

Performance

Metrics

First Contentful Paint	0.5 s	Time to Interactive	0.5 s
Speed Index	0.5 s	Total Blocking Time	0 ms
Largest Contentful Paint	1.2 s	Cumulative Layout Shift	0.037

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)

View Original Trace



**Opportunities** — These suggestions can help your page load faster. They don't [directly affect](#) the Performance score.

Opportunity	Estimated Savings
Properly size images	0.32 s
Eliminate render-blocking resources	0.22 s

**Diagnostics** — More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

-  Image elements do not have explicit `width` and `height`
-  Serve static assets with an efficient cache policy — 7 resources found
- Avoid chaining critical requests — 10 chains found
- Keep request counts low and transfer sizes small — 19 requests • 924 KiB
- Largest Contentful Paint element — 1 element found

Avoid large layout shifts — 5 elements found

**Passed audits (29)**

## Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

**ARIA** — These are opportunities to improve the usage of ARIA in your application which may enhance the experience for users of assistive technology, like a screen reader.

▲ [\[aria-hidden="true"\]](#) elements contain focusable descendents



**Contrast** — These are opportunities to improve the legibility of your content.

▲ Background and foreground colors do not have a sufficient contrast ratio.



**Navigation** — These are opportunities to improve keyboard navigation in your application.

▲ Heading elements are not in a sequentially-descending order



**Additional items to manually check (10)** — These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

**Passed audits (15)****Not applicable (26)**

## Best Practices


**Trust and Safety**

▲ Links to cross-origin destinations are unsafe




▲ Includes front-end JavaScript libraries with known security vulnerabilities — 3 vulnerabilities detected




Passed audits (15) Not applicable (1) 

## SEO

These checks ensure that your page is optimized for search engine results ranking. There are additional factors Lighthouse does not check that may affect your search ranking. [Learn more](#).


**Additional items to manually check (1)** — Run these additional validators on your site to check additional SEO best practices. 

Passed audits (10) Not applicable (4) 

## Progressive Web App

These checks validate the aspects of a Progressive Web App. [Learn more](#).


### Installable


▲ Web app manifest or service worker do not meet the installability requirements — 1 reason 

### PWA Optimized

▲ Does not register a service worker that controls page and `start_url` 

Redirects HTTP traffic to HTTPS 

▲ Is not configured for a custom splash screen Failures: No manifest was fetched. 

▲ Does not set a theme color for the address bar.  
Failures: No manifest was fetched, No ``<meta name="theme-color">`` tag found. 

Content is sized correctly for the viewport 

Has a `<meta name="viewport">` tag with `width` or `initial-scale` 

▲ Does not provide a valid `apple-touch-icon` 

▲ Manifest doesn't have a maskable icon

No manifest was fetched

▼

Additional items to manually check (3)

— These checks are required by the baseline [PWA Checklist](#) but are not automatically checked by Lighthouse. They do not affect your score but it's important that you verify them manually.

▼

Runtime Settings

URL	https://solacoder005.github.io/coca-women-wellness/connect.html
Fetch Time	May 26, 2021, 8:42 AM GMT+1
Device	Emulated Desktop
Network throttling	40 ms TCP RTT, 10,240 Kbps throughput (Simulated)
CPU throttling	1x slowdown (Simulated)
Channel	devtools
User agent (host)	Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/90.0.4430.212 Safari/537.36
User agent (network)	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_14_6) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/90.0.4420.0 Safari/537.36 Chrome-Lighthouse
CPU/Memory Power	2245
Axe version	4.1.2