

# Summary of Cyrus Rashtchian's Proof for an upper bound on $c_s(w)$

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## 1 Problem

For a set  $S \subseteq \{0, 1\}^d$  we define  $c_S(w) = |\{(x, y) \mid x \in S, y \in S, d(x, y) = w\}|$ , i.e., the number of pairs of vectors in  $S$  that are at Hamming distance  $w$  from each other. We are asked to provide an upper bound for the sum  $\frac{\sum_{w=0}^r c_S(w)}{|S|}$  over all such sets  $S$ .

## 2 Reformulation of Problem to graphs

We consider the set  $S$  to be a subset of the boolean hypercube graph of dimension  $d$ . In this graph, the set of vertices is  $V = \{v : v \in S\}$  and the set of edges is  $E = \{(x, y) : d_H(x, y) \leq r\}$  where  $d_H$  is the Hamming distance function. The problem transforms to finding the maximum value of  $e = \frac{|E|}{|V|}$ . For sets  $S$ , and a maximum Hamming distance  $r$ , we denote this as maximising  $e_{\leq r}(S) = \frac{|E_{\leq r}(S)|}{|S|}$ .

## 3 Left-Compressed Down Sets

**Definition 1** A set  $S$  is said to be a down-set if  $x \in S$  implies  $y \in S$  whenever  $y \subseteq x$ .

Note that the set definition of the bit string of  $y$  is used here. For example 0100010 corresponds to  $\{2, 6\}$ .

**Definition 2** A set  $S$  is said to be a left-compressed set if  $x \in S$  implies  $y \in S$  whenever  $y$  satisfies the two conditions-

1.  $|x| = |y|$
2. either  $x_1 = 0, y_1 = 0$  or there exists  $i, j \in [d]$  with  $1 < i < j$  such that  $x_1 = y_1, \dots, x_{i-1} = y_{i-1}$  and  $x_i = 0, x_j = 1, y_i = 1, y_j = 0$

**Theorem 1** A left-compressed down set achieves the maximum value of  $e_{\leq r}(S)$ .

*Proof Outline.* We start with a set  $B$  which achieves the maximum of  $e_{\leq r}(B)$ . We define a down-shift operator  $D_i$  which replaces every element in  $B$  whose  $i^{th}$  position is 1 and the replaced element is not already present in  $B$ . The set  $D(B) = D_1(D_2(\dots(D_d(B))\dots))$  is a down set. By case bashing, we show that after a single operation of  $D_i$  to  $B$ ,  $e_{\leq r}(B) \leq e_{\leq r}(D_i(B))$ . Hence any set  $S$  for which  $e_{\leq r}(S)$  is maximum can be transformed into a down-set  $D(S)$  which retains the same property.

We shall proceed with a similar proof for left-compression. We define an operator  $L_{i,j}$  on set  $B$  which for every  $z \in B$  swaps  $z_i$  and  $z_j$  if  $z_i = 0$  and  $z_j = 1$  if  $i < j$ . We argue that the set  $L(B) = L_{1,1}(L_{1,2}(\dots L_{d-1,d}(B)\dots))$  is a left-compressed set. WLOG we look at  $i = 1$  and  $j = 2$  and analyse the different cases to conclude that set  $L_{1,2}(B)$  is a down-set if  $B$  is a down set. Then using similar case bashing analysis as above, we conclude that after a single operation of  $L_{i,j}$  to  $B$ ,  $e_{\leq r}(B) \leq e_{\leq r}(L_{i,j}(B))$ . Hence any set  $S$  such that  $e_{\leq r}(S)$  is maximum can be transformed to a left-compressed down-set  $L(D(S))$  with the same property.

## 4 Tighter Bounds for Small Distances

### 4.1 $r = 0$

For  $r = 0$ , the quantity  $E_{\leq 0}(S)$  is just the number of vertices in graph of  $S$ , that is  $|S|$ .

## 4.2 $r = 1$

For  $x \in S$ , where  $S$  is a down-set, we have  $y \in S$  for all  $y \subseteq x$ . So we have  $2^{|x|} \leq |S|$ , or in turn  $|x| \leq \lfloor \log(S) \rfloor$ . Again because  $S$  is a down-set,  $|E_{\leq 1}(S)| = \sum_{x \in S} |x| \leq |S| \log |S|$ . A better optimal bound is  $|E_{\leq 1}(S)| \leq \frac{1}{2} |S| \log |S|$ , which is obtained in some other papers cited by Rashtchian.

## 4.3 $r = 2$

### 4.3.1 Rewriting expression in terms of rank

**Definition 3** Define the rank of a boolean vector  $x$  as  $\|x\| = \sum_{j \in [n]} jx_j = \sum_{j \in x} j$ .

**Theorem 2** For a left-compressed down set  $S$ ,  $E_{\leq 2}(S) = \sum_{x \in S} \|x\|$ .

*Proof Outline.* The key idea being used here is that  $\{x, y\} \in E_{\leq 2}(S)$  implies that  $\|y\| \neq \|x\|$ . Note that a rank of the order  $O(n^2)$  does not work for  $r = 3$  and this distinguishing property of ranks is the only reason the proof works for  $r = 2$  and not for higher powers. After noticing this, WLOG we fix  $x \in S$  and count  $y$  such that  $\|y\| < \|x\|$ . Now,  $y$  can be of three forms:

1.  $y = x \cup \{i\} \setminus \{j\}$  where  $i < j, j \in x$ , and  $i \notin x$ .
2.  $y = x \setminus \{i\}$  where  $i \in x$ .
3.  $y = x \setminus \{i, j\}$  where  $i, j \in x$ .

Counting the number of possible  $y$ 's in all three cases and adding them up gives us our required result.

### 4.3.2 Finding an upper bound for rank

**Theorem 3** For a left-compressed down-set  $S$ , for any  $x \in S$  we have

$$\|x\| \leq d.l'$$

where  $l' = \min\{\lceil \frac{\log |S|}{\log d - \log \log |S|} \rceil, \lfloor \log |S| \rfloor\}$ .

*Proof Outline.* Written down in detail in notebook. Too long to type :). However I have tried to give a very brief outline here-

1. We first prove the inequality for  $l' = \lfloor \log |S| \rfloor$ . From the  $r = 1$  case we know that  $|x| \leq \lfloor \log |A| \rfloor$ . Hence, we have  $E_{\leq 2}(S) = \sum_{x \in S} \|x\| \leq \sum_{x \in S} d|x| \leq d \log |S|$ . Therefore we have  $e_{\leq 2}(S) \leq l'$ .
2. We now look at the case when  $l' = \lceil \frac{\log |S|}{\log d - \log \log |S|} \rceil$  for the rest of this proof. If this is the case, then the value of the denominator will be greater than 1. Or in turn we have  $2 < \frac{d}{\log |S|}$ .
3. We define  $\beta' = \lfloor \frac{dl'}{\log |S|} \rfloor$ . Let  $x \in \{0, 1\}^d$  be decomposed as  $x = x_1 \cup x_2$  where  $x_1 \subseteq \{1, 2, \dots, \beta\}$  and  $x_2 \subseteq \{\beta + 1, \dots, d\}$ . For a fixed  $x$ , consider a  $y \in \{0, 1\}^d$  of the form  $y = y' \cup y''$  where  $y' \subseteq x'$  and  $y'' \subseteq ([\beta'] \setminus x') \cup x''$  and  $|y''| \leq |x''|$ . Every such  $y$  is in the left-compressed down-set  $S$  if  $x \in S$ .
4. The main idea here is to bound the size of the set  $S$  given  $x \in S$  using the fact that it is left-compressed. From the observation in the previous point, we observe that  $|S| \geq$  number of  $y$ 's guaranteed to be in set  $S$  by existence of  $x \geq |y'| \cdot |y''|$ . Note that the choice of  $y'$  is independent of the choice of  $y''$ .
5. Number of  $y'$ 's for a given  $x = |y'| = 2^{|x'|}$ . We define another quantity  $\epsilon_x$  such that  $2^{|x'|} = |S|^{\epsilon_x}$ . Now, number of choices of  $y'' = \sum_{j=0}^{x''} \binom{\beta' - |x'| + |x''|}{j}$ .
6. Coming back to the the thing we want to prove, we will show that  $\|x\| \leq \beta'|x'| + d|x''| \leq d.l'$ . This is equivalent to showing  $|x''| \leq (1 - \epsilon_x)l'$ . We proceed to prove this by contradiction. We assume  $|x''| > (1 - \epsilon_x)l'$  then show that this implies that  $|y''| > |S|^{1 - \epsilon_x}$ , which is not possible.
7. This point gives a very brief outline of how we bound the number of  $y''$ . We first use the inequality  $\binom{a}{b} \geq (\frac{a}{b})^b$  and the contradiction assumption  $|x''| > (1 - \epsilon_x)l'$  to show that  $\sum_{j=0}^{x''} \binom{\beta' - |x'| + |x''|}{j} \geq (\frac{\beta' - |x'| + |x''|}{(1 - \epsilon_x)l'})^{(1 - \epsilon_x)l'}$ . After some simple mathematics, we prove that  $\beta' \geq \frac{2}{\log(3)} \log(S)$ . This implies that  $\beta' - |x'| \geq (1 - \frac{\log(3)}{2} \epsilon_x) \beta'$ . We do a case-wise analysis of  $|x'|$  and in all three cases try to prove that  $\frac{\beta' - |x'| + |x''|}{(1 - \epsilon_x)l'} > \frac{d}{\log |S|}$ . After proving this, we have  $\sum_{j=0}^{x''} \binom{\beta' - |x'| + |x''|}{j} > (\frac{d}{\log |S|})^{(1 - \epsilon_x)l'} \geq |S|^{(1 - \epsilon_x)}$  as we desired.

### 4.3.3 Substituting expression for rank back to get final bound

Substituting the bound for rank obtained in Theorem 3, we substitute it back in the expression in Theorem 2.

$$e_{\leq 2}(S) = \frac{1}{|S|} \sum_{x \in S} ||x|| \leq d.l'$$

where  $l' = \min\{\lceil \frac{\log|S|}{\log d - \log \log|S|} \rceil, \lfloor \log|S| \rfloor\}$ .

## 5 The general case for even $r$

### 5.1 Partitioning the edge set into a disjoint union of equal mutual hamming distance pairs $e_{(b,a)}(S)$

For non-negative integral  $a$  and  $b$  define

$$E_{(b,a)}(S) = \{x, y \in E_{\leq 2t}(S) : |x \setminus y| = b, |y \setminus x| = a\}$$

Now let

$$U = \{(b, a) : b \geq a, b + a \leq 2t\}$$

Also let  $e_{(b,a)}(S) = |E_{(b,a)}(S)|$ . Now we can decompose  $E_{\leq 2t}(S)$  as a disjoint union

$$E_{\leq 2t}(S) = \bigcup_{(b,a) \in U} E_{(b,a)}(S)$$

and in turn we have

$$e_{\leq 2t}(S) \cdot |S| = \sum_{(b,a) \in U} e_{(b,a)}(S)$$

### 5.2 $l_x \leq l$

We start off with some definitions. We define  $l = \min\{\lceil \frac{2\log|S|}{\log d - \log \log|S|} \rceil, \lfloor \log|S| \rfloor\}$  and  $\beta = \lfloor (\frac{d}{\log|S|})^{\frac{1}{2}} l \rfloor$ . We then define  $l_x = |x \cap \{\beta + 1, \dots, d\}|$  for an  $x \in S$ . This intuitively represents the number of "big" elements in  $x$ . Note that the inequality  $\beta^2 < dl$  follows from the definition.

**Theorem 4** Let  $S \subseteq \{0, 1\}^d$ ,  $|S| \geq 2$  be a left-compressed down set. If  $x \in S$ , then  $l_x \leq l$ .

*Proof Outline.* We first look at the case when  $l = \lfloor \log|S| \rfloor$ . We obviously have  $l_x \leq |x|$  and from the  $r = 1$  case we know that  $|x| \leq \lfloor \log|S| \rfloor$ . So the result follows for  $l = \lfloor \log|S| \rfloor$ .

Now we look at when  $l = \lceil \frac{2\log|S|}{\log d - \log \log|S|} \rceil$ . For this case we lower bound the number of  $y$  that are guaranteed to be in the set  $S$  if  $x \in S$ . We know that  $|S| \geq$  number of such  $y$ 's. Now we assume the contradiction that  $l_x > l$  and show that number of  $y$ 's  $> |S|$ . This leads to a contradiction.

### 5.3 Counting pairs and finding an upper bound on $e_{(b,a)}(S)$ for fixed $(b, a)$

We now find an upper bound on the number of pairs  $\{x, y\} \in E_{(b,a)}(S)$  at a hamming distance of at most  $2t$ . We partition the pairs into two cases: when  $l_y \leq l_x$  and when  $l_y > l_x$ . The proofs for both are very similar so we just look at the case when  $l_y \leq l_x$  for brevity.

Now fix an  $x \in S$ , for each  $p \in 0, 1, \dots, a$  we bound the number of  $y \in \{0, 1\}^d = |Y|$  such that  $\{x, y\} \in E_{(b,a)}(S)$  and  $l_y \leq l_x$  and  $|(y \setminus x) \cap \{\beta + 1, \dots, d\}| = p$ . By some combinatorial arguments we show that

$$|Y| \leq \binom{n - \beta - l_x}{p} \binom{l_x}{p} \binom{\beta - |x| + l_x}{a - p} \binom{|x|}{b - p}$$

Now we use the inequality  $l_x \leq l$  we proved earlier to say that

$$|Y| \leq \binom{n}{p} \binom{l}{p} \binom{\beta}{a - p} \binom{|x|}{b - p} \leq \frac{(nl)^p \cdot \beta^{a-p} \cdot |x|^{b-p}}{(p!)^2 \cdot (a - p)! \cdot (b - p)!}$$

Using Stirling's approximation and Jensen's inequality we lower bound the denominator as  $(p!)^2 \cdot (a - p)! \cdot (b - p)! \geq (\frac{b+a}{4e})^{b+a}$ .

Now we upper-bound the numerator using the inequalities  $\beta|x| \leq nl$ ,  $\beta^2 \leq nl$ , and  $|x|^2 \leq nl$ . We just look at the case when  $b + a$  is even for brevity and this leads us to

$$(nl)^p \cdot \beta^{a-p} \cdot |x|^{b-p} \leq (nl)^p \cdot (nl)^{\frac{a-p}{2}} \cdot (nl)^{\frac{b-p}{2}} = (nl)^{\frac{b+a}{2}}$$

. This lets us bound  $e_{(b,a)}(S)$  for  $l_y \leq l_x$ . We get similar results when  $b + a$  is odd and when  $l_y > l_x$ .

5.4 Putting it all together