

Task 5 Report: recent malware incidents

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Case Study 1: The Change Healthcare Ransomware Crisis

The cyberattack on Change Healthcare in February 2024 was a landmark event, demonstrating how a single compromise can disrupt an entire nation's critical infrastructure. The incident crippled the operational and financial core of the United States healthcare system, causing unprecedented delays in patient care and payments.

Incident Profile

- **Victim:** Change Healthcare, a subsidiary of UnitedHealth Group (UHG), is a central technology provider in the U.S. healthcare industry. Its platforms process medical claims, payments, and patient records for a vast network of providers and payers.¹
- **Threat Actor:** The attack was executed by ALPHV/BlackCat, a sophisticated Ransomware-as-a-Service (RaaS) group known for targeting large enterprises.² The group employs a "double extortion" strategy, combining data encryption with threats of public data leaks to pressure victims.⁴
- **Impact Scale:** The attack is considered the largest healthcare data breach in U.S. history, affecting an estimated 192.7 million people.⁶ The shutdown of Change Healthcare's systems paralyzed medical payment processing for weeks. The direct costs for UHG exceeded \$2.87 billion, and the company provided over \$9 billion in financial assistance to healthcare providers facing bankruptcy due to the outage.²

Anatomy of the Attack

The attack's success was not due to a sophisticated exploit but a fundamental failure in basic cybersecurity.

- **Initial Access:** On February 17, 2024, ALPHV/BlackCat actors gained access to Change Healthcare's network through a Citrix remote access portal. The compromised account was not protected with multi-factor authentication (MFA), giving the attackers a direct path into the network.³
- **Lateral Movement and Data Exfiltration:** The attackers remained undetected for nine days, moving through the network to identify and access valuable data.⁷ During this time, they exfiltrated an estimated 6 terabytes of sensitive data, including Protected Health Information (PHI) and Personally Identifiable Information (PII).⁸
- **Payload Deployment:** On February 21, 2024, the attackers deployed the BlackCat ransomware, encrypting critical systems and forcing Change Healthcare to disconnect its networks to prevent further spread.⁹

Mitigation and Resolution

The response involved immediate containment, a controversial ransom payment, and significant regulatory scrutiny.

- **Containment and Ransom Payment:** Change Healthcare's primary containment action was to shut down its systems, which caused the nationwide service outage.⁹ UHG's CEO later confirmed that the company paid a \$22 million ransom in Bitcoin to the attackers to protect patient data and speed up recovery.²
- **Complications and Recovery:** The ransom payment did not resolve the issue cleanly. An internal dispute within the ALPHV/BlackCat group led to a second extortion attempt by a rival gang, RansomHub, which had obtained a copy of the stolen data.² The restoration of services was a slow process, and UHG provided billions in loans to stabilize the affected healthcare providers.⁶
- **Regulatory Aftermath:** The U.S. Department of Health and Human Services (HHS) launched an investigation into UHG and Change Healthcare for potential HIPAA compliance failures.¹² The company is also facing numerous class-action lawsuits and is offering two years of complimentary credit monitoring to all individuals potentially affected by the breach.⁹

Case Study 2: The MOVEit Transfer Supply Chain

Exploit

The MOVEit Transfer incident in May 2023 was a classic software supply chain attack, where a single vulnerability in a widely used application was exploited to launch a global data theft campaign. The attack highlighted the systemic risk inherent in the digital ecosystem, affecting organizations that had not experienced a direct security failure.

Incident Profile

- **Vulnerable Software:** MOVEit Transfer, a Managed File Transfer (MFT) application from Progress Software, used by thousands of organizations to securely transfer sensitive data.¹³
- **Threat Actor:** The campaign was orchestrated by the ClOp ransomware gang (also known as TA505), a Russian-speaking cybercrime group specializing in exploiting MFT solutions.¹⁶
- **Impact Scale:** The attack began on May 27, 2023, and ultimately compromised over 1,000 organizations, leading to the theft of data belonging to more than 60 million individuals.¹⁸ Victims included major entities like Shell, British Airways, the BBC, and several U.S. government agencies.¹³

Anatomy of the Attack

ClOp's operation was meticulously planned, using a zero-day exploit and a custom web shell for mass data exfiltration. The group strategically chose to steal data for extortion rather than deploying file-encrypting ransomware.

- **Initial Access (Zero-Day Exploit):** The attackers exploited a previously unknown SQL injection vulnerability (CVE-2023-34362) in the MOVEit Transfer web application. This flaw allowed an unauthenticated attacker to gain access to the application's database.²⁰ Forensic evidence suggests the group may have been aware of this vulnerability as early as July 2021.²³
- **Execution and Persistence:** After exploiting the vulnerability, the attackers deployed a custom web shell named LEMURLOOT, often disguised as a legitimate file (human2.aspx).²⁵ This web shell provided a persistent backdoor, allowing the attackers to enumerate and download any files stored on the server.¹⁶ The web shell required a unique

password passed in a custom HTTP header to accept commands, preventing unauthorized use.²⁶

- **Impact (Data Theft for Extortion):** The campaign focused exclusively on data theft. CLOp used the stolen information as leverage in a widespread extortion campaign, posting victim lists on its dark web leak site and demanding ransom payments to prevent the data's public release.²⁹

Mitigation and Resolution

The response required a coordinated effort between the software vendor, government agencies, and affected organizations.

- **Vendor and Government Response:** On May 31, 2023, Progress Software disclosed the vulnerability and released a patch, advising customers to immediately block all web traffic to their MOVEit environments.³⁰ CISA added the vulnerability to its Known Exploited Vulnerabilities (KEV) Catalog, mandating that federal agencies apply the patch.¹⁶
- **Victim Mitigation:** For affected organizations, remediation involved isolating the server, conducting a forensic analysis to find and remove the LEMURLOOT web shell and any unauthorized accounts, applying all vendor-supplied patches, and resetting all credentials associated with the MOVEit instance.³³

Case Study 3: The Volt Typhoon Espionage Campaign

The Volt Typhoon campaign, identified in 2023, represents a sophisticated form of state-sponsored cyber activity focused on long-term, stealthy espionage and strategic pre-positioning within critical infrastructure networks.

Incident Profile

- **Threat Actor:** Volt Typhoon is a state-sponsored advanced persistent threat (APT) group attributed to the People's Republic of China (PRC) by a coalition of international cybersecurity agencies.³⁵
- **Targets:** The group focuses on U.S. critical infrastructure, including communications,

energy, transportation, and water systems, with a particular emphasis on networks in Guam and other strategically important locations.³⁶

- **Objective:** The primary goal is "pre-positioning"—establishing persistent access to critical networks. U.S. intelligence agencies assess this access is intended to be used to disrupt or destroy critical services during a future geopolitical conflict, effectively planting a latent cyber weapon.³⁵

Anatomy of the Attack

Volt Typhoon's strategy is defined by its exclusive use of "Living off the Land" (LOTL) techniques, which makes its activities extremely difficult to detect.

- **Core Tactic (LOTL):** The group uses only legitimate, built-in system administration tools already present in the target environment. This allows their actions to blend in with normal administrative traffic, evading signature-based security solutions.³⁷
- **Attack Chain:** The group often gains initial access by compromising internet-facing network devices like SOHO routers.³⁵ Once inside, they use native Windows tools for reconnaissance and credential theft. A key technique involves using `ntdsutil.exe` to extract the Active Directory database (`ntds.dit`), which contains password hashes for all domain users.³⁷ They use stolen credentials to move laterally and establish persistence, often by creating new user accounts or using the `netsh` command to configure port forwarding rules that act as a covert backdoor.³⁷ To evade detection, they meticulously clear system and security logs.³⁷

Mitigation and Detection

Defending against Volt Typhoon requires a shift from traditional malware-focused security to a behavior-centric approach.

- **The Detection Challenge:** Since the group uses legitimate tools, defenders must focus on identifying anomalous behavior rather than malicious files. This requires a deep understanding of the normal activity within an environment.
- **Recommended Mitigations:** Guidance from government agencies emphasizes hardening systems and increasing visibility.³⁷ Key recommendations include:
 - **Enforce MFA and Least Privilege:** Make stolen credentials less useful by enforcing strong authentication and limiting account permissions.
 - **Enhance Logging and Monitoring:** Enable comprehensive logging, including

command-line process auditing and PowerShell script block logging. Centralize logs in a secure system to prevent tampering.³⁷

- **Hunt for Anomalous Behavior:** Proactively search for the unusual use of administrative tools like ntdsutil.exe or netsh portproxy.
- **Implement Network Segmentation:** Separate critical operational technology (OT) networks from general IT networks to contain lateral movement.