

DROP-IN PROGRAMS

WEEKLY SCHEDULE updated 11.07.2014

Freestyle: [Figure Skaters ONLY -rink 2](#) Stick and Puck/Adult Drop-In: [Hockey Players ONLY -rink 1](#)

Speed Skating Drop In: [Speed Skaters Only –rink 1](#)

Freestyle + : One hour session with \$5 upgrade

Mon 7 th July	Tues 8 th July	Wed 9 th July	Thurs 10 th July	Fri 11 th July	Sat 12 th July	Sun 13 th July
AM	AM	AM	AM	AM	AM	AM
5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle 6:15-8:15am: Stick & Puck	5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle 6:15-8:15am: Stick & Puck	5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle 6:15-8:15am: Stick & Puck	5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle 7:00-9:00am: Stick & Puck 9:15-10:45am: Stick & Puck	8.00-8.45am: Freestyle 7:00-9:00am: Stick & Puck 9:15-10:45am: Adult Drop In	5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle 6:15-7:45am: Stick & Puck	5.45-6.30: Freestyle 6.30-7.15: Freestyle 7.15-8.00: Freestyle 8:00-9:00am: Stick & Puck 9:15-10:45am: Adult Drop In
PM	PM	PM	PM	PM	PM	PM
4:15-5:45pm: Adult Drop In	4:30-5:30pm: Freestyle+ (rink 1) 5:15-6:15pm: Freestyle+ (rink 1) 6:30-7.30pm: Freestyle+ (rink 1)	5:00-6:00pm: Freestyle+ (rink 1) 6:00-7:00pm: Freestyle+ (rink 1) 7:00-7:45pm: Freestyle (rink 1)	3:15-4:15pm: Freestyle 4:45-6:15pm: Adult Drop In	3:15-4:45pm: Stick & Puck 5:00-6:30pm: Adult Drop In 10.30pm-12:00am: Adult Drop In		
Mon 14 th July	Tues 15 th July	Wed 16 th July	Thurs 17 th July	Fri 18 th July	Sat 19 th July	Sun 20 th July
AM	AM	AM	AM	AM	AM	AM
5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle	5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle 11:15am-12:45pm: Stick & Puck	5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle	5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle 6:15-8:15am: Stick & Puck 11:30am-1:00pm: Stick & Puck	8.00-8.45am: Freestyle	5.45-6.30am: Freestyle 6.30-7.15am: Freestyle 7.15-8.00am: Freestyle 8.00-8.45am: Freestyle	5.45-6.30: Freestyle 6.30-7.15: Freestyle 7.15-8.00: Freestyle
PM	PM	PM	PM	PM	PM	PM
1:00-2:30pm: Stick & Puck 2:45-4:15pm: Adult Drop In	4:00-4:45pm: Freestyle 4:45-5:30pm: Freestyle 5:45-6.45pm: Freestyle+ 2:45-4:15pm: Adult Drop In	8:00-8:45pm: Freestyle 8:45-9:30pm: Freestyle 1:30-3:00pm: Stick & Puck 3:15-4:45pm: Adult Drop In	4:00-4:45pm: Freestyle 4:45-5:30pm: Freestyle 5:45-6.45pm: Freestyle+ 1:15-2:45pm: Adult Drop In		8.30pm-10:00pm: Adult Drop In	