Issue: Volume 7 No. 29





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4<sup>th</sup> August, 2017

NIGERIA CENTRE FOR DISEASE CONTROL

# Weekly Epidemiological Report

Main Highlight of the week

# RESPONDING TO AN OUTBREAK OF HEPATITIS E



Hepatitis E is a liver disease caused by infection with a virus known as hepatitis E virus (HEV). Outbreaks of Hepatitis E usually occur as a result of faecal contamination of drinking water supplies. This tends to become more widespread during the rainy season.

As the rainy season continues in Nigeria with incidence of flood across some parts of the country, it is important for communities to be prepared for outbreaks of water-borne diseases such as Hepatitis E.

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Like other outbreaks, response activities to an outbreak of Hepatitis E in States should be led by the State Ministry of Health, community oriented and carried out in a stepwise manner as seen below:

- 1. Prepare for an outbreak-This is important especially in emergency or high risk situations e.g. Refugee camps, Internally Displaced Persons camp
  - Develop a basic plan or checklist for resource requirements in the event of an outbreak
  - o Set up a surveillance system to ensure an early warning once there is an increased incidence, particularly in vulnerable populations
  - o Establish a microbiological water monitoring system to ensure water safety
  - O Develop a written plan for Hepatitis E covering roles and responsibilities, resources, skills and activities required
  - Ensure standard treatment protocols are available to all health facilities and agencies
  - o Train clinical workers in case management, laboratory sample collection and transport, and water purification.
  - Ensure stockpiles of essential treatment supplies are available such as intravenous fluids, laboratory sampling kits, transport media and water purification supplies.
  - o A competent laboratory is identified for confirmation of cases.
  - o Sources of additional supplies are identified.
- 2. Verify the diagnosis and confirm the existence of an outbreak.
- 3. Define a case and conduct case-finding.
- 4. Tabulate and orient data: time, place, person.
- 5. Take immediate control measures-categorized under three major activities
  - o Prevention of exposure: Controlling the source of infection to reduce the risk of the disease spreading to other members of the community. For hepatitis E outbreaks, this is the most important measure, and involves improving the quality and quantity of drinking water, treating and disposing of human waste correctly, improving personal hygiene and preparing safe and clean food.
  - o Prevention of infection: Focus should be placed on identifying pregnant women at health facilities, antenatal clinics and other points. Efforts should be targeted at reducing the risk among pregnant women since the infection is more likely to lead to severe disease and death in such women than in the general population. These women should be a priority group for provision of safe water and good sanitation.
  - Prevention of death: Deaths can be minimized through prompt diagnosis and management of cases, including timely referral to a health-care facility. It may be important to avoid administration of unnecessary drugs, as these may be hepatotoxic; such drugs are likely to be particularly harmful for patients with acute hepatitis E.
- 6. Communicate findings.
- 7. Implement and evaluate control measures-entails instituting longer term control measures to end the current outbreak and prevent future outbreaks. These measures should be more extensive than earlier control measures and evaluated for effectiveness.

Examples of such measures are: recommending different food safety procedures in public eating places and implementing a better chlorination programme for public water systems. After an outbreak, the outbreak control team must carry out a thorough evaluation of the response to the particular outbreak, including identification of its cause(s), surveillance and detection, level of preparedness, management and control measures during the outbreak. The specific issues that should be evaluated under each heading include the timeliness of detection and adequacy of response, effectiveness, cost, lost opportunities and new/revised policies. The findings of this evaluation should be documented in a written report that contains clear recommendations on the epidemiological characteristics of the epidemic, surveillance, preparedness and control measures carried out

The Nigeria Centre for Disease Control (NCDC) urges all States to commence early preparedness plans for a more coordinated response system in the event of a Hepatitis E outbreak. The NCDC will continue to work with other partners to provide support in outbreak coordination in any affected state.

States are advised to create increased awareness on Hepatitis E infection in their communities and implement preventive measures, in view of the heavy rainfalls recorded recently in the country.

## References

- 1. Water Borne Outbreaks of Hepatitis E: Recognition, investigation and control. Technical Report. Geneva. WHO.2014
- 2. <a href="https://www.cdc.gov/hepatitis/statistics/surveillanceguidelines.htm">https://www.cdc.gov/hepatitis/statistics/surveillanceguidelines.htm</a>

In the reporting week ending on the 23<sup>rd</sup> of July, 2017:

- o There were 393 new cases of Acute Flaccid Paralysis (AFP) reported. None was confirmed as Polio. The last reported case of Polio in Nigeria was in August 2016. Active case search for AFP is being intensified as Nigeria has assiduously reinvigorated its efforts at eradicating Polio.
- o 81 suspected cases of Cholera were reported from eight LGAs in five States with three laboratory confirmed cases and three deaths.
- o There were 12 suspected cases of Cerebrospinal Meningitis (CSM) reported from ten LGAs in ten States. Of these, none was laboratory confirmed and no death was recorded. Ongoing surveillance for CSM has been intensified in the States.
- o There were 281 suspected cases of Measles reported from 33 States. None was laboratory confirmed and no death was recorded.

In the reporting week, Gombe State failed to send in any report. Timeliness of reporting remains at 82% in both previous and current weeks (Week 28 and 29) while completeness also

remains at 100%. It is very important for all States to ensure timely and complete reporting at all times, especially during an outbreak.

# Summary Table 1 (IDSR Weekly Report as at 28/07/2017)

Disease	Variables	Week 28	Week 29		Cumulative Weeks	
		2017	2017	2016	01 - 29, 2017	01 - 29, 2016
AFP	Cases	483	393	288	9,206	7537
	Deaths	0	0	0	0	0
	CFR	0.00%	0.00%	0.00%	0.00%	0.00%
Polio	WPV Types 1 & 3	0	0	0	0	0
	WPV Types 1	0	0	0	0	0
	WPV Types 3	0	0	0	0	0
	Cases	36	81	7	916	331
Cholera	Deaths	2	3	0	23	4
	CFR	5.56%	3.70%	0.00%	2.51%	1.21%
	Cases	6	5	1	344	746
Lassa Fever	Deaths	1	0	0	56	87
	CFR	16.67%	0.00%	0.00%	16.28%	11.66%
	Cases	14	12	13	9723	543
CSM	Deaths	0	0	0	602	29
	CFR	0.00%	0.00%	0.00%	6.19%	5.34%
	Cases	399	281	176	15,148	20773
Measles	Deaths	6	0	1	88	84
	CFR	1.50%	0.00%	0.57%	0.58%	0.40%
	Cases	0	0	0	0	0
<b>Guinea Worm</b>	Deaths	0	0	0	0	0
	CFR	0.00%	0.00%	0.00%	0.00%	0.00%

## 1. Lassa fever

Please note that the data reflects the routine reports i.e. all suspected cases including the laboratory positive and negative cases

- 1.1. Five suspected cases of Lassa fever were reported from five LGAs (Plateau State) in week 29, 2017 compared with one case from Abuja Municipal Area Council (FCT) at the same period in 2016.
- 1.2. Laboratory results of the five suspected cases are four positives for Lassa fever while one was negative for Lassa fever and other VHF.
- 1.3. Between weeks 1 and 29 (2017), 344 suspected Lassa fever cases with 86 laboratory confirmed cases and 56 deaths (CFR, 16.28%) from 67 LGAs (22 States) were reported compared with 746 suspected cases with 72 laboratory confirmed cases and 87 deaths (CFR, 11.66%) from 127 LGAs (27 States) during the same period in 2016 (Figure 1).
- 1.4. Between weeks 1 and 52 2016, 921 suspected Lassa fever cases with 109 laboratory confirmed cases and 119 deaths (CFR, 12.92%) from 144 LGAs (28 States and FCT) were reported compared with 430 suspected cases with 25 laboratory confirmed cases and 40 deaths (CFR, 9.30%) from 37 LGAs (14 States and FCT) during the same period in 2015 (Figure 2).
- 1.5. Investigation and active case search ongoing in affected States with coordination of response activities by the NCDC with support from partners.
- 1.5.1. National Lassa Fever Working Group meeting and weekly National Surveillance and Outbreak Response meeting on-going at NCDC to keep abreast of the current Lassa fever situation in the country.
- 1.5.2. Response materials for VHFs prepositioned across the country by NCDC at the beginning of the dry season
- 1.5.3. New VHF guidelines have been developed by the NCDC (Interim National Viral Haemorrhagic Fevers Preparedness guidelines and Standard Operating Procedures for Lassa fever management) and are available on the NCDC website.
- 1.5.4. Ongoing reclassification of reported Lassa fever cases
- 1.5.5. Ongoing review of the variables for case-based surveillance for VHF
- 1.5.6. VHF case-based forms completed by affected States are being entered into the new VHF management system. This system allows for the creation of a VHF database for the country.
- 1.5.7. NCDC team sent to Edo State to support Lassa fever data harmonization & Updating of VHF case-based management database
- 1.5.8. Confirmed cases are being treated at identified treatment/isolation centres across the States with Ribavirin and necessary supportive management also instituted

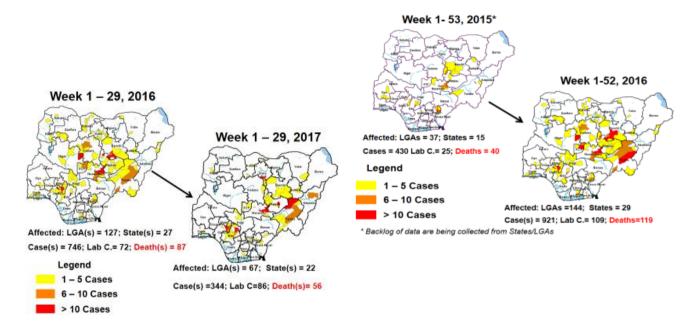
1.5.9. Onsite support was earlier provided to Ogun, Nasarawa, Taraba, Ondo and Borno States by the NCDC and partners

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- 1.5.10. Offsite support provided by NCDC/partners in all affected States
- 1.5.11. NCDC and partners are providing onsite support in Ondo and Plateau State
- **1.5.12.** States are enjoined to intensify surveillance and promote Infection, Prevention and Control (IPC) measures in health facilities.

Figure 1: Map of Nigeria showing areas affected by Lassa fever, week 1- 29, 2016 & 2017 and week 1-52, 2016

1.1.1. Figure 2: Map of Nigeria showing areas affected by Lassa fever, week 1 - 53, 2015

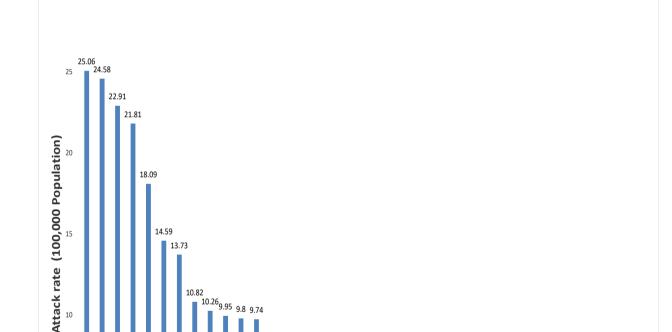


# 2. MEASLES

- 2.1. In the reporting week, 281 suspected cases of Measles were reported from 33 States compared with 176 suspected measles cases and one death (CFR, 0.57%) reported from 25 States during the same period in 2016.
- 2.2. So far, 15,148 suspected Measles cases with 108 laboratory confirmed cases and 88 deaths (CFR, 0. 59%) have been reported in 2017 from 36 States and FCT (Figure 4) compared with 20,773 suspected cases and 84 deaths (CFR, 0.40%) from 36 States and FCT during the same period in 2016.
- 2.3. In 2016 (week 1 -52), 25,251 suspected Measles cases with 102 deaths (CFR, 0.40%) were reported from 36 States and FCT compared with 24,421 suspected cases with 127 deaths (CFR, 0.52%) during the same period in 2015 (Figure 5)
- 2.4. Response measures include immunization for all vaccine-preventable diseases in some selected/affected wards/LGAs during SIAs, as well as case management.

- 2.5. Scheduled Measles campaigns in the North East were conducted from 12th – 17th January, 2017 in Adamawa, Borno and Yobe States (Phase I) and Phase II from 21st – 25<sup>th</sup> January, 2017 in Borno State and 4<sup>th</sup> – 8<sup>th</sup> February, 2017 in Yobe State
- Measles Surveillance Evaluation and Establishment of the burden of Congenital Rubella 2.6. Syndrome (CRS) in 12 selected States in the six geopolitical zones from the 17<sup>th</sup> -21<sup>st</sup> July 2017
- 2.7. Harmonization of measles surveillance data with laboratory confirmed cases

Report



10.82

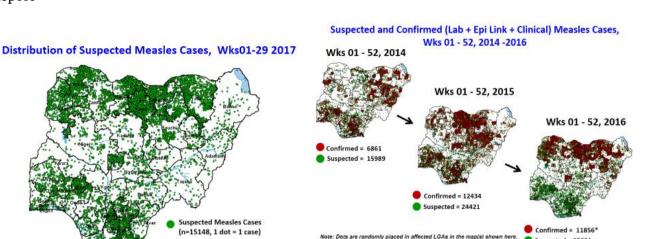
10.26<sub>9.95</sub> 9.8 9.74

Figure 3: Suspected Measles attack rate by States, week 29, 2017 as at 28<sup>th</sup> July, 2017

Figure 4: Map of Nigeria showing Distribution of suspected Figure 5: Suspected & confirmed (Lab + Epi Link + Measles cases, Weeks 1-29, 2017as at 28/07/2017 Clinical) Measles cases weeks 1 - 52, 2014 - 2016

States

Suspected = 25251



Source: Measles Case-Based database as at 06-Jan-2016 (Latest Onset= 31-Dec-2016)

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Source: Measles Case-Based database as at 28-Jul-2017

#### 3. **POLIOMYELITIS**

3.1. As at July 16<sup>th</sup> 2017, no new case of WPV was recorded

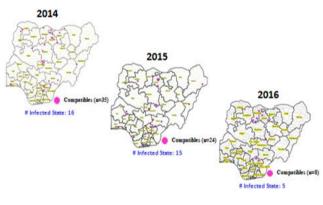
(n=15148, 1 dot = 1 case)

# Affected: States = 36 and FCT,

- Three new cVDPV2, environmental derived and Polio compatible cases identified
- 3.2.1. In the reporting week, 393 cases of AFP were reported from 273 LGAs in 34 States and
- 3.2.2. AFP Surveillance has been enhanced and outbreak response is on-going in Borno and other high risk States
- 3.2.3. The  $1^{st}$  round of SIPDs in 2017 was conducted from  $28^{th} 31^{st}$  January 2017 in the 18 high risk States. This was carried out using mOPV2 (2<sup>nd</sup> mOPV2 OBR). The schedule for other SIAs is as described in Table 2
- 3.2.4. The  $2^{nd}$  and  $3^{rd}$  round of SIPDs completed ( $25^{th}$ - $28^{th}$  February and  $8^{th}$   $11^{th}$  July, 2017) in 14 & 18 high risk States using bOPV respectively.
- 3.2.5. The  $1^{st}$  and  $2^{nd}$  rounds of NIPDs completed (from  $25^{th} 28^{th}$  March, 2017 and  $22^{nd}$  25<sup>th</sup> April, 2017) nationwide respectively.
- 3.2.6. Between weeks 1 and 52 in 2016, four WPVs were isolated from Borno State compared to no WPV isolated during the same period in 2015.
- 3.3. No circulating Vaccine Derived Polio Virus type 2 (cVDPV2) was isolated in week 1 - 52, in both 2016 and 2015.
- 3.4. Between weeks 1 and 52, 2016 two (2) cVDPV2 were isolated in two LGAs (two States) while one (1) cVDPV2 was isolated from Kwali, FCT during the same period in 2015.
- 3.5. Six confirmed WPVs were isolated in 2014.
- 3.6. The SIAs were strengthened with the following events:
- 3.6.1. Immunization for all vaccine-preventable diseases in some selected wards/LGAs.
- 3.6.2. Use of health camp facilities.
- 3.6.3. Field supportive supervision and monitoring.
- 3.6.4. Improved Enhanced Independent Monitoring (EIM) and Lots Quality Assessments (LQAs) in all Polio high risk States.
- 3.6.5. High level of accountability framework

Figure 6: Polio Compatible cases in Nigeria as at Week 1 - 52, 2014 - 2016 (Data as at 16/07/17)

Table 2: 2017 SIAs



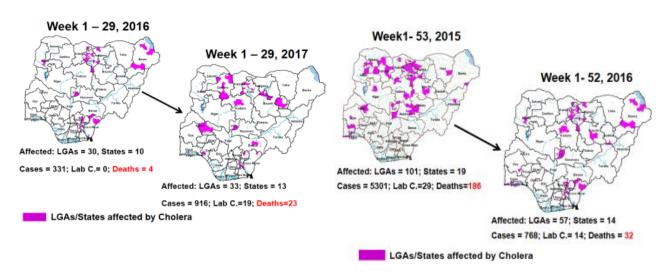
S/N	Month	Dates	Scope	Remarks	Target Populations	Antigen
1	January	28 <sup>th</sup> - 31 <sup>st</sup>	SIPDs (18 States)	2nd mOPV2 OBR in 18 states	33,478,035	mOPV2
2	February	25 <sup>th</sup> - 28 <sup>th</sup>	SIPDs (14 High Risk States)	List of high risk states reviewed using the HR Algorithm and local information on risk		bOPV
3	March	25 <sup>th</sup> - 28 <sup>th</sup>	NIPDs (36+1)	Nationwide	59,961,520	bOPV
4	April	22 <sup>nd</sup> - 25 <sup>th</sup>	NIPDs (36+1)	Nationwide	59,961,520	bOPV
5	July	8 <sup>th</sup> -11 <sup>th</sup>	SIPDs (18 High Risk States)	High Risk States	33,478,035	bOPV
6	October	14 <sup>th</sup> - 17 <sup>th</sup>	SIPDs (18 High Risk States)	High Risk States	33,478,035	bOPV
7	December	9 <sup>th</sup> - 12 <sup>th</sup>	SIPDs (6 High Risk States)	High Risk States		bOPV

# 4. CHOLERA

- **4.1.** 81 suspected cases of Cholera cases with three laboratory confirmed and three deaths (CFR, 3.70%) were reported from eight LGAs (five States) in week 29 compared with seven suspected cases from Bichi LGA (Kano State) at the same period in 2016.
- 4.2. Between weeks 1 and 29 (2017), 916 suspected Cholera cases with 19 laboratory confirmed and 23 deaths (CFR, 2.51%) from 33 LGAs (13 States) were reported compared with 331 suspected cases and four deaths (CFR, 1.21%) from 30 LGAs (ten States) during the same period in 2016 (Figure 7).
- 4.3. Between weeks 1 and 52 (2016), 768 suspected Cholera cases with 14 laboratory confirmed cases and 32 deaths (CFR, 4.17%) from 57 LGAs (14 States) were reported compared with 5,301 cases with 29 laboratory confirmed cases and 186 deaths (CFR, 3.51%) from 101 LGAs (18 States and FCT) during the same period in 2015 (Figure 8).
- 4.4. Cholera preparedness workshop held from  $31^{st}$  May  $-1^{st}$  June, 2017 in Abuja to develop Cholera preparedness plan as the season set in.
- 4.5. NCDC/partners provided onsite support in Kwara State.
- 4.6 NCDC/partners are providing onsite support in Zamfara State.
- 4.7 States are enjoined to intensify surveillance, implement WASH activities and ensure early reporting.

Figure 7: Status of LGAs/States that reported Cholera cases in week 1-29, 2016 & 2017

Figure 8: Status of LGAs/States that reported Cholera cases in week 1-52, 2015 & 2016

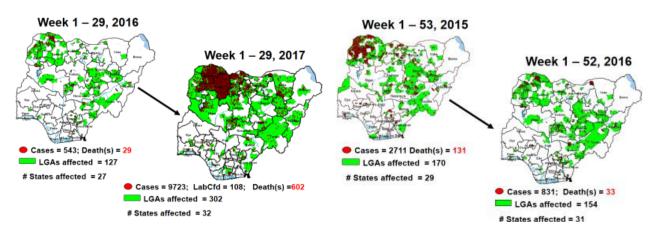


# 5. CEREBROSPINAL MENINGITIS (CSM)

- 5.1. In the reporting week 29, 12 suspected Cerebrospinal Meningitis (CSM) cases were reported from ten LGAs (ten States) compared with 13 suspected cases from nine LGAs (eight States) at the same period in 2016.
- 5.2. Between weeks 1 and 29 (2017), 9723 suspected CSM cases with 108 laboratory confirmed cases and 602 deaths (CFR, 6.19%) were recorded from 302 LGAs (32 States) compared with 543 suspected cases and 29 deaths (CFR, 5.34%) from 127 LGAs (27 States) during the same period in 2016 (Figure 9).
- 5.3. Between weeks 1 and 52, 2016, 831 suspected CSM cases with 43 laboratory confirmed cases and 33 deaths (CFR, 3.97%) were recorded from 154 LGAs (30 States and FCT) compared with 2,711 suspected cases and 131 deaths (CFR, 4.83%) from 170 LGAs (28 States and FCT) during the same period in 2015 (Figure 10)

Figure 9: Map of Nigeria showing areas affected by CSM, Week 1 - 29, 2016 & 2017

Figure 10: Nigeria: Dot maps of CSM cases, week 1 - 53, 2015 & 2016



5.4. Timeliness/completeness of CSM case-reporting from States to the National Level (2017 versus 2016): on average, 80.6% of the 26 endemic States sent CSM reports in a timely manner while 98.4% were complete in week 1-29, 2017 as against 84.1% timeliness and 99.2% completeness recorded within the same period in 2016

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- 5.5. CSM preparedness checklist sent to 36 States and FCT ahead of 2017 meningitis season
- 5.6. Confirmed cases treated at identified treatment centres in affected States (Zamfara, Sokoto, Katsina, Kebbi, Niger, Kano, Yobe and Jigawa) and necessary supportive management also instituted
- 5.7. CSM National Emergency Operations Centre constituted at the Nigeria Centre for Disease Control
- 5.8. Onsite support provided to Zamfara, Sokoto, Katsina, Kebbi, Kano, Yobe and Niger States by NCDC and partners
- 5.9. Off-site support provided to other States
- 5.10. Intensive Surveillance in high risk States.
- 5.11. Reactive vaccination completed in Zamfara State for people aged one to 29 years using polysaccharide meningococcal A & C vaccine.
- 5.12. Reactive vaccination completed in two wards (Gada and Kaffe) in Gada LGA in Sokoto State using polysaccharide meningococcal A & C vaccine for people aged two to 29 years.
- 5.13. Reactive vaccination completed in nine LGAs in Sokoto State using monosaccharide meningococcal conjugate C vaccine for aged one to 20 years.
- 5.14. Reactive vaccination campaign completed in Yobe State for people aged two to 29 years using polyvalent ACW conjugate vaccine.
- 5.15. Medical teams were trained and deployed to support case management in Sokoto and Zamfara States completed (from Friday  $5^{th}$   $26^{th}$  May, 2017).
- 5.16. Deployed mobile testing laboratory to Zamfara State to aid diagnosis
- 5.17. A Team was deployed by NCDC/WHO to support surveillance activities, laboratory data harmonization and monitoring of the implementation plan in Yobe state
- 5.18. National CSM EOC has been stepped down
- **5.19.** Evaluation of the CSM outbreak response in Zamfara and Sokoto States is ongoing by NCDC and WHO
- **5.20.** National CSM After-Action Review meeting conducted in Sokoto State from the  $24^{th}$   $25^{th}$  of July 2017.

### 6. GUINEA WORM DISEASE

- 6.1. In the reporting week, no rumour report of Guinea Worm disease was received from any State.
- 6.2. Nigeria has celebrated eight consecutive years of zero reporting of Guinea worm disease in the country. The Country has been officially certified free of Dracunculiasis transmission by the International Commission for the Certification of Dracunculiasis Eradication (ICCDE).

(For further information, contact NIGEP NC/Director: Mrs. I, Anagbogu: +2348034085607, <a href="mailto:ifechuba@yahoo.co.uk">ifechuba@yahoo.co.uk</a>)

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0800-970000-10

Table 3: Status of Reporting by the State Epidemiologists, Nigeria, Weeks 1 - 29, 2017, as at 28<sup>th</sup> July, 2017

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Keys: Poor 2 States Timely T= Arrived on Time 50-79% Good 12 State Reports L= Arrived late Report not received Excellent 23 States N = No Report (Report not received) Timely Rpts Late Rpts Rpts Not Recvd W03 W04 State W01 W02 W05 W06 W07 W08 W09 W10 W11 W13 W14 W15 W16 W17 W18 W19 W20 W21 W22 W24 W28 GeoZones W12 W23 W25 W26 W27 W29 Expected (Es (Ns) Timely Complete SEZ Abia 29 18 62% Adamawa NEZ T 29 16 13 55% 0 Akwa Ibom SSZ 29 19 10 0 66% SEZ 29 25 4 Anambra 4 NEZ 5 Bauchi 29 27 2 6 Bayelsa 29 29 SSZ 0 NCZ 29 23 6 79% Benue NEZ 29 22 8 Borno SSZ 9 Cross River 29 15 14 52% 10 Delta SSZ 29 20 9 69% 72% 11 Ebonyi SEZ 29 21 8 12 Edo SSZ T 15 29 13 13 Ekiti SW7. 29 28 1 SEZ 29 19 14 Enugu 10 66% NCZ 15 FCT 29 29 0 NEZ 29 25 2 16 Gombe 29 9 69% 17 Imo SEZ 20 0 NWZ 29 17 12 18 Jigawa 0 NWZ 29 24 19 Kaduna 5 20 Kano NW7 29 29 21 Katsina NWZ 29 26 22 Kebbi NWZ 29 3 26 23 Kogi NCZ 29 28 1 NCZ 29 24 Kwara 13 16 SWZ 25 Lagos T 29 29 0 26 Nasarawa NCZ 29 28 NCZ T 29 24 5 27 Niger SW7. 29 29 28 Ogun 0 SWZ 29 29 Ondo 25 4 30 Osun SWZ 29 29 SWZ T 79% 31 Oyo 29 23 32 Plateau NCZ 29 29 33 Rivers SSZ 29 29 0 0 34 Sokoto NWZ 29 29 0 35 Taraba NEZ 29 24 5 29 28 36 Yobe NEZ 1 NW7 29 3 37 Zamfara 26 37 37 37 37 37 37 37 37 37 37 37 37 37 37 37 37 37 37 Total number of reports expected (E) 37 37 37 37 37 37 28 27 27 26 Total reports sent on time (T) 27 | 27 | 26 28 28 36 31 32 31 31 32 33 29 35 34 34 30 34 31 34 28 27 31 884 10 11 Total reports sent late (L) 10 10 11 10 1 5 4 186 Total number of reports not received (N 0 0 0 0 0 0 0 0 73.0 70.3 73.0 73.0 70.3 75.7 97.3 83.8 86.5 83.8 83.8 86.5 89.2 78.4 94.6 91.9 91.9 81.1 91,9 83.8 919 75.7 73.0 83.8 Timeliness of reports =100\*T/E 82% 100.0 100.0 100.0 100.0 100.0 100.0 100.0 100.0 Completeness of reporting=100\*(E-N)/E Last updated 23rd July, 2017 29

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Table 4: Updates on Epidemics, Week 1- 29 (17th-23rd July, 2017) as at 28th July, 2017)

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