

香港 VYANJAN MARGDARSHAK

A GUIDEBOOK TO VEGETARIAN INDIAN CUISINE IN HONG KONG.

BY-ARSHITA, CLARE , SUMIRAN

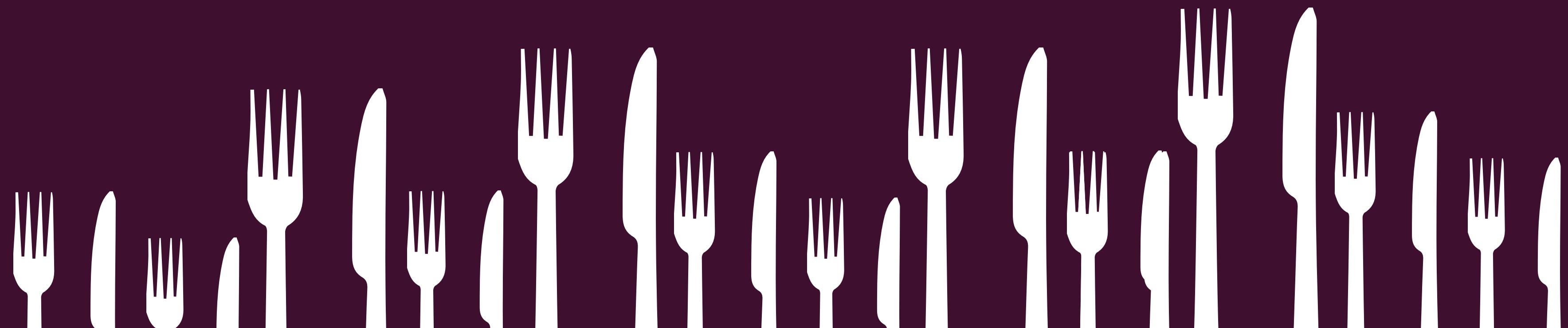


Origin Of Vegetarian Indian Cuisine in Hong Kong

India's historical relations with Hong Kong date back to the 1840s—a time when Hong Kong became a British colony. Just like Britain, the desire for authentic Indian cuisine flourished here, and continues to flourish in every corner of the world.

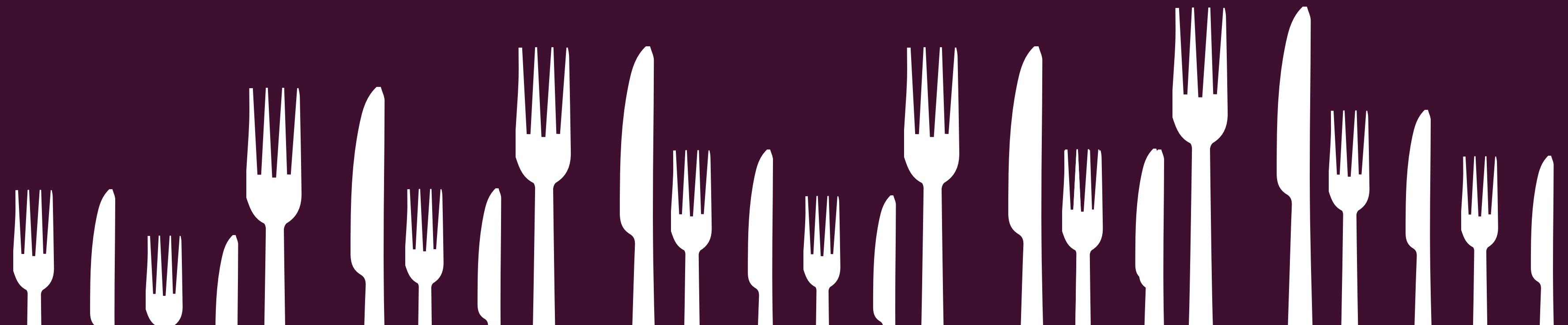


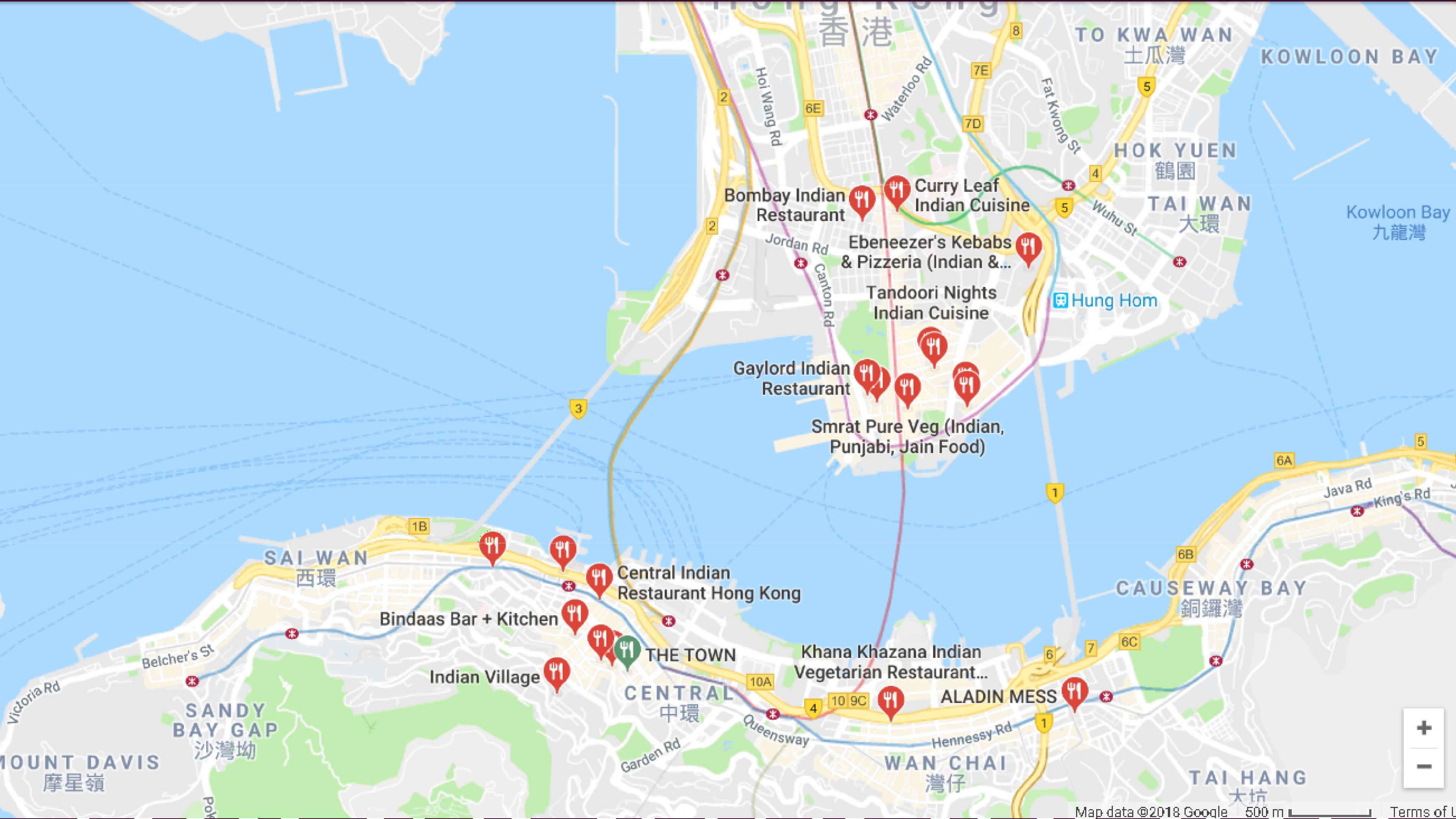
- Hong Kong's oldest Indian restaurant is "Gaylord" meaning "happy God".
- Advantages of Indian food.



VEG. INDIAN RESTAURANTS

INDIAN FOOD THAT SUITS EVERY WALLET





New Punjab Club

Budget: \$200-400

RECOMMENDED VEG. DISHES:

Mogewala Paneer

Address: G/F, World Wide Commercial Building,
34 Wyndham Street, Central



Khana Khazana Indian Vegetarian Restaurant & Bar



खाना खजाना(新派素食)

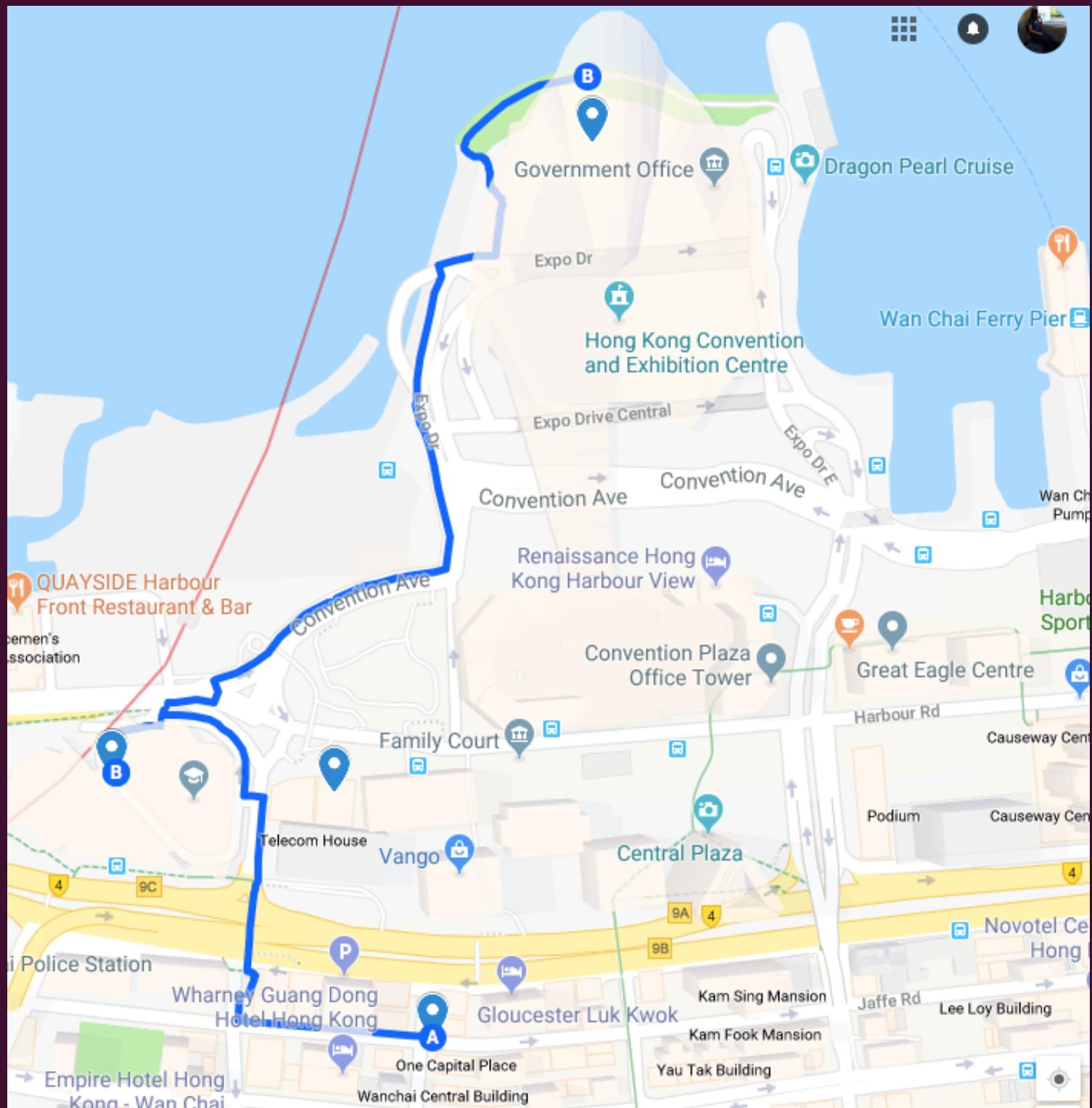
Budget: \$100-200

RECOMMENDED VEG. DISHES:

Palak Paneer with Naan and Gulaab Jamun

Address: 1/F., Dannies House, 20 Luard Road, Wan Chai

Review by HKU student:



A place for cheese lovers! I tried Palak Paneer with Naan and Gulaab Jamun. Palak Paneer means spinach with cottage cheese. You can find small blocks of cheese floating amid the green spinach puree. Dip the sauce with Naan. Have a big bite. And be prepared to get addicted to the tangy flavour of cheese with spinach.

Gulaab Jamun is a kind of dessert that is made of milk and served with sugary syrup. It is warm and it tastes very very sweet.

Basmati(बास्मती) (印度皇)

Budget: ~\$100

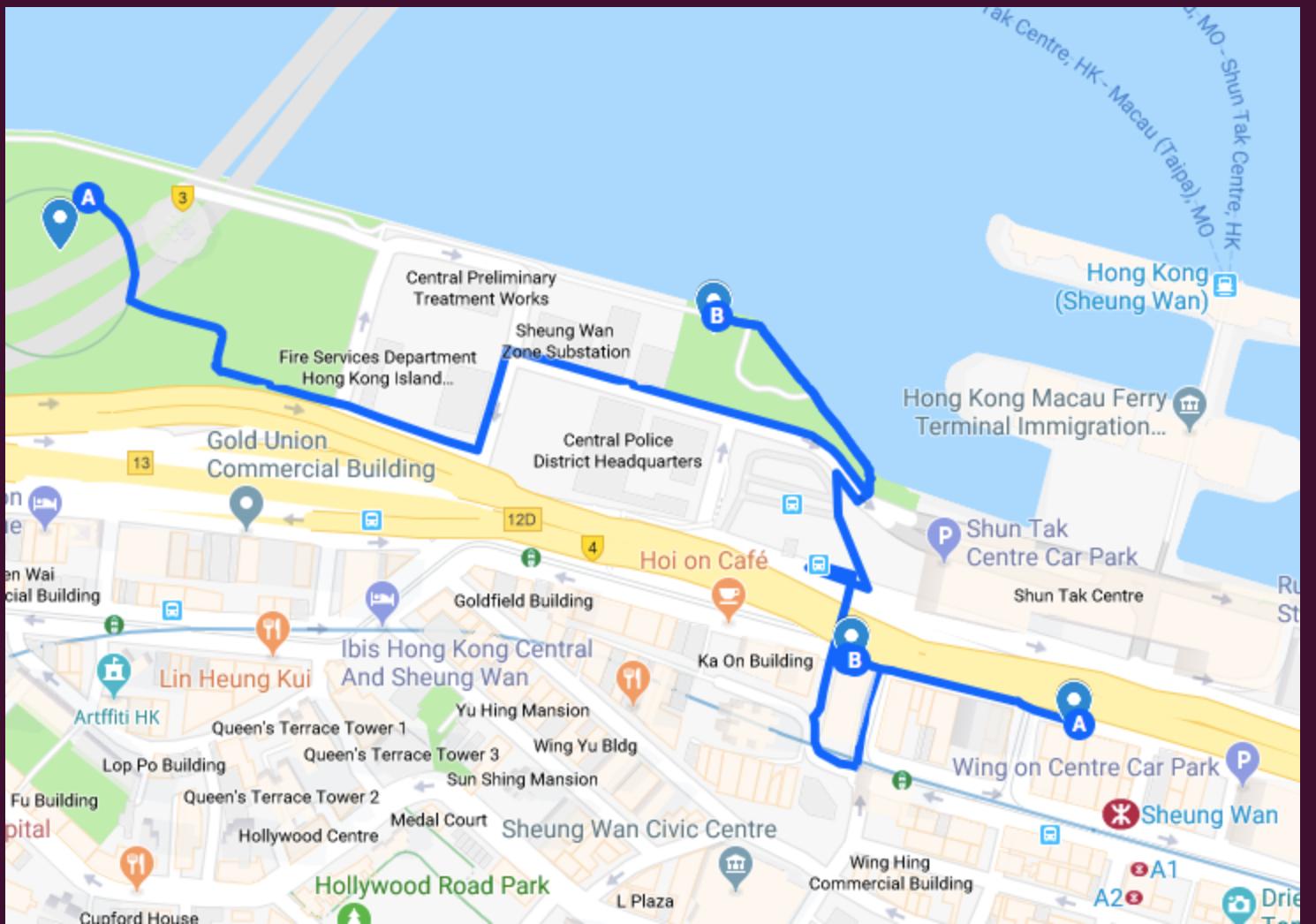
RECOMMENDED VEG. DISHES:

VEG. LUNCH BUFFET



Address: 1/F, San Toi Building, 137-139 Connaught Road,
Sheung Wan

Review by HKU student:



Mango Lassi is a must-try drink in Basmati. It only costs you \$98 for a Indian lunch buffet. The buffet offers various Indian dishes and you can explore different dishes according to your preference. However, as a Hongkonger, you may find some of the dishes too salty. The waitresses are nice. One of them even shared her experience of living in Hong Kong with our DEI friends.

Ebeneezer's

(Chained Indian
Restaurant)

Budget: under \$100

RECOMMENDED VEG. DISHES
FALAFEL KEBAB, CHANA
MASALA



Address: Branches in TST, Central, Wan Chai, HKU



Bombay Indian Restaurant

Indian Asian Vegetarian Friendly Vegan Options

G/F, 171 Temple Street, Jordan, Hong Kong, China

852-27800664

Curry Leaf - Indian Cuisine

Indian Vegetarian Friendly Vegan Options

No.16-18 Mau Lam Street | G/F & M/F Mau Lam
Commercial Building, Hong Kong 000000, China

852-81000911

