

Republic of the Philippines
HOUSE OF REPRESENTATIVES
Quezon City

EIGHTEENTH CONGRESS
First Regular Session



HOUSE RESOLUTION NO. 744

Introduced by: **Rep. Raul V. Del Mar**

A RESOLUTION

CONFERRING APPRECIATION AND RECOGNITION TO DR. POTENCIANO "YONG" S. LARRAZABAL III FOR HIS RARE ACHIEVEMENT OF BEING THE FIRST FILIPINO TO COMPETE AND FINISH THE 2020 WORLD MARATHON CHALLENGE AND THUS JOIN THE SEVEN CONTINENTS MARATHON CLUB, BRINGING SINGULAR HONOR TO THE COUNTRY AND PROVIDING AN EXAMPLE TO FILIPINOS IN VARIOUS FIELDS OF SPORTS.

WHEREAS, **Dr. Potenciano "Yong" Larrazabal III**, president and chairman of the board of the Cebu Doctors Group of Hospitals, my constituent in the First District of the City of Cebu and a citizen of the Philippines, just brought singular honor to his city and country;

WHEREAS, **"Yong" Larrazabal** is the first Filipino to compete and finish the World Marathon Challenge and thus join the Seven Continents Marathon Club;

WHEREAS, the World Marathon Challenge is a "brutal competition" where runners – 15 men and 27 women this year – traverse the globe in seven days on seven marathons of 42.2 kms. each on seven continents;

WHEREAS, **“Yong” Larrazabal** competed in and completed the seven marathons – during the period from February 6 to February 12, 2020, in Novolazarevskaya (Antarctica); Capetown (Africa); Perth (Australia); Dubai (Asia); Brazil (South America); and Miami (North America) – clocking within the range of four hours, from 4:06:30 in Miami (where he was fourth) to 4:44:47 in Novo Antarctica, and finishing over-all at 12th place. (Compare that with 2020 champion Kristina Chou Madsen who ran an average marathon time of 3:25:57.);

WHEREAS, **“Yong” Larrazabal** displayed the sportsman’s grit, focus and endurance, qualities that other Filipinos in various fields of sports can emulate; his feat has also complemented his advocacy for good health through sports;

WHEREAS, the Cebu City Government has affirmed the achievement of **“Yong” Larrazabal** as an outstanding Cebuano by including him among the 2020 Cebu City Charter Day awardees;

NOW, THEREFORE, be it resolved that **national appreciation and recognition** be accorded to the rare achievement of **Dr. Potenciano “Yong” Larrazabal III.**

ADOPTED.


RAUL V. DEL MAR