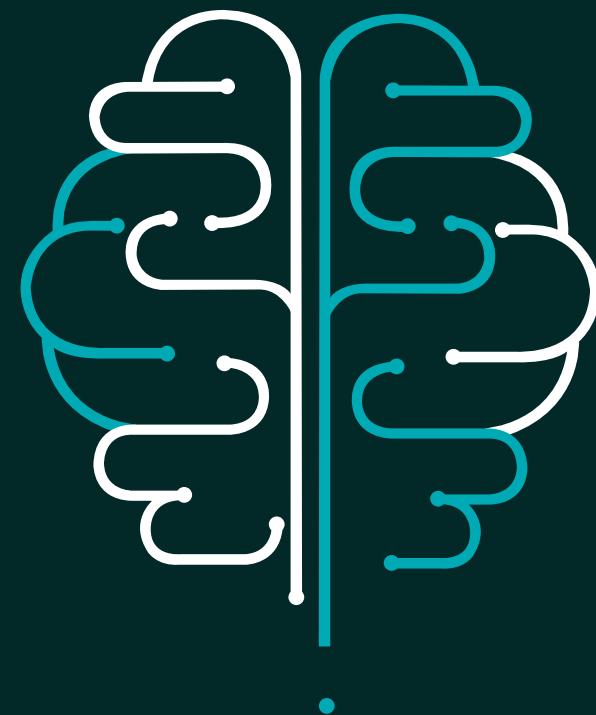
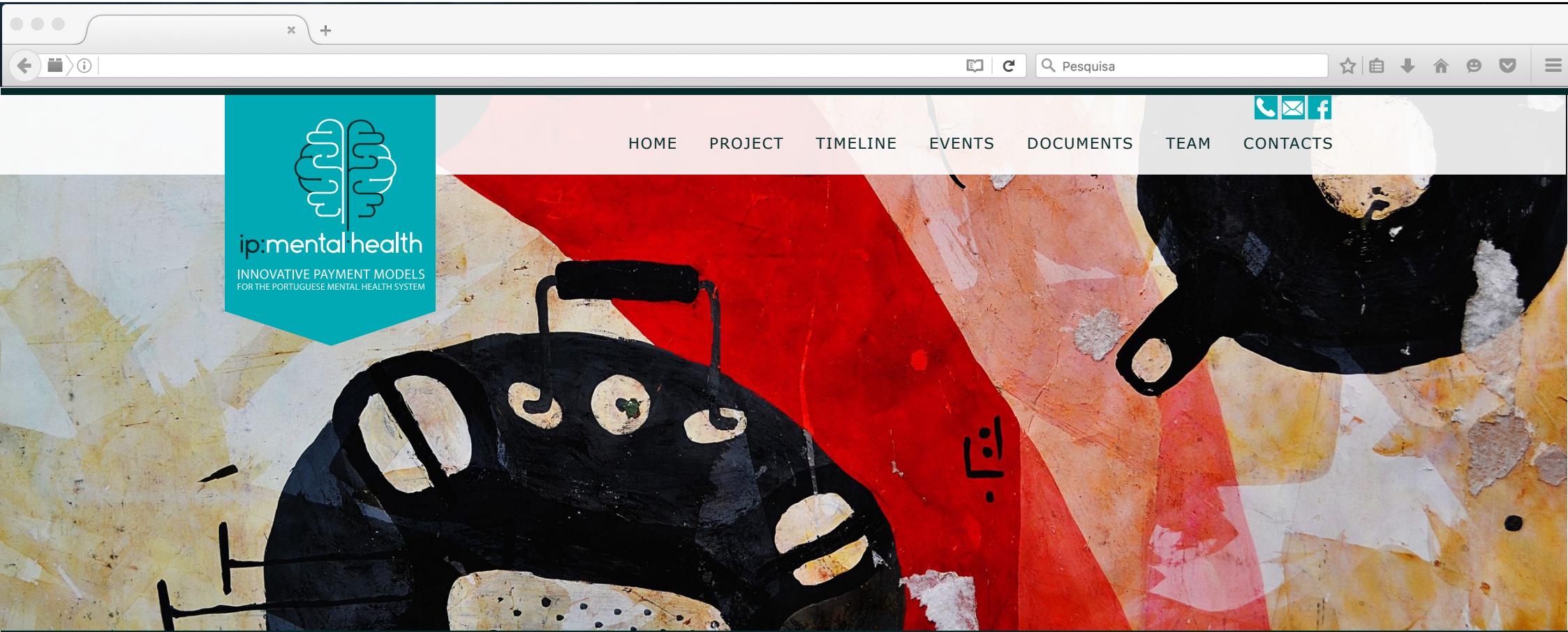


INNOVATIVE PAYMENT MODELS FOR THE PORTUGUESE MENTAL HEALTH SYSTEM

Welcome to the website of the project 00065SM1, financed by Norway, Iceland and Lichtenstein, through the EEA Grants, and inserted in the program "Public Health Initiatives", of ACSS (Central Administration of the Health System), with the title "Reassessing the Portuguese mental health system: evaluating its performance, and designing a new financial and organizational model aimed at enhancing its equity, efficiency, and quality".

more





WELCOME

INNOVATIVE PAYMENT MODELS FOR THE PORTUGUESE MENTAL HEALTH SYSTEM

Welcome to the website of the project 00065SM1, financed by Norway, Iceland and Lichtenstein, through the EEA Grants, and inserted in the program "Public Health Initiatives", of ACSS (Central Administration of the Health System), with the title "Reassessing the Portuguese mental health system: evaluating its performance, and designing a new financial and organizational model aimed at enhancing its equity, efficiency, and quality".

EVENTS

June 30, 2016

Presentation of a preliminary version of the paper "How to improve mental health patient status when treatment (...)"

June 08, 2016

Debate about the payment model proposal with Nova Medical School (...)

June 01, 2016

Presentation of a preliminary version of the



TIMELINE

June 1 - July 31 2016

Estudo teórico sobre mecanismos de pagamento de cuidados de saúde mental quando a não adesão ao tratamento é possível.

February 16 - April 1 2016

Discussão da proposta de um novo modelo com os parceiros do projeto e outros especialistas.

June 1 - July 31 2016

Estudo teórico sobre mecanismos de pagamento de cuidados de saúde mental quando a não adesão ao tratamento é possível.

x +

← → i | Pesquisa | ☰

ip:mental:health
INNOVATIVE PAYMENT MODELS
FOR THE PORTUGUESE MENTAL HEALTH SYSTEM

HOME PROJECT TIMELINE EVENTS DOCUMENTS TEAM CONTACTS

EVENTS

08 JUNHO

Presentation of a preliminary version of the paper "How to improve mental health patient status when treatment non-compliance is possible: A payment mechanism approach" at the Nova Research Group

⌚ June 08, 2016

📍 Nova School of Business and Economics

08 JUNHO

Presentation of a preliminary version of the paper "How to improve mental health patient status when treatment non-compliance is possible: A payment mechanism approach" at the Nova Research Group

⌚ June 08, 2016

📍 Nova School of Business and Economics

08 JUNHO

Presentation of a preliminary version of the paper "How to improve mental health patient status when treatment non-compliance is possible: A payment mechanism approach" at the Nova Research Group

⌚ June 08, 2016

📍 Nova School of Business and Economics

x +

← → i |

Pesquisa

HOME PROJECT TIMELINE EVENTS DOCUMENTS TEAM CONTACTS

ip:mental:health
INNOVATIVE PAYMENT MODELS
FOR THE PORTUGUESE MENTAL HEALTH SYSTEM

DOCUMENTS

PRESENTATIONS

The current mental health payment model in Portugal
September 29, 2015

REPORTS

The current mental health payment model in Portugal
September 29, 2015

THEORY

The current mental health payment model in Portugal
September 29, 2015

The current mental health payment model in Portugal
September 29, 2015

The current mental health payment model in Portugal
September 29, 2015

The current mental health payment model in Portugal
September 29, 2015

The current mental health payment model in Portugal
September 29, 2015

The current mental health payment model in Portugal
September 29, 2015

ICELAND
LIECHTENSTEIN
NORWAY

eeaa grants

UNIVERSIDADE FEDERATIVA DO RIO GRANDE DO SUL

ESCOLA NACIONAL DE SAÚDE PÚBLICA

ip:mental:health
INNOVATIVE PAYMENT MODELS
FOR THE PORTUGUESE MENTAL HEALTH SYSTEM

HOME PROJECT TIMELINE EVENTS DOCUMENTS TEAM CONTACTS

Pesquisa

DOCUMENTS

PRESENTATIONS



The current mental health payment model in Portugal
September 29, 2015



The current mental health payment model in Portugal
September 29, 2015



The current mental health payment model in Portugal
September 29, 2015



REPORTS



The current mental health payment model in Portugal
September 29, 2015



The current mental health payment model in Portugal
September 29, 2015



The current mental health payment model in Portugal
September 29, 2015



The current mental health payment model in Portugal
September 29, 2015



PROJECT

The Portuguese mental health system was scrutinized in detail in the National Mental Health Plan 2007 - 2016, and several limits were found, such as:

- Insufficient access to care;
- Excess of in-patient admissions (which consumes 83% of resources) versus insufficient community interventions;
- Excess of emergency visits and readmissions at hospitals, related to the limited access to ambulatory care;
- Insufficient development of prevention/promotion;
- Inequality in the distribution of resources: coastal versus inland, psychiatric versus general hospitals;
- Insufficient human resources, not only in regard to physicians (low ratios of psychiatrists) but also to other health professionals (psychiatric nurses, psychologists, social assistants, occupational therapists);
- Reduced global financing.

At about the same time, the WHO launched a series of recommendations that are well-adapted to the difficulties faced by the Portuguese mental health system, the main being:

- The organization of mental health in geo-demographic areas, which guarantee the physical access to treatment;
- The integration of units and programs, including in-patient care, in order to guarantee a response to the various needs;
- A common coordination for mental health;
- The involvement of patients and their families, and the different community entities;
- A strong articulation with primary care;
- The collaboration with the social sector and NGOs for the rehabilitation and long-term care of high-severity patients.

There are some changes that may be introduced in the mental health system, so that it improves in the direction defined by the WHO. Recognizing that, the project focuses on payment models. That is, it studies the incentives which are created by the current payment mechanisms that apply to mental health providers, and proposes a new model that, hopefully, will contribute to an alignment between the providers' behavior and the objectives defined for mental health in Portugal. More specifically, it is dedicated to the following three main tasks:

ip:mental health

INNOVATIVE PAYMENT MODELS
FOR THE PORTUGUESE MENTAL HEALTH SYSTEM

HOME PROJECT TIMELINE EVENTS DOCUMENTS TEAM CONTACTS

RESEARCHERS

Julian Perelman
National School of Public Health
ENSP-UNL

Joana Alves
National School of Public Health
ENSP-UNL

Pedro Chaves
National School of Public Health
ENSP-UNL

Experts

Alexandre Lourenço
Coimbra University Hospital Center CHUC

Álvaro Carvalho
General Directorate for Health DGS

António Leuschner
Magalhães Lemos Hospital HML

Carla Spínola
West Lisbon Hospital Center CHLO

Isabel Paixão
Lisbon Psychiatric Hospital Center ENSP - UNL

Joaquim Gago
West Lisbon Hospital Center CHLO

José Caldas de Almeida
Nova Medical School NMS

Luís Pisco
Lisbon and Tagus Valley Regional Health Administration ARSLVT

Maria Emilia Pereira
West Lisbon Hospital Center CHLO

Ricardo Mestre
Central Administration of the Portuguese Health System ACSS

Partners

UNIVERSIDADE NOVA DE LISBOA

ESCOLA NACIONAL DE SAÚDE PÚBLICA

ICELAND LIECHTENSTEIN NORWAY

eea grants

NOVA

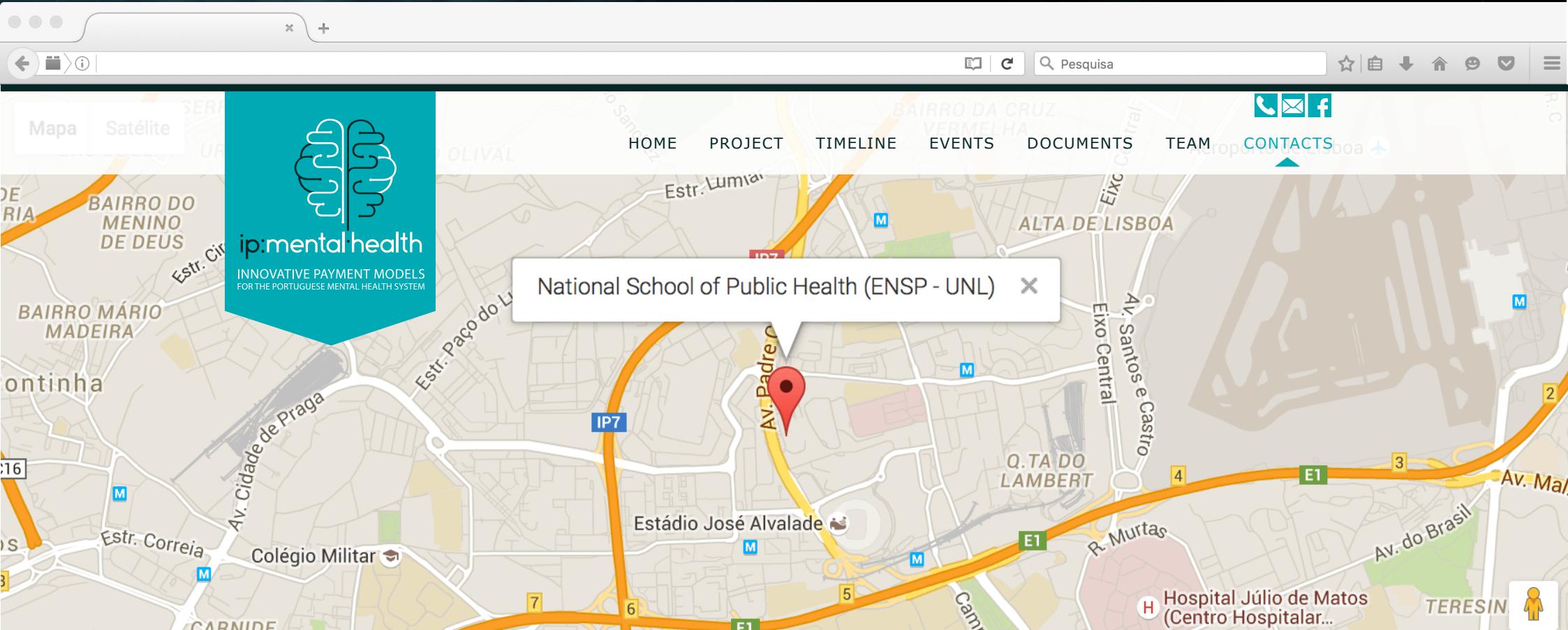
MEDICAL SCHOOL FACULDADE DE CIÉNCIAS MÉDICAS

UCL Université catholique de Louvain

CENTRO HOSPITALAR PSIQUIÁTRICO DE LISBOA

hospital de magalhães lemos E.P.E.

ars lvt LISBOA E VALE DO TEJO



CONTACTOS

- +351 217 512 100
- jperelman@ensp.unl.pt
- Avenida António Padre Cruz,
1600-566, Lisbon, Portugal
- facebook.com/mentalhealthportugal

NAME

E-MAIL

MESSAGE

SEND



HOME PROJECT **TIMELINE** EVENTS DOCUMENTS TEAM CONTACTS



TIMELINE

2015

ABR JUN JUL SET OUT NOV DEZ FEV MAR ABR JUL SET NOV DEZ MAR ABR

15/04/2015

a 30/06/2015 Revisão da literatura sobre mecanismos de pagamento de cuidados de saúde, critérios de avaliação e incentivos.

01/07/2015

a 15/09/2015 Mapeamento e avaliação do atual modelo de pagamento dos cuidados de saúde mental em Portugal.

16/09/2015

a 30/09/2015 Discussão do mapeamento e avaliação com parceiros do projeto e outros especialistas.

01/10/2015

a 30/11/2015 Revisão da literatura sobre mecanismos de pagamento de cuidados de saúde mental utilizados noutras países.

16/10/2015

a 30/09/2016 Recolha de dados relativos à utilização de recursos no tratamento de perturbações de saúde mental em Portugal

01/12/2015

a 15/02/2016 Recolha de dados relativos à utilização de recursos no tratamento de perturbações de saúde mental em Portugal

01/02/2016

a 31/07/2016 Estudo teórico sobre mecanismos de pagamento de cuidados de saúde mental quando a não adesão ao tratamento é possível.

16/02/2016

a 31/03/2016 Discussão da proposta de um novo modelo com os parceiros do projeto e outros especialistas.

01/04/2016

a 30/11/2016 Análise dos dados recolhidos.

01/12/2016

a 15/03/2017 Quantificação da proposta de um novo modelo

16/03/2017

a 30/04/2017 Discussão da proposta final com os parceiros do projeto e outros especialistas

2016

2017