

There are many adjectives that We have in English that end in-ED or -ING.

1. An adjective that ends in -ING is used to describe: The characteristic of a person, thing or a situation.
2. An adjective that ends in-ED is used to describe a feeling (or how a person feels) or an emotion.

Compare the difference:

- My friend is bored (My friend feels bored).
- My friend is boring (My friend is a boring person).
- This grammar lesson is boring.
- I am bored reading about all about these grammar rules.
- I am tired right now My flight was tiring.

3. ING Describe the Characteristic of a person, a thing or a situation It causes a feeling :

- The books are boring, we are describing a Characteristic of these books.
- What do these Books cause? They make people feel bored.

4. ED Describe a feeling or an emotion It is how we feel about something.

- He is bored.
- This is his feeling right now this feeling was caused by the books.

EX:

1. I enjoyed the film but it was really (frightening - frightened).
2. This wet weather is so (depressed-depressing).
3. I will be very (surprised - surprising) if she does well in her test.
4. My new job is extremely(tired-tiring).
5. I come home extremely (tired-tiring) at the end of each day.
6. He is such a (bored – boring) person he never wants to go out.
7. Did you hear the (shocked – shocking) news about the accident?
8. I am (shocked – shocking) that he could do something so stupid and dangerous.
9. That film was so (depressing -depressed) there was no happy ending for any of the characters.
10. I am feeling (depressed-depressing) so I am going to go home, eat some chocolate, and go to bed early with a good book.