

Performance

Metrics

First Contentful Paint	0.7 s	Time to Interactive	0.7 s
Speed Index	0.7 s	Total Blocking Time	0 ms
Largest Contentful Paint	1.4 s	Cumulative Layout Shift	0.025

Values are estimated and may vary. The [performance score is calculated](#) directly from these metrics. [See calculator.](#)







View Original Trace



**Opportunities** — These suggestions can help your page load faster. They don't [directly affect](#) the Performance score.

Opportunity	Estimated Savings
Properly size images	0.6 s
Eliminate render-blocking resources	0.48 s

**Diagnostics** — More information about the performance of your application. These numbers don't [directly affect](#) the Performance score.

 Serve static assets with an efficient cache policy — 7 resources found	
Avoid chaining critical requests — 10 chains found	
Keep request counts low and transfer sizes small — 19 requests • 1,111 KiB	
Largest Contentful Paint element — 1 element found	
Avoid large layout shifts — 5 elements found	

Passed audits (30)



## Accessibility

These checks highlight opportunities to [improve the accessibility of your web app](#). Only a subset of accessibility issues can be automatically detected so manual testing is also encouraged.

**ARIA** — These are opportunities to improve the usage of ARIA in your application which may enhance the experience for users of assistive technology, like a screen reader.

▲ `[aria-hidden="true"]` elements contain focusable descendents



**Additional items to manually check (10)** — These items address areas which an automated testing tool cannot cover. Learn more in our guide on [conducting an accessibility review](#).

Passed audits (13)



Not applicable (30)



## Best Practices

### Trust and Safety

▲ Links to cross-origin destinations are unsafe



▲ Includes front-end JavaScript libraries with known security vulnerabilities — 3 vulnerabilities detected



### User Experience

▲ Displays images with incorrect aspect ratio



Passed audits (14)



Not applicable (1)





## SEO

These checks ensure that your page is optimized for search engine results ranking. There are additional factors Lighthouse does not check that may affect your search ranking. [Learn more](#).

**Additional items to manually check (1)** — Run these additional validators on your site to check additional SEO best practices. ▼

**Passed audits (10)** ▼

**Not applicable (4)** ▼



## Progressive Web App

These checks validate the aspects of a Progressive Web App. [Learn more](#).

### Installable

▲ Web app manifest or service worker do not meet the installability requirements — 1 reason ▼

### PWA Optimized

▲ Does not register a service worker that controls page and `start_url` ▼

Redirects HTTP traffic to HTTPS ▼

▲ Is not configured for a custom splash screen Failures: No manifest was fetched. ▼

▲ Does not set a theme color for the address bar.  
Failures: No manifest was fetched, No ``<meta name="theme-color">`` tag found. ▼

Content is sized correctly for the viewport ▼

Has a `<meta name="viewport">` tag with `width` or `initial-scale` ▼

▲ Does not provide a valid `apple-touch-icon` ▼

▲ Manifest doesn't have a maskable icon No manifest was fetched ▼

**Additional items to manually check (3)** — These checks are required by the baseline [PWA Checklist](#) but are not automatically checked by Lighthouse. They do not affect your score but it's important that you verify them manually. ▼

## Runtime Settings

<b>URL</b>	https://solacoder005.github.io/coca-women-wellness/about.html
<b>Fetch Time</b>	May 26, 2021, 8:56 AM GMT+1
<b>Device</b>	Emulated Desktop
<b>Network throttling</b>	40 ms TCP RTT, 10,240 Kbps throughput (Simulated)
<b>CPU throttling</b>	1x slowdown (Simulated)
<b>Channel</b>	devtools
<b>User agent (host)</b>	Mozilla/5.0 (Windows NT 10.0; Win64; x64) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/90.0.4430.212 Safari/537.36
<b>User agent (network)</b>	Mozilla/5.0 (Macintosh; Intel Mac OS X 10_14_6) AppleWebKit/537.36 (KHTML, like Gecko) Chrome/90.0.4420.0 Safari/537.36 Chrome-Lighthouse
<b>CPU/Memory Power</b>	2328
<b>Axe version</b>	4.1.2

Generated by **Lighthouse** 7.2.0 | [File an issue](#)