

Government of Maharashtra  
Directorate of Industrial Safety and Health  
Udyog Bhawan, Dhawa Mawtha, Civil Lines, Nagpur - 440001.  
Telephone no. 0012-2564545, 6-Ga:-80  
No. Ausuwa/Observation /2024/ €11 d. Badh / 03/2024

per,  
Occupant / Manager,

Topic: In factories to avoid adverse effects due to heat stress  
Regarding measures to be taken.

Reference: Government Circular No. : Ushmagha/2023/ Pr.No.38/Avyapr-1, dt.  
23/03/2023.

sir,

In the context of the above, we are informed that summer has started  
And specially to avoid the side effects of heat waves in heatwave conditions  
Attention is needed. Therefore, in terms of safety and health of the workers in the factory  
The following measures should be taken in the factory.  
Adequate provision of cold drinking water should be made at the workplace.  
If working in the sun, cover your head, neck, and face with a hat, umbrella or wet cloth  
be covered, Advise workers to wear light, loose and porous cotton clothing wherever possible.  
This should be given An appropriate system should be installed to supply cool air in the factory.  
093 as well as necessary medicines should be kept in the first aid box.

6) Appropriate instructions to the workers to prevent heatstroke while working in the sun  
And information should be given.

7) Workers suffering from heat stroke with weakness, headache, continuous sweating etc  
If the signs are observed and dizziness occurs, a doctor should be consulted immediately.

8) Workers should be advised to avoid direct exposure to sunlight.

Additional Director,  
Industrial Safety and Health,  
Nagpur Division, Nagpur.