ValueNotifier

- special type of class that extends a `ChangeNotifier`

- Flutter also has a widget by default, using which we can listen to the **ValueNotifier** called `ValueListenableBuilder`

- stream of data which holds to a value. We provide it a value and every listener receives a notification of the value change

- ValueNotifier of any type int, bool, list, or any custom data type

- to listen to the value in a widget, we use the ValueListenableBuilder widget

- using ValueListenableBuilder we don't manually need to add and remove listeners, it automatically does that for us.

- manually remove a listener from the ValueNotifier when not in use on the current page, using the `removeListener` function.