Oklahoma

Trends in Employer Insurance Costs, 2008–2018



	Year ¹				Average annual change		
	2008	2014	2016	2018	2008-10	2014-16	2016-18
Employer-Sponsored I	nsurance P	remium Co	osts				
Single coverage							
Oklahoma United States	\$4,072 \$4,386	\$5,649 \$5,832	\$5,784 \$6,101	\$6,630 \$6,715	7.0% 6.1%	1.2% 2.3%	7.1% 4.9%
Family coverage							
Oklahoma <i>United States</i>	\$11,053 \$12,298	\$16,280 \$16,655	\$16,646 \$17,710	\$18,745 \$19,565	8.0% 6.2%	1.1% 3.1%	6.1% 5.1%
Employee Contribution	n to Premiu	ım Costs					
Single coverage							
Oklahoma United States	\$787 \$882	\$1,154 \$1,234	\$1,189 \$1,325	\$1,293 \$1,427	15.1% 7.6%	1.5% 3.6%	4.3% 3.8%
Family coverage							
Oklahoma United States	\$3,619 \$3,394	\$4,609 \$4,518	\$5,061 \$4,956	\$5,306 \$5,431	1.3% <i>4.7%</i>	4.8% 4.7%	2.4% 4.7%
Combined average ² (% of med	ian income)						
Oklahoma	\$2,952 (6.4%)	\$3,855 (7.7%)	\$4,188 (7.5%)	\$4,439 (7.5%)	1.7%	4.2%	3.0%
United States	\$2,715 (5.1%)	\$3,683 (6.6%)	\$4,050 (6.7%)	\$4,396 (6.8%)	4.7%	4.9%	4.2%
Employee Deductible (Costs						
Single coverage ³							
Oklahoma United States	\$862 \$869	\$1,491 \$1,353	\$1,787 <i>\$1,696</i>	\$1,683 \$1,846	1.6% 8.6%	9.5% 12.0%	-3.0% <i>4.3%</i>
Combined average ² (% of med	ian income)						
Oklahoma	\$1,522 (3.3%)	\$2,412 (4.8%)	\$2,766 (5.0%)	\$2,873 (4.8%)	5.9%	7.1%	1.9%
United States	\$1,445 (2.7%)	\$2,313 (4.1%)	\$2,726 (4.5%)	\$2,992 (4.7%)	8.9%	8.6%	4.8%
Total Potential Out-of-	Pocket Cos	ts (Employ	ee Contrib	ution + Dec	luctible)		
Combined average ² (% of med	ian income)						
Oklahoma	\$4,474 (9.7%)	\$6,267 (12.5%)	\$6,954 (12.5%)	\$ 7,311 (12.3%)	3.2%	5.3%	2.5%
United States	\$4,160 (7.8%)	\$5,995 (10.7%)	\$6,776 (11.3%)	\$7,388 (11.5%)	6.2%	6.3%	4.4%

Notes: 1. Additional data available in report appendix. 2. Single and family premium, contribution, and deductible costs are weighted to the state distribution of single and family households. 3. Only single deductibles are included since family plans typically use this rate per family member.

Data: Medical Expenditure Panel Survey-Insurance Component (MEPS-IC), 2008-2018; Current Population Survey (CPS), 2008-2019.