

# Moringa Seed Germination Instructions

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## Materials Needed:

- **Moringa seeds**
- **Water**
- **Paper towels**
- **Small plastic bag or container**
- **Hydrogen Peroxide (Optional)**
- **Cup**

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## Step-by-Step Instructions

### 1. Seed Selection:

- Choose fresh, mature Moringa seeds that are dark brown in color.
- Discard any cracked or damaged seeds.

### 2. Pre-soak the Seeds:

- Prepare the water add around 3 drops of hydrogen peroxide to a cup of water
- Soak the seeds in this water overnight to soften the outer shell.

### 3. Prepare for Germination:

- Wrap the seeds in a damp paper towel.
- Place the wrapped seeds inside a plastic bag or container.

### 4. Germination:

- Keep the container in a warm, dark place (70-85°F).
- After a couple of days you will see a white root coming from the seed at this point you can plant the seed in soil

*Help your Moringa trees thrive! 🌿 SuperFoods By Aarush Seeds Find a Digital version at <https://aarush67.github.io/Moringa-Seed-Germination-Instructions/> or scan*

