

Food Carbon and Nutrition Label Webapp

Our
Food

Build Your Meal



我們的食物 | 我們的氣候 | 我們的健康

Our Food | Our Climate | Our Health

Homepage – open sidebar



我們的食物 | 我們的氣候 | 我們的健康

Our Food | Our Climate | Our Health

Sidebar – Food selection 1 – Choose dish type

Our Food

Build Your Meal

×

請在這裏選擇

Please Filter Here:

選擇食物種類


Select the dish types:

Choose an option

☒ Multi-select 多選功能

Select the dish names:

No options to select.



我們的食物 | 我們的氣候 | 我們的健康

Our Food | Our Climate | Our Health

Sidebar – Food selection 2 – Choose dish name

Our Food

Build Your Meal

請在這裏選擇

Please Filter Here:

選擇食物種類

Select the dish types:

Beef-牛肉類

Multi-select 多選功能

選擇菜名

Select the dish names:

香辣孜然燜牛腩

香辣孜然燜牛腩 (grams)

0170250

員工號碼

Your employee ID number

儲存

Save

我們的食物 | 我們的氣候 | 我們的健康

Our Food | Our Climate | Our Health

你的餐飲影響

Your Meal Impact on ...

氣候 (溫室氣體排放)

... the Climate (GHG emissions)

每份碳足跡 (公斤二氧化碳每份)

Carbon Footprint per Serving (kg CO₂e / serving):

碳預算 (公斤)

CO₂e Budget (kg)

2.72

Sidebar (collapsible) – Food selection 2 – Adjust amount (defaults to serving size)

Our Food

Build Your Meal

請在這裏選擇

Please Filter Here:

選擇食物種類
Select the dish types:

Beef-牛肉類

Multi-select 多選功能

選擇菜名
Select the dish names:

香辣孜然燜牛腩

香辣孜然燜牛腩 (grams)

0

170

250

員工號碼
Your employee ID number

儲存
Save

我們的食物 | 我們的氣候 | 我們的健康

Our Food | Our Climate | Our Health

你的餐飲影響
Your Meal Impact on ...

氣候 (溫室氣體排放)
... the Climate (GHG emissions)

每份碳足跡 (公斤二氧化碳每份)
Carbon Footprint per Serving (kg CO₂e / serving):

碳預算 (公斤)
CO₂e Budget (kg)

2.72

Main page – View carbon footprint (can set your own targets) and nutrition (scroll down)

Our Food

Build Your Meal

請在這裏選擇

Please Filter Here:

選擇食物種類

Select the dish types:

Beef-牛肉類

Multi-select 多選功能

選擇菜名

Select the dish names:

香辣孜然燜牛腩

香辣孜然燜牛腩 (grams)

0 170 250

員工號碼

Your employee ID number

儲存

Save

氣候 (溫室氣體排放)

... the Climate (GHG emissions)

每份碳足跡 (公斤二氧化碳每份)

Carbon Footprint per Serving (kg CO₂e / serving):

碳預算 (公斤)

CO₂e Budget (kg)

2.72

CO₂e per serving:

2.81

公斤二氧化碳每份

kg CO₂e / serving

You have -0.1 kg of food CO₂e budget left today. 你還有-0.1公斤的食物二氧化碳預算.

Main page – View carbon footprint and nutrition (can set your own targets)

Our Food

Build Your Meal

請在這裏選擇

Please Filter Here:

選擇食物種類

Select the dish types:

Beef-牛肉類

Multi-select 多選功能

選擇菜名

Select the dish names:

香辣孜然燻牛腩

香辣孜然燻牛腩 (grams)

0 170 250

員工號碼

your employee ID number

Save

儲存

健康 (營養)

... your Health (Nutrition)

卡路里預算

Calories Budget (kcal)

2000

Energy 卡路里

260.7 kcal

Energy per serving

13%

87%

脂肪預算

Fat Budget (g)

78

Fat

14.9 g

Fat per serving

19.1%

80.9%

碳水化合物預算

Carbs Budget (g)

275

Carbs

7.7 g

Carbs per serving

2.8%

97.2%

蛋白質預算

Protein Budget (g)

50

Protein

23.1 g

Protein per serving

46.3%

53.7%

Sidebar – Save results

Our Food Build Your Meal

請在這裏選擇

Please Filter Here:

選擇食物種類
Select the dish types:

Beef-牛肉類

Multi-select 多選功能

選擇菜名
Select the dish names:

香辣孜然燻牛腩

香辣孜然燻牛腩 (grams)

0 170 250

員工號碼
your employee ID number

000000

Save
儲存
Results saved.
結果已保存

健康 (營養) ... your Health (Nutrition) 🍷 ❤️

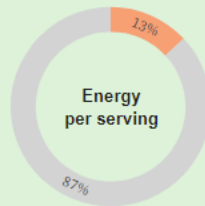
卡路里預算

Calories Budget (kcal)

2000

Energy 卡路里

260.7 kcal



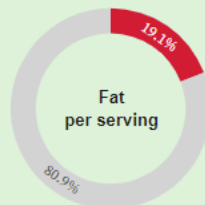
脂肪預算

Fat Budget (g)

78

Fat

14.9 g



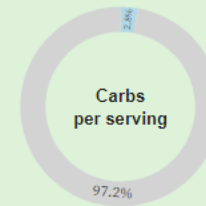
碳水化合物預算

Carbs Budget (g)

275

Carbs

7.7 g



蛋白質預算

Protein Budget (g)

50

Protein

23.1 g

