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National Survey of Health Attitudes, [United States], 2018

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P.I. Codebook

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DEMOGRAPHICS

NOTE: Demographics data comes from panel-side data collection, and ALP and GFK did not always ask the same questions or allow the same values to be selected. These demographic variables have all been harmonized and use classifications that are consistent across both surveys.

DEM AGE LONG (formerly DEM AGE)

Numeric, whole number

DEM AGE SHORT

- 1- Under 50
- 2 50 64
- 3- 65 or Older

DEM GENDER

- 1- Male
- 2- Female

DEM REGION

- 1- Northeast
- 2- Midwest
- 3- South
- 4- West

DEM_EDUCATION_LONG

- 1- Less than 1st grade
 2- 1st, 2nd, 3rd, or 4th grade
 3- 5th or 6th grade
- 4- 7th or 8th grade

- 5- 9th grade
 6- 10th grade
 7- 11th grade

- 8- 12th grade, no Diploma
- 9- High School Graduate or Equivalent
- 10-Some college, no Degree
- 11- Associate Degree
- 12-Bachelor Degree
- 13- Master Degree
- 14-Professional or Doctorate Degree

DEM EDUCATION SHORT (formerly DEM EDUCATION)

- 1- Less than high school
- 2- High school
- 3- Some college including Associate's degrees
- 4- Bachelor's degree or higher

DEM MARITALSTATUS LONG (formerly DEM MARITALSTATUS)

- 1- Married or living with a partner
- 2- Separated
- 3- Divorced
- 4- Widowed
- 5- Never married

DEM MARITALSTATUS SHORT

- 1- Married or Living with Partner
- 2- Separated or Divorced
- 3- Widowed
- 4- Never Married

DEM HOUSEHOLDSIZE

DEM FAMILYINCOME LONG

- 1- Less than 5000
- 2- 5000 to 7499
- 3- 7500 to 9999
- 4- 10000 to 12499
- 5- 12500 to 14999
- 6- 15000 to 19999
- 7- 20000 to 24999
- 8- 25000 to 29999
- 9- 30000 to 34999
- 10-35000 to 39999
- 11-40000 to 49999
- 12-50000 to 59999
- 13-60000 to 74999
- 14-75000 to 99999
- 15-100000 to 124999
- 16-125000 to 199999
- 17-200000 or more

Combined income of all household members during the preceding 12 months from all sources (and gave a list of example sources).

DEM_FAMILYINCOME_SHORT

- 1- Less than 10000
- 2- 10000 to 24999
- 3- 25000 to 49999
- 4- 50000 to 74999
- 5- 75000 to 99999
- 6- 100000 to 124999
- 7- 125000 to 199999
- 8- 200000 or More

Combined income of all household members during the preceding 12 months from all sources (and gave a list of example sources).

DEM EMPLOYMENT

- 1- "Working as a paid employee"
- 2- "Working self-employed
- 3- "Not working on temporary layoff from a job"
- 4- "Not working looking for work"
- 5- "Not working retired"
- 6- Not working disabled"
- 7- Not working other"

The "other" category likely includes students, homemakers, and unpaid interns/volunteers amongst other cases

DEM_ETHNICITY_LONG

- 1- Non-Hispanic White
- 2- Non-Hispanic Black
- 3- Hispanic
- 4- Non-Hispanic Asian or Pacific Islander
- 5- Non-Hispanic American Indian or Alaskan Native
- 6- Non-Hispanic All Other Races

DEM ETHNICITY SHORT (formerly DEM ETHNICITY)

- 1- Non-Hispanic White
- 2- Non-Hispanic Black
- 3- Hispanic
- 4- Non-Hispanic Asian or Pacific Islander
- 5- Non-Hispanic All Other Races

IDNUM

String unique observation identifier. Note this is not to be merged with the previous Culture of Health Survey. It is repeated cross section

RANDOMSPLIT

Data Only Variable: Indicates version of the questionnaire for questions that had split sample

- 1- Version 1
- 2- Version 2

Q01

ALL Q01_ VARIABLES: Here is a list of some things that may affect people's health and wellbeing. Please rate each on a scale from 1 to 5 where 1 means it has no effect on health and 5 means it has a very strong effect.

Q01 ATAHC

Access to affordable health care

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 ATWT

Access to wellness technologies (Fitbit, trackers etc.)

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3-3
- 4- 4
- 5- 5 Very Strong Effect

Q01 AOSS

Amount of social support

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4

5- 5 Very Strong Effect

Q01 CS

Community safety

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 E

Education

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 ESBPAY

Examples set by people around you

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 GMIFP

Genetic makeup inherited from parents

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2

- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 HAJ

Having a job

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 HHI

Having health insurance

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 HQ

Housing quality

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 I

Income

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3

- 4- 4
- 5- 5 Very Strong Effect

Q01_KAH

Knowledge about health

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 NOFHFAE

Neighborhood options for healthy food and exercise

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 PHP

Personal health practices (other than smoking)

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 PRS

Personal religion/spirituality

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2

- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 PESACAOW

Physical environment such as clean air or water

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 RE

Race/ethnicity

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 SM

Smoking

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01 ST

Stress

0- Refused (actual value -1)

- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01_WAPL

Where a person lives

- 0- Refused (actual value -1)
- 1- 1 No Effect
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very Strong Effect

Q01A

You said the following items have a very strong effect on health and well being. Of these which do you think has the strongest impact?

[Missing if selected no or only 1 item as having a very strong effect]

- -1 Refused (actual value -1)
- 1 Access to affordable health care
- 2 Having a job
- 3 Stress
- 4 Knowledge about health
- 5 Neighborhood options for healthy food and exercise
- 6 Having health insurance
- 7 Smoking
- 8 Amount of social support
- 9 Personal health practices (other than smoking)
- 10 Physical environment such as clean air or water
- 11 Genetic makeup inherited from parents
- 12 Income
- 13 Community safety
- 14 Housing quality
- 15 Education
- 16 Where a person lives
- 17 Personal religion/spirituality
- 18 Race/ethnicity
- 19 Examples set by people around you
- 20 Access to wellness technologies (Fitbit, trackers etc.)

Q02 through Q06

ALL variables Q02 through Q06: In the following section, we list goals that some people think are important for communities in the U.S. For each, indicate whether you think it should be a top priority, important but not a top priority, or not a priority at all for communities. In these statements, when we refer to "communities," we mean all communities not just your own.

Should the following be a top priority, important but not a top priority, or not a priority at all for communities?

O02

Making sure that the disadvantaged have an equal opportunity to be healthy

- 0- Refused (actual value -1)
- 1- Top priority
- 2- Important but not top
- 3- Not a priority at all

Making sure that healthy foods are for sale at affordable prices in communities where they are not

- 0- Refused (actual value -1)
- 1- Top priority
- 2- Important but not top
- 3- Not a priority at all

O04

Making sure that there are safe, outdoor places to walk and be physically active in communities where there aren't any

- 0- Refused (actual value -1)
- 1- Top priority
- 2- Important but not top
- 3- Not a priority at all

O05

Making sure that there is decent housing available for everyone who needs it

- 0- Refused (actual value -1)
- 1- Top priority
- 2- Important but not top
- 3- Not a priority at all

O06

This question was randomized, with half of respondents seeing the question with public transportation listed first and half seeing it with bike lanes listed first (see randomsplit variable). The responses are combined here.

Making sure that there are bike lanes, sidewalks for walking and public transportation available so that people do not have to always rely on cars

- 0- Refused (actual value -1)
- 1- Top priority
- 2- Important but not top
- 3- Not a priority at all

Q07

ALL Q07_ variables: You said the following programs are a top priority. Of these which would you consider to be the highest priority?

Q07 1

Highest Top Priority

- 0- Refused (actual value -1)
- 1- Making sure that the disadvantaged have an equal opportunity to be healthy
- 2- Making sure that healthy foods are for sale at affordable prices in communities where they are not
- 3- Making sure that there are safe, outdoor places to walk and be physically active in communities where there aren't any
- 4- Making sure that there is decent housing available for everyone who needs it
- 5- Making sure that there are bike lanes, sidewalks for walking and public transportation available so that people do not have to always rely on cars OR Making sure that there is public transportation, sidewalks for walking, and bike lanes available so that people do not have to always rely on cars

O07 2

2nd Highest Top Priority

- 0- Refused (actual value -1)
- 1- Making sure that the disadvantaged have an equal opportunity to be healthy
- 2- Making sure that healthy foods are for sale at affordable prices in communities where they are not
- 3- Making sure that there are safe, outdoor places to walk and be physically active in communities where there aren't any
- 4- Making sure that there is decent housing available for everyone who needs it
- 5- Making sure that there are bike lanes, sidewalks for walking and public transportation available so that people do not have to always rely on cars OR Making sure that there is public transportation, sidewalks for walking, and bike lanes available so that people do not have to always rely on cars

Q07 3

3rd Highest Top Priority

- 0- Refused (actual value -1)
- 1- Making sure that the disadvantaged have an equal opportunity to be healthy

- 2- Making sure that healthy foods are for sale at affordable prices in communities where they are not
- 3- Making sure that there are safe, outdoor places to walk and be physically active in communities where there aren't any
- 4- Making sure that there is decent housing available for everyone who needs it
- 5- Making sure that there are bike lanes, sidewalks for walking and public transportation available so that people do not have to always rely on cars OR Making sure that there is public transportation, sidewalks for walking, and bike lanes available so that people do not have to always rely on cars

O07 4

4th Highest Top Priority

- 0- Refused (actual value -1)
- 1- Making sure that the disadvantaged have an equal opportunity to be healthy
- 2- Making sure that healthy foods are for sale at affordable prices in communities where they are not
- 3- Making sure that there are safe, outdoor places to walk and be physically active in communities where there aren't any
- 4- Making sure that there is decent housing available for everyone who needs it
- 5- Making sure that there are bike lanes, sidewalks for walking and public transportation available so that people do not have to always rely on cars OR Making sure that there is public transportation, sidewalks for walking, and bike lanes available so that people do not have to always rely on cars

O07 5

5th Highest Top Priority

- 0- Refused (actual value -1)
- 1- Making sure that the disadvantaged have an equal opportunity to be healthy
- 2- Making sure that healthy foods are for sale at affordable prices in communities where they are not
- 3- Making sure that there are safe, outdoor places to walk and be physically active in communities where there aren't any
- 4- Making sure that there is decent housing available for everyone who needs it
- 5- Making sure that there are bike lanes, sidewalks for walking and public transportation available so that people do not have to always rely on cars OR Making sure that there is public transportation, sidewalks for walking, and bike lanes available so that people do not have to always rely on cars

Q7_TOPPRIORITIES

Number of items listed as Top Priority in items 02 through 06

-1 – Missing all items 02 through 06

Numerical value 0 through 5 for number of items

Q08

Wording was randomized for Q08_1 and Q08_2; see variable randomsplit. The responses are combined here.

ALL Q08 variables: Please indicate how much you agree or disagree with each statement.

Q08 1

Our society needs to do more to make sure that everyone has ['an equal'/ 'a fair and just'] opportunity to succeed

- 0- Refused (actual value -1)
- 1- Strongly disagree
- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

Q08 2

Our society needs to do more to make sure that everyone has ['an equal'/ 'a fair and just'] opportunity to be healthy

- 0- Refused (actual value -1)
- 1- Strongly disagree
- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

Q08 3

It is best for society if people are as concerned about the needs of others as they are about their own needs

- 0- Refused (actual value -1)
- 1- Strongly disagree

- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

Q08 4

It would be unfair if some people had more of an opportunity to be healthy than other people

- 0- Refused (actual value -1)
- 1- Strongly disagree
- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

Q09

ALL Q09 variables: Please indicate if you agree or disagree with the following statements.

Q09 1

Health is like education just like all children have access to public education from K-12, all children should have access to a basic level of health care.

- 0- Refused (actual value -1)
- 1- Strongly disagree
- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

O09 2

A good education is a building block for the future

- 0- Refused (actual value -1)
- 1- Strongly disagree
- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

Q09 3

Good health is a building block for the future

- 0- Refused (actual value -1)
- 1- Strongly disagree
- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

Q09 4

Good health is a result of the choices you have made

- 0- Refused (actual value -1)
- 1- Strongly disagree
- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

Q09 5

Being educated is a result of the choices you have made

- 0- Refused (actual value -1)
- 1- Strongly disagree
- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

O10

Do you agree or disagree with the following statement? "It is the obligation of the government to ensure that everyone has access to health care as a fundamental right."

- 0- Refused (actual value -1)
- 1- Strongly disagree
- 2- Somewhat disagree
- 3- Neither agree nor disagree
- 4- Somewhat agree
- 5- Strongly agree

Note Q11A and Q11B were randomized, see variable randomsplit.

Q11A

For the pair of statements below, indicate whether the FIRST statement or the SECOND statement comes closer to your own views—even if neither is exactly right.

- 1- The biggest reason people in America become unhealthy is because they make poor choices that affect their health.
- 2- The biggest reason people in America become unhealthy is because things outside of their control affect their health.

Q11B

Which of the following is the biggest reason that people in America become unhealthy?

- 0- Refused (actual value -1)
- 1- Personal factors
- 2- External factors

Q12

When it comes to U.S. government spending on health and health care, if you had to balance that spending between helping people get and stay healthy and taking care of people when they get sick, how would you do it?

- 0- Refused (actual value -1)
- 1- More on getting and keeping people healthy
- 2- More on taking care of people when they get sick
- 3- Equal between the two

Note Q13A and Q13B were randomized, see variable randomsplit.

Q13A

Recent research shows that as of 2018, more than one-third of American adults are obese. Which of the following levels of government do you think could do the most (e.g., through policies, programs, laws and regulations) to help reduce the number of American adults who are obese?

- 0- Refused (actual value -1)
- 1- Local governments
- 2- State governments
- 3- Federal governments
- 4- No government can lower this number

O13B

Recent research shows that in the past year, 8% of American adults had a substance use disorder (e.g., alcoholism, addiction to opioids). Which of the following levels of government do you think could do the most (e.g., through policies, programs, laws and regulations) to help reduce the number of American adults who have a substance use disorder?

- 0- Refused (actual value -1)
- 1- Local governments
- 2- State governments
- 3- Federal governments
- 4- No government can lower this number

Note the order of Q14_1-Q14_4 was randomized.

Q14 1

When African Americans need health care, do you think it is easier or harder for them to get the care they need than it is for White Americans, or is there not much of a difference?

- 0- Refused (actual value -1)
- 1- Easier
- 2- Not much of a difference
- 3- Harder

O14 2

When Latinos need health care, do you think it is easier or harder for them to get the care they need than it is for White Americans, or is there not much of a difference?

- 0- Refused (actual value -1)
- 1- Easier
- 2- Not much of a difference
- 3- Harder

Q14 3

When low-income Americans need health care, do you think it is easier or harder for them to get the care they need than it is for those who are better off financially, or is there not much of a difference?

- 0- Refused (actual value -1)
- 1- Easier
- 2- Not much of a difference
- 3- Harder

Q14 4

When Americans living in rural communities need health care, do you think it is easier or harder for them to get the care they need than it is for those who live in urban areas, or is there not much of a difference?

- 0- Refused (actual value -1)
- 1- Easier
- 2- Not much of a difference
- 3- Harder

Q15A

ALL Q15A_ variables: In the U.S. today, people with lower incomes live on average 7.5 years less than people with higher incomes. What do you think are the top three reasons why this is the case? (Select three options)

Q15A ATGE

Access to a good education

- 0- No
- 1- Yes

Q15A AHC

Access to health care

- 0- No
- 1- Yes

Q15A AHI

Access to health insurance

- 0- No
- 1- Yes

Q15A_CE

Community environment

- 0- No
- 1- Yes

Q15A_D

Discrimination

- 0- No
- 1- Yes

Q15A_ER

Economic resources/How much money they have

- 0- No
- 1- Yes

Q15A_GBM

Genetics (someone's biological makeup)

- 0- No
- 1- Yes

Q15A_HITH

Health information they have

- 0- No
- 1- Yes

$Q15A_L$

Luck

- 0- No
- 1- Yes

Q15A_PCB

Personal choices and behavior

- 0- No
- 1- Yes

Q15A TBSTLI

Treatment by society of those with low incomes

- 0- No
- 1- Yes

Q15A OTH

Other

- 0- No
- 1- Yes

Q15B

ALL Q15B_ variables: Would you be willing or unwilling to do each of the following to address the gap in life expectancy between lower and higher income people?

Q15B 1

Pay More in Taxes

- 0- Refused (actual value -1)
- 1- Very willing
- 2- Somewhat willing
- 3- Neither willing nor unwilling
- 4- Somewhat unwilling
- 5- Very unwilling

Q15B 2

Donate to a charity working to address this issue

- 0- Refused (actual value -1)
- 1- Very willing
- 2- Somewhat willing
- 3- Neither willing nor unwilling
- 4- Somewhat unwilling
- 5- Very unwilling

Q15B 3

Volunteer with a community organization that is working to address this issue

- 0- Refused (actual value -1)
- 1- Very willing
- 2- Somewhat willing
- 3- Neither willing nor unwilling

- 4- Somewhat unwilling
- 5- Very unwilling

Q15B 4

Vote for a candidate who will address this issue

- 0- Refused (actual value -1)
- 1- Very willing
- 2- Somewhat willing
- 3- Neither willing nor unwilling
- 4- Somewhat unwilling
- 5- Very unwilling

Q16

ALL Q16_ variables: Indicate who you think should play a bigger role in providing these services, the government or the private sector (businesses and nonprofits)? Slide the dot to left to indicate that you think the government should play a bigger role and to the right to indicate that the private sector should play a bigger role. If you place the dot all the way to the left that indicates that the government should provide these services, and the private sector should not be involved at all. If you place the dot all the way to the right that indicates that the private sector should provide these services and the government should not be involved at all. Any point in the middle indicates that each should play some role.

Q16 1

Transportation including highways, roads, buses, trains, and subways

-1 Refused

Whole number 0 - 100.

O16 2

Neighborhood safety and security

-1 Refused

Whole number 0 - 100.

Job training programs

-1 Refused

Whole number 0 - 100.

Q16_4

Health care services

-1 Refused

Whole number 0 - 100.

Q16_5

Elementary and high school education

-1 Refused

Whole number 0 - 100.

Q16_6

Parks and recreation services

-1 Refused

Whole number 0 - 100.

Q16_7

Housing

-1 Refused

Whole number 0 - 100.

Q16_8

Food safety in restaurants

-1 Refused

Q17

ALL Q17_variables: The following statements about community refer to your neighborhood. How well do each of the following statements represent how you feel about this community?—not at all, somewhat, mostly, or completely.

Q17 ICTPI

I can trust people in this community

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 ICRMO

I can recognize most of the members of this community

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 MCMKM

Most community members know me

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17_TCHSA

This Community Has Symbols and Expressions of Membership Such as Clothes, Signs, Art, Architecture, Logos, Landmarks, and Flags That People Can Recognize

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17_IPALO

I put a lot of time and effort into being part of this community

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 BAMOT

Being a member of this community is part of my identity

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 IIVIT

It is very important to me to be a part of this community

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 IAWOC

I am with other community members a lot and enjoy being with them

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 IETBA

I expect to be a part of this community for a long time

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 MOTCH

Members of this community have shared important events together, such as holidays, celebrations, or disasters

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 IFHAT

I feel hopeful about the future of this community

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 MOTCC

Members of this community care about each other

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly

4- Completely

Q17_MCCWT

My community can work together to improve its health

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 MCHTR

My community has the resources to improve its health

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 MCWTT

My community works together to make positive change for health

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q17 IKMNW

I know my neighbors will help me stay healthy

- 0- Refused (actual value -1)
- 1- Not at all
- 2- Somewhat
- 3- Mostly
- 4- Completely

Q18

ALL Q18_variables: This question is about how different groups or organizations impact the health of your community. For each, please indicate what impact (positive, negative, or no impact) this group has on the health of your community. If the impact is both positive and negative, please indicate whether the overall impact is more positive or negative.

Q18_1

People living in my community

- 0- Refused (actual value -1)
- 1- Very negative
- 2- Somewhat negative
- 3- No difference
- 4- Somewhat positive
- 5- Very positive

Q18 2

Local businesses

- 0- Refused (actual value -1)
- 1- Very negative
- 2- Somewhat negative
- 3- No difference
- 4- Somewhat positive
- 5- Very positive

Q18 3

Local law enforcement

- 0- Refused (actual value -1)
- 1- Very negative
- 2- Somewhat negative
- 3- No difference
- 4- Somewhat positive
- 5- Very positive

Q18 4

Local organizations that provide health services (e.g. health care, public health)

- 0- Refused (actual value -1)
- 1- Very negative
- 2- Somewhat negative

- 3- No difference
- 4- Somewhat positive
- 5- Very positive

Q18 5

Local organizations that provide other social services (e.g., food assistance, job training) such as faith based orgs, nonprofits

- 0- Refused (actual value -1)
- 1- Very negative
- 2- Somewhat negative
- 3- No difference
- 4- Somewhat positive
- 5- Very positive

Q18 6

Local government

- 0- Refused (actual value -1)
- 1- Very negative
- 2- Somewhat negative
- 3- No difference
- 4- Somewhat positive
- 5- Very positive

Q18 7

State government leaders

- 0- Refused (actual value -1)
- 1- Very negative
- 2- Somewhat negative
- 3- No difference
- 4- Somewhat positive
- 5- Very positive

Q18 8

Federal government leaders

- 0- Refused (actual value -1)
- 1- Very negative

- 2- Somewhat negative
- 3- No difference
- 4- Somewhat positive
- 5- Very positive

Q19

ALL Q19_ variables: There are many activities that a person could do to influence government decisions about health issues. During the past year have you . . .

Q19 1

Voted for or against a candidate for public office because of his/her position on a health problem or issue

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

Q19_2

Voted for or against a candidate for public office because of his/her position on other issues such as education, public safety, or community funding

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

Q19 3

Contributed time or money to an organization working to pass a health law or policy at the local, state, or national level

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

Q19 4

Lobbied or advocated for a health-related cause in your community. (This may include signing a petition, calling a public official, disseminating information via social media, participating in demonstrations)

0- Refused (actual value -1)

- 1- Yes
- 2- No

Q19 5

Attended a civic meeting or worked with neighbors to fix community problems

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

Q19 6

Ever served as an elected appointee or official

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

Q20

ALL Q20_variables: Whether or not you have taken action to improve health in your community, many people face barriers to getting involved. Thinking about the following statements, please rate the extent to which you think this has been a barrier for people in your community.

Q20 1

People don't know how to get involved or where to start

- 0- Refused (actual value -1)
- 1- 1 Not a barrier at all
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Major barrier

Q20 2

People don't think their involvement will really make a difference in changing the health of the community

- 0- Refused (actual value -1)
- 1- 1 Not a barrier at all

- 2- 2
- 3- 3
- 4- 4
- 5- 5 Major barrier

$Q20_3$

People offer suggestions but only those coming from certain groups or individuals are addressed

- 0- Refused (actual value -1)
- 1- 1 Not a barrier at all
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Major barrier

Q20 4

There are other issues people care more about

- 0- Refused (actual value -1)
- 1- 1 Not a barrier at all
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Major barrier

Q21

Would you say that in general your health is excellent, very good, good, fair, or poor?

- 0- Refused (actual value -1)
- 1- Excellent
- 2- Very good
- 3- Good
- 4- Fair
- 5- Poor

Q22

ALL Q22_variables: How would you rate the importance of the following items on a scale from: 1 (Not at all important) to 5 (Very important)?

Q22 1

Religion and/or spirituality in your life

- 0- Refused (actual value -1)
- 1- 1 Not at all important
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very important

$Q22_2$

Religion and/or spirituality in the choices you make about health

- 0- Refused (actual value -1)
- 1- 1 Not at all important
- 2- 2
- 3- 3
- 4- 4
- 5- 5 Very important

Q23

Has the poor health of another person affected your life on an ongoing basis for any extended period of time?

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

O24

Do you personally currently have one or more chronic health conditions (e.g., diabetes, asthma, depression)?

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

Q25

Have you ever had financial problems because of a health issue for yourself and/or others?

- 0- Refused (actual value -1)
- 1- Yes

Q26

Sometimes people take care of others who are ailing or who have health needs. For example, these may include elderly relatives, family members with disabilities or chronic disease, friends, or neighbors. (Please don't include those who you take care of for pay) In a typical month, how often, if ever, do you help others who are ailing or who have health needs, with their daily activities?

- 0- Refused (actual value -1)
- 1- Daily
- 2- Several times a week
- 3- About once a week
- 4- 2-3 times a month
- 5- Once a month
- 6- Never

O27

Have you ever personally experienced discrimination or been treated unfairly because of an ongoing health issue or condition or because of disability?

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

O28

Is there a place that you usually go to when you are sick or need advice about your health?

- 0- Refused (actual value -1)
- 1- Yes
- 2- There is no place
- 3- There is more than one place
- 4- Don't know (actual value is 9)

Q28A (Universe: Responded "Yes" or "There is more than once place" to Q28)

What kind of place do you go to most often – a clinic, doctor's office, emergency room, or some other place?

- 0- Refused (actual value -1)
- 1- Clinic or health center
- 2- Doctors office or HMO

- 3- Hospital emergency room
- 4- Hospital outpatient department
- 5- Some other place
- 6- I don't go to one place most often
- 7- Don't know (actual value is 9)

Q29

The next question asks about your health insurance or health coverage plans. In answering this question, please exclude plans that pay for only one type of service (such as nursing home care, accidents, family planning, or dental care) and plans that only provide extra cash when hospitalized. Are you currently covered by any of the following types of health insurance or health coverage plans?

Q29a_1 Insurance through a current or former employer or union (of yours or another family member's). This would include COBRA coverage

- 0- Refused (actual value -1)
- 1- Covered
- 2- Not covered
- 3- Not sure

Q29a_2 Insurance purchased through an exchange or marketplace, such as Healthcare.gov or [state exchange of state where respondent lives]

- 0- Refused (actual value -1)
- 1- Covered
- 2- Not covered
- 3- Not sure

Q29a_3 Insurance purchased directly from an insurance company (by you or another family member) excluding coverage purchased through an exchange or marketplace, such as Healthcare.gov or [state exchange of state where respondent lives]

- 0- Refused (actual value -1)
- 1- Covered
- 2- Not covered
- 3- Not sure

Q29a 4 *Medicare, for people 65 and older, or people with certain disabilities*

- 0- Refused (actual value -1)
- 1- Covered
- 2- Not covered
- 3- Not sure

Q29a_5 Medicaid, Medical Assistance (MA), the Children's Health Insurance Program (CHIP) or any kind of government-sponsored assistance plan based on income or a disability [Medicaid name of state where respondent lives]

- 0- Refused (actual value -1)
- 1- Covered
- 2- Not covered
- 3- Not sure

Q29a 6 TRICARE or other military health care, including VA health care

- 0- Refused (actual value -1)
- 1- Covered
- 2- Not covered
- 3- Not sure

Q29a 7 Indian Health Service

- 0- Refused (actual value -1)
- 1- Covered
- 2- Not covered
- 3- Not sure

Q29a_8 Any other type of health insurance coverage or health coverage plan

- 0- Refused (actual value -1)
- 1- Covered
- 2- Not covered
- 3- Not sure

Q29b (Universe: If the respondent indicated they no source of insurance they were asked)

Q29b. Does this mean you currently have no health insurance or health coverage plan?

- 0- Refused (actual value -1)
- 1- I do NOT have health insurance
- 2- I HAVE some kind of health insurance

Q30

ALL Q30_variables: Are you or a close family member a medical doctor, nurse, or other health care professional? (Check all that apply)

Q30 1

Yes, I am

- 0- No
- 1- Yes

Q30_2

Yes, a close family member is

- 0- No
- 1- Yes

$Q30_3$

No

- 0- No
- 1- Yes

Q30 4

Refused

- 0- No
- 1- Yes

Q31

ALL Q31_ variables: How confident are you that you can:

Q31_1

Manage Any Health Problems You Have

- 0- Refused (actual value -1)
- 1- Not confident at all
- 2- Not too confident

- 3- Somewhat confident
- 4- Very confident

Q31 2

Prevent Health Problems in the First Place

- 0- Refused (actual value -1)
- 1- Not confident at all
- 2- Not too confident
- 3- Somewhat confident
- 4- Very confident

Q32

How long have you lived in your community?

- 0- Refused (actual value -1)
- 1- Less than 5 years
- 2- 5 to 9 years
- 3- 10 to 19 years
- 4- 20 or more years

Q33

While you have lived in your current community, has the community experienced a major stressful event like a natural disaster, economic challenge like a plant closure, major incident of community violence?

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

Q33A (Universe: Answered "Yes" for Q33)

As a result of this event, were you temporarily or permanently displaced from your home or community?

- 0- Refused (actual value -1)
- 1- Yes
- 2- No

Have you ever lived outside the country for a year or more?

- 0- Refused (actual value -1)
- 1- Yes, if so where
- 2- No

DERIVED VARIABLES

WEIGHT

Weight

We used a raking algorithm to create weights to match the distribution of characteristics in our sample as closely as possible to the distribution of characteristics of the population from the 2018 Current Population Survey (U.S. Census Bureau, 2018). We combined the results from the two panels and calculated weights to make the combined panel representative of the population.