

# CSCE 190

Assignment Name: Problem Statement

Group Name: Throuple

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Who is experiencing the problem?

- Any new members trying to get into the gym and get interested in it.

What is the Problem?

- People who are new to fitness and working out might not know how to do certain workouts, or what workouts to do.

Where does the problem present itself?

- Most people who are new to the gym do not know any complex workouts and/or workout programs and need somewhere to find a new plan.

Why does it matter?

- People who might not know how to start working out, or are too scared to try something new can be given a plan, and shown how to do different workouts depending on what outcome they want.