

### Usual Adult Dose for Allergic Rhinitis

5 to 10 mg orally once a day

-Maximum dose: 10 mg/day

-Some experts recommend: Patients over 65 years of age should start with 5 mg orally once a day.

#### Uses:

-Relief of symptoms associated with perennial allergic rhinitis due to allergens (e.g., sneezing, rhinorrhea, postnasal discharge, nasal pruritus, ocular pruritus, tearing)

-Treatment of uncomplicated skin manifestations of chronic idiopathic urticaria

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### Usual Pediatric Dose for Allergic Rhinitis

#### 6 months to 2 years:

-Initial dose: 2.5 mg orally once a day

-Maintenance dose: 2.5 mg orally once to 2 times a day

-Maximum dose: 5 mg/day

#### 2 to 5 years:

-Initial dose: 2.5 mg orally once a day

-Maintenance dose: 2.5 mg orally 2 times a day OR 5 mg orally once a day

-Maximum dose: 5 mg/day

6 years and older: 5 to 10 mg orally once a day

-Maximum dose: 10 mg/day

#### Uses:

-Relief of symptoms associated with perennial allergic rhinitis due to allergens (e.g., sneezing, rhinorrhea, postnasal discharge, nasal pruritus, ocular pruritus, tearing) in patients 2 years and older

-Treatment of uncomplicated skin manifestations of chronic idiopathic urticaria in patients 6 months and older

## Usual Pediatric Dose for Urticaria

### **6 months to 2 years:**

- Initial dose: 2.5 mg orally once a day
- Maintenance dose: 2.5 mg orally once to 2 times a day
- Maximum dose: 5 mg/day

### **2 to 5 years:**

- Initial dose: 2.5 mg orally once a day
- Maintenance dose: 2.5 mg orally 2 times a day OR 5 mg orally once a day
- Maximum dose: 5 mg/day

6 years and older: 5 to 10 mg orally once a day

- Maximum dose: 10 mg/day

### **Uses:**

- Relief of symptoms associated with perennial allergic rhinitis due to allergens (e.g., sneezing, rhinorrhea, postnasal discharge, nasal pruritus, ocular pruritus, tearing) in patients 2 years and older
- Treatment of uncomplicated