

Burger King Nutritional Information Per Serve



S.No.	Product	Avg Portion size gm	Energy (Kcal)	Carbohydrate gm	Sugar gm	Fat gm	Saturated Fat gm	Trans Fatty Acids gm	Protein gm	Sodium Content mg
	Recommended Dietary Allowance		2000		50	67	22	2		2000
	VEG BURGERS									
1	Crispy Veg	137	362	53.4	6.5	12.8	4.9	0.0	8.4	798
	per serve percentage (%) contribution to RDA		18		13	19	22	0		40
2	Cheesy Crispy Veg	149	403	54	7	16	7	0	11	980
	per serve percentage (%) contribution to RDA		20		14	24	32	0		49
3	Crispy Veg Double patty	204	531	70.6	9.1	22.7	9.2	0.0	11.2	1068
	per serve percentage (%) contribution to RDA		27		18	34	42	0		53
4	Tikki Twist Burger	145	406	59.305	6.6	15.8	6.09	0	6.4	793
	per serve percentage (%) contribution to RDA		20		13	24	28	0		40
5	Veg Makhani Burst Veg	135	315	48.5	8.0	9.2	3.4	0.0	9.6	768
	per serve percentage (%) contribution to RDA		16		16	14	16	0		38
6	Classic Veg	152	353	45.4	7.8	13.6	4.7	0.0	12.0	594
	per serve percentage (%) contribution to RDA		18		16	20	21	0		30
7	Lite Whopper Jr Veg	194	456	61.6	9.2	20.0	11.9	0.0	7.2	1428
	per serve percentage (%) contribution to RDA		23		18	30	54	0		71
8	Crunchy Veg Whopper	285	698	91.7	11.1	32.6	26.0	0.0	9.1	2004
	per serve percentage (%) contribution to RDA		35		22	49	118	0		100
9	Hot N Cheezy burger	255	682	82.0	17.5	31.4	12.1	0.2	17.9	1199
	per serve percentage (%) contribution to RDA		34		35	47	55	8		60
10	Paneer Royale	255	558	84.0	14.8	29.0	14.0	0.0	18.9	1178
	per serve percentage (%) contribution to RDA		28		30	43	64	0		59
11	Veg Indie Tikka Whopper	341	806	123.4	17.9	25.3	11.2	0.0	21.2	1894
	per serve percentage (%) contribution to RDA		40		36	38	51	0		95
	BEYOND BURGERS									
12	Crispy Veg Wrap	145	409	54.9	7.2	18.3	8.0	0.0	6.2	913
	per serve percentage (%) contribution to RDA		20		14	27	36	0		46
13	Veg Crunchy Taco	105	246	29.7	5.3	12.8	3.9	0.0	3.0	538
	per serve percentage (%) contribution to RDA		12		11	19	18	0		27
14	King Egg Wrap	154	349.8	33.7	7.0	18.8	7.3	0.0	11.4	851
	per serve percentage (%) contribution to RDA		17		14	28	33	0		43
15	Chicken Crunchy Taco	135	262.0	24.8	2.9	16.0	5.5	0.0	5.1	526
	per serve percentage (%) contribution to RDA		13		6	24	25	0		26
16	Crispy Chicken Wrap	136	354.9	47.3	7.5	13.5	5.6	0.1	11.1	899
	per serve percentage (%) contribution to RDA		18		15	20	25	4		45
17	Paneer Royale Wrap	234	676.2	63.2	9.7	35.6	18.0	0.0	25.3	1078
	per serve percentage (%) contribution to RDA		34		19	53	82	0		54
18	Fiery Chicken Wrap	252	483.8	50.6	9.3	22.5	8.2	0.0	19.8	1177
	per serve percentage (%) contribution to RDA		24		19	34	37	0		59
	CRAVERS									
19	Veg Strips 5 Pcs	85	247	30.1	3.5	11.9	5.7	0.1	4.8	441
	per serve percentage (%) contribution to RDA		12		7	18	26	4		22
20	Chicken Fries 5 Pcs	65	165	14.2	2.6	8.3	3.7	0.1	12.9	137
	per serve percentage (%) contribution to RDA		8		5	12	17	3		7
21	Regular Fries	72	204	273.6	0.0	8.9	4.2	0.0	3.6	325
	per serve percentage (%) contribution to RDA		10		0	13	19	0		16
22	Medium Fries	114	333	445.4	0.0	14.4	6.8	0.1	5.9	529
	per serve percentage (%) contribution to RDA		17		0	21	31	5		26
23	King Fries	156	455	609.5	0.0	19.7	9.3	0.1	8.0	724
	per serve percentage (%) contribution to RDA		23		0	29	42	7		36
24	Peri Peri Fries Regular	79	220	29.3	0.0	9.8	4.7	0.1	3.6	475
	per serve percentage (%) contribution to RDA		11		0	15	21	4		24
25	Cheesy Fries	154	461	40.1	3.3	22.9	9.5	0.0	7.0	477
	per serve percentage (%) contribution to RDA		23		7	34	43	0		24
	DIPS									
26	Easy cheesy Dip	20	50	2.2	0.9	4.4	0.8	0.0	0.4	241
	per serve percentage (%) contribution to RDA		2		2	7	4	0		12
27	Herby Garlic Dip	20	75	3.2	1.5	6.6	1.4	0.0	0.2	136
	per serve percentage (%) contribution to RDA		4		3	10	6	0		7
28	Fiery Hell Dip	20	81	3.3	1.8	7.4	1.3	0.0	0.3	194
	per serve percentage (%) contribution to RDA		4		4	11	6	0		10
	NON VEG BURGERS									
29	King Egg	143	313	36.1	6.6	13.6	3.9	0.0	11.5	608
	per serve percentage (%) contribution to RDA		16		13	20	18	0		30
30	Crispy Chicken	125	359	44.3	7.5	15.1	4.8	0.0	11.5	592
	per serve percentage (%) contribution to RDA		18		15	23	22	0		30
31	Cheesy Crispy Chicken	137	400	45	8	18	7	0	14	774
	per serve percentage (%) contribution to RDA		20		16	27	31	10		39
32	Crispy Chicken Double patty	182	535	52.7	10.2	28.3	10.4	0.1	17.4	887
	per serve percentage (%) contribution to RDA		27		20	42	47	5		44
33	Makhani Chicken Burst	125	316	41.7	8.0	11.1	4.3	0.0	10.7	781
	per serve percentage (%) contribution to RDA		16		16	17	20	0		39
34	Classic Chicken	139	341	32.8	6.9	16.7	4.8	0.0	14.7	482
	per serve percentage (%) contribution to RDA		17		14	25	22	0		24
35	Spicy Grill Chicken	135	313	33.0	4.2	12.9	3.3	0.0	16.0	703.2
	per serve percentage (%) contribution to RDA		16		8	19	15	0		35

36	Lite WhopperJr Chicken	167	369	43.4	8.4	13.7	6.2	0.0	18.0	1314.3
	per serve percentage (%) contribution to RDA		18		17	20	28	0		66
37	Chicken Tandoori Grill	236	503	62.7	6.9	15.0	8.8	0.0	29.4	1106.8
	per serve percentage (%) contribution to RDA		25		14	22	40	1		55
38	Big Smoky Grilled Chicken	243	595	64.4	12.4	23.9	5.8	0.0	30.6	1393.8
	per serve percentage (%) contribution to RDA		30		25	36	26	0		70
39	Spiced Chicken Whopper	280	619	75.7	10.9	25.3	10.4	0.0	22.4	2212
	per serve percentage (%) contribution to RDA		31		22	38	47	0		111
40	Fiery Chicken burger	247	588	64.0	12.1	26.6	8.7	0.0	23.1	1101
	per serve percentage (%) contribution to RDA		29		24	40	40	0		55
41	Chicken Indie Tikka Whopper	325	618	76.7	13.4	21.9	11.9	0.0	28.5	1723
	per serve percentage (%) contribution to RDA		31		27	33	54	0		86
42	Mutton Indie Tikka Whopper	339	658	81.8	10.2	24.0	2.3	0.0	28.5	1603
	per serve percentage (%) contribution to RDA		33		20	36	10	0		80
43	Spiced Mutton Whopper	294	726	66.1	13.8	37.9	10.4	0.0	30.2	1334
	per serve percentage (%) contribution to RDA		36		28	57	47	0		67
	CHICKEN									
44	Boneless Chicken Wings (7Pcs)	165	371	27.9	0.0	16.0	9.1	0.0	29.2	964
	per serve percentage (%) contribution to RDA		19		0	24	42	0		48
45	Chicken Wings Fried (4Pcs)	140	300	16.2	0.0	18.6	7.2	0.0	31.8	808
	per serve percentage (%) contribution to RDA		15		0	28	33	0		40
46	Chicken Wings Grilled (15Pcs)	532	1350	148.1	0.0	36.1	10.6	0.0	113.3	4406
	per serve percentage (%) contribution to RDA		68		0	54	48	0		220
	DESSERTS									
47	Vanilla Softie (Medium Fat)	75	115	18.2	15.1	3.3	2.3	0.1	3.1	2.8
	per serve percentage (%) contribution to RDA		6		30	5	10	3		0
48	Choco Dip Softie (Medium Fat)	105	215	26.6	18.4	10.0	7.6	0.0	4.5	3.3
	per serve percentage (%) contribution to RDA		11		37	15	35	2		0
49	BK Sundae- Mango	90	116	17.2	30.2	3.5	2.2	0.1	3.8	7.4
	per serve percentage (%) contribution to RDA		6		60	5	10	3		0
50	BK Sundae - Chocolate	90	161	28.8	21.9	3.7	2.5	0.1	3.3	2.8
	per serve percentage (%) contribution to RDA		8		44	5	11	3		0
51	Loaded Sundae - Black Currant	90	209	31.0	20.7	8.0	5.0	0.0	3.2	120.0
	per serve percentage (%) contribution to RDA		10		41	12	23	0		6
52	Loaded Sundae - Cookie Crumble	105	255	41.1	29.3	8.1	6.1	0.0	4.4	2.9
	per serve percentage (%) contribution to RDA		13		59	12	28	2		0
53	Choco Freeze Sundae	103	287	36	27	14	8	0	4	52
	per serve percentage (%) contribution to RDA		14		55	21	36	0		3
	FOUNTAIN DRINKS									
54	Pepsi Regular	300ML	129	32.7	32.7	0.0	0.0	0.0	0.0	9.0
	per serve percentage (%) contribution to RDA		6		65	0	0	0		0
55	Pepsi Small (Mumbai only)	300ML	129	32.7	32.7	0.0	0.0	0.0	0.0	9.0
	per serve percentage (%) contribution to RDA		6		65	0	0	0		0
56	Pepsi Medium	450ML	194	49	49	0.0	0.0	0.0	0.0	14
	per serve percentage (%) contribution to RDA		10		98	0	0	0		1
57	Pepsi Large (Mumbai only)	450ML	194	49	49	0.0	0.0	0.0	0.0	14
	per serve percentage (%) contribution to RDA		10		98	0	0	0		1
58	Pepsi Large	550ML	237	60	60	0.0	0.0	0.0	0.0	17
	per serve percentage (%) contribution to RDA		12		120	0	0	0		1
59	Pepsi Black Regular	300ML	0.0	0.0	0.0	0.0	0.0	0.0	0.0	18.0
	per serve percentage (%) contribution to RDA		0		0	0	0	0		1
60	Pepsi Black Small (Mumbai only)	300ML	0.0	0.0	0.0	0.0	0.0	0.0	0.0	18.0
	per serve percentage (%) contribution to RDA		0		0	0	0	0		1
61	Pepsi Black Medium	450ML	0.0	0.0	0.0	0.0	0.0	0.0	0.0	27
	per serve percentage (%) contribution to RDA		0		0	0	0	0		1
62	Pepsi Black (Mumbai only)	450ML	0.0	0.0	0.0	0.0	0.0	0.0	0.0	27
	per serve percentage (%) contribution to RDA		0		0	0	0	0		1
63	Pepsi Black Large	550ML	0.0	0.0	0.0	0.0	0.0	0.0	0.0	33
	per serve percentage (%) contribution to RDA		0		0	0	0	0		2
64	Mirinda Regular	300ML	165	41	41	0	0	0	0	18
	per serve percentage (%) contribution to RDA		8		83	0	0	0		1
65	Mirinda Small (Mumbai only)	300ML	165	41	41	0	0	0	0	18
	per serve percentage (%) contribution to RDA		8		83	0	0	0		1
66	Mirinda Medium	450ML	248	62	62	0	0	0	0	27
	per serve percentage (%) contribution to RDA		12		124	0	0	0		1
67	Mirinda Large (Mumbai only)	450ML	248	62	62	0	0	0	0	27
	per serve percentage (%) contribution to RDA		12		124	0	0	0		1
68	Mirinda Large	550ML	303	76	76	0	0	0	0	33
	per serve percentage (%) contribution to RDA		15		152	0	0	0		2
69	7 UP Regular	300ML	141	35.1	35.1	0.0	0.0	0.0	0.0	54.0
	per serve percentage (%) contribution to RDA		7		70	0	0	0		3
70	7 UP Small (Mumbai only)	300ML	141	35.1	35.1	0.0	0.0	0.0	0.0	54.0
	per serve percentage (%) contribution to RDA		7		70	0	0	0		3
71	7 UP Medium	450ML	212	53	53	0	0	0	0	81
	per serve percentage (%) contribution to RDA		11		105	0	0	0		4
72	7 UP Large (Mumbai only)	450ML	212	53	53	0	0	0	0	81
	per serve percentage (%) contribution to RDA		11		105	0	0	0		4
73	7 UP Large	550ML	259	64	64	0	0	0	0	99
	per serve percentage (%) contribution to RDA		13		129	0	0	0		5
74	M.Dew Regular	300ML	147	36.9	36.9	0.0	0.0	0.0	0.0	24.0
	per serve percentage (%) contribution to RDA		7		74	0	0	0		1
75	M.Dew Small (Mumbai only)	300ML	147	36.9	36.9	0.0	0.0	0.0	0.0	24.0
	per serve percentage (%) contribution to RDA		7		74	0	0	0		1
76	M.Dew Large (Mumbai only)	450ML	221	55	55	0	0	0	0	36
	per serve percentage (%) contribution to RDA		11		111	0	0	0		2
77	M.Dew Medium	450ML	221	55	55	0	0	0	0	36
	per serve percentage (%) contribution to RDA		11		111	0	0	0		2

78	M.Dew Large	550ML	270	68	68	0.0	0.0	0.0	0.0	44
	per serve percentage (%) contribution to RDA		13		135	0	0	0		2
79	Ice Tea Regular	300ML	111	27.9	27.9	0.0	0.0	0.0	0.0	33.0
	per serve percentage (%) contribution to RDA		6		56	0	0	0		2
	BEVERAGES									
80	Pepsi Float	275ML	174	35.0	33.4	2.7	1.8	0.2	2.6	6.5
	per serve percentage (%) contribution to RDA		9		67	4	8	8		0
81	Mirinda Float	275ML	192	38.8	38.3	2.8	1.8	0.1	2.8	6.4
	per serve percentage (%) contribution to RDA		10		77	4	8	7		0
	SHAKES									
82	Thick Shake -Mango	300ML	393	65.2	57.5	10.0	6.4	0.3	10.7	9
	per serve percentage (%) contribution to RDA		20		115	15	29	17		0
83	Thick Shake - Chocholate	300ML	496	87.7	61.4	11.3	7.2	0.4	11.0	11
	per serve percentage (%) contribution to RDA		25		123	17	33	21		1
84	Thick Shake - Berry Blast	300ML	474	90.9	68.2	8.8	6.0	0.0	7.9	151
	per serve percentage (%) contribution to RDA		24		136	13	27	0		8
85	King Shake - Black Currant	300ML	488	83.5	62.4	14.2	7.0	0.1	15.3	110
	per serve percentage (%) contribution to RDA		24		125	21	32	4		6
86	King Shake - Cookie Crumble	300ML	477	71.4	60.3	16.6	9.2	0.4	11.3	13
	per serve percentage (%) contribution to RDA		24		121	25	42	20		1
87	Cheese Slice	12	41	0.5	0.5	3.2	2.0	0.1	2.4	182
	per serve percentage (%) contribution to RDA		2		1	5	9	5		9
88	Tomato Ketchup	8	14	3.5	3.1	0.1	0.0	0.0	0.1	120.0
	per serve percentage (%) contribution to RDA		1		6	0	0	0		6
89	Chocolate mousse cup	80	200	35.0	25.0	5.7	4.4	0.0	2.2	67.0
	per serve percentage (%) contribution to RDA		10		50	8	20	0		3
90	Choco lava cake	80	349	44.4	16.9	4.9	27.4	0	3.55	112
	per serve percentage (%) contribution to RDA		17		34	7	124	0		6
91	Hash Brown	60	158	19.7	1.0	8.1	3.9	0.0	1.7	500.0
	per serve percentage (%) contribution to RDA		8		2	12	18	0		25

An average active adult requires 2000 Kcal energy per day, however calorie needs may vary. The nutrition analysis is done by internationally recognized, NABL accredited and ISO 17025 certified laboratory and information provided by Burger King India suppliers. It is based on standard product formulations per serving. Variations in serve sizes, preparation process, sources of supply including seasonal changes/geographical/ weather conditions may impact nutritional values of the menu items.In addition, product formulation do change periodically due to various external factors, including those stipulated above. One should expect some variation in the nutritional content and serve size of products purchased at our restaurant. The data provided here is approximate and indicative.Some of this nutritional data and serve size of these products are required to be disclosed under law or regulation; and further/additional information may also be displayed; however, all have been provided with the intent to help customers make informed choices at Burger king. The data here is subject to change at any time without prior notice. This information is current as of 20 January 2023.

Burger King products are free from the syntheic colours and artificial flavours except for pepsi, pepsi black and fountain drinks. Burger King products are for immediate consumption only.

Pepsi, Pepsi Black,7up, Mirinda, Mountain Dew, is a registered Trademark of pepsico, Inc. Carbonated water, Contains added flavours.

Pepsi Black contain non-caloric sweetners and contains an admixture of Sucralose and Acesulfame Potassium and the same is not recommended for children; pregnant and lactating mothers.

Pepsi, Pepsi Black and Mountain Dew contains Caffeine.

Burger King India



S.No.	Product	Avg Portion size gm	Energy Per serving size(Kcal)	Veg/Non Veg	Cereals containing gluten	Eggs	Soybeans	Milk	Nuts	Sesame seeds	Sulphur dioxide and sulphites
VEG BURGERS											
1	Crispy Veg	137	362	●	Yes		Yes	Yes		Yes	
2	Cheesy crispy Veg	149	403	●	Yes		Yes	Yes		Yes	
3	Crispy Veg Double patty	204	531	●	Yes		Yes	Yes		Yes	
4	Tikki Twist Burger	145	406	●	Yes		Yes	Yes		Yes	
5	Veg Makhani Burst Veg	135	315	●	Yes		Yes	Yes		Yes	
6	Classic Veg	152	350	●	Yes		Yes	Yes		Yes	
7	Lite WhopperJr Veg	194	456	●	Yes		Yes	Yes		Yes	
8	Crunchy Veg Whopper	285	698	●	Yes		Yes	Yes		Yes	
9	Hot N Cheezy burger	255	682	●	Yes		Yes	Yes			
10	Paneer Royale	255	558	●	Yes		Yes	Yes			
11	Veg Indie Tikka Whopper	341	806	●	Yes		Yes	Yes		Yes	
BEYOND BURGERS											
12	Crispy Veg Wrap	145	409	●	Yes		Yes	Yes			
13	Veg Crunchy Taco	105	246	●	Yes		Yes	Yes			
14	King Egg Wrap	154	349.8	▲	Yes	Yes	Yes	Yes			
15	Chicken Crunchy Taco	135	262.0	▲	Yes		Yes	Yes			
16	Crispy Chicken Wrap	136	354.9	▲	Yes		Yes	Yes			
17	Paneer Royale Wrap	234	676.2	●	Yes		Yes	Yes		MAYBE	
18	Fiery Chicken Wrap	252	483.8	▲	Yes		Yes	Yes		MAYBE	
CRAVERS											
19	Veg Strips 5 Pcs	85	247	●	Yes		Yes				
20	Chicken Fries 5 Pcs	65	165	▲	Yes		Yes				
21	Regular Fries	72	204	●	MAYBE						
22	Medium Fries	114	333	●	MAYBE						
23	King Fries	156	455	●	MAYBE						
24	Peri Peri Fries Regular	79	220	●	Yes		Yes				
25	Cheesy Fries	154	461	●	MAYBE		Yes	Yes			
DIPS											
26	Easy cheesy Dip	20	50	●			Yes	Yes			
27	Herby Garlic Dip	20	75	●			Yes	Yes			
28	Fiery Hell Dip	20	81	●			Yes	Yes			
NON VEG BURGERS											
29	King Egg	143	313	▲	Yes	Yes	Yes	Yes		Yes	
30	Crispy Chicken	125	359	▲	Yes		Yes	Yes		Yes	
31	Cheesy Crispy Chicken	137	400	▲	Yes		Yes	Yes		Yes	
32	Crispy Chicken Double patty	182	535	▲	Yes		Yes	Yes		Yes	
33	Makhani Chicken Burst	125	316	▲	Yes		Yes	Yes		Yes	
34	Classic Chicken	139	353	▲	Yes		Yes	Yes		Yes	
35	Spicy Grill Chicken	135	313	▲	Yes		Yes	Yes		Yes	
36	Lite WhopperJr Chicken	167	369	▲	Yes		Yes	Yes		Yes	
37	Chicken Tandoori Grill	236	503	▲	Yes		Yes	Yes			
38	Big Smoky Grilled Chicken	243	595	▲	Yes		Yes	Yes		Yes	
39	Spiced Chicken Whopper	280	619	▲	Yes		Yes	Yes		Yes	
40	Fiery Chicken burger	247	588	▲	Yes		Yes	Yes			
41	Chicken Indie Tikka Whopper	325	618	▲	Yes		Yes	Yes		Yes	
42	Mutton Indie Tikka Whopper	339	658	▲	Yes		Yes	Yes		Yes	
43	Classic Mutton Whopper	298	673	▲	Yes		Yes	Yes		Yes	
CHICKEN											
44	Boneless Chicken Wings (7Pcs)	165	371	▲	Yes		Yes				
45	Chicken Wings Fried (4Pcs)	140	300	▲	Yes	Yes	Yes				
46	Chicken Wings Grilled (15Pcs)	532	1350	▲			Yes				
DESSERTS											
47	Vanilla Softie (Medium Fat)	75	115	●	Yes		MAYBE	Yes			
48	Choco Dip Softie (Medium Fat)	105	215	●	Yes		MAYBE	Yes			
49	BK Sundae- Mango	90	116	●			MAYBE	Yes			
50	BK Sundae - Chocolate	90	161	●			MAYBE	Yes			
51	Loaded Sundae - Black Currant	90	209	●			MAYBE	Yes			
52	Loaded Sundae - Cookie Crumble	105	255	●	Yes		MAYBE	Yes			
53	Choco Freeze sundae	103	287	●	Yes		MAYBE	Yes			
FOUNTAIN DRINKS											
54	Pepsi Regular/Med/Large	300/450/550ML	129/194/237	●							
55	7 UP Regular/Med/Large	300/450/550ML	141/212/259	●							
56	Pepsi Black Regular/Med/Large	300/450/550ML	0	●							
57	M Dew Regular/Med/Large	300/450/550ML	141/221/270	●							
58	Mirinda Regular/Med/Large	300/450/550ML	165/248/303	●							
59	Ice Tea Regular	300ML	108	●							
BEVERAGES											
60	Pepsi Float	275ML	174	●			MAYBE	Yes			
61	Mirinda Float	275ML	192	●			MAYBE	Yes			
SHAKES											
62	Thick Shake -Mango	300ML	393	●			MAYBE	Yes			
63	Thick Shake - Chocolate	300ML	496	●			MAYBE	Yes			
64	Thick Shake - Berry Blast	300ML	474	●			MAYBE	Yes			
65	King Shake - Black Currant	300ML	488	●			MAYBE	Yes			
66	King Shake - Cookie Crumble	300ML	477	●	Yes		MAYBE	Yes			
67	Cheese Slice	12	41	●			MAYBE	Yes			
68	Tomato Ketchup	8	14	●							
69	Chocolate mousse cup	80	200	●	Yes		MAYBE	Yes			
70	Choco lava cake	80	349	●	Yes		MAYBE	Yes			
71	Hash Brown	60	158	●	MAYBE		MAYBE				
Café Produits											
72	Hot -Espresso Small & Regular	240 & 330	50.01 & 68.6	●							

73	Americano Small & Regular	240 & 330	11 & 14.7	●						
74	Cappuccino Small & Regular	240 & 330	100.9 & 138.9	●				Yes		
75	Caffe Latte Small & Regular	240 & 330	110 & 151	●				Yes		
76	Mochaccino Small & Regular	240 & 330	246 & 348.5	●			Yes	Yes		
77	Cafe Caramello Small & Regular	240 & 330	222 & 304.7	●			Yes	Yes		
78	Hazelnut Cappuccino Small & Regular	240 & 330	178	●			Yes	Yes		
79	Cinnamon Cappuccino Small & Regular	240 & 330	177 & 244	●				Yes		
80	Cinnamon Hot Chocolate	240	234	●				Yes		
81	Hot Chocolate	240	209	●				Yes		
82	Masala Tea	200	84	●				Yes		
Cold Blast										
83	Classic cold coffe	350	215	●				Yes		
84	Mocha Frappe	350	328	●				Yes		
85	Caramello frappe	350	294	●				Yes		
86	Hazelnut Frappe	350	272	●				Yes		
Movers n Shakers										
87	Caramel Crunch Shake	350	314	●	Yes		Yes	Yes		
88	Choco Berry Shake	350	405	●			Yes	Yes		
Mood Lifters										
89	PuffStix (Savoury) Peri Peri	69 gm	299	●	Yes		Yes	Yes	Yes	
90	PuffStix (Savoury) Spicy Loaded	89 gm	393	●	Yes		Yes	Yes	Yes	
91	PuffStix (Sweet) Caramello	102 gm	437	●	Yes		Yes	Yes	Yes	
92	PuffStix (Sweet) Chocolate	102 gm	417	●	Yes		Yes	Yes	Yes	
93	Blueberry Muffins	80 gm	293	●	Yes		Yes	Yes		
94	Choco chip chocolate Muffins	80 gm	342	●	Yes		Yes	Yes		
95	Choco lava Cake	80 gm	349	●	Yes		Yes	Yes		
JMD Menu										
96	Crispy Veg	130	351	●	Yes		Yes	Yes	Yes	
97	Crispy Veg Double patty	182	466	●	Yes		Yes	Yes	Yes	
98	Tikki Twist Burger	148	417	●	Yes		Yes	Yes	Yes	
99	Veg Makhani Burst Veg	144	360	●	Yes		Yes	Yes	Yes	
100	Classic Veg	144	341	●	Yes		Yes	Yes	Yes	
101	Classic Veg Double patty	196	443	●	Yes		Yes	Yes	Yes	
102	Lite Whopper Jr Veg	199	454	●	Yes		Yes	Yes	Yes	
103	Crunchy Veg Whopper	307	712	●	Yes		Yes	Yes	Yes	
104	Hot N Cheezy burger	255	667	●	Yes		Yes	Yes		
105	Paneer Royale	255	715	●	Yes		Yes	Yes		
106	Indie Veg Whopper	330	726	●	Yes		Yes	Yes	Yes	
BEYOND BURGERS										
107	Crispy Veg Wrap	145	297	●	Yes		Yes	Yes		
108	Crunchy Veg Volcano	105	442	●	Yes		Yes	Yes		
CRAVERS										
109	Cheesy Fries	154	461	●	MAYBE		Yes	Yes		

An average active adult requires 2000 Kcal energy per day, however calorie needs may vary. The nutrition analysis is done by internationally recognized, NABL accredited and ISO 17025 certified laboratory and information Provided by Burger King India suppliers. It is based on standard product formulations per serving.

Variations in serve sizes, preparation process, sources of supply including seasonal changes/geographical/ weather conditions may impact nutritional values of the menu items. The data provided here is approximate and indicative. The data is being provided with the intent to help customers make informed choices at Burger King India. The data here is subject to change at any time without prior notice. This information is current as of 20 Jan 2023.

Veg - Non Veg -

Presen ● of Allergen : Yes 'Contains Allergen' MAYBE- May Contain Allergen, Products donot have allergen directly added as ingredient but has been processed in facilities which also handles allergens.