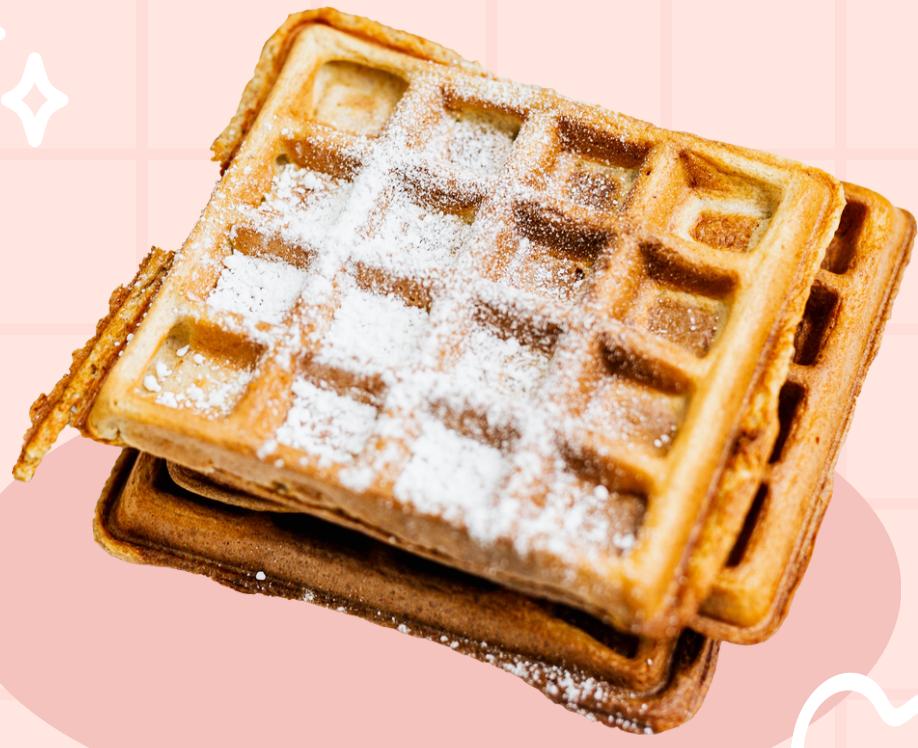


Introducing...

Tasty Tuesdays!



Where every Tuesday we will
introduce dorm friendly recipes
that you can make in the
comfort of your dorm or
community kitchen! :)

This week...

Simple Breakfast Sampler!



Let's learn how to make
French Toast and Eggs using a
mug!



FRENCH TOAST

Ingredients:

- Choice of bread
- 1 Egg
- 1 tsp butter
- 3 tbsp milk
- 2 tsp syrup
- 1/2 tsp cinnamon
- 1/2 tsp vanilla



Directions:

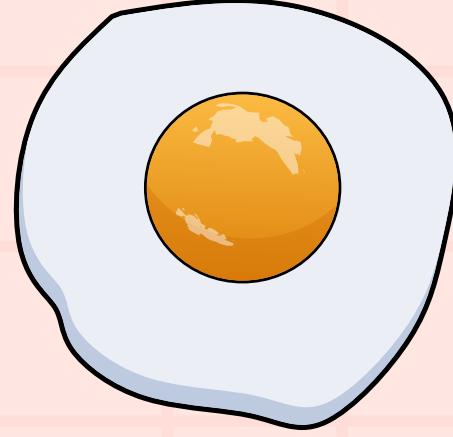
- Slice bread into sticks or cubes
- Microwave the butter for 15-20 secs until melted
- Add the milk, syrup, cinnamon, vanilla, and egg to the mug and combine
- Add the bread pieces to the mixture and mix
- Microwave for 60-90 secs
- Top with your toppings of choice!



OMELETTE

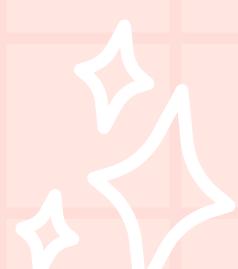
Ingredients:

- 1 tsp butter
- 2 eggs
- Toppings of your choice!
(cheese, ham, chives, etc.)
- Milk
- Salt, pepper, and choice of seasonings



Directions:

- Grease your mug by melting the butter in the microwave
- Combine all ingredients in the mug
- Microwave for 2 minutes



LET US KNOW

HOW IT GOES!

THERE WILL

BE MORE

RECIPES TO

COME!



HAPPY



TUESDAY



@kroger - omelette recipe

@anythingbutramen - french toast recipe