# Regression Model Building for Military Coups and Politics in Sub-Saharan Africa

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#### **Abstract:**

In this report I utilize the 'africa' dataset in the faraway library to explore the bias-variance tradeoff. The africa dataset is a subset of a larger study on factors affecting regime stability in a specific region of the African continent. The study consists of a dataframe with 47 observations on 9 variables. My research began by generating an OLS regression followed by three different stepwise regressions and an all-possible-regression to determine the best predictor variables for miltcoup based on R², variance, and MSE(bias) to minimize total error. After selecting the best model from these procedures, I perform a k-fold cross validation test to measure the performance of the model on the new test data sets. I also employ the same exact technique on a lesser quality model to display the differences in model building. Based on the bias-variance tradeoff, my results show that the best fit model- with a balance between low MSE and low variance- should use the regressors oligarchy, pollib, parties, popn, pctvote, size.

#### Introduction:

Using the Africa dataset I wanted to create a model that balanced bias and variance which are inversely related. Since bias is an error due to simplifying real world problems and trying to accommodate this with more flexible methods leads to higher variance, there is a common question as to which metric to forego. More flexible models also tend to accommodate noise and this can lead to higher total error. The goal in variable selection is to build a model with low prediction error while maintaining this tradeoff. Through running multiple regressions I sought to find the best balance between bias and variance. The first model I created is an ordinary least squares with all the variables included. The next step was to conduct 3 stepwise model building techniques; forward selection, backward elimination, and both (bidirectional). The forward selection technique begins with just the intercept and then sequentially adds the variable that most improves the fit. Backward elimination begins with the full least squares model and removes the least useful predictor until a specified threshold is reached. Stepwise regression is a combination of both previous procedures, and it is able to both add and remove variables as it iterates through the process. To validate my results and show reliability I conducted k-fold cross validation. Cross-validation is a resampling procedure used to evaluate the performance of a given model. This was all analyzed through the lens of the Africa dataset, which I outline below.

#### **Materials and Methods:**

In the faraway package there is the africa dataset which is the subset of a larger study on factors affecting regime stability in Sub-Saharan Africa. There are 47 observations for each of the 9 variables. Some values are not available, and therefore will be replaced with 0's in my program.

**Miltcoup:** (Response variable Y) number of successful military coups from independence to 1989

**Oligarchy:** (X1) number years country ruled by military oligarchy from independence to 1989

**Pollib:** (X2) Political liberalization - 0 = no civil rights for political expression, 1 = limited civil rights for expression but right to form political parties, 2 = full civil rights

Parties: (X3) Number of legal political parties in 1993

**Pctvote:** (X4) Percent voting in last election

**Popn:** (X5) Population in millions in 1989

Size: (X6) Area in 1000 square km

**Numelec:** (X7) Total number of legislative and presidential elections

**Numregim:** (X8) Number of regime types

#### **Dataset Overview:**

**Bias**: Distance between the predicted value generated by the model and the real value. With lower algorithm complexity, bias is low which means the distances between predicted and actual values are low but this results in the data being under-fitted and not well represented. This oversimplifies the real model and results in poor predictive accuracy.

**Variance:** Illustrates the spread of the data which is useful when fitting training data but is harmful when trying to predict data that the model has not been exposed to yet. This metric looks to overfit the noise to incorporate all independent variables by being flexible. With higher complexity, the variance is lowered but this is also problematic because if it is too rigid then data will not be represented correctly

**Trade-off:** There is correlation between complexity and bias and complexity and variance. High complexity means high bias and low variance, but low complexity means low bias and high variance. Since the two are negatively correlated, this is an investigation into how to find the middle ground between the two metrics.

**OLS Regression:** Input miltcoup as the dependent variable and everything else as independent variables. This determines the least squares line which minimizes the vertical distance from the data points to the regression line. This type of regression exhibits high bias and low variance compared to nonlinear models.

**Forward Selection:** This procedure aims to add in independent variables based on if they have the next largest correlation with the dependent variable, miltcoup.

It begins with the simplest model (no independent variables)  $Y = \beta 0 + \epsilon$ 

Then it starts to consider all single-independent variable models and determine which ones have the largest correlation to Y based on best fit and RMSE

 $Y = \beta 0 + \beta 1X1 + \epsilon$  $Y = \beta 0 + \beta 2X2 + \epsilon$ 

 $Y = \beta 0 + \beta 3X3 + \epsilon$ 

 $Y = \beta 0 + \beta 4X4 + \epsilon$ 

 $Y = \beta 0 + \beta 5 X 5 + \epsilon$ 

In my study, the most influential predictor variable is oligarchy.

It repeats this process until the remaining predictor variables no longer provide much value. This process was performed in R with the OSLRR package using the ols\_step\_forward\_p

**Backwards Elimination:** This procedure starts with the full model and eliminates the least useful variable, one at a time.

```
First it starts with all independent variables in the model Y = \beta 0 + \beta 1X1 + \beta 2X2 + \beta 3X3 + \beta 4X4 + \beta 5X5 + \epsilon
```

This process is repeated until it is no longer significant to remove variables. This process was performed in R with the OSLRR package using the ols\_step\_backward\_p

**Both Directions:** This procedure involves techniques from both forward and backward selection. It starts out with the null model and adds in variables to test at each step. It continuously aims to maximize R<sup>2</sup> and checks all t-values for significance.

The starting model is the same as it was in forward selection  $Y = \beta 0 + \epsilon$ 

Then the program proceeds to add in variables and test for significance/fit

```
Y = \beta 0 + \beta 1X1 + \epsilon

Y = \beta 0 + \beta 2X2 + \epsilon

Y = \beta 0 + \beta 3X3 + \epsilon

Y = \beta 0 + \beta 4X4 + \epsilon

Y = \beta 0 + \beta 5X5 + \epsilon
```

Then test the t-values for each coefficient in the model and continue adding and subtracting until all significant independent variables have been included. This process was performed in R with the OSLRR package using the ols\_step\_both\_p function

**All Possible Regressions:** This regression presents all possible combinations of the model that can exist. There are 8 independent variables in my dataset therefore there are 28 possible subsets to be tested. This technique is extremely powerful and will always contain the best possible models, but it is also not always feasible given a large number of predictors. ols\_step\_all\_possible was used to perform this function.

**Determining Best Subset:** As part of my project I wanted to discuss the importance of the bias-variance tradeoff. Viewing all possible regressions is perhaps one of the best ways to discuss this topic. A common metric of assessing the utility of models is R<sup>2</sup>, but

even this metric is susceptible to artificial inflation as a result of including extraneous variables. Therefore, since the goal of balancing variance and bias is to get the lowest possible total error I chose RMSE and Mallow's CP as 2 metrics I would like to carefully consider.

**RMSE**: The standard deviation of the residuals. As already mentioned, this is the definition of bias- the distance between the predicted values and the true values. Therefore it is logical to assume that the RMSE decreases with an increase in variables because complexity is increasing. However, this will be accompanied by an increase in variance which is undesired.

In a simple manner the RMSE can be found with

Squaring the points of the residuals.

Finding the average of the residuals.

Taking the square root of the result.

**Mallow's C(p):** This calculation determines the fit of a model based on OLS by stating how much of the error is left unexplained by the partial model. This is useful when viewed with all possible subsets because you can see where C(p) is the lowest while maintaining a high R2 and a low RMSE.

$$C(p) = RSS(p) / \sigma 2 + 2p - N$$

**R**<sup>2</sup>: Measures the proportion of variation in Y that is explained by the predictor variables. This value is how well the regression line "fits" the data and is one of many measures in deciding which model is ideal. An R<sup>2</sup> value of .65 means that 65% of the variability of the response variable is explained by all the X variables. The goal is to maximize R<sup>2</sup> while limiting the increase in error.

The Formula for R-Squared Is

R2= Explained Variation / Total Variation

#### **Model Validation:**

#### 1.K-fold cross validation

Cross-validation refers to a technique for measuring the performance of a given predictive model on new test data sets.

The k-fold cross-validation method evaluates the model performance on different subsets of the training data and then calculates the average prediction error rate. The algorithm is as follow:

- 1. Split the data into K subsets of equal size
- 2. For each fold estimate a model on all the subsets except one
- 3. Use the subset fold to test the model by calculating a CV metric of choice
- 4. Average the CV metric across subsets to get the CV error

The obvious advantage is that it uses all the data to estimate the model. However, finding the appropriate K value is not always simple. A common starting value for K is either 5 or 10. As k increases, the difference in size between the training set and the resampling subsets gets smaller. As this difference decreases, the bias becomes smaller. Although smaller k values tend to have more bias, the choice of 5 in this dataset works well due to the large sample size.

#### 2.K-fold repeated cross validation

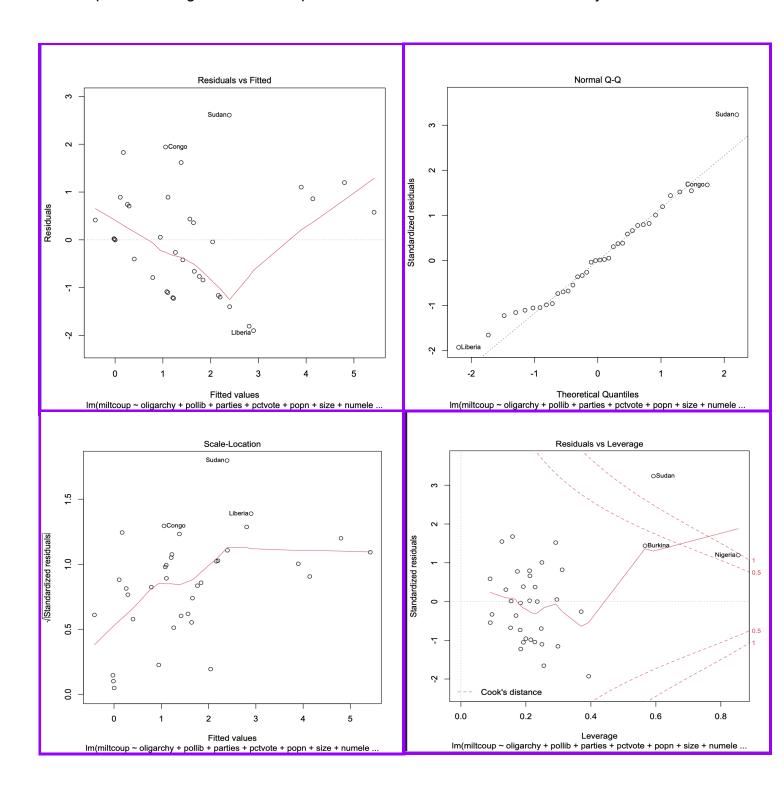
Repeat the process of splitting the data into K-folds multiple times. The mean error from the repeated process gives you the final model error. In this report I use 10-fold cross validation with 6 repeats for the data.

# **Results:**

**OLS Regression:** The ordinary least squares line with the full model. Certain variables are clearly very significant.

```
> lmod = lm(miltcoup ~ oligarchy + pollib + parties + pctvote + popn + size + numelec + numregim, africa)
> summary(lmod)
lm(formula = miltcoup ~ oligarchy + pollib + parties + pctvote +
   popn + size + numelec + numregim, data = africa)
Residuals:
             1Q Median
                              3Q
    Min
                                     Max
-1.89967 -0.90106 0.00466 0.77182 2.60931
            Estimate Std. Error t value Pr(>|t|)
(Intercept) 1.8360534 1.0887267 1.686 0.10324
                                2.291 0.02999 *
oligarchy
           0.1325624 0.0578618
pollib
           -1.2275514 0.4191202 -2.929 0.00684 **
           0.0627987 0.0234284 2.680 0.01238 *
parties
           0.0205813 0.0144650 1.423 0.16624
pctvote
popn
           0.0240960 0.0137765 1.749 0.09164 .
size
          -0.0502585 0.0878190 -0.572 0.57186
numelec
numreaim
         -0.1193285 0.3054271 -0.391 0.69909
Signif. codes: 0 '*** 0.001 '** 0.01 '* 0.05 '.' 0.1 ' ' 1
Residual standard error: 1.264 on 27 degrees of freedom
(11 observations deleted due to missingness)
Multiple R-squared: 0.6036, Adjusted R-squared: 0.4861
F-statistic: 5.138 on 8 and 27 DF, p-value: 0.0005869
```

The plot function gives a visual representation of the residuals and normality below.



# **Forward Selection:**

2 Variables not included in the final model: numregim and numelec. The graphs below show different metrics of model validity. Low RMSE, higher C(p) value.

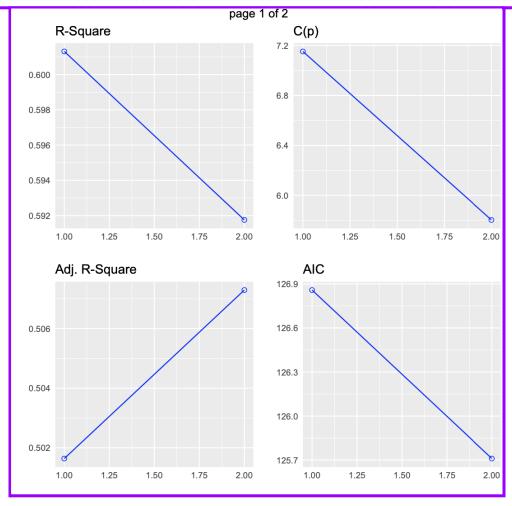
	ardModel = ol step_forward_		rd_p(lmod)			
		Sel	ection Summa	ry		
Step	Variable Entered R-Square		Adj. R-Square	C(p)	AIC	RMSE
1 2 3 4 5	oligarchy pollib parties popn pctvote size	0.4444 0.4652 0.5036 0.5230 0.5606 0.5918	0.4321 0.4378 0.4644 0.4715 0.4873 0.5073	4.0798 5.6227 4.6369 5.1255 5.9264 5.8033	161.4563 146.4681 145.3417 145.6657 126.3598 125.7107	1.2925 1.3054 1.2742 1.2658 1.2621 1.2373
R-Sq	uare		page 1 of 2 C(p)			
0.56			5.5 5.0 4.5			
Adj. I	<sup>2</sup> R-Square	4	6 AIC	2	4	6
0.49			150			
0.47			140			
0.43	2	4	130	2	4	6

# **Backward Elimination:**

2 Variables removed: numregim and numelec.

This results in the same model as forward selection.

<pre>&gt; BackwardModel = ols_step_backward_p(lmod) &gt; BackwardModel</pre>									
Elimination Summary									
61	Variable	D. C.	Adj.	66.3	ATC	DMCE			
Step	Removed	R-Square	R-Square	C(p)	AIC	RMSE			
1	numregim	0.6013	0.5016	7.1526	126.8582	1.2444			
2	numelec	0.5918	0.5073	5.8033	125.7107	1.2373			

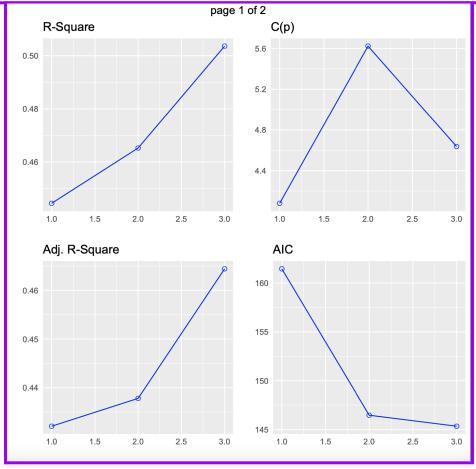


# **Both Directions:**

3 variables added to the model: oligarchy, pollib, and parties.

Noteworthy point: results in a much lower C(p) value than the prior 2 models.

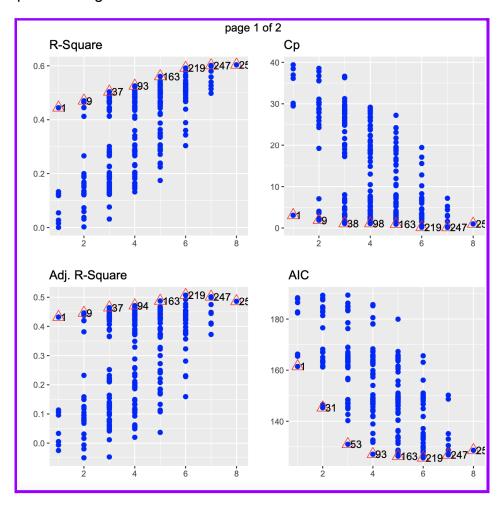
		St	epwise Selec	tion Summary			
 Step	 Variable	Added/ Removed	R-Square	Adj. R-Square	C(p)	AIC	RMSE
1	 oligarchy	addition	0.444	0.432	4.0800	161.4563	1.2925
2	pollib	addition	0.465	0.438	5.6230	146.4681	1.3054
3	parties	addition	0.504	0.464	4.6370	145.3417	1.2742



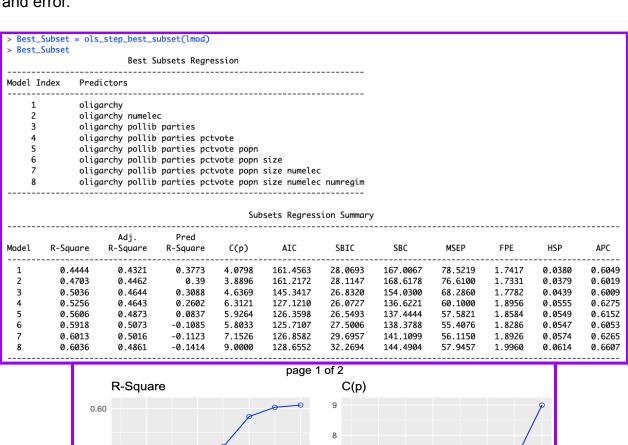
# All Possible Regressions: 28 possible combinations results in 256 different models.

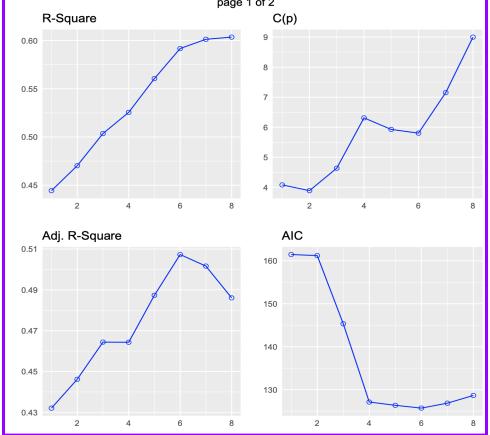
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# Plots of all possible regression models.



Best Subsets: The best performing models for each number of predictors. Both forward selection (Model 6) and bidirectional selection (Model 3) are listed below. Plots are also displayed to see how the different models compare in terms of accuracy and error.





K-fold cross validation for model chosen by forward selection: This function gives the error associated with each model.

K-fold cross validation for model chosen by both stepwise selection: This function gives the error associated with each model.

```
> print(Both_Model)
Linear Regression

47 samples
3 predictor

No pre-processing
Resampling: Cross-Validated (10 fold)
Summary of sample sizes: 42, 43, 43, 42, 43, 43, ...
Resampling results:

RMSE Rsquared MAE
1.298264 0.3834142 1.090605
```

K-fold <u>repeated</u> cross validation for model chosen by forward selection: Another look at the error.

K-fold <u>repeated</u> Cross Validation for Model chosen by both stepwise selection:

Another look at the error.

#### **Discussion:**

The ordinary least squares model, using all 8 predictors, resulted in the largest  $R^2$  value of any model- 0.6036. This was expected as it includes more predictor variables than any other model. However, when adjusted for the number of predictors in the model, OLS drastically drops to an adjusted  $R^2$  value of 0.4861. This means that just under 50% of the variation in the Y variable is explained by the 8 predictor variables. Though this seems like a significant value, it does not provide the level of explanation a researcher may want.

Forward selection and backward elimination both led to the creation of the same model. The variables numregim and numelec were left out in both instances, thereby suggesting neither of these variables are very useful in predicting the number of successful military coups from independence to 1989. Though I am not surprised these variables were left out, I am surprised to see that the variable size was useful enough to be left in the model. This model has a C(p) of 5.8033 and an RMSE of 1.2373.

The both directions regression model included just 3 variables: oligarchy, pollib, and parties. This was not expected, especially when there were 8 variables to choose from. However, upon inspecting the C(p) and RMSE values, I understood why this was the case. As a result of there being just 3 variables, this model has a C(p) of 4.6370 and an RMSE of 1.2742. This means that adding just 3 variables to get from the bidirectional model to the forward model results in over 1.15 increase in C(p), while RMSE remains nearly the same.

I decided the 2 models I wanted to compare using cross validation were the forward model (6 variables) and the bidirectional model (3 variables). Both of these models were listed under 'best subset', therefore I thought it would be useful to contrast them. The forward model had a significantly higher C(p) of 5.8033. However the RMSE of the forward model, 1.2373, is slightly below that of the bidirectional model. Additionally, the 6 variable model has the largest adjusted R<sup>2</sup> out of any model, with a value of 0.5073.

Despite the large increase in C(p), I believe the 6 variable forward selection model is the best one to use. It has high predictive power and a reasonable error rate given the number of predictor variables.

Both cross validation techniques would seemingly confirm the previous statement, as it gives similar values for RMSE and MAE with both models that were tested.

#### **Sources:**

Adapted from "Data: A Collection of Problems from Many Fields for the Student and Research Worker" by D. Andrews and A. Herzberg published by Springer-Verlag, in 1985

Bratton, Michael, and Nicholas Van De Walle. 1997. "Political Regimes and Regime Transitions in Africa, 1910-1994." *Study Number 106996*. Ann Arbor: Inter-University Consortium for Political and Social Research.

James, Gareth, et al. *An Introduction to Statistical Learning: with Applications in R.* Springer, 2017.

Linear Models with R, Julian J. Faraway, (Taylor, 2nd, 2014)

CrossValidationOverview.pdf, Lecture 10 (February 24 2021)

#### R Code:

#### # Attaching the dataset and building OLS model

- > library(faraway)
- > data(africa)
- > str(africa)
- > Imod = Im(miltcoup ~ oligarchy + pollib + parties + pctvote + popn + size + numelec + numregim, africa)
- > summary(lmod)
- > library(MASS)
- > library(olsrr)

#### # The next few paragraphs are for different types of model building

- > ForwardModel = ols\_step\_forward\_p(Imod)
- > ols step forward p(lmod)
- > plot(ForwardModel)
- > BackwardModel = ols\_step\_backward\_p(lmod)
- > BackwardModel
- > plot(BackwardModel)
- > Both = ols step both p(lmod)
- > Both
- > plot(Both)
- > All\_Possible = ols\_step\_all\_possible(Imod)
- > All Possible
- > plot(All\_Possible)
- > Best Subset = ols step best subset(Imod)
- > Best Subset
- > plot(Best\_Subset)

# # Cross Validation begins here

- > library(caret)
- > set.seed(1234)

```
> train.control = trainControl(method = "cv", number = 10)
> library(imputeTS)
> africa2 = na.replace(africa, 0)
> Forward Model = train(miltcoup ~ oligarchy + pollib + parties + popn + pctvote + size,
africa2, method = "lm", trControl = train.control)
> print(Forward Model)
> Both Model = train(miltcoup ~ oligarchy + pollib + parties, africa2, method = "Im",
trControl = train.control)
> print(Both Model)
> summary(Forward Model)
> summary(Both Model)
# Repeated Cross Validation
```

- > set.seed(1543)
- > train.control = trainControl(method = "repeatedcv", number = 10, repeats = 6)
- > Forward Model Repeat = train(miltcoup ~ oligarchy + pollib + parties + popn + pctvote + size, africa2, method = "lm", trControl = train.control)
- > print(Forward Model Repeat)
- > Both Model Repeat = train(miltcoup ~ oligarchy + pollib + parties, africa2, method = "Im", trControl = train.control)
- > print(Both Model Repeat)