

Activity

7:30



MOVE 60%

330/550 CAL

EXERCISE 160%

48/30 MIN

STAND 75%

9/12 HR

graph for move

graph for exercise

graph for stand

TOTAL STEPS

8,990

TOTAL DISTANCE

4.19 MI

FLIGHT CLIMBED

3

Sorted By
Name

Jazzy

455/500_{CAL}

141%

Andrew

343/400_{CAL}

85%

Me

399/550_{CAL}

60%

Alisha

1500/700_{CAL}

214%

Mom

517/540_{CAL}

95%

Invite a Friend

Recent



OCTOBER CHALLENGE
515 OF 760 EXERCISE
MINUTES



COMPETITIONS



MONTHLY CHALLENGES

