For mental health

1. Roshni -+91 40 6620 2000

2.cooj -+918322252525

3.sneha foundation India -+914424640050

4.vandrevala foundation:-18602662345

5. Connecting - +919922001122

Child help -1098

National accident helpine number -0800 376 0150

All IndiaWomen's

Helpline (All India) 1091 / 1090

National Commission for Women (NCW) 0111-23219750

Delhi

Delhi Commission for Women (DCW) 011 23378044/ 23378317/ 23370597

Outer Delhi Helpline 011-27034873, 27034874

Women in Distress 1091

Police Control Room 100

Child Helpline 1098

Anti Stalking/Obscene calls 1096

Child, Student & Senior Citizen 1291

DCP SN Mosobi, North East Special Unit 9818099070

IGP - Robin Hibu, Nodal Officer for Northeasterners (Watsapp no) - 9810083486

Andhra PradeshHyderabad/Secunderabad - Women Police Station 040-27853508

Hyderabad Women Police Station 04027852400 / 4852

BangaloreWomen's Police Helpline Bangalore (Vanitha Sahayavani) 08022943225

Bangalore Traffic Police 080-22868444/22868550

ChandigarhWomen Police Exchange 1722741900

HaryanaWomen and Child Helpline 0124-2335100

Himachal PradeshWomen Commission 9816066421, 09418636326, 09816882491, 9418384215

MumbaiRailway Police 9833331111

Mumbai Police Helpline 100, 103

Navi Mumbai Police Station 0222758 0255

PunjabWomen's Helpline 9781101091

Tamil NaduWomen's Helpline 044-28592750

Women Police Station, Adayar 044-24415732, 044-23452586

TripuraWomen's Helpline Numbers 0381-2323355, 03812322912

RajasthanNirbhaya Sambhali Helpline 1800-1200020

Women Police Station Jodhpur 0291 -2012112

KarnatakaWomen Police Helpline 0821-2418400

Mysore Women Police Station 0821-2418110 / 2418410

 Kerala Vanitha Helpline Number of Kerala Police, Trivandrum 9995399953 State Vanitha Cell
 0471-2338100

Women's Cell, Kollam 0474-2742376 Women's Cell, Kochi 0484-2396730