

# Comparing Vanilla $\Lambda$ CDM to Holography Plus Particle Dark Matter

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## Abstract

We present a comparative discussion of the standard cosmological model,  $\Lambda$ CDM, versus a framework in which the cosmological constant is replaced by a holographic vacuum-energy component, while retaining the usual particle-based cold dark matter. We argue that this *holography plus dark matter* approach can address several conceptual issues in  $\Lambda$ CDM, including the origin of the vacuum energy, while preserving its many empirical successes. We highlight key similarities, differences, and observational implications of each paradigm, and discuss future prospects for testing holographic cosmology.

## 1 Introduction

Modern cosmology is dominated by the  $\Lambda$ CDM (Lambda Cold Dark Matter) framework, which postulates that  $\sim 70\%$  of the current energy density of the universe is due to a cosmological constant  $\Lambda$ , while  $\sim 25\%$  is cold dark matter (CDM) and  $\sim 5\%$  is ordinary (baryonic) matter [1, 2, 3]. This model has demonstrated remarkable quantitative success (fitting the cosmic microwave background, baryon acoustic oscillations, type Ia supernovae, large-scale structure, etc.). However, it leaves several deep theoretical puzzles unresolved, particularly:

- **Vacuum energy problem (the “Cosmological Constant Problem”):** The naive quantum field theory (QFT) estimate of vacuum energy exceeds observation by many orders of magnitude [4].
- **Fine-tuning of  $\Lambda$ :** There is no accepted *a priori* reason for  $\Lambda$  to be as small as observed.
- **Dark matter particle nature:** Dark matter is strongly indicated by multiple observations yet remains unidentified in particle physics.

In contrast, *holographic cosmology* posits that the universe’s vacuum energy may be regulated by the finite number of degrees of freedom on a cosmic horizon [5, 6, 7]. If we *retain* a traditional, particle-based dark matter component (e.g. some stable relic or WIMP-like candidate) while explaining dark energy via holography, we end up with a “holography plus dark matter” (Holo+DM) picture. Below, we compare this approach with  $\Lambda$ -CDM—both conceptually and in terms of observational consequences.

## 2 Vanilla $\Lambda$ CDM Review

In  $\Lambda$ CDM, Einstein’s field equations in a Friedmann–Lemaître–Robertson–Walker (FLRW) metric give

$$H^2 = \frac{8\pi G}{3} [\rho_m + \rho_\Lambda] + \dots \quad (1)$$

where  $H = \dot{a}/a$  is the Hubble parameter,  $a(t)$  the cosmic scale factor,  $\rho_m$  the matter density, and  $\rho_\Lambda = \Lambda/(8\pi G)$  is interpreted as a constant vacuum energy. A standard parametric decomposition is

$$\Omega_m + \Omega_\Lambda + \Omega_r + \Omega_k = 1,$$

accounting for matter, cosmological constant, radiation, and (optionally) curvature. This “vanilla” model has only a handful of parameters (e.g. the matter fraction  $\Omega_m$ , amplitude of fluctuations  $\sigma_8$ , Hubble parameter  $H_0$ , etc.) and fits an impressive variety of data once constraints from cosmic microwave background observations and low-redshift surveys are combined [1].

### 2.1 Known Theoretical Tensions

While phenomenologically successful,  $\Lambda$ CDM’s theoretical difficulties include:

- **Huge discrepancy** between naive vacuum energy in QFT and the observed value of  $\Lambda$  (the so-called  $10^{120}$  problem).
- **Coincidence problem:** why matter density and vacuum energy become comparable only fairly recently.
- **Missing DM identification:** CDM is presumed to be a collisionless, stable particle (WIMP, axion, etc.), but extensive searches have not confirmed any specific candidate.

## 3 Holography Plus Dark Matter (Holo+DM)

In the Holo+DM scenario, we retain ordinary matter, baryon acoustic oscillations, and cold dark matter as in  $\Lambda$ CDM, but replace  $\Lambda$  with a *holographic* dark energy density, often taken to scale like

$$\rho_{\text{DE}}(t) = \frac{3c^2}{8\pi G} \frac{1}{R(t)^2}, \quad (2)$$

where  $R(t)$  is some horizon scale and  $c^2$  is an  $\mathcal{O}(1)$  constant (occasionally set to 1). In essence, the vacuum energy is dynamically tied to the *area* of the cosmic horizon [6]. This can yield a late-time acceleration with an equation of state  $w \approx -1$ , while naturally explaining the vacuum energy scale—it becomes  $\rho_{\text{DE}} \sim 1/R^2$ .

### 3.1 Strengths of Holo+DM

1. **Solving the big mismatch:** Holographic arguments reduce the naive QFT vacuum sum by recognizing the finite number of effective degrees of freedom, effectively capping  $\rho_\Lambda$  at  $\sim 1/R^2$  in Planck units.
2. **Retains DM successes:** By *not* discarding a cold dark matter component, Holo+DM recovers all the structure-formation and galaxy-scale benefits of standard  $\Lambda$ CDM. This is particularly relevant for cluster-scale gravitational lensing and the cosmic microwave background peaks.

3. **Fewer fine-tunings than  $\Lambda$ :** Instead of  $\Lambda$  being a fundamental parameter, it emerges from boundary conditions on horizon entropy [5].

### 3.2 Possible Observational Signatures

If  $\rho_{\text{DE}}$  depends on  $R(t)$  differently than a pure constant, we might see:

- **Equation of state evolution:** A slight deviation of  $w(z)$  from  $-1$  that next-generation supernova and BAO surveys could measure.
- **Deviations in  $H(z)$  at intermediate redshift:** Potential implications for cosmic tensions (like the Hubble tension), if the horizon-based vacuum energy modifies late-universe expansion.

## 4 Comparison and Discussion

**Conceptual Economy.** Both  $\Lambda$ CDM and Holo+DM assume the existence of a major unknown component of the universe’s energy budget: dark matter is needed in both. The difference is that Holo+DM *also* interprets the vacuum energy as emergent from horizon physics—an arguably smaller leap than imposing a fundamental constant  $\Lambda$  *ex nihilo*. In that sense, Holo+DM trades one puzzle (“*why is  $\Lambda$  so tiny?*”) for a geometric/holographic principle that we already suspect must hold in quantum gravity.

**Empirical Fit.** Vanilla  $\Lambda$ CDM is well tested over a wide range of redshifts. Any Holo+DM model must replicate that success while slightly altering expansion at late times. Preliminary toy-model results show that by choosing initial conditions or parameters,  $H_0$  can shift to higher values, *potentially* addressing the local  $H_0$  measurement. But a thorough approach requires a full MCMC fit across CMB, BAO, supernova data, etc. The question is whether the same parameters that solve the Hubble tension also preserve the near-perfect Planck fit.

### Remaining Open Issues.

- **Early universe.** Holo+DM alone doesn’t specify how inflation or primordial perturbations arise, so it may still require an inflaton or an alternative.
- **Dark matter identification.** One still needs a stable particle (WIMP, axion, PBH, or other) in either scenario.
- **Quantum gravity completion.** Holographic cosmology strongly hints at quantum-gravitational constraints. A fully consistent microscopic derivation is still incomplete.

## 5 Conclusions

In summary, the Holo+DM scenario:

- Preserves standard cold dark matter (so all the well-tested galaxy/cluster phenomenology remains).
- Replaces the cosmological constant with a vacuum-energy density tied to horizon physics, thereby naturally suppressing the naive QFT sum.

- Potentially addresses the cosmological constant problem *more elegantly* than simply fine-tuning  $\Lambda$ , at the cost of requiring a genuine holographic principle to hold in cosmology.

By contrast, vanilla  $\Lambda$ CDM:

- Continues to provide an excellent fit to nearly all large-scale data.
- Leaves the fine-tuning of  $\Lambda$  and the quantum vacuum mismatch unresolved.

Future observational campaigns (such as high-precision expansion-history surveys, lensing experiments, and the quest for direct dark-matter detection) will clarify whether Holo+DM can match or surpass the predictive power of  $\Lambda$ CDM, particularly if it relieves cosmic tensions and still satisfies the robust constraints from the cosmic microwave background.

## References

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