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# Mixing memory and desire: How memory reactivation supports deliberative decision-making.

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## **Abstract**

Memories affect nearly every aspect of our mental life. They are used to resolve uncertainty in the present and to construct plans for the future. Recently, renewed interest in the role memory plays in adaptive behavior has led to new theoretical advances and empirical observations. We review key findings, with particular emphasis on how the retrieval of many kinds of memories affect deliberative action selection. These results are interpreted in a sequential inference framework, in which reinstatements from memory serve as “samples” of potential action outcomes. The resulting model suggests a central role for the dynamics of reactivation in determining the influence of different kinds of memory in decisions. Specifically, we propose that representation-specific dynamics can implement a bottom-up “product of experts” rule that integrates multiple sets of action-outcome predictions weighted on the basis of their uncertainty. We close by reviewing related findings and identifying areas for further research.

## **Introduction**

Most decisions involve some form of memory. Decades of research on memory-guided decisions has focused on understanding how memories about the summary statistics of a task or environment are employed in the service of evaluating choice options, either through incremental learning of stimulus-outcome associations, or by extracting regularities present in the structure of the environment (Balleine, 2007; Daw et al., 2011; Dayan, 1993; Gläscher et al., 2010; Tolman, 1948). These types of memories are differentiated by their distinct representational properties and divergent neural substrates (Dolan & Dayan, 2013; Poldrack & Packard, 2003; Yin & Knowlton, 2006). Critically, however, they share in common a reliance on extensive experience — often measured within a well-controlled, highly repetitive laboratory task — in order to learn usable statistics (Behrens et al., 2007; Daw et al., 2011). This leaves open the question of how decisions are made on the basis of little direct experience (Lengyel & Dayan, 2008), or in complex environments from which it may be intractable to extract sufficiently detailed regularities (Kaelbling

et al., 1998; Silver & Veness, 2010) — as in many real-world decisions faced by humans and animals (Lake et al., 2015; Lien & Cheng, 2000; Niv et al., 2015).

Humans and animals constantly draw on memories of the past to inform decisions about the future (Redish, 2016; Schacter et al., 2017). An emerging framework describes this phenomenon as a simulation-driven estimation process, in which decision-makers examine what might result from each available action by consulting memories of similar previous settings. This approach, generally referred to as *memory sampling* (Bordalo et al., 2020; Gershman & Daw, 2017; Kuwabara & Pillemer, 2010; Lengyel & Dayan, 2008; Lieder et al., 2018; Ritter et al., 2018; Shadlen & Shohamy, 2016; Zhao et al., 2019), can approximate the sorts of option value estimates that would be learned across repeated experience by, e.g., temporal-difference reinforcement learning (TDRL; Bornstein et al., 2017; Gershman & Daw, 2017; Lengyel & Dayan, 2008), while retaining the flexibility to diverge from long-run averages when doing so may be adaptive. At one extreme, drawing on individual memories in this way allows one to effectively tackle choice problems even in the low-data limit (e.g., in novel environments), where processes that rely on abstraction over multiple experiences are unreliable (Lengyel & Dayan, 2008).

Examining memory *retrieval* from the perspective of reinforcement learning complements the use of RL to study representation formation -- e.g. cached values (Barto et al., 1995), motor sequences (Botvinick et al., 2009; Keramati et al., 2016; Miller et al., 2018, 2019), or environmental structure (Dayan, 1993; Gershman, 2018; Wilson et al., 2014). Therefore, we begin this review by describing the RL formulation of the computational problem of optimal action selection among immediately available options. We continue with a review of how known cognitive and neurobiological properties of long- and short-term memory retrieval in humans and animals suggest an implementation of one form of approximate solution to this problem, the stochastic sampling of past experiences. Then, we briefly introduce the mathematical framework that describes the optimal solution to two-alternative forced choice on the basis of unreliable evidence — the drift-diffusion model (DDM) — with emphasis on what is known about how organisms approach the special case of evidence in the form of internally-generated signals.

We next review theoretical frameworks and key empirical studies that describe how various kinds of memory, ranging from action sequences to long-term autobiographical memories, can provide internally-generated signals for action selection. We focus especially on a representative selection of studies that have shown that episodic features<sup>1</sup> mediate the selection of which memories are retrieved during decision deliberation; these constitute an informative limiting case of the memory sampling framework.

Next, we examine how these properties of memory retrieval during action selection constrain the process of accumulating evidence from memory. We focus on areas in which the properties of memory sampling contrast with those of sensory evidence accumulation, such as the relationship between representational properties and retrieval dynamics, and the sequential structure of retrieval.

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<sup>1</sup> We use the term “memories with episodic features” to refer to representations of past experience that exhibit dense, multi-sensory associations, formed during a single experience, among features potentially incidental to goals at the time of that experience (Allen & Fortin, 2013; Bornstein & Pickard, 2020 Box 1). Though “episodic memory” has variously been defined by its relationship to conscious, declarative recall, these properties may not be functionally necessary to an influence on choices, and we sidestep the question of awareness in the present review.

We close with a synthesis of the reviewed findings, and suggest that action selection based on memory retrieval can be best described by a time-varying evidence accumulation process, in which the momentary rate of accumulation is determined by several cognitive and neurocognitive factors. The resulting model approximates a “product of experts” rule for integrating action tendencies from multiple control processes — in this case, memory representations with different associative content, relational structure, and history-dependence. It follows directly that the involvement of different forms of memory in action selection depends on the temporal dynamics of these factors, *via* their influence on the effective rate of production of evidence samples, which can implement the principle of uncertainty-weighted arbitration between different decision systems (Daw et al., 2005; Keramati et al., 2011). We close with a brief review of existing empirical evidence in support of this model, and suggest potential directions for further research.

## **I. The view from Reinforcement Learning**

The Reinforcement Learning (RL) framework (Sutton & Barto, 2018) describes the problem of learning how to best navigate an uncertain environment guided primarily by feedback, in the form of reward or punishment, obtained after taking actions within that environment. While the framework allows for a wide range of possible approaches, its primary applications in neuroscience research to date have followed a particular form involving incremental learning of a *value function*<sup>2</sup> relating *states* and *actions* to the long-term, *discounted* rewards that can be expected to result (Eqn. 1). When fitting human behavior, a common practice (Daw et al., 2011) is to specify an action selection function that translates these values into a likelihood of taking each available action (Eqn. 2). We next describe particular instances of these equations and the key features relevant to the current review:

$$Q(a,s) \leftarrow Q(a,s) + \alpha[R + \gamma \max_{a'} Q(a',s') - Q(a,s)] \quad (1)$$

$$P(a^* == A) \propto \frac{\exp[\beta Q(A,s)]}{\sum_{a'} \exp[\beta Q(a',s)]} \quad (2)$$

The first equation describes the incremental, experience-driven learning of value expectations (the value function,  $Q$ ). The quantity specified by the value function is an estimate of the total *future* reward expected after taking action  $a$  in state  $s$  (and continuing to act optimally thereafter). This future reward is the sum of the reward directly obtained by taking the action ( $R$ ), plus the total future reward to be obtained by taking the *best* action in the ensuing state  $s'$ . (Future rewards are, throughout, treated as less important to momentary action selection than immediate rewards, so they are *discounted* according to a constant  $0 < \gamma \leq 1$ .) The expectation is updated by the difference between this sum and the previous value of the expectation, after scaling by a learning rate ( $0 < \alpha \leq 1$ ) in order to regularize the estimate. The second equation specifies the probability of choosing a given action ( $A$ ) as the relative profitability of that action, versus all

<sup>2</sup> Multiple variants of each equation achieve similar goals under different settings. For more in-depth treatment, see Sutton & Barto (2018); for a review of the neural instantiation of these variables, see (Glimcher, 2011).

candidate actions. The sensitivity of this likelihood to the value ratio is specified by the *temperature* parameter,  $\square$ .

Importantly, the first equation is an approximation to the full value computation (Eqn. 3), which incorporates knowledge about the *transition structure* of the world — the likelihood that taking a given action  $a$  in state  $s$  is going to lead to a particular state  $s'$ . The true discounted future reward thus integrates over transition probabilities to all possible successor states. An agent with knowledge of this transition structure can make better decisions than one who just learns reward values, but representing and working with this structure can be quite costly.

$$Q(a, s) = \sum_{s'} T(s, a, s') V(s') \quad (3)$$

Note that the future return of the target states,  $V(s')$ , is recursively defined:

$$V(s') = R(s') + \gamma V(s'') \quad (4)$$

Unrolling the recursion gives a converging sum of (discounted) rewards:

$$V(s') = R(s') + \gamma R(s'') + \gamma^2 R(s''') + \dots \quad (5)$$

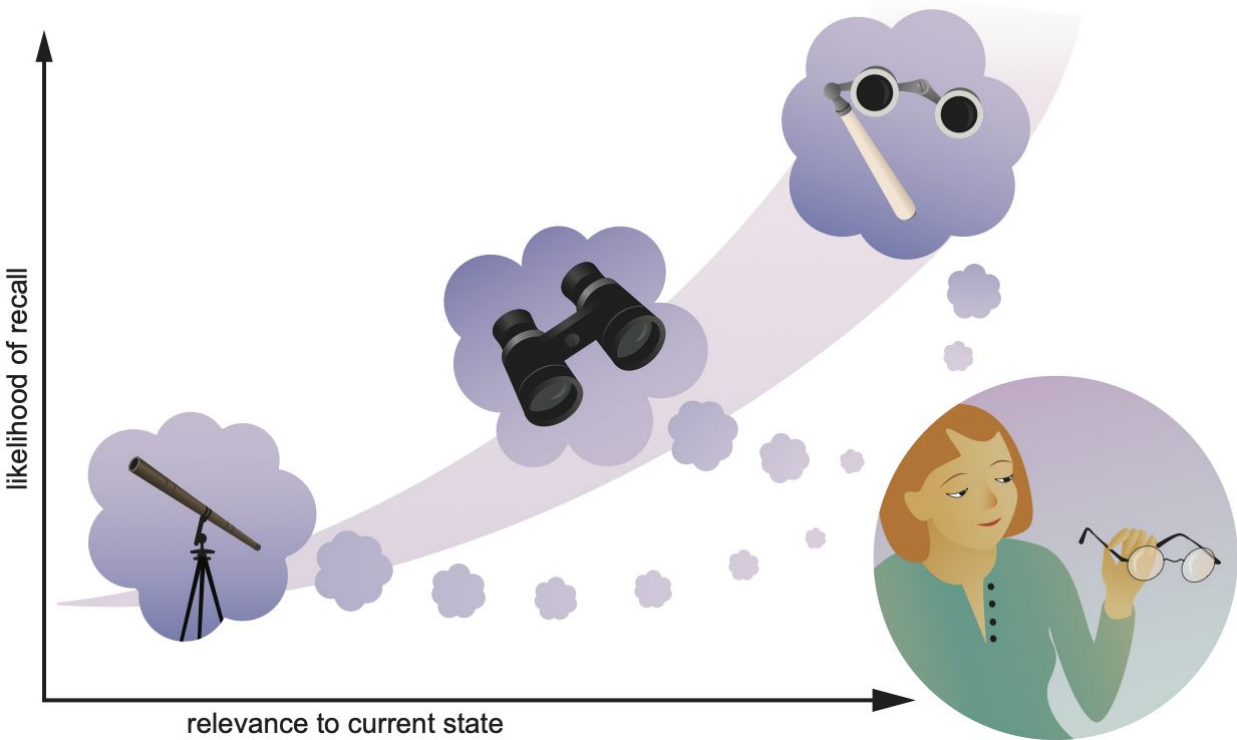
where future states after  $s'$  are denoted by  $s''$ ,  $s'''$ , and so on. Computing this (recursive) expectation is difficult in practice, especially with limited experience of the transition structure. Therefore, approximate computations may be employed, either the incremental approach of Equation 1 above, which marginalizes over transitions, or via methods that directly estimate the transition structure (Daw et al., 2005). More broadly, however, the computational goal — choosing on the basis of total discounted future reward — can be achieved in multiple ways.

One approach, called *memory sampling*, avoids the dependence on extensive experience by simply consulting the values obtained directly, “remembering” *individual* experiences with the current (and potential future) state(s). Formally, rather than computing this estimate by updating a cached value function with each experience (Eqn. 1), the alternative computes it dynamically, possibly even on-demand (Eldar et al., 2020), by *sampling* past encounters with the states of interest (and, potentially, *generalizing* from similar states) and averaging the resulting values. This approach can be used to estimate both the reward to be received from the current action (Bornstein et al., 2017), and also that of states that follow from each action (Bornstein & Norman, 2017; Gershman & Daw, 2017; Vikbladh et al., 2017). When multiple relevant experiences exist, they can be selected from according to a sample-selection function (Fig. 1; Equation 6a, function  $S$ ), that specifies some probability distribution over rewards for each action given by the distance between current state  $s$  and given sample state  $s'$  in a probability space defined over their shared features (Eqn. 6b). For example, if the sample-selection function is weighted by temporal recency (Eqn. 6c) — capturing the intuition that the remembered states most like the state I am currently in are the states I most recently visited — then the values estimated by this approach have the same form of dependence on recent experience as do those learned by TDRL (Bornstein et al., 2017).

$$(s', r') \leftarrow S(s, a) \quad (6a)$$

$$P(Q(a, s) == R(s')) \propto ||s - s'|| \quad (6b)$$

$$P(Q(a, s) == R_i) = \alpha(1 - \alpha)^{t-i} \quad (6c)$$



**Figure 1. Relevance-based retrieval of memories.** The memory sampling framework (Eqn. 6) involves the probabilistic retrieval of memories in accordance to their *relevance*, or *similarity*, to the current state. In the illustrated example, the decision-maker is viewing a pair of glasses, and deciding whether they are useful for her current task. To do so, she retrieves memories of past experiences with similar items. The most likely item to remember is the one most similar to the currently viewed object. Other items, of decreasing similarity, may also be retrieved, though are progressively less likely.

Sampling from past experiences can also in principle approximate the extended sum of Equation 5, by leveraging the sequential structure of memory retrieval (Weidemann et al., 2019) to serially sample experiences from successive states (rather than a single state, as presented in Equation 6) and integrate them<sup>3</sup> (Bornstein & Norman, 2017; Gershman & Daw, 2017). Though this process is less resource-efficient than TDRL, it is more flexible: Specifically, it can be carried out with few experiences in an environment (Lengyel & Dayan, 2008), can dynamically adjust to momentary goals (Bornstein & Daw, 2013), and can smoothly incorporate newly available information about transition or value functions (Vikbladh et al., 2017). These features arise when the sample selection process admits many possible Monte Carlo approximations to  $Q(a,s)$  — in other words, by sampling from multiple memory stores that represent experiences in different forms (Bornstein & Daw, 2013). Depending on which representation is being sampled from, these approximations can be wholly nonparametric, in the limit of individual samples with episodic features that also carry direct reward signals (Bornstein et al., 2017), or it can include sequences of actions (Smith & Graybiel, 2013) or states (Fortin et al., 2002; Pezzulo et al., 2014) bound

<sup>3</sup> The full equation describing sample-averaging is an expansion of Equation 6, and is omitted here for space reasons. See the supplemental materials of (Bornstein et al., 2017; Bornstein & Norman, 2017) for the expanded form.



together across repeated experience and terminating in a given outcome (Keramati et al., 2016). Sequences sampled in this way can be probabilistic in nature, for instance in “map-like” representations of the history of transition experience that have abstracted away reward allowing them to be combined with local reward information (Dayan, 1993; Gershman, 2018). Evidence supports the existence of multiple such maps, connecting states at different levels of resolution reflecting different histories of integration (Bornstein & Daw, 2012; Brunec et al., 2018; Collin et al., 2015; Jiang et al., 2015; Madarasz & Behrens, 2019; Samejima & Doya, 2007).

Finally, it is important to note that although the above formulation is written in terms of reward values, the end result of the process is to select actions<sup>4</sup>. If we assume that action probabilities are proportional to (relative) action values (Eqn. 2), and because we are describing the two-alternative case<sup>5</sup>, then each memory sample, by contributing to the estimate of  $P(\text{choose } A)$ , also updates the (relative) likelihood of a given action being preferred (i.e.  $\log \frac{p}{1-p}$ ). Understanding memory sampling as sequential inference of the “best” action to take connects it to the Sequential Probability Ratio Test (SPRT: Laming, 1968; the correspondence between online planning and sequential inference was also noted by Solway & Botvinick, 2012) and, by extension, to the canonical evidence accumulation algorithm, the drift-diffusion model (DDM; Bogacz et al., 2006; Busemeyer & Diederich, 2010; Ratcliff & Smith, 2004).

## II. Memory in action

Extensive recent findings support the idea that action selection is influenced by memories -- even of individual experiences -- retrieved at the point of decision. One example is found in a series of studies by Ludvig, Madan, and Spetch (Ludvig et al., 2015; Madan et al., 2014, 2015) who showed that individual choices between risky lotteries are influenced by reminders of past choices (and their outcomes), guiding individuals towards riskier options when they were reminded of choices on which they had been “lucky” in the past. These effects were observed within a single lab session, but Wimmer & Poldrack (2018) demonstrated that the sense of “luckiness” associated with reward-associated memoranda was detectable in explicit elicitation at least three weeks later.

A different study examined participants as they learned the values of trial-unique lotteries and performed a decision-making task between learned and novel lotteries (Murty et al., 2016). They found that participants were more likely to re-engage with learned lotteries that had previously resulted in higher rewards, but only for lotteries whose values were correctly identified in a subsequent recognition memory test. These results suggest that memories about *specific*

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<sup>4</sup> Indeed, several frameworks propose that memory retrieval plays a direct role in action selection, rather than being mediated by value estimation (Henson & Gagnepain, 2010; Pezzulo et al., 2019; Wang et al., 2015). Recent evidence supports the general idea that decisions for reward are actually deliberated in action space, rather than with values intermediating (Koechlin, 2019), and that the effect of memory on subsequent preferences is only present when the memory evokes a choice, rather than an item presented in the absence of choice (DuBrow et al., 2019). The distinction between deliberating in terms of values and deliberating in terms of actions is important, with consequences both in the shape of behavioral variability and the understanding of the substance of neural representations; though outside the scope of this review, we refer the reader to (Hayden & Niv, 2020) for an excellent discussion of the implications.

<sup>5</sup> Though a similar procedure can apply to the multialternative scenario (Baum & Veeravalli, 1994).

rewarding events are successfully encoded and then subsequently reactivated upon a second encounter, consistent with the idea of evidence arising from discrete packets, and with an evaluation function that is predicated on the value experienced in that previous episode, rather than one computed anew. However, these data could also be consistent with separate effects of positive reward prediction errors on choice and memory (Jang et al., 2019; Rouhani & Niv, 2021). The question of whether memory sampling *requires* explicit recollection at the time of choice remains an area of active interest.

In another study, participants learned the value of repeated options through choice and feedback, which was presented alongside trial-unique images of everyday objects (referred to as “tickets”; Bornstein et al., 2017). Choice trials were interspersed with recognition memory probes that implicitly reminded participants of selected past choices. Tracking the average value of each option via incremental learning is a profitable approach to performing the choice task. However, when choices were preceded by memory probes, participants’ decisions were biased by the action taken and the value received on the trial where the images were first introduced — a specific effect on choice, depending on both the action taken and the reward received. This result was captured by a memory sampling model which treated the probed experiences as more recent than they would otherwise have been (Eqn. 6c).

Bornstein and colleagues (2017) also used the same model to reanalyze previously collected data from a four-choice decision task (Daw et al., 2006), which further revealed that in addition to participants’ choices, neural decision variables measured in fMRI were better explained by a memory sampling model than by TDRL. This matched previous work suggesting that decisions which appeared to be a running average of recent rewards could instead be better captured by an algorithm that relies on single samples of past trials (Biele et al., 2009), and extended this idea by linking the samples to episodic memories. Although forming and retrieving individual memories is thought to be more cognitively demanding than maintaining summary statistics of a task (or a semanticized model; Daw et al., 2005), these results indicate that individual memories of past rewards influence choice even under the circumstances where they may not be locally relevant to task performance.

The idea that sampling draws on episodic representations implies that the sampling process should reactivate richly associative information, which could also guide both action selection, and also the content of successive samples. A critical feature of episodic memory, as originally defined (Donaldson & Tulving, 1972), is that it is situated within time and place, bound up with other events that occurred in a contiguous associative mental context. Critically, this context need not be explicitly temporal: the associative nature of mental context is not identical to the sequence of experiences, but may be instead or also sculpted by latent or semantic associations, a point we return to below. Supporting the idea that sample selection changes as a result of memory reactivation, recent computational, behavioral, and neural work has shown that encoding context affects the sequential structure of memory retrieval: when we recall an event from a context, the next memory to be recalled is likely to be one from the same context (Folkerts et al., 2018; Howard & Kahana, 2002; Socher et al., 2009). In terms of Equation 6a, recent memory reactivations are a component of  $s$ . Crucially for the process of action selection,



sequential memory retrieval can proceed along dimensions that may be informative about a range of option values (e.g. multiple flavors of ice cream tried at the same shop). This means that, rather than simply serving as repeated samples of the same reward, successively recalled events may have different, even opposing, action and reward implications.

This sort of *context-guided memory sampling* was demonstrated using a variant of the “ticket” bandit task previously discussed, altered such that memories with shared associative content (“context”, indicated by photographs of scenes) sharply differed in which action was most likely to be rewarded (Bornstein & Norman, 2017). This allowed a dissociation of the influence on choice of individual event reinstatement from that of ensuing reinstatement of events sharing that context. When probed with a cue reminding them of a particular choice event, participants’ subsequent choices were influenced by the properties of other decisions made in the same context as the reminded one; critically, this effect was mediated by neuroimaging markers of whether -- and *which* -- visual context was retrieved at the time of the decision, even if that retrieved context was not the one actually experienced, supporting the hypothesis that the value estimate is constructed at retrieval time, rather than being imbued in the reminder cue. The correlation between this behavioral effect and the specific, momentary content of memory retrieval suggests that factors that modulate memory reactivation also influence choice, and thus that these reinstatements are used to estimate values at the time of decision. The memory modulation effect has also been widely observed in other studies, where results indicate that decisions made in familiar contexts are more likely to be influenced by past events than decisions in novel contexts (Duncan & Shohamy, 2016), consistent with the notion that context is part of the input to the selection function; that remembered options are more likely to be chosen as compared to forgotten ones despite the fact that the chosen options are comparatively unattractive (Gluth et al., 2015; Mechera-Ostrovsky & Gluth, 2018); that the opposite pattern holds when both options are in the loss domain (Weilbacher et al., 2020), consistent with the idea that memory samples reduce uncertainty in the value estimate; and that inducing imagination of episodically rich future scenarios alter impulsivity and risk-taking behavior, suggesting that reactivating episodic memory may be a shared mechanism during both decisions from experience and those that involve simulating potential future events on the basis of past experience (Peters & Büchel, 2010; St-Amand et al., 2018).

In addition to decisions that involve re-engaging with previously experienced options, pattern completion (see Section IV, below) allows memory reactivation to also support decisions about never before seen options. For example, Barron and colleagues (2013) asked participants to choose between novel food items that are combinations of two familiar food types that had not been previously tested together (Barron et al., 2013). They found that the prospective values of the novel items are constructed at choice time through simultaneously re-activating memories of its constitutive parts in the hippocampus and medial prefrontal cortex. This finding resonates with proposals that representations in these regions are predictive in nature (Bornstein & Daw, 2012, 2013; Gershman, 2018; Hamm & Mattfeld, 2019; Morton et al., 2017, 2020; Schacter et al., 2012; Shohamy & Wagner, 2008; Stachenfeld et al., 2017; Zeithamova et al., 2012). A key property of these representations is that they can be formed in the absence of explicit goals. For instance, a seminal study by Wimmer and Shohamy (2012) found that, in the absence of conscious

awareness, value learning through repetition also recruited hippocampus, and that this hippocampal activity supports the transfer, or “spread”, of value between paired stimuli. This idea has been extended to networks of rewards and stimuli related via complex, latent associative structures (Wu et al., 2018).

Supporting the idea that these learned regularities support sensory and motor predictions, studies using sequential stimulus identification tasks have shown that hippocampal activity increases with the uncertainty over possible successor stimuli (Bornstein & Daw, 2012; Harrison et al., 2006; Hindy et al., 2016; Kok & Turk-Browne, 2018; Strange et al., 2005). Taking into account the spatial and temporal resolution of fMRI (Mayes et al., 2019), these findings are consistent with observations in rodent electrophysiology studies that hippocampus is continually “prefetching” possible next-step stimuli in order to inform action preparation, and more prefetching occurs in times of higher uncertainty about the next element in the sequence (Johnson & Redish, 2007; Redish, 2016). Indeed, this appears to be true even in simple sequential responding, of the sort traditionally linked to striatal representations. For example, Bornstein & Daw (2012, 2013) demonstrated that forward-looking activity in both hippocampus and striatum contribute to such learning, with distinct quantitative signatures of the timescale across which they integrate stimulus history to generate predictions. Maintaining multiple representations with different history dependence may be adaptive in environments of unknown or changing volatility (Iigaya et al., 2019; Yu, 2007), and concords with extensive empirical work supporting a diversity of integration timescales across brain regions (Brunec et al., 2018; Gläscher & Büchel, 2005; Meder et al., 2017; Murray et al., 2014; Onoda et al., 2011) and expressed in behavior (Corrado et al., 2005; Staddon & Davis, 1990).

Taken together, the above findings outline a clear role for mnemonic and relational reactivation during decisions about the past and future. This reactivation process is stochastic, is influenced by multiple aspects of the memory representation, supports both novel and repeated decisions, and adaptively selects memories on the basis of their predictive value to the decision at hand. We now turn to the question of how this information is transformed into action.

**III. Evidence from memory**

We briefly review the standard model of single-trial action selection, sequential evidence accumulation (Bogacz et al., 2006; Ratcliff, 1978). Though questions remain about its exact instantiation in neural circuits (Brody & Hanks, 2016; Gold & Shadlen, 2007), there is widespread support for the idea that a sequence of neural structures are involved in successively signaling momentary sensory evidence in favor of candidate actions, integrating this evidence across time and heterogeneous neural populations, and transforming the resulting timeseries into motor responses, and that the evolution of this time-integrated signal is strikingly well-matched by a biased random walk, approximated in the continuum limit as Brownian motion along a gradient (Ratcliff & McKoon, 2008).

Experiments using this framework are generally constrained such that action-relevant evidence is available only in a single sensory modality (e.g. visual or auditory input). These

unimodal evidence signals have multiple downstream effects: neural firing patterns in several successive regions reflect the accumulation of sensory input, which are not redundant, but instead reflect distinct transformations of the input, or combination with other signals (Akrami et al., 2018; Erlich et al., 2015; Hanks et al., 2015; Scott et al., 2017; Yartsev et al., 2018). It remains an open question what is the precise contribution of each of these multiple downstream reflections of sensory evidence. Importantly, even in these tightly controlled settings, neural firing has been shown to reflect changing internal representations of the inferred, latent structure of the environment (Hanks et al., 2011; Yang & Shadlen, 2007). This is likely a special case of a more general property. Namely, when all of the information necessary to make a decision is not actively present in the sensorium or the current mental context — which is arguably the case for nearly every decision made outside of laboratories, as well as many inside of them — the brain must, by definition, rely on reactivation of representations formed during past experiences. Despite this, and despite the fact that early applications of the canonical form of the model were in recognition memory (Ratcliff, 1978), the lion's share of experimental applications over the past four decades have focused on other kinds of decisions. However, findings about the neural architecture of evidence integration in these other modalities are likely to apply to the study of memory-guided decisions, especially when studies employ stimuli whose predictiveness is estimated via associations that emerge across experience (Yang & Shadlen, 2007). As reactivations of those previous experiences echo both previous sensory inputs and also latent, non-sensory information, such as the inferred contingency structure of the environment and the value of rewards available at the time, all of these lead to the subsequent reactivation of the same sorts of action-tendency or value associations as does sensory input. In other words, stimuli may trigger action-related evidence directly as well as via associations with other stimuli which themselves may trigger action-related evidence (Bornstein & Norman, 2017) (though the latter signals may be integrated into the decision calculation at a later time, a point we return to below). A potential synthesis of this necessary corollary with the existing data is that accumulation-reflecting activity downstream from early sensory regions actually represents the integration of multiple inputs, including memories (Bakkour et al., 2019; Mainen & Pouget, 2019).

### Mathematical models of sequential inference: Gaussian and “Jump” diffusion.

We now turn to the model itself, which has been a rich area of investigation for over four decades. Here we will only cover a few key points relevant to the review, and refer the reader to several excellent treatments for further details (Bogacz et al., 2006; Gold & Shadlen, 2001; Ratcliff, 1978; Ratcliff & Rouder, 1998).

In canonical form, the DDM is specified as a one-dimensional biased random walk in continuous time, where a decision variable ( $x$ ) is incremented at each time point by a step of average size  $A\Delta t$ , corrupted by some zero-centered gaussian white noise with standard deviation  $c$  ( $c\Delta W$ ), as in Equation 7.

$$dx = A\Delta t + c\Delta W \quad (7)$$

Integrating these steps over time, the walk continues until it arrives at one of two absorbing thresholds. At this point, the walk terminates and the action is selected according to which threshold was reached. Thus, the model specifies both the choice made and the time needed to

make the decision. This procedure is the continuous-time limit of the Sequential Probability Ratio Test (SPRT), a simple arithmetic procedure for determining which of two hypotheses are supported by a stream of noisy evidence. This equivalence is important because Wald & Wolfowitz (1948) proved that, given a fixed error rate, the SPRT determines the solution with the fewest number of samples. Thus, the DDM describes the optimal procedure for weighing evidence in two alternative forced choice, under reasonably broad assumptions<sup>6</sup>.

The SPRT operates by examining whether the likelihood ratio (Eqn. 8a), the conditional probability of each hypothesized stimulus ( $s_1$  and  $s_2$ ) given the evidence ( $e$ ) observed, reaches a predetermined threshold that corresponds to the desired level of accuracy. When multiple samples ( $e_1 \dots e_n$ ) are observed, the gross likelihood ratio is simply the product of these individual terms (Eqn. 8b). Gold and Shadlen (2001) proposed that neural circuits could implement evidence accumulation by computing the logarithm of this quantity. Representing this quantity in logarithmic form allows it to be implemented as a successive summation (Eqn. 8c), which can naturally be implemented by neurons (up to normalization constraints, see (Keung et al., 2020).

$$LR_{1,2|e} = \frac{P(e|s_1)}{P(e|s_2)} \quad (8a)$$

$$LR_{1,2|e_1 \dots e_n} = \frac{P(e_1|s_1)}{P(e_1|s_2)} \times \frac{P(e_2|s_1)}{P(e_2|s_2)} \times \frac{P(e_3|s_1)}{P(e_3|s_2)} \times \frac{P(e_4|s_1)}{P(e_4|s_2)} \times \frac{P(e_5|s_1)}{P(e_5|s_2)} \times \dots \quad (8b)$$

$$\log LR_{1,2|e_1 \dots e_n} = \log \frac{P(e_1|s_1)}{P(e_1|s_2)} + \log \frac{P(e_2|s_1)}{P(e_2|s_2)} + \log \frac{P(e_3|s_1)}{P(e_3|s_2)} + \log \frac{P(e_{v,1}|s_1)}{P(e_{v,1}|s_2)} + \log \frac{P(e_{v,1}|s_1)}{P(e_{v,1}|s_2)} + \log \frac{P(e_{v,1}|s_1)}{P(e_{v,1}|s_2)} + \dots \quad (8c)$$

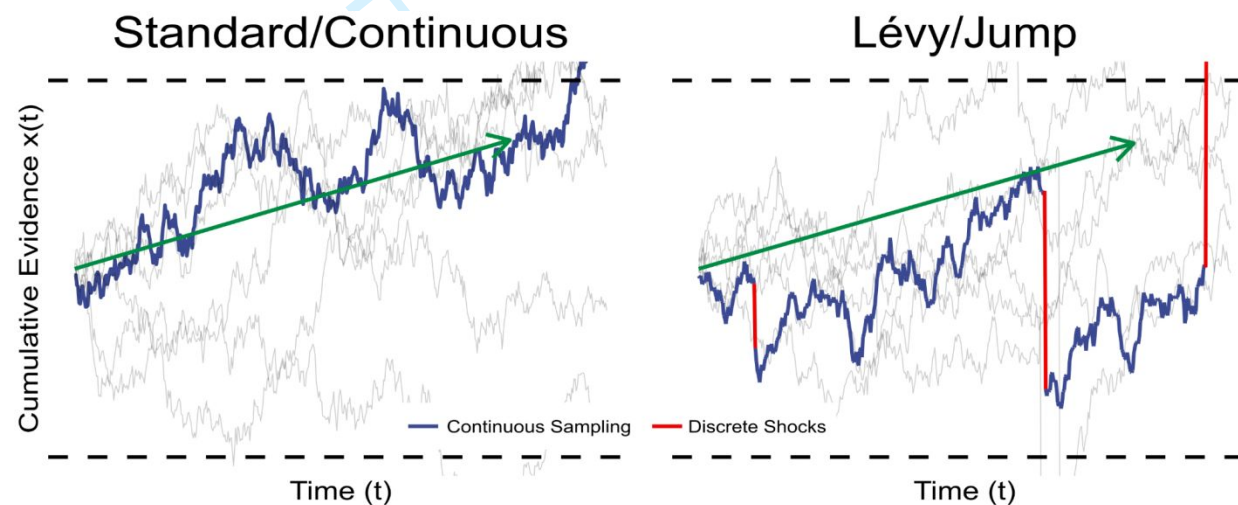
Bogacz et al (2006) rearranged these terms to denote the logLR as integrated evidence ( $I_t$ ) and show that the summation takes the form of a discrete random walk (with stochasticity inherent in the densities given by the evidences  $e_t$ ):

$$I_t = I_{t-1} + \log \frac{P(e_t|s_1)}{P(e_t|s_2)} \quad (8d)$$

Gold and Shadlen further noted that one benefit of forming decisions in this way is that it provides a “common currency” in which to represent multiple kinds of evidence besides just sensory input, such as prior probabilities. However, in the DDM the drift rate term specifies the average net instantaneous direction of the evidence summation series. That is, it averages out any ephemeral fluctuations in the relative weighting. This is a valuable approximation for tasks with stationary evidence consistency, but breaks down in cases where the properties of arriving evidence fluctuate over time (Wong et al., 2007). Outside of tightly controlled perceptual experiments, evidence may be more like these latter cases. For instance, consumption decisions implicitly aggregate multiple sources of evidence, including sensory input, internal state (e.g. cravings for a particular flavor), and history-dependent representations of the stimulus, each of which may have different properties that could, when those options are examined, alter the momentary drift rate. As a result, the static vector specified by the drift rate may obscure underlying heterogeneity in net direction of evidence.

<sup>6</sup> Again, a similar form, though with important differences, results when solving for the optimal policy in the multialternative case (Tajima et al., 2019; Baum & Veeravalli, 1994).

Along these lines, a variety of alternatives to the “pure” DDM have been proposed. These include time-dependent drift rates, time-dependent thresholds, and non-Gaussian noise (Ratcliff & McKoon, 2008; Srivastava et al., 2017; Voss et al., 2019; Wieschen et al., 2020). These alternatives sacrifice the analytical tractability and theoretical connection to the optimal SPRT in favor of better modeling the underlying stochastic dynamics that give rise to response times. One especially promising approach for modeling the arrival of evidence samples from different distributions, called Lévy Flight models (Fig. 2), considers a variety of intermittent “jumps” that augment and alter the Brownian motion of Equation 7. Recent work on these “jump-diffusion” models suggest that they provide a superior fit to two alternative forced choice data in situations where evidence sources are of varying reliability, are mixed with prior probabilities, and/or differ in the distribution of their arrival times (Voss et al., 2019; Wieschen et al., 2020). In the next section, we review features of memory representations that suggest that these conditions are likely to hold in general when sampling from memory.



**Figure 2. Lévy Flight models add discontinuous jumps to standard diffusion models.** Evidence accumulation models describe the integration of evidence samples across time by their average net direction and magnitude of accumulation (green arrows), which dictate the rate at which evidence tends to reach a fixed threshold (dashed black lines). This average obscures considerably heterogeneity both across time within a single decision and also across multiple trials examining related decisions (gray lines). Recent work examines the proper distribution model for describing the variability of these accumulation timeseries. Standard/Continuous models of evidence sampling (Left) and Lévy or Jump models (Right) both have a noisy, continuous component for infinitesimal sampling (blue lines), however, Jump models add the option for sampling discrete shocks from an alternative evidence distribution (red lines). It has been shown that response times in a general class of deliberative decision tasks are better fit when these jumps are added to the standard evidence accumulation timeseries (Voss et al., 2019; Wieschen et al., 2020). An open question is what mechanisms produce these jumps. Here, we propose that one mechanism by which such jumps arise is via parallel sampling from multiple internal evidence sources which produce evidence at different latencies and frequencies.

#### IV. Mechanisms



In this section, we outline the features of *content* and *process* (Zhao et al., 2019) that mediate the impacts of memories on decisions.

Content

Significant ongoing work addresses the question of what representations are supported by the hippocampal memory system, and how these representations adapt over the course of experience and rest (Kumaran et al., 2016; Schapiro et al., 2017; Stachenfeld et al., 2017; Yonelinas et al., 2019). A consensus is emerging that multiple representations in the hippocampal formation and adjoining cortical regions are progressively tuned to support adaptive reward-seeking behavior, and that these representations restructure experiences to create “maps” that organize even abstract concepts according to spatial-like codes (Behrens et al., 2018; Bellmund et al., 2018; Vikbladh et al., 2019). Such representations are computationally desirable because they allow complex planning behaviors to be quickly approximated via operations akin to vector products (Gershman, 2018). However, biological agents are likely never truly certain of their current “state”, and so some degree of uncertainty carries forward through all operations (Courville et al., 2006; Dayan et al., 2000; Geerts et al., 2019; Soltani & Izquierdo, 2019). With its ability to extract sparse codes from sensory inputs, hippocampus is implicated in the learning of uncertain states by representing the latent contexts that give rise to observations (Gershman et al., 2010; Sanders et al., 2020). Such representations may enable inference about which memory samples should be drawn with partial information about the structure of the environment (Gershman et al., 2015). We now review in detail what is known about the content of representations supported by the hippocampus (*relational* or *latent*).

*Stimulus-stimulus relational representations*

The influential cognitive map theory proposed that animals encode a mental representation of the environment that reflects the relative locations of objects within it (Tolman, 1948). The theory has particularly influenced the study of spatial navigation, which shows that neurons in the hippocampus are tuned to encode the relations between different locations (O'Keefe & Nadel, 1978). Subsequent work demonstrates that different routes coded in the animal's hippocampus are reactivated and evaluated before an animal enters the same environment (Johnson & Redish, 2007), and can sometimes reflect novel routes that have not actually yet been experienced (Gupta et al., 2010). Recent evidence suggests that similar neural representations could also be involved in encoding the relationships between non-spatial objects. Across several recording modalities and model organisms, such flexible yet structured relational codes have been observed in domains as varied as temporal relations (Garvert et al., 2017; MacDonald et al., 2011), sound frequencies (Aronov et al., 2017), conceptual features (Constantinescu et al., 2016; Theves et al., 2019), social relations (Park et al., 2020; Tavares et al., 2015) and sequential planning (Bornstein & Daw, 2013; Doll et al., 2015; Vikbladh et al., 2019). Notably, research in the cognitive neuroscience of memory has suggested that events with overlapping elements are organized into a relational network and representations in the hippocampus reflects the associative structure between events (Eichenbaum & Cohen, 2014; Preston et al., 2004; Shohamy & Wagner, 2008; Zeithamova et al., 2012). Such representations support inferences that necessitate integrating

over multiple distant episodes. For instance, one study asked participants to make novel decisions that require integrations across episodes with overlapping elements, and found that the activation patterns in the hippocampus during learning predict how well experiences were integrated in support of novel decisions (Shohamy & Wagner, 2008). These studies point to a role of hippocampus in coding relational representations between observations, be it spatial locations or discrete events (Schlichting & Preston, 2017).

Recent advances in the field of reinforcement learning provide a theoretical account of the relational representations coded by the hippocampus (Gershman, 2018; Stachenfeld et al., 2017), which can potentially unify the above-described theoretical frameworks and empirical findings. Specifically, it is suggested that the place cells in the hippocampus encode the expected occupancy of future states (or locations) following the current state, generally termed as encoding a “successor representation” (Dayan, 1993). The key insight of the theory is that rather than encoding place in an absolute sense, the place cells encode a predictive representation of future states that reflects the relational structure between them (Stachenfeld et al., 2017). As a result, two states that predict similar future states will have similar representations, regardless of their physical adjacency. This idea allows the theory to account for not only a wide range of neurophysiological phenomena in rodent spatial tasks, but also findings that are built on discrete, abstract relational knowledge.

Finally, it has been shown that the relational representations coded by the hippocampus can be used to drive adaptive behavior when combined with reward information, whether learned by experience or instructed (Bornstein & Daw, 2013; Doll et al., 2015; Wimmer & Shohamy, 2012). For example, in the Wimmer & Shohamy (2012) study mentioned above, participants first learned a series of arbitrary associations between stimuli set A and B, and then learned that some of the stimulus in B led to monetary reward (B+) while others did not (B-). When asked to choose between two A stimuli, participants showed preferences for the A stimuli that had been paired with B+ over the other stimuli that had been paired with B-, though neither stimulus had been directly paired with reward. This decision bias was predicted by greater reactivation of prior related experience (A->B) in the hippocampus during the encoding of new reward information (B->+), suggesting that the hippocampal memory representations support the spread of monetary value across related experiences. Other studies show that rewards newly introduced at the time of decision can be combined with state representations to influence choice (Bornstein & Daw, 2013). Taken together, these findings are consistent with the idea that the hippocampus supports adaptive behavior by coding relational representations that connect distinct states (e.g., spatial locations and discrete events).

### *Stimulus-context latent representation*

Although much of the work in memory-guided decisions focuses on how relational representations are constructed during encoding, or “retrospective integration”, recent research has begun to understand how individual memories are integrated at the time of decision through retrieval mechanisms, a form of “prospective integration” (Doll et al., 2015; Koster et al., 2018). For example, in one study Doll and colleagues designed a multi-step reward learning task assessing

the extent to which participants integrated information about rewards received during other interleaved trials (Doll et al., 2015). Using category-specific images at different decision stages, Doll and colleagues decoded the neural representations that simulate the prospective paths in the hippocampus. The activity patterns were correlated with the degree to which choices reflected successful integration, indicating that the hippocampus supports prospective value computation by supplying relational information between sequences of actions.

Several key factors that mediate prospective integration have been identified, with context information being the most important one. For example, it has been shown that items are more likely to be retrieved together if they are experienced closer in time (Howard & Kahana, 2002; Sederberg et al., 2008, 2011). The link between stimuli and their *context* is distinguished from links between stimuli within a context in that the context serves as a mediating, *latent*, representation among many events, and represents another scale at which relational associations may be formed -- and, critically, navigated (Shin & DuBrow, 2021). This phenomenon was exemplified by the Temporal Context Model (TCM), which posits that during encoding individual items are bound to a slowly drifting "context vector" in memory. At test, retrieval of an item leads to the reinstatement of the context that the item was bound to, which biases subsequent retrieval towards items that were bound to the similar temporal context with the item that was just retrieved. Several studies have since shown that when individual memories are bound to the (temporal) context in which they are encoded, decisions are influenced by information indirectly related to the present problem through these contextual links (Bornstein & Norman, 2017; Hoskin et al., 2019; Morton et al., 2020).

In sum, experience creates multiple forms of memory representations that variously encode predictive statistics about both observed, stimulus-stimulus associations, as well as inferred links between abstract states. These representations serve a common purpose of allowing humans and animals to more quickly act on regularities in the environment. We next examine the process by which this information is used to enact decisions.

Process: Within-trial dynamics of pattern completion

This section reviews what is known about the ways in which these multiple representations are accessed in the service of behavior; in other words, whereas the previous section examined how representations reflect the dynamics of memory-guided decision-making across experiences, this section illustrates the dynamics of memory-guided decisions within a single choice.

The core idea of memory sampling is that memory retrieval is a form of Monte Carlo estimation, leveraging these representations to estimate the possible future states and rewards, given the current state and a candidate action (Eqn. 6). This sort of memory-based simulator has been shown to be useful for effective planning in large, partially observable environments (Silver & Veness, 2010), such as are likely predominant in naturalistic settings. However, it is unknown to what degree these properties correspond to biological organisms. Here, we discuss what is known about the ability of the hippocampal memory system to reinstate past experience on the basis of partial inputs, a process known as *pattern completion* (Marr, 1971).

Pattern completion during episodic recall is known to depend on the hippocampus (Horner et al., 2015). The CA3 and dentate gyrus regions of hippocampus are thought to be instrumental to pattern completion (Guzman et al., 2016; Neunuebel & Knierim, 2014; van Dijk & Fenton, 2018). Both areas have the multiply-recurrent circuitry and convergent direct external inputs necessary to perform autoassociative computations that can resuscitate stored patterns on the basis of partial input (Koster et al., 2018; Marr, 1971; McNaughton & Morris, 1987; Schapiro et al., 2017). These critical architectonic features may allow CA3 and DG to integrate coincident inputs across both time and sensory modality, supporting a form of fuzzy coincidence detection that can apply to sequences as well as sets (Lisman & Grace, 2005). It is known that pattern completion is ongoing throughout behavior, during awake rest, and even during sleep (Antony et al., 2012). The frequency of pattern completion may be reduced during periods of repeated novel experience (Duncan et al., 2012; Hasselmo, 2006), or quieted by cholinergic release (Prince et al., 2017) that encourages the formation of new context representations (P. E. Gold, 2003).

By definition, pattern completion reinstates many of the same neural ensembles that were present during experience, or which have been attached via offline processing. These reinstated patterns can influence processing downstream of the regions where patterns are being reinstated, just as does the original external sensory input (Hoskin et al., 2019). It thus follows that ongoing decision processes should be influenced by this reactivation, suggesting an avenue for goal-directed deployment of this function. Indeed, pattern completion has been shown to be modulated by the anticipated coherence of upcoming sensory evidence (Bornstein et al., 2018), suggesting that it is deployed when needed to inform uncertain inference (Hindy et al., 2016). The interaction between internally-generated sequences and the properties of external input is a critical feature of computational work on *state inference*, a necessary function for online planning in environments with uncertain latent contingency structure (Kaelbling et al., 1998; Rao, 2010).

Pattern completion may be especially useful to decision-making because it allows past choices and outcomes to come to mind in situations that are similar to, but not exactly the same as, past encounters. This subserves a form of *generalization*, permitting biological agents to navigate new environments or take on new tasks with little previous direct experience (Leutgeb & Leutgeb, 2007). An open question is whether, or in which situations, do completed patterns serve as a rigid template for subsequent action (Lengyel & Dayan, 2008) or something more akin to a proposal for action, to be evaluated in the context of other information available at the time of the current choice (Vikbladh et al., 2017).

### Where does the time go?

The dynamics of memory retrieval may play an important role in decisions in biological organisms. If decisions were based on the reactivation of single episodes, they might be expected to execute more or less instantly; unlike sensory decisions, which rely on fundamentally incremental input, memory-guided decisions could in theory have immediate access to the internal representations that serve as evidence. But elongated decision times are not only widely observed, they closely track characteristics of the decision variable (Yang & Shadlen, 2007), and so models that take

account of response time can improve the out-of-sample prediction of choices (Clithero, 2018). In an insightful evaluation of this question, Shohamy and Shadlen (2016) propose that one reason memory-guided decisions take time, rather than acting instantly on internally-available information, is because a limited-bandwidth thalamocortical pipeline enforces serial processing. They then assert that retrieval time itself does not play a role in the sequential nature of memory sampling, because sharp-wave ripples (SWR: one, though not the only, putative substrate of memory retrieval; Joo & Frank, 2018), operate in short, high-frequency bursts, much faster than the variability observed in decision times, and so couldn't possibly be a rate-limiting factor in decision-making.

However, several features of memory reactivation (which includes both SWRs and also theta sequences, which are lower frequency and more regular) suggest that retrieval dynamics may play a part in the availability of information. First, though SWRs do indeed unfold over very short timescales, their onset time is highly irregular (Buzsáki & Tingley, 2018), perhaps reflecting other rate-limiting processes that precede any decision-relevant SWR events (e.g. memory search). Memory search has often been fruitfully modeled as a biased random walk along a graph constructed from experience (Collins & Quillian, 1969; Jun et al., 2015; Rmus et al., 2019). Distinct — even conflicting — action tendency signals may be generated at different steps along the walk. Supporting the idea that memory retrievals' influence on decision unfolds over time is the observation that more time on task leads to greater memory influence on decisions (Foerde & Shohamy, 2011) -- and, in particular, greater influence of extended retrievals from memory (Bakkour et al., 2019; Eldar et al., 2020; Gordon et al., 2014). Second, the behaviorally-relevant features of SWRs are highly variable, both across instances and the population of cells participating, and depend on contextual factors such as cognitive states and vigilance, consistent with the idea that these events provide information in service of current behavioral and cognitive demands (Hussin et al., 2020). As a result, there may not be a simple relationship between individual ripple events and subsequent decisions. Third, the content of memory retrieval that serves as the “common currency” relevant to decisions — whether value representations or action tendencies — is likely not encoded directly in hippocampus, but instead by populations one or more synaptic connections downstream. Suprathreshold activation of these representations may require converging input or preceding innervation from other areas, such as vmPFC (Gluth et al., 2015; Schmidt et al., 2019; Spalding et al., 2018; Weilbacher & Gluth, 2016), or be mediated by intermediate abstract representations, for instance in retrosplenial (Chrastil et al., 2015; Mao et al., 2017, 2018) or inferior temporal cortex (Bornstein & Norman, 2017; Bornstein et al., 2018; Hoskin et al., 2019; Mack & Preston, 2016). Fourth, the influence of value from past decisions may depend on a more elaborative retrieval (“source”; Murty et al., 2015), which computational models posit requires additional activation that may stretch across multiple cycles of hippocampal retrieval (Kerrén et al., 2018). These elaborated representations may develop relatively slowly during retrieval in part because they depend, especially early on in experience, on “big-loop” recurrence, multisynaptic bridges between medial temporal lobe structures and other areas of cortex (Koster et al., 2018; Kumaran & McClelland, 2012). Finally, a recent study examined serial decisions that were initiated by a single composite stimulus, and found that sensory evidence is accumulated in parallel before an integration bottleneck occurs somewhere downstream; evidence that applies to later decisions is “buffered”, apparently losslessly (Kang et al., 2020).



This finding supports the idea that the time it takes to act on information retrieved from memory can vary greatly across decisions, and that this information can be sampled near-simultaneously from multiple sources. This last point is relevant because we don't fundamentally know how many compound decisions are contained within a single experimental trial response in standard lab tasks -- this is likely at least as true in rodents, in whom most work on these neural substrates has been performed, as it is in humans (for instance, a rodent's decision to enter an arm of a maze may be preceded by several intermediate decisions e.g. to change head direction or to serially *not* enter other arms of the maze). Only some of these decisions may be deliberated for enough time to depend on memory retrieval, especially after extensive practice on the task. Additional work is necessary to understand what is the *effective* time required to transmit decision-relevant information from memory retrievals downstream, and how it depends on attributes of the current decision problem.

Such investigations will need to pay special attention to retrieval during early learning, which may be dramatically different in dynamics and content from the kind of online reactivation that occurs after many experiences with a task or learning set (Redish, 2016), and especially when divorced from spatial navigation, the pace of which can confound investigations of the frequency of retrieval of related place field representations. Along these lines, one important recent study examined these dynamics in a non-spatial setting, examining "lookahead" during sequences of odors in well-trained rodents (Shahbaba et al., 2019). Using a novel combination of decoding methods to identify odor identity representations in dorsal CA1, the authors found that they were able to decode anticipatory sequence reactivations on the scale of a few 100s of milliseconds, consistent with the theta-band rhythms observed in spatial navigation studies. Critically, however, they also observed faster sequence reactivations *within* an individual theta cycle, with power that varied with distance from the current odor, suggestive of either simultaneous reactivation at multiple temporal scales or an underlying substrate for the sequences decoded at lower frequencies. Further investigation is necessary to understand whether sub-theta sequence reactivation is alongside, or constituent of, the more well-known theta sequences.

More broadly, however, the dynamics of pattern completion are still poorly understood (Knierim & Neunuebel, 2016). The decoded content of these sequences can shift categorically between individual periods of the theta cycle. This shifting may reflect reactivation on the basis of uncertain sensory or latent inputs, but "flickering" or "fast remapping" has been observed even in the case of spatial representations, in which it is difficult to induce fundamental uncertainty (Jezek et al., 2011). A separate line of research has identified "chunking" of theta sequences; these imply that only partial trajectories may be reactivated in a single theta cycle. Elongated trajectories may therefore take multiple theta cycles to reactivate (Gupta et al., 2012; Tang et al., 2020). Consistent with this idea, and supporting the proposal that these sequences drive behavior, rather than reflect it, disrupting mPFC during deliberation impairs both lookahead theta sequences and associated "vicarious trial and error" behavior (Schmidt et al., 2019).

Finally, though the decoding approach to investigating properties of reactivated place cell sequences has revealed profoundly important structure, trajectory dynamics are not necessarily

ballistic. It has recently been observed that sub-threshold activation more closely matches Brownian diffusion along a gradient (Stella et al., 2019). This is consistent with the idea that each reactivated trajectory provides only partial information about the overall content of lookahead, and suggests that behavior may be sensitive to dynamics obscured by extant decoding approaches. Intriguingly, the same study showed that behavior is “superdiffusive”, reflecting occasional “jumps” in diffusion, as would result from Brownian motion convolved with stochastic perturbations in the direction of the gradient. Such jumps may have adaptive value in navigating ecologically normative environments (Viswanathan et al., 2011), but the ultimate source of their neural instantiation remains unclear.

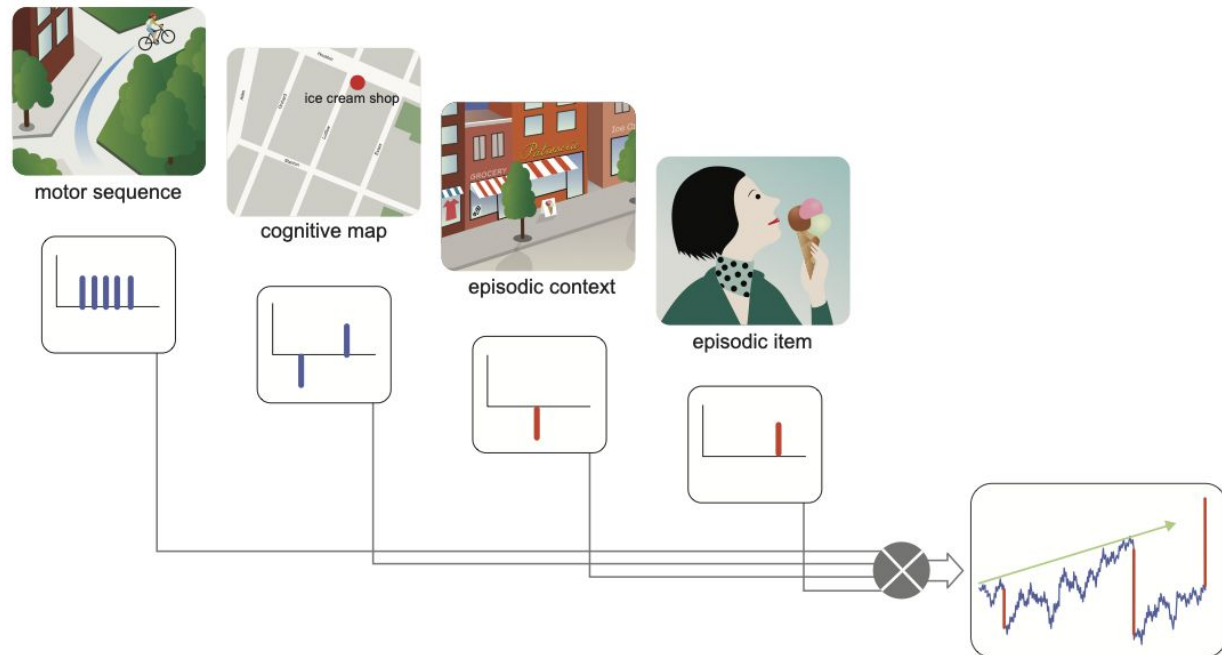
Taken together, the above findings support the idea that multiple memory representations are created during experience, that each is tuned towards different aspects of experience, including history-dependence, and that the dynamics of reactivation are variable and linked to the associative structure of memories and memory sequences. The next section synthesizes these representation-dependent properties of memory reactivation with the accumulation framework and reinforcement learning problem described above.

**V. Random walks together**

In the previous sections we reviewed evidence that experience produces multiple associative representations (sequences) that vary in the length of history they incorporate, the dimensions or features of experience that they represent (e.g. motor sequences, sensory features, latent states), the scale at which their constituent parts are recorded (coarse or fine), and the degree of determinism in their connection (high or low entropy). Each of these representations has, separately, been empirically shown to be reactivated by internal or external stimuli - and, when reinstated, to serve as predictions of future outcomes that guide ongoing action selection.

This proliferation of predictions presents its own puzzle: Which one should be used to guide behavior in any given situation? In other words: How do we decide how to decide? A seminal proposal in this area is that each representation constitutes a “controller”, whose predictions are arbitrated among on the basis of their uncertainty (Daw et al., 2005; Keramati et al., 2011; Simon & Daw, 2011). This principle, originally proposed to explain the apparent trade off between pairs of flexible and inflexible representations (e.g. as encoded in dorsomedial and dorsolateral striatal circuits (Yin et al., 2004, 2005), has been extended to encompass episodic memory as well (Lengyel & Dayan, 2008), with each system predominant after different degrees of experience in a given environment. However, it is as yet unclear how this principle is instantiated in neural circuits. One candidate, that representations “compete” for modal control (Poldrack et al., 2001), is a reasonable explanation of data in tasks with stationary probabilistic structure, but seems not to anticipate the ongoing contribution of multiple systems that is observed when examining non-stationary tasks (Bornstein & Daw, 2012). Related work explores the idea that top-down or other control mechanisms guide this process (Lee et al., 2014), however it is unclear exactly how these signals propagate across such a multitude of representations.

Our review of the relationship between the representational properties listed above and the dynamics of reactivation, viewed through the framework of sequential sampling, points to a potential unifying mechanism that is consistent with each of these proposals, without requiring top-down arbitration. Specifically, if we write out the log odds summation from Equation 8 with multiple sources of evidence (Eqn. 9a), each arriving at different *latencies* (time to arrival of first sample) and continuing at different *frequencies* (rate at which subsequent samples arrive), we see that the resulting mixture of evidence implements a time-varying weighting across the different source representations (Eqn. 9b).



**Figure 3. Simultaneous sampling from multiple internal representations implements a “product of experts” via a jump-diffusion process.** In this example, a person may draw on multiple forms of internal representation when deciding which ice cream shop to visit. For instance, she may have a well-traveled route from her apartment to an often-visited shop (motor sequence), while also drawing on an allocentric representation of the location of each shop (cognitive map). These can be combined with memories of her more recent experiences with different shops, including the day and surroundings of a previous experience (episodic context) as well as a particular individual experience (episodic item). Each of these is sampled at different latencies, and with different frequencies, and their product results in a “jump-diffusion” timeseries of accumulated evidence. The resulting decision - which boundary is crossed, and at what time - is thus a weighted mixture of the contributing factors.

An extreme illustration of the mechanisms involved in integrating multiple streams of evidence with different arrival latency and frequency is provided by an experiment examining the combination of memory and sensory evidence (Bornstein et al., 2018). Though this example involves internal (memory) and external (visual) evidence streams, the same principles can apply to integrating from multiple internal representations (Fig. 3). In the experiment, participants observe a cue that triggers reinstatement of potential ensuing stimuli, followed by a flickering visual stream that interleaves two stimuli, one on a higher fraction of frames than the other. The participants’ task is to press the button that corresponds to the dominant stimulus. The evidence

reinstated on the basis of the memory cue can be used to resolve indeterminate percepts. Following the suggestion of Gold and Shadlen (2001), we represent this combination in terms of the common currency of log likelihood ratio. Equations 9a and 9b illustrate how evidence from these separate sources could be integrated according to the framework described above.

$$\log LR_{1,2} \approx \log \frac{P(e_{m,1}|s_1)}{P(e_{m,1}|s_2)} + \log \frac{P(e_{v,1}|s_1)}{P(e_{v,1}|s_2)} + \log \frac{P(e_{v,2}|s_1)}{P(e_{v,2}|s_2)} + \log \frac{P(e_{m,2}|s_1)}{P(e_{m,2}|s_2)} + \log \frac{P(e_{v,3}|s_1)}{P(e_{v,3}|s_2)} + \log \frac{P(e_{v,4}|s_1)}{P(e_{v,4}|s_2)} + \dots \quad (9a)$$

$$\approx \sum_{j=1}^N \log \frac{P(e_{v,j}|s_1)}{P(e_{v,j}|s_2)} + \sum_{k=1}^{\frac{N}{2}} \log \frac{P(e_{m,k}|s_1)}{P(e_{m,k}|s_2)} \quad (9b)$$

In this example, evidence from memory is assumed to begin arriving at an earlier time point (sooner onset) than evidence from visual input, but also to arrive more infrequently (slower rate). As in Equation 8b, the (log) likelihood ratio of the two potential next stimuli under consideration,  $s_1$  and  $s_2$ , is the sum of the (log) ratio of the conditional probabilities of successive evidence samples ( $e$ ) under the hypothesis that each stimulus is dominant. These samples can come from either memory ( $e_m$ ) or visual input ( $e_v$ ). In this illustration, and in rough correspondence to the data observed, memory evidence arrives at a rate of one for every two samples of visual evidence (Eqn. 9a). As a result, the final logLR calculation will, all else held equal, tend to be dominated by visual evidence samples (Eqn. 9b).

However, if visual information on this trial is relatively uncertain ( $\sum \log \frac{P(e_v|s_1)}{P(e_v|s_2)} \approx 0$ ), then the final likelihood will instead be dominated by memory evidence. Therefore, Equation 9 establishes a quantitative relationship between the degree to which evidence from one source must be more informative than evidence from another, as a function of the relative rate at which evidence arrives. From this it follows that (slow) memory should only dominate perceptual inferences when (fast) visual evidence is uncertain - *even though it arrives first* - and that the advantage to memory should be greater when more memory evidence is accumulated before the onset of the visual evidence. Both of these predictions were confirmed by the study.

A further prediction of this model, untested by the above study, is that the influence of memory can only reveal itself across time within the individual decision, as indecisive visual evidence samples are accumulated. Consistent with this prediction, Hanks et al (Hanks et al., 2011) calibrated a “Time-Dependent Accuracy” (TDA) function for determining the weighting of prior information (learned across repeated experience in a block of trials with varying coherence but consistent bias) in a repeated random-dot motion discrimination task. Briefly, the TDA demonstrated monotonic increase in influence of prior information with decision time (as the number of indecisive visual evidence samples increased). Further research is needed to determine whether the (block-wise) prior established in that study corresponds to the (trial-wise) prior information in Bornstein et al (2018), and whether similar patterns of mixture proportions can be observed in the combination of signals from multiple memory representations.

Note that the form of the weighting may not be monotonic in time, as different representations may take longer to generate their first sample (e.g. memory sequences), or may

appear to “pause” in generating samples (e.g. at boundaries identified between adjacent memories whose reward statistics differ — and which thus imply distinct action tendencies; Rouhani et al., 2020). The resulting continuous-time form would be that of the “jump-diffusion” model previously discussed.

No matter the form that the sample arrival dynamics take, the instantaneous weighting implied by Equation 9 implements an organizing principle akin to the “value of information” (Bera et al., 2019; Callaway et al., 2018) in which representations with less-precise predictions or less-immediately available evidence are slower to influence choice, which can allow information that tends to be more precise or immediate to dominate the accumulated evidence calculation. Critically, though this time-varying weighting requires no “top-down” or other bias signal, it can naturally incorporate them. For instance, eye gaze has been shown to modulate the accumulation rate of the attended option in simple choice tasks (Krajbich & Rangel, 2011); in the current framework that modulation may be implemented by the arrival of stimulus-triggered evidence samples from memory (Constantino & Daw, 2010), or by a gain modulation of signals arriving from ongoing reactivations (Aston-Jones & Cohen, 2005).

Whether or not additional signals enter into the calculation, a relationship between the informational characteristics of the representation and its sample dynamics in the form of Equation 9 is also equivalent to a suite of tools from machine learning for online mixing of classifiers with varying “expertise” (reliability) across data domains, known as “product of experts” (Hinton, 1999), one instance of “ensemble learning” (Polikar, 2012). One approach involves multiplying the action tendencies (sum the log likelihoods) produced by each component — exactly the procedure given by the series above. While the field currently lacks analytical results on general optimality guarantees for this method, simulations support its efficacy in navigating partially observable environments (“Boltzmann Multiplication”; Wiering & van Hasselt, 2008). More sophisticated “ensemble fusion” approaches learn adaptive weighting for each component — predictive Hebbian learning mechanisms may be sufficient to develop these with use (see *Future Directions*, below). Further research is necessary to understand how learning is tuned to support adaptive fusion.

This computational approach could guide further research in the neurobiology of the differential dynamics of memory reactivation across representations. One question raised by this framework is whether the temporal dynamics of memory reactivation are fundamental, adapt to the time available, or are modulated by the content of representation or computations being performed. Intrinsic differences in reactivation dynamics for different representations could be one form of rational “inductive bias” (Griffiths et al., 2010) for fast, flexible decision-making using multiple sources of evidence - memory, sensory, motor - allowing decision weights to adaptively adjust to the expected temporal trajectory of the current decision, conditional on it not having yet completed — e.g. fast motor sequences should guide short decisions, but memory sequences may play a more dominant role if the action remains unresolved<sup>7</sup>. Several recent empirical

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<sup>7</sup> Importantly, this is not to say that memory reactivation *only* affects decisions that are not fully resolved by motor sequences. Empirical findings support the idea of continuous flow of information to the effectors, that “late-arriving” evidence samples can play a decisive role not only in choice, but can even *change* decisions



observations are consistent with this proposal (Hardwick et al., 2019; McDougale & Taylor, 2019); further research is needed to understand how the time-varying mixture of learned representations in memory retrieval reflects its adaptive use in decisions.

Consistent with the proposal that sample rate tracks the history of experience embedded in the sample, evidence supports the idea that semantic memories are accessed at a faster rate than are episodes, following classical spreading activation theories of neural processing (Collins & Loftus, 1975; Corbett & Wickelgren, 1978). Supporting the idea that such information is accessed simultaneously, despite different delays to peak efficacy, responses are further speeded when semantic information is congruent with episodic (McKoon et al., 1985); conversely, the availability of congruent semantic information influences the content of ongoing episodic retrieval (Manning et al., 2012). Taken together, neurobiological dynamics, process-rational cognitive models, and dynamical systems considerations support the notion that memory-inflected evidence accumulation is both continuous and irregular.

We have seen that multiple memory representations are learned and transformed on an ongoing basis, reflecting experience integrated across multiple scales, and that these representations are accessed by a pattern completion process whose effective dynamics depend on neural circuit properties and coherence of the representations in question. Taken together, it follows that choices under time pressure will be biased towards options for which this combination of factors results in a faster sample onset and lower latency between successive samples, and that response times will be shaped by the difference between options on these factors (in addition to, for instance, desirability (Fine et al., 2020)). In other words, the influence of associative distance on decisions should be mediated via its influence on evidence dynamics.

Supporting this idea is a recent study by Rmus and colleagues (2019), who showed that humans can navigate abstract associative graphs based only on shuffled experience with randomly selected edge pairs. Participants learned a graph implicitly by performing a cover task while edge pairs were presented, then asked to judge the relative difference between pairs of starting point nodes and a trial-unique “goal” node. Consistent with a model in which edge pair associations are traversed via spreading activation that takes time to unfold, accuracy and response times scaled with both the minimum distance between goal and starting point, and consistent with the idea that these distances are compared, behavior also reflected the relative difference in this distance between nodes, and the number of branches off the path between the starting point and goal. Supporting the idea that model-based planning depends on similar

for which motor execution has already begun (Resulaj et al., 2009). The same principle may explain how sequential samples implement the discount factors in the unrolled value computation of Equation 5: the discount factor here describes the *average* influence of later evidence samples *across* choices, which have a monotonically increasing probability of terminating before the arrival of the *n*th sample — they are unlikely to affect decisions in the aggregate, but have profound influence when reactivated. This suggestion is consistent with observations that memory accessibility, including as modified by pre-trial “cues”, can affect temporal discount rates (Gabaix & Laibson, 2017; Palombo et al., 2015; Peters & Büchel, 2010; Weber et al., 2007), and parallels the way in which memory cues can overcome effective “discounting” of probabilistic transitions in sequential decisions (Bornstein et al., 2017; Vikbladh et al., 2017). Further work is needed to understand how within-trial dynamics affect the integration of information about potential future states.

constructive mechanisms, the degree to which an individual's choices and response times reflected the structure, the greater their use of model-based planning in the canonical "two-step task." Further investigation is necessary to understand how the temporal dynamics of associative memory retrieval dictate the type of information that guides decisions.

### **Future directions**

A primary direction of future research is understanding how various factors influence the temporal dynamics of memory retrieval. Evidence suggests the influence of at least the following terms: 1. semantic distance (e.g. as estimated using word embeddings; Chadwick et al., 2016), 2. episodic distance (Polyn et al., 2009), and 3. the spread of probability mass across associations at each kind of distance (Socher et al., 2009). Dimov and Link (2017) examined how decisions were made on the basis of cues that varied in each of these factors (operationalized as retrieval fluency and cue validity). They found that, for most participants, retrieval fluency was predominant over cue validity. However, the range of inferred cue validities in the experiment was narrow, which may have limited its usefulness in decisions. Importantly, they observed that subjects' response times varied strongly with the number of cues retrieved for each decision, regardless of what was the dominant factor (fluency or validity) for that subject. The proposal that multiple forms of decisions depend on retrieval dynamics that vary as a function of associative distance may explain why choices and response times appear to covary between tasks that examine how subjects weigh options across many kinds of such distances, for instance in intertemporal choice, patch foraging, and model-based planning (Hunter et al., 2018; Kane et al., 2019; Rmus et al., 2019; Shenhav et al., 2014), each of which have been independently shown to depend on long-term memory representations (Palombo et al., 2015; Peters & Büchel, 2010; Schmidt et al., 2019; Vikbladh et al., 2019).

Finally, though we have focused here on memory sampling's involvement in two-alternative forced choice, the mechanism we describe has been observed or shown to be useful in a wide array of functions. Specifically, some form of time-dependent successive sampling from rich, autobiographical memories with episodic features has been proposed in the following domains: as a mechanism for equilibrium strategy discovery in repeated multiplayer economic games (Gonçalves, 2020); to augment the learning trajectories of artificial agents via a form of 'memoization' of partial inferences about environmental contingencies (Ritter et al., 2018); to explain the trajectory of symptom development in anxiety disorders, via biased sampling of threatening stimuli (Sharp et al., 2020); to explain the decision to use substances of abuse after years of abstinence (Bornstein & Pickard, 2020); to support working memory maintenance (Hoskin et al., 2019); and to resolve uncertainty in perceptual inference using samples from associative memory to anticipate upcoming stimuli (Bornstein et al., 2018). This ubiquity of functional impacts aligns with observations of widespread hippocampal involvement in cognition and perception (Shohamy & Turk-Browne, 2013), and more broadly concords with the centrality of this form of memory in everyday experience (Bergson, 1913). Much work remains to understand how these persistent records of past experience -- and their near-constant reactivation -- shape our thoughts and actions.

**Box 1: Open questions**

- To what extent does memory sampling require conscious awareness of recollection, at the time of decision, or even explicit recall of the same memoranda, as measured at a later time?
- What are the neural substrates of memory samples? Is it the case that sharp-wave ripples (SWRs) indicate “offline” samples, and theta sequences support decision-time sampling, or is there a more complex interplay?
- What factors - at encoding, retrieval, and during intervening memory transformations - determine how samples are prioritized during decision-making?
- Is memory organized in such a way as to match the retrieval time of information to its use in deliberative decisions? For instance, are more temporally or associatively remote memories more slowly sampled?

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**Data Availability Statement**

Data sharing is not applicable to this article as no new data were created or analyzed in this study.

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