

Dr.Sumaida Anwar

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Objective	To continue my career with an organization that will utilize my MANAGEMENT, SUPERVISION & RESEARCHER skills to benefit mutual growth and success.
Qualification	MBBS from Quaid-i-Azam Medical College, Bahawalpur MSPH (M. Phil) from Health Services Academy (HAS), Islamabad
Professional Summary	<p>About 15 years of experience in health systems strengthening through training of Doctors, Paramedics, outreach workers, management and evaluation, research with a focus on poor and vulnerable; following a participatory and team approach. Areas of expertise include</p> <ul style="list-style-type: none">- Primary Health Care, including Maternal and Child Health- Reproductive Health including Family planning- Proposal writing, management monitoring and evaluation- Focal Person for provision of Healthcare services to Disaster affected people all over Pakistan- Development of Manual- NGOs-Government linkages and partnership- Working with CSOs, especially providing technical support support
Work Experience	<p><u>M&E/ QA Manager at NATPOW Head Office Islamabad,</u> December 2010- To-date</p> <ul style="list-style-type: none">• Field and desk monitoring and evaluation of different projects of NATPOW• To develop record keeping registers, monitoring-evaluation tools for post flood relief project of NATPOW-UNFPA.• Developed monitoring evaluation tools for LFHI (literacy for family health initiative) project of NATPOW-NCHD.• Developed IMNCI proposal for TOT training to

the representatives of population welfare department throughout the country.

- Develop concept note on women empowerment
- Develop concept note for Small Grants and Ambassador's Fund Program
- Develop Proposal in collaboration with NIPS on WASH Base line Survey, sponsored by Plan Pakistan
- Member of team conduct, supervised this survey and report writing.
- Resource Person in Trainings conducted by NATPOW
- National M&E/QA and Coordinating officer (NATPOW) for Relief Healthcare services in 7 Flood affected Districts of Sindh
- Assist in day to day work of Director Program and Chief Executive

Internship in National MNCH Program

(6-wks)

- Assist in developing NMNCH initiative for birth-spacing
- Developed CMWs training schedule for birth-spacing initiative
- Identified gaps in CMW program
- Give recommendations for improving CMW program
- Developed monitoring & evaluation tools of Healthcare Providers training in CCFP for Birth-spacing initiative
- Developed NMNCH broacher

Senior Instructor Technical, Regional Training Institute August

August, 2008- January 2009

- Assist principal in routine work
- DDO,
- Look after administrative matters of institute and girl's hostel, Resource person & administrator of Basic and refresher trainings, outdoor lectures, arrange and conduct orientation workshops for people from different

walks of life.

- Deliver lectures to regular batches in institute

Principal Regional Training Institute (RTI) Sahiwal
June, 2007 - August, 2008

- Master Trainer on Family Planning & RH
- Deliver lectures to Doctors and Paramedics/ FWWs in institute
- Look after administrative matters of institute and girl's hostel, finance, Resource person & administrator of Basic and refresher trainings, outdoor lectures, arrange and conduct orientation workshops for people from different walks of life.

In-charge RHS A-Center/ MSU/ Dy. DPWO (Tech)/
Tehsil Officer
January, 1996- June 2007

In-charge RHS-A Center (Reproductive Health
Center, A)

- Contraceptive surgery, temporary contraception, MNCH services, management of infertility, minor ailments, Administration, DDO, extension camps, training of district staff in temporary contraception and medicines for minor ailments, Resource person for trainings
- Trainer for Medics & Paramedics for contraceptive method
- Resource person for lectures on contraceptives for pharmaceutical companies

In-charge MSU (mobile service unit)

- Extension camps for minor ailments and temporary contraception in rural areas of Tehsil. Contraceptive surgery at RHC level.
- Resource person for training to paramedics
- On-job training to Departmental paramedics
- On- job monitoring of Departmental paramedics
- Deliver lectures on Reproductive Health issues

Dy. District Population Welfare Officer (Technical)

- Technical supervision of the departmental activities at District level
- On-job training of FWCs
- Third-party validation of C-S cases

- Monitoring the family welfare centers, RHS-As, MSUs of the District, Collection and compiling of the performance reports
- Assist DPWO in routine work
- Performing contraceptive surgery in extension camps
- Occasionally deliver lectures in different public gathering about family planning

Tehsil Population Welfare Officer

- Monitor departmental activities of Tehsil
- Conduct meetings of Male & Female staff of Tehsil
- Organizing extension camps of MSUs and RHS-As of Tehsil
- Performing contraceptive surgery during extension camps
- Monitoring performance of male mobilizer of Tehsil

Additional Registrar, Gynae Department

January, 1994 to January, 1995

- Conduct major and minor surgical procedure and look after labor room and ward

House Job in Anesthesia

December, 1992 to January, 1994

- General anesthesia and spinal anesthesia

House Job in Gynae Department

December, 1991 to December, 1992

- Full time residential job

Research

Predisposing Factors leading decision in favor of vasectomy and Post Vasectomy experiences, Qualitative & Quantitative Study in Southern Punjab under supervision of Prof.Dr. Shakila Zaman. Paper on the above title Presented in National Public Health Conference held at Health Services Academy, Islamabad in December 2010. Article on the above thesis is accepted for publication in Pakistan Public Health Journal, launched in the National Public Health Conference by Health Services Academy, Islamabad

Member of Team conducting WASH (Water, Sanitation & Hygiene) Base line Survey in 31 Flood affected Districts all over Pakistan

(This Survey was conducted during the months of July-August 2011, by two organizations i-e NAPOW-NIPS and sponsored by Plan Pakistan)

Poster Presentation in 2nd Annual Public Health Conference, held on

	<p>December 1st & 2nd 2011, in Health Services Academy, Islamabad</p> <p>Winner of Best Poster Presentation Award in 2nd Annual Public Health Conference (2011), held in Health Services Academy, Islamabad</p> <p>Depression among women of bilateral Tubal–ligation in District Sahiwal under supervision of Prof. Dr. Rabia</p>
Trainings Attended	<ul style="list-style-type: none"> • Technical training for one month in tubal ligation in RHS-A Bahawalpur in 1996 • Training for Asepsis by AVSC international • Training in counseling by AVSC international • Training as Tehsil officer • Training as DDO • Training in New Accounting Model by PWTI from 15 to 20 May 2006 • Training in teaching methodology by TAMA in 2007 • Training in preparation and understanding of PC-1 by PWTI Lahore 2008 • International Fellowship Training Course on Reproductive health with “Special Focus on Safe Motherhood” by • Institute of Child and Mother Health (ICMH) & Ministry of Health and Family Welfare (MOHFW) Dhaka, Bangladesh In 2008 • 7-Days comprehensive training on Basic EmNOC, PAC & HTSP at NATPOW Head Office Islamabad May 27- June 02,2011 • 4-Days Training at JPMC Karachi on Intensive course on Emergency Obstetric & neo-natal care, arrange by SOGP • 08- Days training on Population Dynamics, organized by NIPS, 2011 • 02-Days Training on MS Project organized by PPMI, P&D Division on 29-30th May,2012
Consultancies (Training, Monitoring , Need Assessment)	<ul style="list-style-type: none"> • Pathfinder International <ul style="list-style-type: none"> ○ Family Planning ○ HTSP ○ Basic EmOC • Mustashaar—Social Development Advisors) <ul style="list-style-type: none"> ○ Counseling ○ Family Planning • National Trust for Population Welfare) <ul style="list-style-type: none"> ○ Family Planning ○ HTSP

- Basic EmOC
 - Punjab Population Welfare Department)
 - Counseling
 - Family Planning & RH
 - Ministry of Population Welfare
 - Counseling
 - Family Planning
 - HTSP
 - Basic EmOC
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