

Chancellor's Scholars Journal

First Ever RIMAC Arena Skybox Event!

Who are Chancellor's Scholars?

These students are some of the best and the brightest who receive admittance to UC San Diego, and they are coming in with top GPA's and test scores.

They all have in common:

- ◆ Demonstrated academic excellence
- ◆ Leadership potential

However, these top students have had to work hard to achieve their place here, faced with difficult life challenges. Chancellor's Scholars have one or more of the following attributes:

- ◆ First generation college attendee
- ◆ Hail from a 4th or 5th Quintile school
- ◆ Financial need



From left to right: Top: Jake Jacoby, Stan Chodorow, Peggy Chodorow, Phyllis Mirsky, Mark Appelbaum, Eric Xiao, James Lin, John Wheeler, Vince Ly, Ira Cohen, Sue Dreier, Alex Velazquez Olivera, Allen McCutchan, Milagro Ramos, Roger Spragg, Carole Spragg, Emily McCutchan. Middle Row: Dzuy Truong, Henry Chan, Titan Ngo, Jack Zhong, Ron Campnell, Peter Chen, Sidney Huen, Benson Vuong, Kelly Chang, Bottom: Tommy Dang, Rachel Luu, Cindy Giang, Vania Bailon, Pamella Abergas, Molly Varozza, Jing Yi Li

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On Friday, January 25, 2019, Chancellor's Scholars were able to watch the UCSD vs. UCLA Men's Volleyball Game from the comfort of RIMAC Arena's newly-built skybox. Emeriti Mentors, as well as Emeriti Association and Retirement Association Leadership joined our scholars for this wonderful event, full of great food and fun. Together, they were able to demonstrate their school spirit, cheering for our school with pride. Special thanks to Director of UCSD Campus Recreation Rich Mylin, Emeritus Professor Mark Appelbaum, and all UCSD Athletics staff for helping make this event possible. Go Tritons!

Chancellor's Scholars Etiquette Dinner

The 2019 Chancellor's Scholars Etiquette Dinner, presented with the gracious support of Chancellor Pradeep Khosla, the UCSD Department of Human Resources, and the UCSD Emeriti Association, took place on Friday, January 18, from 6:00pm to 9:00pm at the Ida and Cecil Green Faculty Club. Attendees to this unique fine-dining learning experience are first year Chancellor's Scholars, select upper class Chancellor's Scholars, Emeriti Mentors and key staff members. After a welcome from Deputy University Librarian Emerita Phyllis Misrky, first year Chancellor's Scholar Ixchel Rivas Torres introduced Professor Suresh Subramani.



Professor Subramani gave a wonderful Opening Benediction, where he addressed the fact that on this night, guests were to review etiquette training from a western perspective, but also keep in mind that each culture has its own set of etiquette rules. After Professor Subramani's insightful comments about cultural sensitivity in dining etiquette, Chancellor's Scholar Vince Ly introduced Grace Bagunu, Assistant Dean of Student Affairs in Revelle College. Dr. Bagunu led guests through each step of an elegant five course meal. Musical entertainment was provided by harpist Mary Fawcett. This experience was designed to prepare scholars for formal dining situations which

they are sure to attend during their academic and professional careers. With proper etiquette training, they will be able to avoid social missteps and hold their own at future networking dinners, fundraising galas, and a variety of other events where this kind of savvy is required.



Dream to Reality

A unique component to the Chancellor's Scholars Program consists of quarterly informal seminars, bringing together a sector-specific panel for a dialogue. The goal is to offer students an up-close look at what it takes academically and professionally to succeed in each of these sectors. These seminars are called "Dream to Reality." In the past, Chancellor's Scholars chose to attend based on the sector presented at each seminar. However, since there was such a wealth of knowledge presented at these workshops, we changed the format so the whole first year of Chancellor's Scholars could attend. Four years ago we decided to include the workshop in the weekly meetings. Last year, because of its popularity among scholars, we began hosting two Dream to Reality Panels a quarter. This allowed students to have more opportunities to ask questions to more professionals in a wider array of fields. This year, in addition to Emeriti professors, we have also had at least one UCSD Alumni serve as panelist during each session. A special thanks to UCSD Alumni Board Director Sam Knight for recruiting alumni panelists for these sessions.

Thank you to all of our panelists this year:

Health Science

November 1, 2018

Dr. Ruth Covell

Dr. Jake Jacoby

Dr. Ben Kelley*

Arts & Humanities

January 10, 2019

Dr. Robert Cancel

Dr. Stanley Chodorow

Dr. Michael Parrish

Ms. Victoria Robertson*

Math & Sciences

April 4, 2019

Professor James Lin

Professor Immo Scheffler

Ms. Gale Chan*

Health Science Specialties

November 15, 2018

Ms. Stephanie Dillon*

Dr. Jack Fisher

Dr. William Christopher Mathews

Social Science

March 14, 2019

Deputy University Librarian Emerita Phyllis Mirsky

Dr. Gary Jacobson

Ms. Kelly Du*

Dr. Ann Craig

Engineering & Computer Science

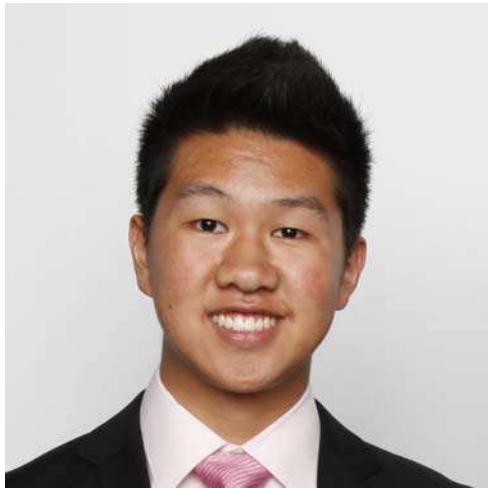
May 9, 2019

Professor David Miller

Ms. Donna Mulcahy*

Mr. Mark Stickel*

Chancellor's Scholars Alumni Spotlight



Anthony Yip
2013 Cohort
Revelle College
Psychology
Currently completing 3rd year
of medical school

Why did you decide to pursue medical school?

I was part of the Medical Scholars Program, which is a combined BS/MD route that is no longer offered. Interestingly, my reasons for pursuing medicine have changed from when I initially applied back in high school. Back in high school, I was a part of a group called Operation Smile. This allowed me to volunteer internationally and see plastic surgeons work to change the lives of kids with facial deformities. At that time I thought it was awesome that a 30 minute surgery could instantly change someone's life. These thoughts helped shape my initial ideas of what it meant to be a doctor. Now as a third-year medical student, I've also come to appreciate the interpersonal aspect of medicine. Although the basic medical knowledge that we study helps to shape the appropriate treatment plans, it's actually the simple 10-15 minute conversations that are most meaningful to the patient. To me, medicine is now also the art of re-instilling confidence and hope into patients.

How has the Chancellor's Scholars Program helped you reach your education and career goals?

As a medical student I have to constantly give presentations, and I often find myself reflecting back on the public speaking sessions from my freshman year. It's something that we normally are never taught, but is incredibly valuable in whatever field you will go into.

How has the Emeriti Mentor Program helped you reach your education and career goals?

One of the greatest strengths of the Chancellor's Scholars Program are the designated mentors. To this day, I greatly appreciate my mentors, Professor Mark Appelbaum and Dr. Jack Fisher, and the wisdom they instilled upon me during our regular meetings. I honestly believe that it is such a great and rare opportunity to be able to regularly exchange thoughts and receive advice from such accomplished and distinguished faculty members. As an undergraduate, it was reassuring to know that I always had someone to turn to.

Do you have any advice for current Chancellor's Scholars?

Beyond your classes, don't forget to take time to appreciate the experience that is college. Challenge yourself to check out different clubs, rush a fraternity/sorority, and don't be afraid to make new friends. You'll inevitably meet amazing people and have unique experiences that will shape your thoughts and help you grow as an individual. Many of my fondest memories from college do not take place in a classroom, but are instead set around a dingy table at Vallarta's, surrounded by friends and filled with random late night thoughts.

A Mentor's Thoughts on Medical Training

**Dr. Henry Powell**

Professor Emeritus,
Pathology
Emeritus Mentor

After the first two years of medical school, a student's focus is drawn to required experience through clinical clerkship. Clerkships are immersive and diverse, spanning major specialty areas in a broad array of medical and surgical specialties. Furthermore students have an opportunity to supplement clerkship experiences with electives, these could include areas that attract them to future specialties. Aside from requirements to clerk in critical core areas, electives can extend from mental health specialties to laboratory science, but the focus is always in the patient. Most of all clerkships provide the insights that help health sciences students navigate the universe of opportunities that encompass modern medical practice. Writing in the late nineties, medical historian Roy Porter noted that for every M.D., there are roughly twenty other professionals, from nurses to pharmacists and physiotherapists, all working in support of individual patient care. No wonder the enterprise has become so expensive!

Medical schools also offer opportunities for research to undergraduate students, especially students who have already got some lab experience and can either contribute significantly to or complete a project in the short time available. However such experiences are invaluable to students including less experienced 'volunteers' eager to learn how research is done and to consider how it might fit in with their career plans. In the meantime, laboratory directors, like the clinical clerkship directors can help students navigate the very broad range of opportunities that lie before contemporary medical trainees. Meantime a research project may provide ideas and experience suitable for an 'independent study project', formerly known as a 'thesis' requirement. I don't think anyone should fear 'picking the wrong specialty', since almost all doors in medicine open in a meaningful direction. The key things are a student's sense of vocation and the realization, that unlike many other occupations, medicine really affords an opportunity to make a vital contribution to many, many lives. Money is an issue for many, especially since many are encumbered with debt. The temptation may be to try to earn as much as possible as quickly as possible. That can become a kind of fiscal trap, it is better to live frugally in the early years when skill sets are being built and one is discovering what one does best. But that is my personal perspective. It can be useful to have a family member engaged in the practice of medicine, this helps one gain an unvarnished view of what the life and lifestyle are truly like.

Dr. Henry Powell received his M.D. from the University College Dublin in 1970, and in 1971 came to UCSD and trained in Anatomic and Clinical Pathology. During his 36 years as a faculty member he was the Director of Neuropathology and also Interim Chairman of the Department of Pathology. He currently teaches 1st and 2nd year medical students, 1st year School of Pharmacy students and pathology residents doing Neuropathology and Electron Microscopy. He previously served as Vice Chair and later Chair of the UC Academic Council. Dr. Powell is the current Emeriti Mentor Program Chair.

Scholarship Donor Recognition Dinner



Every year, first generation college students with strong academic standing and financial need are awarded the prestigious Chancellor's Scholarship. Since its inception, the Emeriti Fund for Chancellor's Scholars has contributed to helping more and more students receive this scholarship. The generous contributions to this fund have given bright and dynamic students the opportunity to grow and succeed at UCSD. In gratitude for their generous donations of \$500 or more to this fund, donors are invited to the Annual Chancellor's Scholarship Donor Recognition Dinner. This year's dinner took place on Friday, April 5, from 6-9pm at the UCSD Faculty Club. Emeriti Association President Phyllis Mirsky gave the Opening Benediction. First-year scholar Grace Kim introduced her mentor, and generous donor, Dr. Roger Spragg, who gave a powerful speech on the importance of investing in the education of future generations. Soon after, scholars Rachel Luu and Eric Xiao shared how their scholarships have personally made a difference in their lives. After a delicious meal, and entertainment provided by talented jazz pianist Danny Green, Professor Henry Powell gave the closing benediction.



We would like to highlight and thank the below individuals for their exceptionally generous donations:



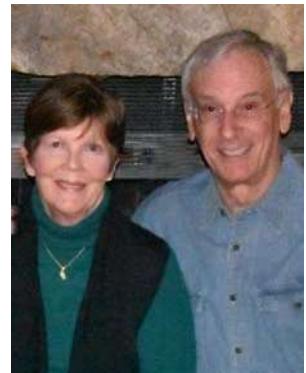
Dr. Russell Doolittle & Dr. Renne Lu

The **Russell Doolittle Scholarship Endowment** was endowed by one of Dr. Doolittle's very first PhD students, Renne Lu, PhD '70. Renne and Russell have stayed in touch all these years and have even gotten together on occasion. Renne says, "I obtained my PhD degree from UC San Diego under the supervision of Dr. Russell Doolittle in 1970. During that time, I witnessed Dr. Doolittle always trying to help and encourage people to do more and better, whether he or she was a student or colleague. I believe those who had the opportunity to know him also appreciate what he has unselfishly done for others. Toward that end, I honor Professor Doolittle for his lifelong dedication and contribution to the biosciences, to UC San Diego, and to its students." Renne has lived and worked in Boston since leaving San Diego, after a very short time at the NIH. She retired from Boston Biomedical Research Institute about ten years ago. Pinned to the bulletin board in Russell's office is a photo of Renne and several other graduate students. It's been there all these decades!

Community friends Catherine and Robert Palmer were looking for a means of supporting undergraduate students at UC San Diego, wanting to make a significant impact. After learning about the Chancellor's Scholars Program and especially that students are mentored through the UCSD Emeriti Mentor Program, it was an easy decision.

Thanks to their generosity, the **Catherine and Robert Palmer Scholarship Endowment** was established and will provide an annual award of \$5,000 in perpetuity. The Palmers look forward to learning who their first recipient will be, knowing this young scholar will be supported by them through their four undergraduate years at UC San Diego.

Dr. Roger and Carole Spragg believe in the Emeriti Mentor Program, and the positive impact it has had, and continues to have, on Chancellor's Scholars. Dr. Roger Spragg has been an Emeriti Mentor Program mentor for nine years, where he has seen first-hand just how much scholarships can benefit talented students with financial need. Both he and Carole have enjoyed supporting two students the last four years. Because of this, they have generously pledged to support an additional two students for the next four years.



Dr. Roger & Carole Spragg

Infinite thanks from all of the Chancellor's Scholars for your generous donations.

UCSD Emeriti Association Chancellor's Scholarship Fund

Gifts of \$10,000 and above:

Marguerite Jackson
Renne Lu, in honor of Russ Doolittle
Catherine & Robert Palmer
Jerry Schneider
Roger & Carole Spragg



Gifts of \$500 - \$5,000

Mark Appelbaum
Feroza Ardeshir & Suresh Subramani
Richard & Jessica Attiyeh
David Bailey
Peggy & Stanley Chodorow
Janet & Maarten Chrispeels
Ruth Covell
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Diana & Immo Scheffler
Kim Signoret-Paar
Judith Vacquier
John Wheeler
Stanley Williamson
Ana Zentella



Chancellor's Scholars Spring Break Leadership Trip Sponsors

Gifts of \$100 - \$400

Mark Appelbaum
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Alicia Burns
Ruth Covell
Betty Garbutt
Jake Jacoby
Equilla Luke
Donna Mulcahy
Morton & Jana Printz
Brigid Schnapp
Evelyn & Charles Snyder
Roger & Carole Spragg
Janet Whitfield

Spring Break Leadership Trip

March 24—March 29, 2019



Over Spring Break 2019, members of the student-run Chancellor's Scholars Alliance Board and top volunteers attended the first ever Spring Break Leadership Trip, where they were able to develop their teamwork and leadership skills, all while canoeing over the Colorado River. Along the way, scholars were able to enjoy waterfalls, hot springs, the magnificent sights of bighorn sheep scaling canyon walls and the breathtaking Hoover Dam.

On Saturday, April 13, trip participants were able to thank many of the individuals who generously donated and helped sponsor their participation. This reception gave them the chance to personally thank and let sponsors know how much this experience meant to them. It was a truly enjoyable event with delicious hors d'oeuvres and a short video summarizing all that the scholars were able to learn and experience during their weeklong adventure.

Thank you once again to all of the donors and to UCSD Outback Adventures for making this trip possible.



Floating in front of the Hoover Dam

A sincere thank you to our Wilderness Adventure Guides. Left to right: Rachel, Hannah, Andrew, and Cambria

You can view the Official Spring Break Leadership Trip Video on our Official Facebook Page: <https://www.facebook.com/ucsdchancellors.scholars>

Volunteer & Service Events

San Diego Food Bank



On November 26, 2018, Chancellor's Scholars and Retirement Association members got together to give back to their community by volunteering at the Jacobs & Cushman San Diego Food Bank. Scholars went back to volunteer on April 13, 2019. Together, they have been able to bag/package **over 7,200 pounds** of food items for those in need.



Father Joe's Village



Chancellor's Scholars and Retirement Association members volunteered side by side at Father Joe's St. Vincent de Paul location on April 22.

They helped serve meals to families and other community member. A sincere thank you to Retirement Association members Marcia Strong, Carlton Douglas, and Mary Cutchin who helped carpool students to and from the event.

MLK Parade



Chancellor's Scholars gathered to march at the Annual MLK Day Parade on January 21, celebrating the life of civil rights movement leader Dr. Martin

Luther King Jr. Thank you to Emeriti Mentor Feroza Ardesir and Retirement Association Volunteer of the Year Annie Townsend for joining our students for this event.

Meet Our Mentors

In each issue, we will introduce two of our dedicated mentors



Mel Green

Dr. Mel Green received his Ph.D. in Biochemistry from the University of Illinois in 1962. He became the fifth member of the Biology Department faculty at UCSD in 1963 after a year of post-doctoral research at CalTech. Dr. Green discovered viral minichromatin, from which the structure of cellular chromatin was learned. This work led to a novel approach to cancer and viral chemotherapy. In his book *Will It Be on the Exam?*, Dr. Green shares stories of his former students, many of whom, over time, have become his personal friends. Professor Mel Green conceived of the initial idea of creating a mentoring program, where Emeriti professors would mentor freshmen students. He began mentoring a handful of students on his own in 2006. Serving as a mentor provides him with a great sense of satisfaction and helps him maintain a close connection to UCSD, the school he considers as part of his family.

"Besides the importance of mentoring first generation students, the EMP helps keep retired professors engaged with the university and provides them with a sense of purpose. The important impact of the EMP on Chancellors Scholars can best be seen from the reviews by mentees. The following is a good example: 'My mentor has become my best friend and he has always been there for me in my good and bad days... I was sure that if I ever needed anything, I could rely on him...Most importantly, my mentor encouraged me to make my own way by reassuring me by his own example. All of these led me to an acceptance to a very prestigious graduate school which I don't think I could have accomplished without his support and encouragement. Having a mentor has been the best thing that happened to me in my college life. I will always be forever grateful to my mentor and the program that has helped me to meet him.'" — Dr. Mel Green

Ruth Covell

Dr. Ruth Covell earned her undergraduate degree from Stanford University and her M.D. degree from the University of Chicago where she also completed a Residency in Medicine. She has been a member of the faculty of UC San Diego School of Medicine since 1970. She served as Associate Dean until 2009 and was the Director of the University's Academic Geriatric Resource Center from 1988 until 2010. She remains a Professor of Family, Medicine and Public Health. Every year, Dr. Covell generously awards one meritorious Chancellor's Scholar a \$1,000 scholarship to help support their dream of studying abroad. Dr. Covell is a huge advocate for students wanting to expand their horizons. She believes that study abroad and foreign immersion makes for a more well-rounded student.



"I joined the Emeriti Mentor Program because I get great joy working with students. I receive much more from the students than I give. The EMP importantly assists the student in quickly adjusting to and taking advantage of campus life--in and out of the classroom. It provides a "nonjudgmental" adult to consult with and also to introduce them to what the broader San Diego community has to offer. It is important to support these young students so they can take full advantage their educational opportunities and what UCSD has to offer without undue stress and financial hardship. In addition to providing financial donations, the UCSD community can support the EMP and CSP by going the extra mile for the scholars, volunteering for the very rewarding role of mentor and supporting the programs as necessary within their departments and among their colleagues and the administration." — Dr. Ruth Covell

Chancellor's Scholars Alliance

The Chancellor's Scholars Alliance was founded in June 2013, with the main goal of offering a place for fellow recipients of the Chancellor's Scholars Scholarship to bond, network, and find a community of like-minded individuals.

The organization now consists of a board made up of many officers and a general body of over 160 Chancellor's Scholars, from all cohort years.

The Chancellor's Scholar's Alliance is a nonprofit, student-run organization, intended to serve as a resource for current and future students and to welcome UCSD's newest scholars to our community. The CSA seeks to equip and empower scholars to become the world's next generation of leaders by providing them with mentoring networks, bonding socials, and service outreaches in order to build unity, teamwork, and purpose.

The CSA has active volunteer, social, and peer mentoring committees and is always looking for additional members.

For more information visit:

<http://chancellorsscholarsalliance.ucsd.edu/>



Congratulations to our Graduating Senior
CSA Board Members!



Pamella Abergas
2015 Cohort
Revelle College
Environmental
Engineering,
Organic Chemistry
Minor



Tommy Dang
2015 Cohort
Muir College
Computer
Engineering



Anissa Delgado
2016 Cohort
Revelle College
Biochemistry/
Cell Biology



Alex Velazquez-Olivera
2015 Cohort
Warren College
Physics,
Specialization in
Materials Science
and Engineering
Mechanics



Les Wang
2015 Cohort
Revelle College
Computer
Engineering

Welcome to the new CSA Board!

2019-2020 Board Members

President: Jenny Sayaseng

Co-Vice Presidents - Rachel Luu, Ivy Dang

Secretary: Sidney Huen

Vice Secretary: Vince Ly

Treasurer: Stephanie Mountain

Vice Treasurer: Daniel Naysnerski

Peer Mentoring Chair: Sonali Bhanvadia

Vice Peer Mentoring Chair: Martin Nguyen

Social Chair: Jocelyn Ornelas Munoz

Vice Social Chair: Jack Zhong

Webmaster: Kevin Huynh

Vice Webmaster: Benson Vuong

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Vice Volunteer Chair: Vivian Chou

Media Chair: Eric Xiao

Vice Media Chair: Jasdeep Gill

Members-at-Large: Johnathan Huynh, Leyna

Nguyen, Henry Chan, Elise Kim

Next Publication deadline: November 1, 2019 **Executive Editor: Suzan Cioffi, Director, UCSD RRC/CSP/EMP**
Managing Editor: Vania Bailon, Coordinator, UCSD CSP/EMP; EMP Chair: Professor Henry Powell
Phone: (858) 534-0207 FAX: (858) 534-3767 Emails: ChancellorsScholars@ucsd.edu / EmeritiMentor@ucsd.edu
The UCSD Chancellor's Scholars Program is domiciled on the UCSD Campus in University Center Building 400

— Calendar —

Event Name	Location	Date	Time
CSP Closing Reception	Faculty Club	May 30, 2019	4:30PM—6:00PM
CSP Opening Reception	Faculty Club	Oct. 3, 2019	4:30PM—6:00PM
CSP BBQ Kick-Off	Matthews Quad	Oct. 5, 2019	11:00AM—2:00PM
CSP Beach Cleanup	Fiesta Island	Oct. 12, 2019	9:00AM—12:00PM
Dream to Reality: Health Sciences	RRC	Oct. 31, 2019	5:00PM—6:15PM
CSP/EMP Speed Networking Night	Faculty Club	Nov. 12, 2019	5:00PM—6:30PM

Please Donate Generously to the Emeriti Association's Chancellor's Scholars Scholarship Fund



Through the Chancellor's Scholarship Award, scholars receive \$5,000 a year for four years at UC San Diego. Your monetary support of this program allows bright young scholars to achieve a higher education and helps them meet the challenges they face at a rigorous university like UC San Diego. Please help us continue to award these prestigious scholarships to students in need. With your financial help today, we can ensure that future scholars continue to receive outstanding educational and leadership opportunities at the university. Chancellor's Scholars are the future leaders of America. With your contribution today, we can help make these scholars' dreams a reality.

To donate, please mail your check (made payable to **UC San Diego Foundation - Fund # 4556**) to the: UCSD Retirement Resource Center, 9500 Gilman Drive, MC 0020, La Jolla, CA 92093-0020.