. Find $I = \int \frac{\sin(x)}{1 + \cos^2(x)} dx$.

try: $w = 1 + \cos^2(x)$
 \hookrightarrow complicated $\frac{dw}{dx}$
 or $w = \cos(x)$
 \hookrightarrow simple deriv

let $w = \cos(x)$

so $\frac{dw}{dx} = -\sin(x)$

or $-\frac{1}{\sin(x)} dw = dx$

so $I = \int \frac{\cancel{\sin(x)}}{1 + w^2} \left(\frac{-1}{\cancel{\sin(x)}} dw \right)$

$= \int \frac{-1}{1 + w^2} dw = -\arctan(w) + C = -\arctan(\cos(x)) + C$

recall $\frac{d}{dx} \arctan(x) = \frac{1}{1+x^2}$

back to x's

Using the Method of Substitution for Definite Integrals

If we are asked to evaluate a **definite** integral such as

$$\int_0^{\pi/2} \frac{\cos x}{1 + \sin x} dx, \quad \rightarrow dw$$

"Area" under graph

where a substitution will ease the integration, we have two methods for handling the limits of integration ($x = 0$ and $x = \pi/2$).

- a) When we make our substitution, convert both the *variables* x and the limits (in x) to the new variable; or
- b) do the integration while keeping the limits explicitly in terms of x , writing the final integral back in terms of the original x variable as well, and then evaluating.

Problem. Use method (a) (converting both the integral and the limits to the new variable) to evaluate the integral

$$I = \int_0^{\pi/2} \frac{\cos x}{1 + \sin x} dx$$

$$\begin{aligned} \text{or } w &= 1 + \sin(x) \\ w &= \sin(x) \end{aligned}$$

let $w = 1 + \sin(x)$

so $\frac{dw}{dx} = \cos(x)$

or $\frac{1}{\cos(x)} dw = dx$

$$x = \pi/2 \rightarrow w = 1 + \sin(\pi/2) = 2$$

$$x = 0 \rightarrow w = 1 + \sin(0) = 1$$

$I =$
in terms
of w

$$\int_{w=1}^{w=2} \frac{\cancel{\cos(x)}}{w} \left(\frac{1}{\cancel{\cos(x)}} dw \right)$$

$$= \int_{w=1}^{w=2} \frac{1}{w} dw$$

simpler, no x 's

$$= \ln |w| \Big|_1^2 = (\ln |2| + \cancel{c}) - (\ln |1| + \cancel{c}) = \ln 2 - 0 = \ln(2)$$

Problem. Use method (b) (converting back to x 's to evaluate at the end points) to evaluate

$$\text{or } u = 1 + \sqrt{x}$$

$$\int_{x=9}^{x=64} \frac{\sqrt{1 + \sqrt{x}}}{\sqrt{x}} dx$$

$$\text{let } u = \sqrt{x} = x^{1/2}$$

$$\text{so } \frac{du}{dx} = \frac{1}{2} x^{-1/2} = \frac{1}{2\sqrt{x}}$$

$$\text{or } 2\sqrt{x} du = dx$$

$$\text{so } I = \int_{x=9}^{x=64} \frac{\sqrt{1+u}}{\sqrt{x}} (2\sqrt{x} du)$$

$$= \int_{x=9}^{x=64} 2\sqrt{1+u} du = 2(1+u)^{3/2}$$

integrate

$$\begin{aligned} &= 2(1+\sqrt{64})^{3/2} - 2(1+\sqrt{9})^{3/2} \\ &= 2(9)^{3/2} - 2(4)^{3/2} \\ &= 54 - 16 = \boxed{38} \end{aligned}$$

back to x 's

$$= 2(1+\sqrt{x})^{3/2} \Big|_{x=9}^{x=64}$$

Integration by Parts

So far in studying integrals we have used

$$\int x^2 dx = \frac{x^3}{3} + C$$

$$\int \sin(x) dx = -\cos(x) + C$$

- direct anti-differentiation, for relatively simple functions, and
- integration by substitution, for some more complex integrals.

However, there are many integrals that can't be evaluated with these techniques.

Problem. Try to find $\int x e^{4x} dx$.

Subs: $w = 4x$

\downarrow

Chain rule $\frac{dw}{dx} = 4 \rightarrow$ won't lead to simpler integral

$e^{x^2} \xrightarrow{d/dx} e^{x^2} \cdot 2x$

This particular integral can be evaluated with a different integration technique, **integration by parts**. This rule is related to the **product rule** for derivatives. *anti deriv*

Problem. Expand

$$\int \frac{d}{dx} (uv) dx = \int \left(\frac{du}{dx} \cdot v + u \cdot \frac{dv}{dx} \right) dx$$

der

Integrate both sides with respect to x and simplify.

back to

$$uv = \int \left(\frac{du}{dx} v \right) dx + \int \left(u \frac{dv}{dx} \right) dx$$

Express $\int u \frac{dv}{dx} dx$ relative to the other terms.

$$\int u \left(\frac{dv}{dx} \right) dx = uv - \int \left(\frac{du}{dx} v \right) dx$$

integral we have \rightarrow *trade for new integral*

Integration by Parts

For short, we can remember this formula as

$$\int u \underline{dv} = \underline{uv} - \int v \underline{du}$$

Integration by parts:

- Choose a part of the integral to be u , and the remaining part to be dv . \rightarrow includes ' dx '
- **Differentiate** u to get du .
- **Integrate** dv to get v .
- Replace $\int u \, dv$ with $uv - \int v \, du$.
- Hope/check that the new integral is easier to evaluate.

Problem. Use integration by parts to evaluate $\int \underbrace{x}_u \underbrace{e^{4x}}_{dv} dx$.

let $u = x$
 $\downarrow d/dx$

$\frac{du}{dx} = 1$
 $\cancel{dx} = 1 dx$

$\int 1 dv = \int e^{4x} dx$
 \downarrow integrate

$v = \frac{e^{4x}}{4}$

(no +C)

req'd: would
 end up
 cancelling (other)

product: complicated

$\int \underbrace{x \cdot e^{4x}}_{\text{orig'l integrand}} dx = (x) \left(\frac{e^{4x}}{4} \right) - \int \left(\frac{e^{4x}}{4} \right) dx$
 $u \cdot v - \int v \cdot du$

$= \frac{1}{4} x e^{4x} - \frac{1}{4} \int e^{4x} dx$

$= \frac{1}{4} x e^{4x} - \frac{1}{4} \left(\frac{e^{4x}}{4} \right) + C$

tidy

evaluate new
 integral

Simpler

Problem. Verify that your anti-derivative is correct.

$$\begin{aligned}
 & \frac{d}{dx} \left(\frac{1}{4} x e^{4x} - \frac{1}{4} \left(\frac{e^{4x}}{4} \right) + C \right) \\
 &= \frac{1}{4} \left[1 \cdot e^{4x} + x \cdot (4e^{4x}) \right] - \frac{1}{16} (4e^{4x}) \\
 &= \cancel{\frac{1}{4} e^{4x}} + x e^{4x} - \cancel{\frac{1}{4} e^{4x}} \\
 &= x e^{4x} \quad \checkmark
 \end{aligned}$$

Confirms $\int x e^{4x} dx = \frac{1}{4} x e^{4x} - \frac{1}{16} e^{4x} + C$

Integration By Parts - Examples

Guidelines for selecting u and dv

- Ensure you can actually integrate the dv part by itself, then
 - Try to select u and dv so that either
 - u' is simpler than u or
 - $\int dv$ is simpler than dv
- or not more complicated*

$$\int dx =$$

$$\int e^{2x} dx \rightarrow \frac{1}{2} e^{2x}$$

$$\frac{d}{dx} x = 1 \quad \text{simpler}$$

Problem. Find $\int \overbrace{x}^u \overbrace{\cos x}^{dv} dx$.

Let $u = x$
 $\downarrow d/dx$

$$du = 1 dx$$

$$\int dv = \int \cos(x) dx$$

\downarrow integrate

$$v = \sin(x)$$

simpler!

so $\int \underbrace{x}_{u} \underbrace{\cos(x)}_{dv} dx = \underbrace{x}_{u} \cdot \underbrace{\sin(x)}_v - \int \underbrace{\sin(x)}_v \cdot \underbrace{dx}_{du}$ \downarrow integrate

$$= x \sin(x) - (-\cos(x)) + C$$

$$= x \sin(x) + \cos(x) + C$$

Problem. Now evaluate the slightly more challenging integral

$$\int x^2 \cos x \, dx$$

let $u = x^2$
 $\downarrow d/dx$

$$du = 2x \, dx$$

$$\int dv = \int \cos(x) \, dx$$

integrate

$$v = \sin(x)$$

so $\int x^2 \cos(x) \, dx = x^2 \sin(x) - \int \sin(x) (2x) \, dx$

$$= x^2 \sin(x) - 2 \int \underbrace{x \cdot \sin(x)}_{\text{new integral, simpler}} \, dx$$

but not simple enough to do w/out technique.

$$\int x^2 \cos x \, dx$$

$$I_2 = \int x \sin(x) \, dx$$

by parts

$$u = x$$

$$\downarrow \frac{d}{dx}$$

$$du = 1 \cdot dx$$

$$\int dv = \int \sin(x) \, dx$$

$$\downarrow \text{integrate}$$

$$v = -\cos(x)$$

$$\begin{aligned} \text{so } \int x \sin(x) \, dx &= \underbrace{x}_{u} \underbrace{(-\cos(x))}_{v} - \int \underbrace{-\cos(x)}_{v} \underbrace{dx}_{du} \quad \text{tidy} \\ &= -x \cos(x) + \int \cos(x) \, dx \\ &= \underline{-x \cos(x) + \sin(x)} \quad \int \text{integrate} \end{aligned}$$

$$\begin{aligned} \int x^2 \cos(x) \, dx &= x^2 \sin(x) - 2 \int \underbrace{x \sin(x) \, dx}_{\uparrow} \\ &= x^2 \sin(x) - 2 \left(-x \cos(x) + \sin(x) \right) + C \end{aligned}$$

Integration By Parts - Definite Integrals

When using integration by parts to evaluate *definite* integrals, you need to apply the limits of integration to the **entire** anti-derivative that you find.

Problem. Evaluate $\int_0^{\pi} x \sin 4x \, dx$

Don't forget that dv does not require any other factors besides dx . That can help when there is only a single factor in the integrand.

Problem. Find the area under the graph of $\ln x$ between $x = 1$ and $x = 2$.

General integration advice:

- Look for a substitution in your integral first - they are the simplest method to use, and usually the most obvious.
- Only try integration by parts if substitution fails.
- With all methods, you may need to **experiment** with your choice of u , dv , or your substitution.