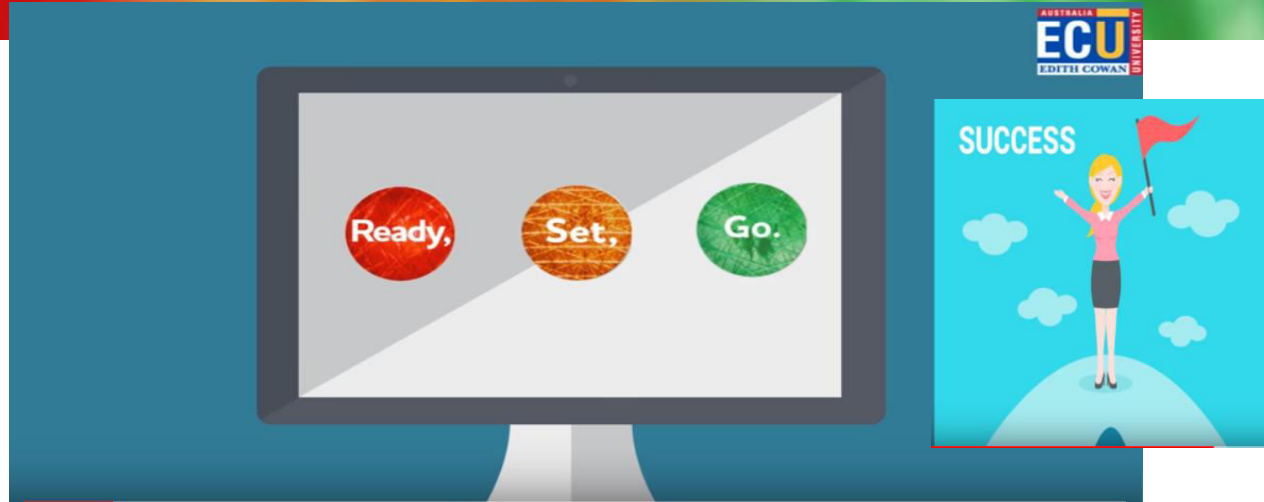


# Welcome



## **‘Ready Set Go...For Nursing and Midwifery at ECU’ A partnership in action**

An extended orientation program to assist nursing and midwifery students in transitioning to undergraduate studies within the School of Nursing and Midwifery at ECU.

# Why Ready Set Go?

- To improve dropout/retention rates and stem high drop out and attrition rates
- To enhance student transition and increase student satisfaction and success
- In response to a change to blended learning and on-line lectures from semester 2, 2016 – less face-to-face interaction with unit co-ordinators and peers
- To build connections and a sense of belonging to the university
- To reinforce positive messages about rich technology enhanced learning experiences

Ready,

Set,

Go.

# Project Literature Review

Upon examination and reflection of the literature, it is feasible to conclude that induction programs can be utilised to improve transition to university (Latham et al., 2016), increase overall student success (Boelen & Kenny, 2009), and enhance the social network of the students whilst improving student-staff relations (Richardson & Tate, 2013), all contributing to reduce attrition.

Ready,

Set,

Go.

# Transition literature

The transition to university life is challenging and Wilson (2009) identified key points for succeeding at university as:

- students who invest time and commit to their studies;
- attend classes and engage with the online learning environment;
- balance their work/study/life commitments;
- develop a social network at university;
- have a clear goal for attending university;
- and have self-belief in themselves relating to academic achievement.

*The majority of Australian universities offer a first year orientation program and these are shown to increased student satisfaction and student retention (Tinto, 1993; Gardner, 1986; Berger & Milem, 1999; Braxton & McClendon, 2002; Kift, 2012).*

Ready,

Set,

Go.

# Ready Set Go

Aims to build on the official School of Nursing Welcome Day induction session



Semester 1: 728  
new students  
Semester 2: 423  
new students

Ready,

Set,

Go.

# How did it come about?

- SIF Funding: Program/Research Project
- Driven by School of Nursing
- Project Team: Nursing academics and CLT Learning Consultant and Designer
- Collaboration was key to developing and implementing the program



Ready,

Set,

Go.



# The Program

## Session 1: Prepare for University & Technology Kick Start



## Session 2: Academic Skills and Clinical Information



Our induction sessions will take place on both campuses. See the timetables below for the times, then click the register button to head over to the event page to register and get your free ticket.

### Sessions Timetable

Session 1 09.30-11.30		Session 2 12.00-14.00	
O Week 2017	Location	O Week 2017	Location
Tue 21 Feb	JO Building 21, Room 201	Tue 21 Feb	JO Building 21, Room 201
Wed 22 Feb	JO Building 21, Room 201	Wed 22 Feb	JO Building 21, Room 201
Thu 23 Feb	JO Building 21, Room 201	Thu 23 Feb	JO Building 21, Room 201
Fri 24 Feb	JO Building 21, Room 201	Fri 24 Feb	JO Building 21, Room 201

### South West Campus

Session	Date	Time	Location
1	Thu 23 Feb	10.30-12.30	BU Building 6, Room 102
2	Thu 23 Feb	13.30-15.30	BU Building 6, Room 102

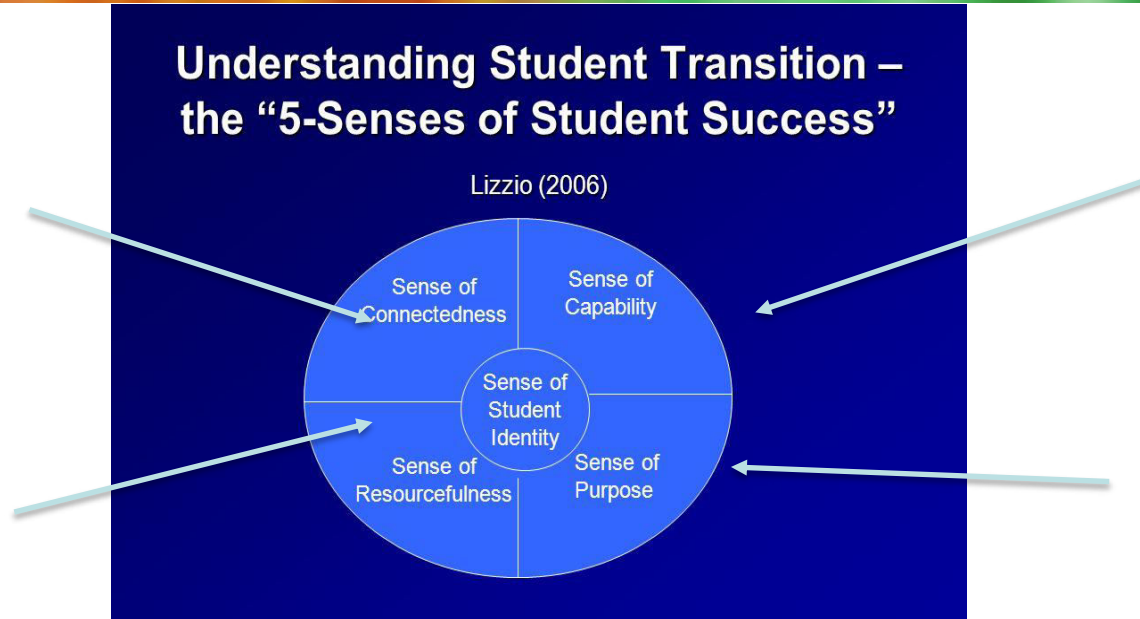
REGISTER

Ready,

Set,

Go.

# Program based on Lizzio's 5 senses model



Lizzio (2006) explains that orientation programs which meet the students' needs have a greater chance of success





# Academic Skills Session

academic

researching  
support  
strategy  
audit  
referencing  
reading  
planning  
success  
learning  
English  
skills  
integrity  
Academic  
language  
search  
writing  
process  
drop-ins  
proficiency

The session ensured students went away knowing the importance of academic integrity and developing their academic and communication skills and how to seek support

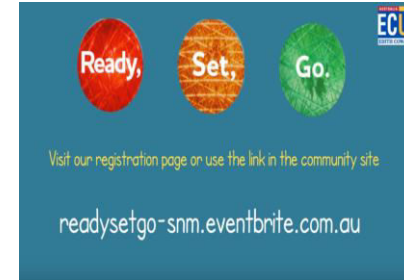
Ready,

Set,

Go.

# Communications – vital for success

- SMS
- Video
- Poster
- RSG Community Site
- Promotion at SNM Induction
- RSG Email
- Eventbrite registration

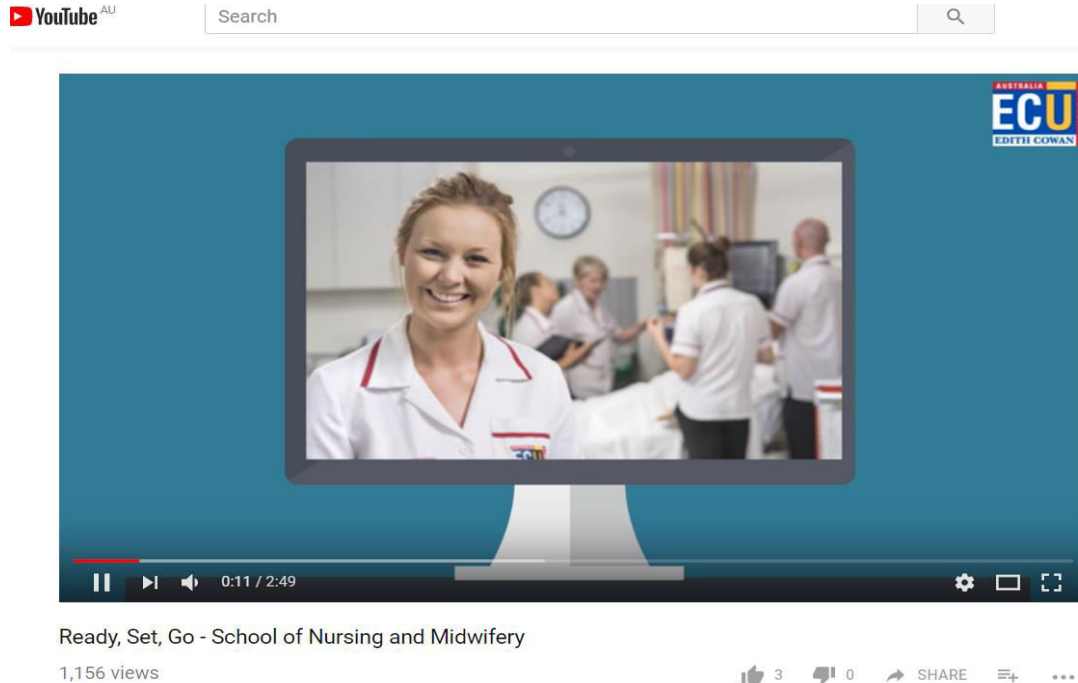


Ready,

Set,

Go.

# ECU's Ready Set Go Program



Ready Set Go

Ready,

Set,

Go.

# The research project: a work in progress

As orientation is not compulsory, it was proposed that a Quasi experimental, prospective cohort study be undertaken to evaluate the effectiveness of this program. Students to be allocated to either the experimental group (those that attended) or the control group (those that did not attend).

- Data collection consisted of pre and post surveys after each session.
- A survey was also conducted at the SNM Induction/Welcome Day to assess communication of the program and likely attendance
- Demographic data was collected and students were encouraged to put their student ID number (tracking of students).
- It is intended that retention rates and grades will be compared between the groups.

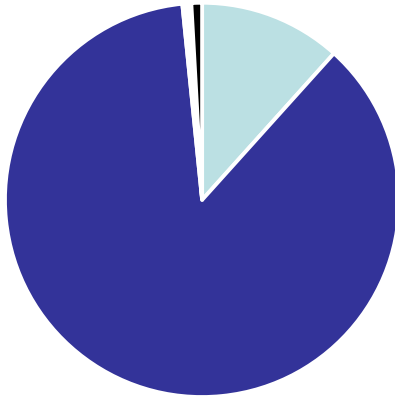
Ready,

Set,

Go.

# Demographics

Gender



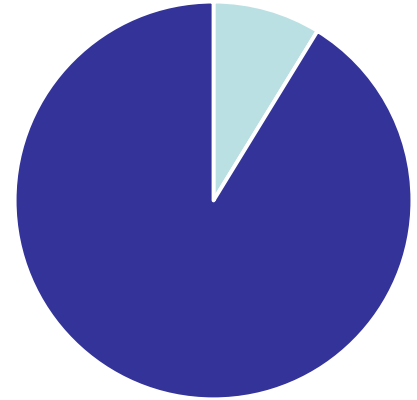
- Male
- Female
- Transgender
- Do not identify as any of the above

Age



- Under 20
- 20-29
- 30-39
- 40-49
- Over 50

International Student?



- Yes
- No
- Do not identify as any of the above

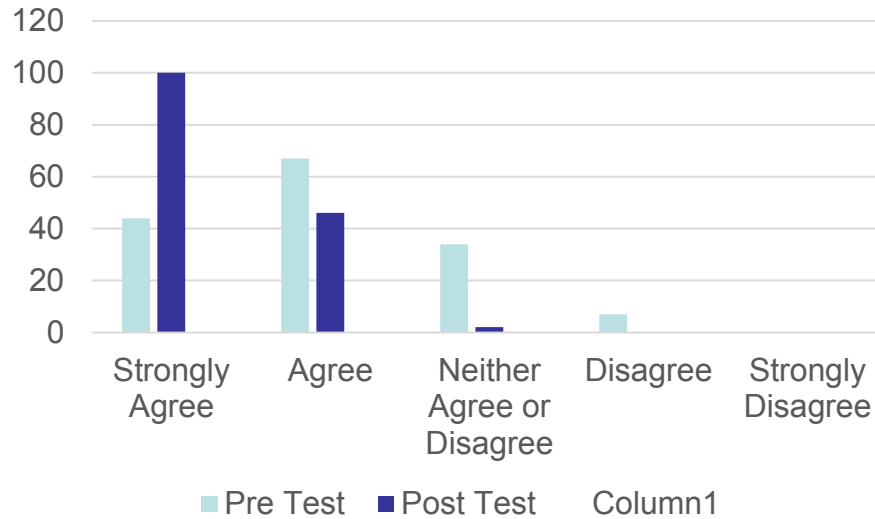
Ready,

Set,

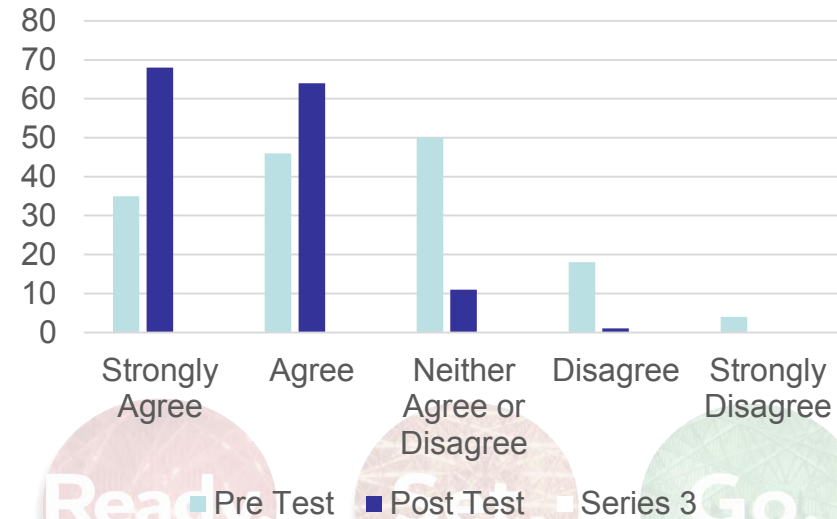
Go.

# A work in progress...early data

There is learning support  
available at ECU to help me  
develop my academic skills and  
I know how to access it



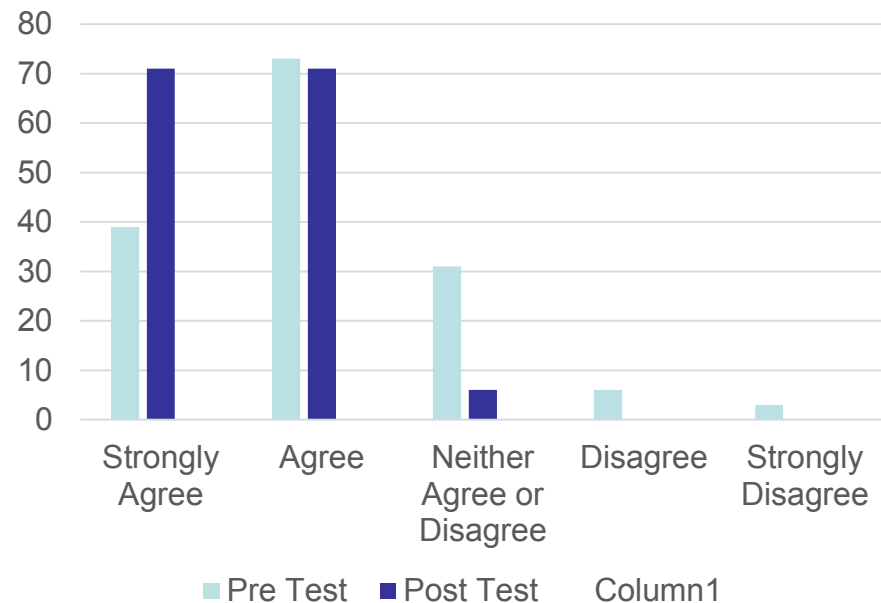
I am confident in downloading  
and using the ECU  
Referencing Guide from the  
Library website



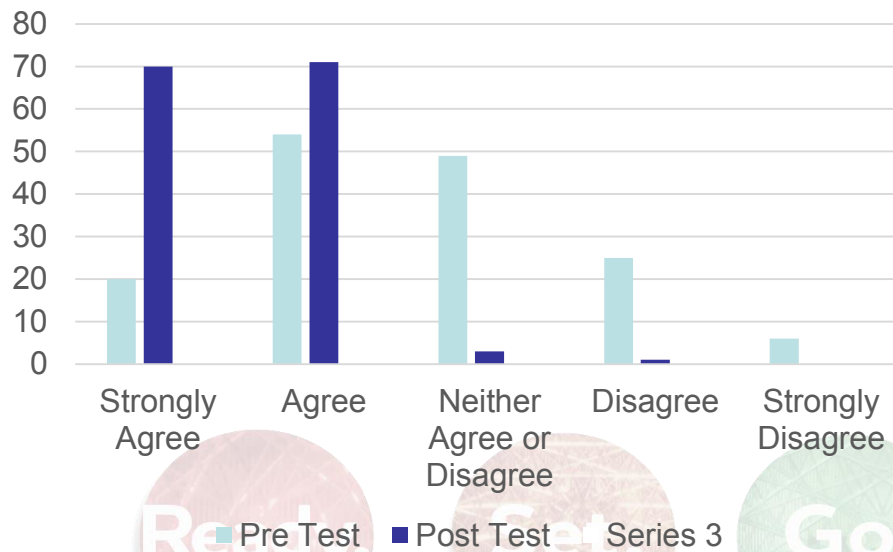


# A work in progress...early data

I am confident about starting my nursing degree

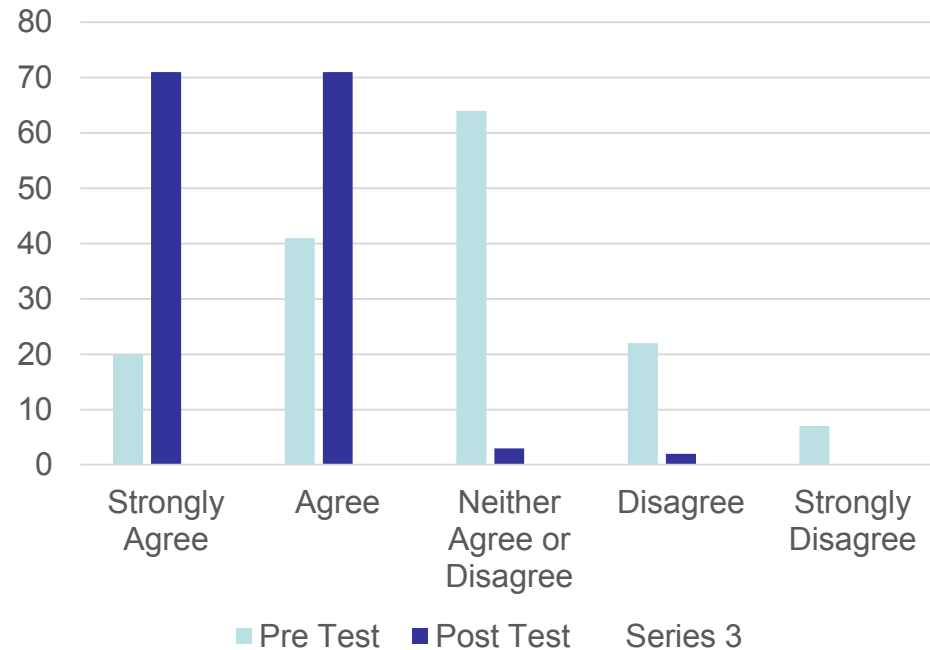


I am aware of the ECU nursing library guide and know how to access it

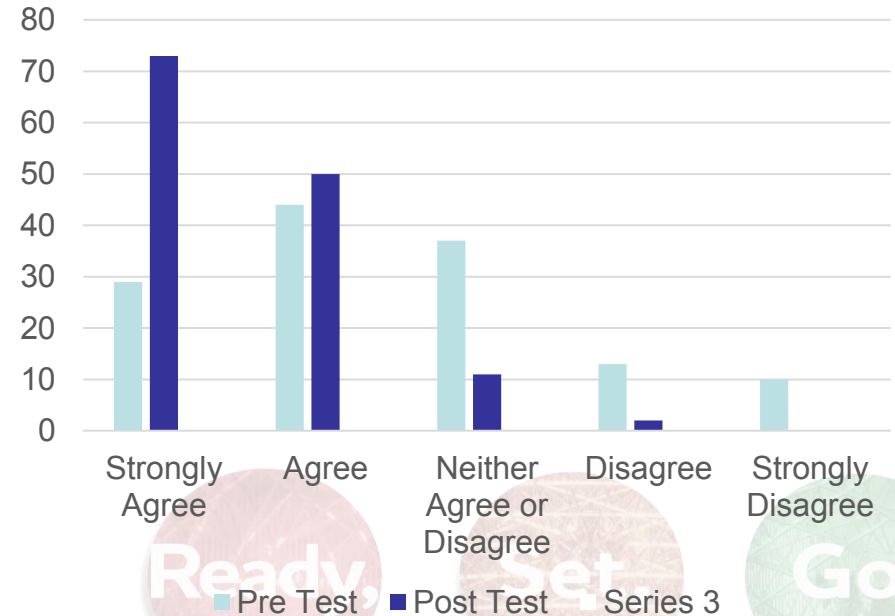


# A work in progress...early data

I know where to access my clinical placement documents



I understand how to post on a Blackboard discussion board



# Future data

- Finalise semester 1 and 2 data and run reports for analysis
- Anecdotal feedback on the program
- Effectiveness of the program as well as correlations with retention, academic results and support seeking behaviours

Ready,

Set,

Go.

# Positive student feedback

Hello Everyone. My name is Sonali. I am from India. This is my first semester at ECU.

Just want to share that today's Induction program 'Ready set go...' was very helpful and informative. I learned that Being organised and managing your time are very important.

Also make sure you spend your first week popping your various assignments into your calendars and building a little timeline to work towards them.

Thanks to unit coordinator.

It was nice meeting fellow students and tutors. All were very helpful.



Hello Ms Crevacore,

Ready set go session brought me here, that session was very insightful, it open up my eyes about the expectation needed for the nursing course. It helps me to navigate about the student portal and the importance of each system. I use to ignore blackboard menu and now I learn that it was one of the important tab at the student portal wherein you can access everything about your units.

Thank you to all the lecturers who presented a while ago.

Michelle L.



Ready,

Set,

Go.

# Team feedback

Hi All

I just want you all to know that you belong to an amazing team that made a difference to students today. Regardless of whether you stood in front of the student group today or you stood in the back ground you should be so proud of what we achieved.

It was rewarding to see our students' fears allayed as they had the opportunity to have their questions answered. Listening to them talk amongst themselves and listening to their 'thankyous' reminded me why I do what I do.

We all made a difference today and I know we will continue to make a difference all week regardless of the campus we frequent or the students we stand in front of.

I feel totally blessed to be part of this team. Should I ever be asked who I would work with again ....You will all be on the top of my list!

Bring on the rest of the week

Carol Crevacore BN, RN, GCTT, MHPed.

Lecturer Undergraduate Nursing  
School of Nursing and Midwifery  
Edith Cowan University



Ready,

Set,

Go.

# Team feedback



Wed 22/02/2017 10:05 AM

Angela CHRISTIANSEN

**RE: Some feedback from my BB site about 'Ready Set Go'**

To Carol CREVACORE; Rebecca SCRIVEN; Gina MATA; Carol WANG; Maureen BUCKINGHAM; Elisabeth JACOB; Sue TENCER; Deb IRESON

Cc Di TWIGG; Elisabeth JACOB

Hi Carol, Gina, Sue, Deb, Rebecca, Maureen and Carol,

You have done a fabulous job developing and delivering our SNM induction, Ready, Set, Go.

Well done everyone.

Regards

Angela

Dr Angela Christiansen  
Associate Dean Teaching and Learning  
Associate Professor  
School of Nursing and Midwifery  
Edith Cowan University

Ready,

Set,

Go.



# Collaboration = success

- Working in the 'third space'  
(Brigulio, 2014)
- Everyone brings different skills and experience to the table
- Multidisciplinary team is needed to deliver results (Schultz, 2017)



Ready,

Set,

Go.

# Where to from here?

- Ready Set Go will run again in 2018.
- However, this is just the start of the relationship with students and the program can't be run in isolation.



Ready,

Set,

Go.

# Ready Set Go 2018

- Review and update content of sessions/survey
- Review and update communications, videos, camtasia and community site
- Review timing of sessions and who will deliver
- Separate sessions for international and EN conversions students?
- Continue with data analysis

Ready,

Set,

Go.

# The program is only the starting point ....

- Continued communication to build the relationship and connection with students
- Targeted programs to groups within the cohort/first year initiatives
- Curriculum Integrated from first year communication unit through to third year
- Timely Curriculum Linked activities
- Generic support and on-line resources

Ready,

Set,

Go.

# Lessons learnt

- Depth of program? How much to cover
- Timing? More sessions in Week 1 and 2 of semester with more in-depth teaching focus
- Need for clear roles and responsibilities within the group
- LC – how much involvement? Is it within my job description? – role creep

Ready,

Set,

Go.

# THANKS!



## Questions?

Ready,

Set,

Go.



# References

- Boelen, M. G., & Kenny, A. (2009). Supporting enrolled nurse conversion - the impact of a compulsory bridging program. *Nurse Education Today*, 29(5), 533-537. doi:10.1016/j.nedt.2008.11.015
- Brigulio, C. (2014). Working in the third space: promoting interdisciplinary collaboration to embed English language development into the disciplines. Perth: Curtin University
- Brock, T. (2010). Young Adults and Higher Education: Barriers and Breakthroughs to Success. *Future of Children*, 20(1), 109-132.
- Latham, C. L., Singh, H., Lim, C., Nguyen, E., & Tara, S. (2016). Transition Program to Promote Incoming Nursing Student Success in Higher Education. *Nurse Educator*, 41(6), 319-323
- Lizzio, A. (2006). *Designing an orientation and transition strategy for commencing students, Griffith University: First year experience project*. Retrieved from [www.griffith.edu.au/learning-teaching/student-success/first-year-experience/student-life-cycle-transition-orientation](http://www.griffith.edu.au/learning-teaching/student-success/first-year-experience/student-life-cycle-transition-orientation)
- Prymachuk, S., Easton, K., & Littlewood, A. (2009). Nurse education: factors associated with attrition. *Journal of Advanced Nursing*, 65(1), 149-160. doi:10.1111/j.1365-2648.2008.04852.x
- Richardson, M. J., & Tate, S. (2013). Improving the transition to university: introducing student voices into the formal induction process for new geography undergraduates. *Journal of Geography in Higher Education*, 37(4), 611-618. doi:10.1080/03098265.2013.769092