The equation $2y + 3x = -10$ is graphed in the xy-plane. Which of the following equations has a graph that is parallel to the graph of the above equation?

(A) $y = -\dfrac{2}{3}x + \dfrac{5}{2}$

(B) $y = \dfrac{2}{3}x - 5$

(C) $y = \dfrac{3}{2}x - 5$

(D) $y = -\dfrac{3}{2}x + \dfrac{5}{2}$