

Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City

EIGHTEENTH CONGRESS
First Regular Session

House Bill No. **4093**



Introduced by
ANAKALUSUGAN REPRESENTATIVE MICHAEL T. DEFENSOR

EXPLANATORY NOTE

The 1987 Constitution states that:

Article II, Section 15: The State shall protect and promote the right to health of the people and instill health consciousness among them.

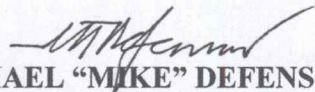
Furthermore, it adds in Article XIII, Section 11 that: " The State shall adopt an integrated and comprehensive approach to health development which shall endeavor to make essential goods, health and other social services available to all the people at affordable cost. There shall be priority for the needs of the underprivileged sick, elderly, disabled, women, and children."

The recently passed Universal Healthcare Law recognizes the importance of the primary healthcare of promoting the health and wellness of the Filipino people, as stated in Chapter II, Section of the said law.¹ Primary health care includes preventive care, to which medical check ups fall under. According to the report of the Department of Health, the leading causes of death are heart diseases, diseases of the vascular system, pneumonias, malignant neoplasms/cancers, all forms of tuberculosis, accidents, COPD and allied conditions, diabetes

¹ Republic Act No. 11223 or the Universal Health Care Law.

mellitus, nephritis/nephritic syndrome and other diseases of respiratory system, which are diseases easily detected through physical examination and diagnostic tests.² This bill aims to secure that each Filipino shall be given the chance to have a free annual medical check up to promote their right to health and health literacy.

Considering the foregoing reasons, the passage of this bill is earnestly requested.


MICHAEL "MIKE" DEFENSOR
Representative
ANAKALUSUGAN PARTY-LIST

² "DOH: Leading Cause of Mortality in the Philippines" <https://www.doh.gov.ph/node/1058>

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**AN ACT ESTABLISHING A FREE ANNUAL MEDICAL CHECK UP FOR
FILIPINOS**

*Be it enacted by the Senate and House of Representatives of the Philippines in Congress
assembled:*

1 SECTION 1. *Short Title.* - This Act shall be known as the "Free Annual Medical
2 Check Up Act of 2019"

3 SEC. 2. *Declaration of Principle.* - The state recognizes its duty to protect and
4 promote the right to health of the people. Pursuant to its duty, the state shall provide
5 the services needed to ensure the health and wellness of every Filipino. Aside from
6 enhancing programs that focus on curative medicine, an emphasis on preventive
7 medicine should also be observed. In line with this, Filipinos shall be entitled to an
8 annual medical check-up that is free of charge in any government hospital and
9 institution.

10 SEC. 3. *Coverage.*

11 A. Population Coverage - according to the Universal Health Care Law or RA
12 11223, Sec. 5., *every Filipino Citizen shall be automatically included to the*
13 *National Health Identification Program or NHIP*, thus making every Filipino a
14 member of PhilHealth and entitled to avail of this program.

15 B. Medical check-up coverage -This free annual medical check-up shall
16 include basic diagnostic and laboratory tests such as the following:

- 17 i. Complete blood count
18 ii. Urinalysis (Macroscopic and Chemical Examination)
19 iii. Stool Analysis
20 iv. Chest X-ray
21 v. Complete Physical Exam

1 SEC. 4. Schedule of Free Medical Check up. - The duration of availing the free
2 medical check up shall be for the whole calendar year. PhilHealth shall establish a
3 system to secure that every Filipino will be accommodated and get the services that
4 they are entitled to.

5 SEC. 5. *Appropriations.* - The amount necessary to implement this Act shall be
6 charged against the total revenue of PhilHealth, composed of premium contributions
7 from direct contributors and premium subsidies of the government for the indirect
8 contributors, of the year following its enactment into law and thereafter.

9 Sec. 6. *Repealing Clause.* - All laws, decrees, executive orders, and other
10 presidential issuances which are inconsistent with this Act are hereby repealed,
11 amended or modified accordingly.

12 Sec. 7. *Separability Clause.* - If, for any reason, any section or provisions of this
13 Act is held unconstitutional or invalid, the other sections or provisions hereof shall
14 not be affected thereby.

15 Sec. 8. *Effectivity.* - This Act take effect fifteen days (15) after its publication in
16 at least two (2) national newspapers of general circulation.

17 *Approved*