

BOATS, BIKES, & BRICKS



triathlon June 18th, 2011

| REGISTRATION |

\$25 (+ \$3.25 active.com registration fee)

Sign-in Begins: 7:00 am / Race Start Time: 8:00 am. Event will occur rain or shine.

Severe weather may delay start time of the event. Register online at www.fralliance.org.

For more information, visit the website or call 810-424-5477.

T-Shirts will be given at event check-in. The first 100 participants to register online for the event will receive a goody bag filled with giveaways and coupons from local businesses.

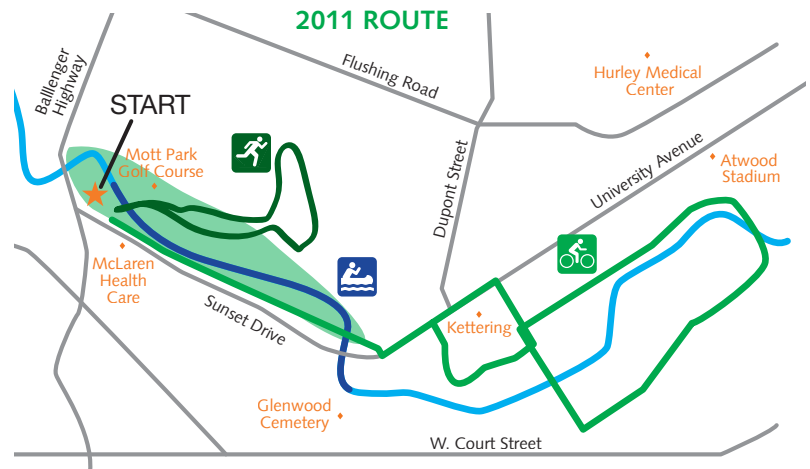
| EQUIPMENT |

Participants will be responsible for making their own arrangements for bikes, canoes and/or kayaks. The FRCA will not be coordinating equipment rental for this event as part of the registration cost.

Good Ol' Redbeard's Canoe and Kayak Livery has agreed to provide rental canoes and kayaks for Boats, Bikes, and Bricks participants. Rentals will be provided on a first come, first serve basis-so contact Redbeard's directly and make your reservation prior to event registration to ensure availability. Visit them at www.goodolredbeard.com for more information and rental prices or call 810-210-7602 to reserve your equipment.

| ROUTE |

The event begins with 2.4 K run that through the Mott Park Golf Course with a lap around Mott Park on secured roads. Participants will then paddle a 3K segment up and back on the Flint River starting at Mott Park Golf Course. The final route segment is a 7.5K bicycling route along the Flint River Trail and a short distance on secured roads.



Visit www.fralliance.org for registration and updates.

| AWARDS |

This is not a competitive event; however it will be timed with the top men and women finishers receiving awards. A short awards ceremony will immediately follow the conclusion of the event.

| DETAILS |

The triathlon will begin and end at Mott Park Golf Course. Parking is available at the golf course off of Sunset Drive just east of Ballenger Highway. There will be two secured staging areas for participants' equipment.

Following the event there will be a celebration party at the Mott Park Golf Course.

RUN: 2.4K
MOTT PARK
NEIGHBORHOOD

BOAT: 3K
FLINT RIVER

BIKE: 7.5K
FLINT RIVER TRAIL



Sponsored by
the Flint River
Corridor Alliance

The Flint River Corridor Alliance (FRCA) is a community-based organization of government, non-profit, and private sector stakeholders organized to initiate, support, and sustain projects in the Flint River Corridor that revitalize the river as a community asset while enriching the quality of life for the area's residents, businesses, and visitors.