	Enter																Formats
	speed			1						1	1	T	1	1		T	1
MPH	6.1	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	
КРН	9.817	1.609	3.219	4.828	6.437	8.047	9.656	11.265	12.875	14.484	16.093	17.703	19.312	20.921	22.531	24.140	number.000
•																	
min./mi.	9.8361	60	30	20	15	12	10	8.5714	7.5	6.6667	6	5.4545	5	4.6154	4.2857	4	general
min./mi.	09:50.2	1:00:00	30:00.0	20:00.0	15:00.0	12:00.0	10:00.0	08:34.3	07:30.0	06:40.0	06:00.0	05:27.3	05:00.0	04:36.9	04:17.1	04:00.0	mm:ss.0
min./km.	06:06.7	37:16.9	18:38.5	12:25.6	09:19.2	07:27.4	06:12.8	05:19.6	04:39.6	04:08.5	03:43.7	03:23.4	03:06.4	02:52.1	02:39.8	02:29.1	mm:ss.0
															•		
time/(5K)	0:30:34	3:06:25	1:33:12	1:02:08	0:46:36	0:37:17	0:31:04	0:26:38	0:23:18	0:20:43	0:18:38	0:16:57	0:15:32	0:14:20	0:13:19	0:12:26	[h]:mm:ss
time/(10K)	1:01:07	6:12:49	3:06:25	2:04:16	1:33:12	1:14:34	1:02:08	0:53:16	0:46:36	0:41:25	0:37:17	0:33:54	0:31:04	0:28:41	0:26:38	0:24:51	[h]:mm:ss
•	-	•															•
time/(half-marathon)	2:08:57	13:06:34	6:33:17	4:22:11	3:16:38	2:37:19	2:11:06	1:52:22	1:38:19	1:27:24	1:18:39	1:11:30	1:05:33	1:00:30	0:56:11	0:52:26	[h]:mm:ss

time/(marathon) 4:17:53

26:13:08 13:06:34 8:44:23 6:33:17 5:14:38 4:22:11 3:44:44 3:16:38 2:54:48 2:37:19 2:23:01 2:11:06 2:01:01 1:52:22 1:44:53 [h]:mm:ss