

Republic of the Philippines  
HOUSE OF REPRESENTATIVES  
Quezon City, Metro Manila

EIGHTEENTH CONGRESS  
FIRST REGULAR SESSION

House Bill No. 569



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INTRODUCED BY **Rep. GREG G. GASATAYA**

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**EXPLANATORY NOTE**

It is the policy of the State to adopt an integrated and comprehensive approach to health development in schools. Complementary to this, the State must give priority to the physical, mental, and social well-being of students, among others, by establishing, maintaining, and supporting a complete, adequate, and integrated system of education which gives primordial interest and concern to their health and safety. Hence, the right of students to proper care and special protection from regulations and conditions prejudicial to their health and safety must always be defended.

It is undeniable that schools in our country conduct classes as early as 7 o' clock in the morning and sometimes even earlier. With the new K-12 curriculum that puts more workload on students, the current state of transportation, state of mental health in the country, and the accessibility of schools especially in rural areas, students are put at risk of fatigue and compromising their safety. In order to improve academic performance by promoting student welfare and eliminating barriers, this representation proposes this bill which seeks to regulate school hours.

In view of the foregoing, passage of this Bill is earnestly sought.

A handwritten signature in black ink, appearing to read "Greg G. Gasataya".

**REP. GREG G. GASATAYA**  
*Lone District of Bacolod City*

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AN ACT  
REGULATING THE COMMENCEMENT OF CLASS HOURS IN PUBLIC AND  
PRIVATE EDUCATIONAL INSTITUTIONS IN THE PHILIPPINES

*Be it enacted by the Senate and House of Representatives of the Philippines in  
Congress assembled:*

**SECTION 1. *Short Title.*** – This Act shall be known as the “Adjusted Class Hours Act of 2019.”

**SECTION 2. *Declaration of Policy.*** – It is hereby declared that the State shall promote and protect the physical, moral, spiritual, intellectual, and social well-being of the youth. It shall take appropriate steps to adopt an integrated and comprehensive approach to health development prioritizing the youth among others.

**SECTION 3. *Regulation of Class Hours.*** – It is hereby prohibited for any educational institution, public or private, to commence class hours earlier than 8:30 AM.

**SECTION 4. *Penalties.*** – The Department of Education (DepEd) and the Commission on Higher Education (CHED) shall promulgate the necessary rules and regulations in order to ensure compliance of all the educational institutions to the provisions of this Act. The imposition of appropriate fines and penalties for any violation of this Act shall likewise be under the jurisdiction of the DepEd and the CHED.

**SECTION 5. *Separability Clause.*** – If any part or provision of this Act is held invalid or unconstitutional, other provisions not affected thereby shall remain in full force and effect.

**SECTION 6. *Repealing Clause.*** – Any law, presidential decree or issuance, executive order, letter of instruction, administrative order, rule or regulation contrary to, or inconsistent with the provisions of this Act is hereby repealed, modified or amended accordingly.

**SECTION 7. *Effectivity.*** – This Act shall take effect fifteen (15) days after its publication in the Official Gazette or in at least two (2) newspapers of general circulation.

APPROVED,