

APPETIZERS

Garlic - Herb Breadsticks with Marinara Sauce	small \$2.25	large \$3.75
Cheese Breadsticks with Marinara Sauce	small \$2.50	large \$4.00
Fried Pickles with Chipotle Mayo		\$4.75
NEW Fried Macaroni & Cheese Bites		\$4.95
Hummus & Pita with Veggies		\$3.25
Mozzarella Sticks		\$4.95
Tortilla Chips and Salsa		\$2.50
Two Soft Pretzels, Served Warm		\$2.75
Chicken Fingers: Buffalo Style or Plain		\$5.95
Chicken Wings: Buffalo, BBQ or Honey Mustard		\$6.25
Monterey Jack Cheese Quesadilla		\$4.75
Add Veggies, Chicken or Beef		\$5.50

SALADS

Kale Salad		\$6.25
Oranges, tomatoes, sunflower seeds, cranberries and feta cheese. Served with honey citrus vinaigrette (V)		
NEW Chef Salad		\$6.50
Crisp greens, cherry tomatoes, cucumbers, green peppers, shredded carrots, red onion, ham, turkey, hard-boiled egg and Swiss cheese		
Cobb Salad		\$6.25
Romaine lettuce, chicken, crisp bacon, tomato, avocado and egg with blue cheese		
Magee's Garden Salad (VE)	small \$2.25	large \$3.75
Jack's Caesar Salad	small \$3.00	large \$4.25
Mandarin Almond Salad (V)		\$5.00
Mixed lettuces with mandarin oranges, crisp noodles and sliced almonds with Asian peanut dressing		
Greek Salad with Hummus (V)		\$5.25
Romaine lettuce, cucumbers, cherry tomatoes, artichoke hearts, pepperoncini, red onion, feta cheese and kalamata olives with a side of hummus and warm pita		

Add: Grilled Chicken \$2.00 Chicken Finger (plain or buffalo) \$1.00 ea. Shaved Steak \$1.75

PANINI AND BASKETS

Chicken Pesto Panino	\$6.25
Grilled chicken, pesto, roasted red peppers and mozzarella on a ciabatta roll	
Portobello & Goat Cheese Panino (V)	\$6.25
Portobello mushrooms with goat cheese, roasted red peppers, spinach & balsamic vinaigrette on a ciabatta roll	
Chicken Finger Basket with french fries	\$6.50

Sandwiches come with the choice of baked potato chips, side salad, sliced fresh veggies or sliced fresh fruit and a dill pickle.

You may replace a side with french fries for an additional \$1.00

COLD SANDWICHES

Jack's Deli Sandwich	\$5.50
Turkey, Ham, Tuna or Chicken Salad on your choice of bread with lettuce & tomato	
Add Cheese: American, Swiss or Cheddar	\$0.75
Bread Choices: White, Wheat, Rye, Sourdough, Multi-grain, Wrap (Ciabatta Roll: 50 cents)	
Jack's Double-Decker Turkey Club	\$5.75
BLT Sandwich	\$4.25
On toasted white or wheat bread	
Italian Sub	\$5.95
Ham, Capicola ham and salami with lettuce, tomato, red onion, green peppers, pickles and black olives on a sub roll with oil and vinegar	
Veggie Flatbread (VE)	\$5.50
Lettuce, tomato, cucumber, red onion, carrots, cabbage, avocado and dried cranberries in a grilled whole wheat flatbread with balsamic vinaigrette	

HOT SANDWICHES

Hamburger - Freshly ground in our own meat shop	\$4.00
Cheeseburger	\$4.75
NEW California Turkey Burger	\$5.95
Grilled turkey burger with salsa, avocado and jack cheese	
Polar Bear Burger	\$5.75
Our signature quarter pounder with grilled onions, mushrooms, bacon & Swiss cheese	
Smoke House Burger	\$5.95
Choice of beef or turkey burger with Swiss cheese, bacon, crisp onion rings & BBQ sauce	
Blue Mango Garden Burger (VE)	\$5.50
Locally made black bean & spinach veggie burger served on a bulkie roll with lettuce & tomato	
Shaved Philly Steak & Cheese	\$5.75
Served with grilled onions and peppers on a toasted roll	
Flat Top Falafel with Tzatziki Sauce (V)	\$4.75
Grilled falafel in our home-made pita with lettuce, tomato & tzatziki sauce	
Classic Grilled Cheese Sandwich (V)	\$3.00
NEW add ham \$1.75, add bacon \$0.75, add tuna 1.75, add chicken finger (plain or buffalo) \$1.00ea., add avocado \$1.50, add tomato \$0.50	

BURRITOS & WRAPS

Fish Taco	\$5.95
A flour tortilla filled with fried fish, shredded cabbage, avocado, Monterey jack cheese, salsa & green onion mayo	
Burrito "El Grande"	\$5.95
A tortilla stuffed with yellow rice, jack cheese, onions, lettuce and tomatoes with your choice of grilled veggies (V), chicken or beef. Sour cream and salsa on the side	
Chicken Caesar Wrap	\$5.25
The classic wrap of romaine, Parmesan cheese, croutons and Caesar dressing with sliced grilled chicken breast	
Vegetarian Caesar Salad Wrap (V)	\$4.50
Romaine lettuce, Parmesan cheese, croutons and Caesar dressing	
Buffalo Chicken & Blue Cheese Wrap	\$6.50
Buffalo chicken strips, lettuce, tomato and blue cheese dressing in a flour tortilla	
Cobb Salad Wrap	\$5.95
A chopped salad in a flour tortilla: romaine lettuce, chicken, crisp bacon, tomato, avocado and egg with blue cheese dressing	

Gluten free wrap-75 cents, Gluten free bread-80 cents

PIZZA

	10"	16"
Basic Cheese Pizza (V)	\$5.50	\$8.95
BBQ Chicken Pizza	\$7.00	\$13.00
Shredded chicken smothered in BBQ sauce with mozzarella cheese		
Buffalo Chicken Pizza	\$7.00	\$13.00
Chicken, mozzarella, blue cheese sauce and a squirt of red hot		

CALZONE

Pesto Chicken	\$6.25
Buffalo Chicken	\$7.25
Cheese	\$5.50

ADDITIONAL TOPPINGS

Small Pizza/Calzone	\$0.75
Large Pizza	\$1.50

Pepperoni, Sausage, Ham, Ground Beef, Bacon, Chicken, Green Peppers,
Roasted Red Peppers, Onions, Mushrooms, Artichoke Hearts, Tomato,
Pineapple, Feta Cheese, Pesto

SIDE ORDERS

	<u>Sm</u>	<u>Lg</u>
French Fries	\$1.75	\$2.25
Fajita Fries	\$1.75	\$2.25
Onion Rings	\$1.75	\$2.50
Sweet Potato Fries	\$2.25	\$2.95
Guacomole	\$1.50	

BEVERAGES

Refillable Fountain Beverage	\$1.25
Milk (pint)	\$1.19
Coffee/Tea	\$1.30
Fresh Brewed Iced Tea	\$1.20

Gluten Free Pizza Dough (small only)
Whole Wheat Pizza Dough
All Available Upon Request

*Call ahead to place your order! At night, avoid lines and
pick up your order at the Fast Track Window! 725-3888*

*For daily specials and hours visit our website:
www.bowdoin.edu/dining*