



## ***Walking, Thinking & Talking***

- neither fast nor slow
- nature is good but not necessary
- induces a different state of mind
- takes five minutes to settle
- good for creative thinking
- gets better the more you do it
- basically a monologue

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***Researchers' Walk at  
The Victorian College of the Arts***

***The University of Melbourne***





## ***Rationale***

- means of reflecting on practice
- bringing research students together
- safe space for talking about ideas
- improve “academic dramaturg” skills
- improve writing skills
- independent learning

## ***Successes***

- positive reports from participants
- repeat attendees
- ongoing relationships formed

## ***Challenges***

- differences among participants
- Involves vulnerability
- weather
- numbers

## ***Moving forward***

- creating a ground swell around the walk
- timing is vital
- both structured and more open options
- clear aims
- investigate the listening and talking roles



## ***References***

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